

CANADA'S BAKING SCHOOL

Canada's first institute of baking will be formally opened this year at the Ontario Agricultural College, Guelph, Ontario. The establishment of this school is as a result of the scarcity of competent bakers in the Dominion, and at the recent convention of the Bread and Cake Makers' Association members of the society pledged subscriptions totalling \$10,000 towards the founding of a baking school. It is also the intention of the Association, should the school prove successful, to raise an additional fund for the securing of a new building to be devoted exclusively to the training of future bakers.

The progress which has been made in the baking industry since the beginning of the twentieth century has been so rapid that the old-fashioned baker has given way to the college-trained man, who is not only versed in the art of baking, but also has a wide knowledge of the ingredients which enter into the manufacture of bakery products, business organization and management, markets, etc. The old-style coal-baked oven has been superseded by the modern gas or electricity oven, capable of baking a thousand or more loaves of bread daily. Bread is now hermetically wrapped in paper and everything possible is done to safeguard the health of the public.

Specialized Training Advisable. All this, of course, has resulted in a keen demand for bakers with special training. The old method of apprenticeship is gradually giving way to specialized training in schools devoted to baking and kindred subjects. Perhaps the greatest progress in this connection has been made in Great Britain and the United States. There are now four full-time schools for bakers in England and one in Scotland, and there is a prospect that another establishment may be set up in Birmingham. In addition there are six centres where evening classes are held, mainly in confectionery. In the United States there are several first-class schools devoted to this work, all supported and encouraged by the various national baking associations.

In 1921, there were in Canada, according to the Bureau of Statistics, 1,658 bread and other bakery establishments. The capital invested amounted to \$28,551,215, while the value of production was \$51,267,917. The value of materials used totalled \$28,202,936. The number of employees engaged in this industry was 9,773, and salaries and wages paid totalled \$11,290,553. In addition, production in the biscuit and confectionery industry, which includes products as buns, pies, cakes, puddings, ice cream, etc., amounted to \$46,258,014, making a grand total for the two industries of \$98,125,931.

It will be seen from the above figures that the baking industry in Canada is one of importance, and the establishment of the institute of baking at Guelph will undoubtedly result in much benefit. The industry is growing at a rapid rate, and as it expands, there will be a demand for trained men, which, it is expected, the new school will in a large measure supply.

Ring the Birds.

The ringing of birds so that their migrations may be traced has awakened interest in many countries, and the extent of the practice may be judged by some facts which have just been published.

The Rosier Observatory, in East Prussia, gave out, between 1903 and 1919, as many as 123,569 rings, and also marked 7,778 birds. Of these 2,011 were found again.

Heligoland dealt with 14,172 birds, and of these 492 were caught and sent back. Hungary was less successful. From 25,621 birds marked and sent forth Hungary received only 492 back.

In England 46,823 birds were recorded as marked and let loose in five years, with results that were regarded as quite satisfactory. Japan, the United States, and Northern Africa are busy with experiments which may throw a steady light at last on the subject of bird migration.

Gifts of the Nations.

Spain has recently made Great Britain a present of a model of the Santa Maria, the ship in which Columbus sailed to America, and the gift recalls others given at various times by one country to another.

Everybody has heard of the famous Liberty Statue in New York. This was presented to America by France in 1884.

Some years ago the French Government presented a Sevres vase to the British Museum. It is a magnificent specimen, and very valuable.

Ancient weapons, such as guns, swords, and so on, are fairly common gifts from one country to another. That which is known as "Queen Elizabeth's pocket pistol" was a gift to Great Britain from the Netherlands. It was cast as long ago as 1544.

Though one grain fills not the sack, it helps.

There was a man, and all his life he had worked in a shipyard. He had a baby to be christened, and for a week he couldn't sleep nights. He was worried for fear the minister would hurt the baby when he hit it with the bottle.

A Newly Discovered Tune.

The saying about the little one half of the world knows of how the other half lives is as true in musical matters as in others, and an amusing confirmation of it occurred a few months ago. A famous foreign violinist and composer, who had been visiting the British Isles frequently during a period of twenty years or so, was walking in the streets of Edinburgh when he heard a boy, who evidently was uncultured and unlearned, whistling a tune that was obviously a folksong. This, thought the artist, was a real discovery, and giving the boy a substantial tip, he made him repeat the tune till he himself had fixed it in his mind. Returning to his hotel he arranged it as a piece for violin or piano, and his press agent sent 'round to the papers the good news of his discovery. And then it turned out that the tune was the "Londonderry Air," which, for many years past had been one of the most popular both as a song and as a theme for bigger works! And the violinist did not know it!

BROKEN IN HEALTH

After An Attack of Influenza—Health Now Restored.

"I am writing to tell you what Dr. Williams' Pink Pills have done for me," says Mrs. J. H. Oulton, Fridge, Man. "A few years ago I was in a bad, I was subject to fainting spells which would leave me in such a condition that I could hardly go about. Then I was stricken with influenza, which was epidemic at that time, and this still further weakened me, and throughout the whole winter I remained in this condition. I was constantly taking doctor's medicine, but as it did not seem to help me, my mother advised me to try Dr. Williams' Pink Pills, and I got a couple of boxes to start on. When these were done I seemed to feel an improvement and I got a further supply to continue the treatment. I took in all about a dozen boxes, and by that time I was in the best of health and had gained in weight. My faith in Dr. Williams' Pink Pills is now unbounded, and I keep a supply on hand and take them occasionally if I am not feeling quite well. I often recommend them to others, and cannot praise them enough for restoring my health."

Dr. Williams' Pink Pills are useful in all cases where the blood is thin and watery as their mission is to build up and purify the blood. That is why they give new strength and vigor after an attack of influenza, and it is also the reason why they are beneficial in nervous disorders, neuritis, rheumatism and that condition generally described as all run down.

You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

He Picked a Professor to Win the War.

General Foch was almost unknown in England before he became generalissimo of the allied forces. Not until after 1918 did the editors of Who's Who include him among the thousands of notable men and women. But there was one Englishman at least who years before the war understood his remarkable qualities. In Celebrities Mr. Condon Kernahan pays tribute to the presence of Lord Roberts, the "man who knew."

Lord Roberts, writes Mr. Kernahan, was not only a great soldier but also a keen observer and shrewd judge of character; he took a man's measure wholly unimpaired by what was or was not written or said of the man. He

CORNS

Lift Off—No Pain!



Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.

Tanlac Saved Life Says Ottawa Lady

Mrs. Varolo Tells of Recovery From Complication of Troubles—Gives Tanlac Full Credit.

"That I am alive and in good health today I can attribute to nothing but Tanlac," is the remarkable statement recently made by Mrs. Eva Varolo, 233 Cumberland St., Ottawa, Ontario, Canada.

For two long years I suffered terribly from indigestion, constipation, extreme nervousness, sleeplessness, palpitation of the heart, almost continuous sick headaches and shortness of breath, until life seemed a burden to me and I had given up hopes of ever regaining my health.

"But Tanlac helped me the very first day I took it, and now after using seven bottles my health and strength are as fine as can be, and everyone remarks how well I look. I eat heartily, my food digests just perfectly, my nerves are steady, I sleep sound, my heart never troubles me and work is like play. Really, the way the treatment restored me to perfect health seems almost miraculous. Tanlac is simply grand."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Take Tanlac Vegetable Pills.

Surnames and Their Origin

SAVILLE

Variation—Saville. Racial Origin—Norman-French and English.

Source—A locality or a given name.

In the given instance it is not possible to tell without genealogical research whether this family name is derived from a place name or a given name. The chances are, however, that in the majority of cases this particular family name is the development of a place name.

It is met with quite frequently in the medieval English records as "de Seville" and "de Saville," and under circumstances that leave little doubt as to its being born by persons in the service of William the Conqueror or his successors.

But there is some doubt as to the place referred to. It would be going too far to say that it did not mean the modern city of Seville, though this would appear unlikely. On the other hand, it is conceivable that it could have come from the place in Belgium called Seville. Yet the letter "r" is not to be found in the early forms of the surname, and though possible, it is not likely that it was injected at a later period into the name of the town.

TABOR

Variation—Taber. Source—An occupation, or an inn sign.

This family name may be a development either of the word "tabourer" (sometimes "taburer" or "tabur").

You'd probably laugh to-day if you should run across such a family name as "Basedrummer," but this is virtually the meaning of the name of Tabor. The "tabur" of the medieval period was a drum. The "taburer" was the man who beat the drum, and there were many of them, for there were many traveling orchestras in those days, with their reed instruments, their six-stringed viol and their drums.

In many instances, however, innkeepers and shopkeepers, in that period when it was useless to hang a sign above their doors, owing to the inability of most of the population to read, used to identify their inns and shops with pictorial signs, seeking up on any subject or combination of subjects for illustration, in order to distinguish his place from those of his neighbors.

It was natural that the drum should often be used for such an illustration, and it was quite common to shorten such a name as "William at the Tabur" into simply "William Taber."

HEALTHY CHILDREN ALWAYS SLEEP WELL

The healthy child sleeps well and during its waking hours is never cross but always happy and laughing. It is only the sickly child that is cross and peevish. Mothers, if your children do not sleep well; if they are cross and cry a great deal, give them Baby's Own Tablets and they will soon be well and happy again. The Tablets are a mild but thorough laxative which regulate the bowels, sweeten the stomach, banish constipation, colic and indigestion and promote healthful sleep. They are absolutely guaranteed free from opiates and may be given to the newborn babe with perfect safety. The new sales tax will not increase the price of Baby's Own Tablets as the company pays the tax. You can still obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from the Dr. Williams' Medicine Co., Brockville, Ont.

The World's Tallest Man?

One of the tallest men alive to-day, possibly the tallest, is Armand Bronner, who hails from the Jura Mountains. He is 7ft. 5½ in. in height, and his stretch from finger-tip to finger-tip is close on 8ft., while, as his boots are 17½ in. long, his patronage is eagerly sought by the bootmakers in his locality.

Bronner was born in 1890, and only ceased to grow when he was thirty years of age. It is a remarkable fact that he only weighed 4½ lb. when born. His great height is not shared by any other member of his family, the tallest being 5ft. 9 in.

Unlike most giants, who outgrow their strength, Bronner is exceedingly strong, and can carry a weight of nearly half a ton with ease. His health is excellent, and so is his appetite. He eats little meat, but consumes a huge quantity of vegetables.

Food and clothing necessarily cost him about twice what an ordinary man would have to pay, and his tailor, when fitting him, requires a step-ladder to reach his shoulders. At present this giant is touring Europe, and hopes shortly to visit England.

When sending money by mail use Dominion Express Money Orders. Safer than sending bills.

Among the strange birds, beasts, and fish discovered in Brazil are vampire bats, flat fish with a poison spike in their tails, and vultures which make noises very like dogs barking.

Every time you crowd into the memory what you do not expect it to retain, you weaken its powers, and you lose your authority to command its services.

"If a man's religion brings him no fresh revelation, no sense of discovery, it is high passing away."

Do not eat between meals. You may overwork your stomach.

Keep Minard's Liniment in the house.

A Protective Periwig.

"Treat 'em rough!" seems to have been the motto that guided Mr. W. D. M. Bell in his dealings with the Karamojans of Africa. The way to be successful with the wild tribesmen, as he points out in the Country Life, is to get the upper hand at the first brush. Therefore when several insolent fellows tried to prevent him from watering his animals he acted on that rule. I seized a cutting-edged club from a by-stander, he says, sprang over to one of the obstructors and dealt him the hardest blow on the head I possibly could. To my astonishment the club flew to pieces, and the native turned on me and smiled. I had hit his shock-absorbing periwig of hair and plastered mud. I might as well have struck a fully inflated automobile tire!

It was rather a setback; the only good effect was that everyone except myself roared with laughter. But then when even I began to see the humor of it I spotted a mischievous fellow calmly jabbing his spear through our water-proof ground sheet. That would not do! I drew my pistol. Now those natives were then at a most dangerous stage of ignorance regarding firearms; they firmly believed that all they had to do to avoid being struck by the bullet was to duck when they saw the smoke. Therefore when I covered them no one moved; they were waiting for the smoke. When they heard the vicious bang of the little weapon and saw no smoke the laugh was on them and especially on the fellow who had been so busy on my ground sheet; for with a ridiculous air of surprise injury he now stood looking at a half-severed and completely spilt spear in his hand. Then the natives began to edge nervously away.

YOU CANNOT JUDGE BY APPEARANCE.

It is impossible to tell the quality of tea by the appearance of the leaf. A rough, coarse, unevenly rolled tea may taste much better in the cup than a closely rolled, well tipped tea that LOOKS much finer. The only way to be sure of getting tea of reliable quality is to buy a tea like "SALADA," whose goodness and purity are guaranteed.

The Home of History.

No. 16 Downing Street has been the official residence of British Prime Ministers for nearly two hundred years. It is well called "the centre of the British Empire," for many fateful decisions have been made within its walls.

Few people are aware that Downing Street named after a man named George Downing, who went to America at the age of fifteen, afterwards returning and entering Parliament. He became a baronet, and was a great favorite of Charles II., who gave him the land in Whitehall upon which he built the famous street.

Sir Robert Walpole was the first Prime Minister to occupy No. 16. This was in 1731, and since that time most of his successors have lived there.

WARNER'S SAFE KIDNEY & LIVER REMEDY

is the quickest and best relief for pains in the back and the many other indications of kidney trouble. Sold for 50 years. Satisfaction in every bottle. At your druggist, or direct from WARNER'S SAFE REMEDIES CO. Toronto

Look Younger

Care-worn, nerve-exhausted women need Bitro-Phosphate, a pure organic phosphate dispensed by druggists at New York and Paris physicians prescribe to increase weight and strength and to revive youthful looks and feelings. Price \$1 per pkg. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

FEET SORE?

Rub every night with Minard's it relieves inflammation, soothes and heals.



"KING OF PAIN"

Are You a Tired Out Housewife?

Many people do not realize that the most exhausting of all work is housework and the care of children. Many a woman who should be in the prime of life finds her strength gone, her nerves unstrung and is weak, worn out and run down with pale, thin, watery blood from the strain of housework.

In such cases, what you need is something to put more iron into your blood. Nutrated Iron contains iron like the iron in spinach, lentils and apples, and like the iron in your blood. You will be astonished at how much better you feel often in even a few days.

OLD CHUM SMOKING TOBACCO IS FOUR TIMES SEALED



to bring you the full richness and mellow sweetness of this—

"Tobacco of Quality"

Manufactured by IMPERIAL TOBACCO CO. OF CANADA LIMITED

I pluck an acorn from the green sward and hold it to my ear; and this is what it says to me: "By and by the birds will come and nest in me. By and by I will furnish shade for the cattle. By and by I will provide warmth for the birds will come and nest in me. By and by I will be shelter from the storm to those who have gone under the roof. By and by I will be the strong ribs of the great vessels, and the tempest will beat against me in vain while I carry men across the Atlantic." "O foolish little acorn, wilt thou be all this?" I ask. And the acorn answers, "Yes; God and I"—Lyman Abbott, D.D.

Classified Advertisements

W OOLGROVERS-COTTS AND Rejects accepted for limited time only. Apply Georgetown Woollen Mills, Georgetown, Ontario.

FOR SALE—FANNING MILL wire and zinc screening, all sizes. For prices, write J. A. Graham, 201 Langlois Ave., Windsor, Ont.

Use MURINE EYES SUN, WIND, DUST & CINDERS BRONCHITIS SOOTHED BY DRUGGISTS & OPTICIANS. WRITE FOR FREE EYE CARE BOOK. MURINE CO. CHICAGO

ASPIRIN Demand

Unless you see the name "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for Colds, Toothache, Lumbago, Rheumatism, Pain, Pain, Headache, Neuritis, Neuralgia, Rheumatism, Pain, Pain. Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetylacidate of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

How to Prevent Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Roots, long known as Mother Seigel's Curative Syrup, has no opium or strong ingredients; it chases away indigestion, biliousness and constipation. Can be had at any drug store." Get the genuine at your druggist.

A redwood tree cut recently in northern California scaled about a quarter of a million feet of lumber. It was seventy feet in circumference and three hundred feet high, and two men worked seven days to fell it.

He who builds according to every man's advice will have a crooked house.

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ECZEMA IN RASH ON HANDS Fingers Cracked. Lost Sleep. Cuticura Heals.

"Eczema began with a rash on my hands and I could not put my hands in water. It grew worse every day and my hands and fingers all cracked which made them covered with eruptions. I lost sleep with the itching. The trouble lasted three months before I heard of Cuticura Soap and Ointment, and after using three cakes of Cuticura Soap and two and a half boxes of Cuticura Ointment the eczema was healed." (Signed) Miss Eva E. Belliveau, 338 Highland St., Montreal, New Brunswick.

For every purpose of the toilet and bath Cuticura Soap, Ointment and Talcum are wonderfully good.

Sample Each Free by Mail. Address: "Cuticura," Dept. 441, 141 St. Paul Ave., W. Montreal. Sold every where. Soap 25c, Ointment 25c and 50c, Talcum 25c. Write for full directions.

YOUNG DAUGHTER MADE WELL

Mother Tells How Her Daughter Suffered and Was Made Well by Lydia E. Pinkham's Vegetable Compound

Vancouver, B.C.—"My daughter is a young girl who has been having severe pains and weak and dizzy feelings for some time and had lost her appetite. Through an older daughter who had heard of a woman who was taking it for the same trouble, we were told of Lydia E. Pinkham's Vegetable Compound. My daughter has been taking it for several months and is quite all right now. It has done all it was represented to do and we have told a number of friends about it. I am never without a bottle of it in the house, for I myself take it for that weak, tired, worn-out feeling which sometimes comes to us all. I find it is building me up and I strongly recommend it to women who are suffering as I and my daughter have."—Mrs. J. McDONALD, 2947 25th Ave. East, Vancouver, B.C.

From the age of twelve a girl needs all the care a thoughtful mother can give. Many a woman has suffered years of pain and misery—the victim of thoughtlessness or ignorance of the mother who should have guided her during this time.

If she complains of headaches, pains in the back and lower limbs, or if you notice a slowness of thought, nervousness or irritability on the part of your daughter, make life easier for her. Lydia E. Pinkham's Vegetable Compound is especially adapted for such conditions.