

## YOUNG FOLKS

Things As They Are.

"You know," Clotilda gave warning. "I say dreadful things sometimes." "I think I can stand the shock," Miss Sheldon replied. "Are you just trying to say some dreadful things just now?"

"That's just it," Clotilda replied, lifting her brows perplexedly. "I never want to say dreadful things. They never sound dreadful at all to me—only to other people. I'm just trying to say things the way they are."

"That," Miss Sheldon responded, "is about the most difficult thing in life, Clotilda."

"It is?" Clotilda's voice was full of amazement. "Why, I think it's easy—if only people would let me."

"I'll let you. At least, I won't be shocked. What did you want to tell me, Clotilda?"

"Well," said Clotilda, settling into a confidential attitude, "there's Miss Raeburn. She looked so sweet, but she doesn't do anything except that everlasting crocheting—bells and dolls and such things—for church fairs, I suppose. Think of being in mountains like these and seeing nothing except work! She never goes on any trip anywhere."

Clotilda paused a second for Miss Sheldon to make some comment, but no comment came, and so she went on to the next thing:

"Then there's Beatrice Pemberton—I heard that she was so artistic, but the clothes she wears! Why, Miss Sheldon, they are awful. They don't match the colors—and they don't suit her in the least. Some of them are frilly and frilly. No one could be really artistic and wear such clothes—you needn't tell me!"

"Clotilda," Miss Sheldon said, "did you ever think it would be fun to be a detective?"

"Didn't I—just!" Clotilda responded. "How did you guess, Miss Sheldon?"

"I wasn't guessing—it was suggesting. Why don't you do a little detective work for yourself—discover why Miss Raeburn sees nothing except wools and Beatrice Pemberton wears frilly clothes?"

"I wonder what's up?" Clotilda remarked reflectively to the landscape. "But I'll try—it will be fun."

Two days later Clotilda rushed in—Clotilda all pentence and humility.

"Miss Sheldon, wasn't I just horrid! Why do I jump at things so, never waiting to find out? Miss Raeburn, with that spinal trouble and never a word about it! And sending boxes and boxes of Christmas presents to poor little schools and places!"

"Did you find out why Beatrice Pemberton likes 'frilly' clothes when they don't suit her?"

"She doesn't—she hates them. She wears them because a cousin sends them to her, and she's putting a little sister through college. Miss Sheldon, I feel just about one inch high."

Miss Sheldon smiled—it was a smile that was full of understanding, and it comforted Clotilda.

## THY FATHER'S FRIEND.

True Friendship is Most Valuable of All Earthly Possessions.

In the will of a late eminent Judge there was one very unusual legacy. He bequeathed his friendships to his family.

"To my family," the will runs, "I bequeath friendships many and numerous in the hope that they will be cherished and continued. True friendships are the most valuable of our earthly possessions, more precious than gold, more enduring than marble palaces, more worthy than fame. As Henry Drummond has well said, 'Friendship is the nearest thing we know to what religion is!'"

The family that inherits such wealth is truly rich. But it is a legacy that must be used if it would be preserved. Friendships cannot be locked away in safes or loaned to historical exhibits and museums. Like love and faith and courage, they belong to that intangible treasure of the soul that must be kept from destruction by constant service. It is not alone material things that "rust doth corrupt."

How many of us have let slip through busy or careless fingers the beautiful and glowing friendships of our youth? We did not mean to do it; indeed we have often regretted the loss until, as the years pass, the regret gradually fades away. And if that is true of our own friends, how far more true of our fathers' friends! Yet there have been families where friendships have passed down from father to son for several generations.

There is food for thought here. How many fathers are building up fine and loyal and serviceable friendships that they can with pride and gratitude bequeath to their sons? How many mothers are storing up like treasures for their daughters? The question does not end there. How many young people of to-day are fitting themselves to receive such legacies? How many in all the varied and urgent calls of life are heeding the challenge to make themselves worthy of friendships by being loyal and fine-timpered and generous friends themselves?

"A man that hath friends," the old Book of Wisdom declares, "must show himself friendly"; and again, "Thine own friend and thy father's friend forsake not."

## SAWYERS, BOX MAKERS & LABORERS WANTED

FIRSTBROOK BROS. Limited  
283 King Street East, Toronto

## To Freshen the Winter Clothes

There are many people who wish to freshen up their winter clothes, before getting their spring things, for it is still some time before the weather will allow us to be comfortable in spring clothes.

There are new sets of vests and collars and separate cuffs to match, or matching collars and cuffs which will do much toward making a change in a dress of which you may have tired. These collars and cuffs are of white shantung silk trimmed at the edges with bands of plain colored silk or the dotted or figured silks. The band of colored silk adds a bright touch which is very refreshing. The flat, rolled collar in sailor shape is still a favorite. Some of the collars are made double; for instance, there is a lower collar of white silk and an upper collar in green, rose gold or any of the fashionable colors, the same shape, but smaller, so that an edge of the white shows all around.

Girdles also offer another possibility for freshening dresses. The girdle is an important feature of the dress at



For a Combination of Materials

present, and there are many charming styles, varying from the very narrow apron-string girdle hanging with long, loose ends, to the wide girdle which is arranged artistically in a soft, crushed effect. Wide ribbon girdles are very often seen.

The use of ribbon as a dress trimming is also quite a novelty. It is used to finish the new collarless necks and sleeves, and also trims the skirts of afternoon and evening dresses. On separate waists, too, ribbon is often introduced as a trimming detail.

To vary the monotony of the perfectly straight-up-and-down dress, there are several new models of which one is shown in the sketch. The waist is cut in sections, permitting the use of two materials. The skirt shows the new puffed effect at the lower edge, with the draped panels confined



## Have You Ever Suspected

that the cause of various annoying ills might lie in the daily cup of tea or coffee?

A sure and easy way out of tea and coffee troubles is to shift to

## Instant Postum

There's no caffeine nor anything harmful in this delightful, pure food-drink—just the nourishing goodness of wheat.

Postum has put thousands of former tea and coffee drinkers on the Road to Wellville.

## "There's a Reason"

to the sides only. For the attractive silks, which may be had in plain and figured effects to match in color, this design is unusually effective.

Cuffs on skirts and on the lower edges of the slip-on blouses which accompany them, are noticed in a good many dresses. The cuffs may be deep or narrow and are finished with machine stitching, giving the effect of the hems having been placed on the right instead of the wrong side of the dress. A pleated, up-standing frill about half an inch deep is sometimes used as a finish to the cuffs. This, of itself, provides sufficient trimming in some models.

These patterns may be obtained from your local McCall dealer or from the McCall Company, 70 Bond St., Toronto, Ont. Dept. W.

## NERVOUS CHILDREN

The Trouble is Often Really St. Vitus Dance—Do Not Neglect It.

Many a child has been called awkward, has been punished in school for not keeping still or for dropping things when the trouble was really St. Vitus Dance. This disease may appear at any age, but is most common between the ages of six and fourteen years. It is caused by thin blood which fails to carry sufficient nourishment to the nerves, and the child becomes restless and twitching of the muscles and jerking of the limbs and body follow.

In severe cases the child is unable to hold any thing or feed itself. St. Vitus Dance is cured by building up the blood. The most successful treatment is to remove the child from all mental excitement, stop school work and give Dr. Williams' Pink Pills. These pills renew the blood supply, strengthen the nerves, and restore the child to perfect health. Here is proof of their power to cure. Mrs. S. Sharp, Oakville, Ont., says: "When my daughter was nine years old she was attacked with St. Vitus Dance. She was sent to a sanatorium where she remained for nine weeks, without any benefit. Indeed when we brought her home she was as helpless as a baby. I got a supply of Dr. Williams' Pink Pills and continued giving her half a pill after each meal for several months, when she had fully recovered and has never had a symptom of the trouble since."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**Odd Facts.** A mission settlement at Mount Hope, in Alaska, is contemplating the installation of an electric lighting plant to be driven by large windmills. Invisible ink appears to have been known since the early days of writing, for both Ovid and Pliny give recipes for the preparation of such a fluid, the one from milk, the other from various vegetable juices. In the middle ages many writers mention magnetic and "magic inks."

The starfish has no nose, but the whole of its underside, scientists assert, is endowed with a sense of smell.

## After the Movies

Two Eyes for a Lifetime. Murine is for Tired Eyes. Red Eyes. Stinging Granulated Eyelids. Itchy Eyes. Watery Eyes. Murine is a Favorite Treatment for eyes that feel dry, sore and smart. Give your eyes as much of your loving care as you give your teeth and your hair.

**Care for Them. You Cannot Buy New Eyes!** Sold at Drug and Optical Stores or by Mail. Ask Murine Eye Remedy Co., Chicago, for Free Book.

## THE DOGS OF WAR

Dogs Catch Real Martial Spirit and Are Indispensable to Sentinels.

From facts put forward on behalf of the employment of dogs in war the conclusion is forced upon one that, after aeroplanes, dogs are of the greatest use and assistance to an army in the field.

As clairvoyants and for liaison work they are unsurpassed. Dogs pass easily where no man could hope to get through alive, and the way they can be trained to take out a message and bring back an answer is little short of marvellous. They seem to catch the real martial spirit, and cases are numerous where dogs have struggled home though grievously wounded and died after completing their task.

In the Vosges and the Argonne a dog is indispensable to the sentinels. To show what a difference they make, an instance is given of two regiments relieving each other alternately in a dangerous sector. The "age" which made liberal use of dogs never lost a sentry, and time after time were able, owing to their dogs, to surprise enemy patrols and to snipe sentinels. The other, who had no dogs, lost seven sentries in three days.

Some of the smartest surprises in the war were possible only owing to the assistance lent by dogs.

Sheepdogs of fifteen months to two years of age are the best, and they undergo a training according to the capacities they develop. Patrol and scouting dogs work indiscriminately with any detachment, but liaison dogs must always be kept with the man who taught them their work.

Nearly all the dogs used were presented to the army, and weekly reports are made to their old masters as to the progress they have displayed, and how they are faring.

The happy-go-lucky are usually neither lucky nor happy.

## TEN MILLION MEN LOST

Estimate of Total Casualties to March, 1917, Appalling.

The first complete tabulation of official and authenticated semi-official reports of the various belligerents received at Washington, gives more than ten million men as killed, wounded, captured or missing in the war.

Among the military men proper 4,441,200 are reported dead, 2,598,500 wounded and 2,564,500 captured and missing. Among civilians, especially on the Russian and Balkan fronts and in Armenia, another 400,000 are figured as either dead or wounded.

The Entente's losses are given as 6,318,400, as against 3,384,000 for the Central Empires. One reason for the great discrepancy between the two is believed to be the relative unpreparedness of the Entente, the disastrous retreats in France at the beginning of the war, in Russia from the Mazurian Lakes and the Carpathians and in Rumania.

The Entente's dead total 2,890,400, against 1,550,800 for the Central Empires. The Entente's wounded total 1,676,500, against 922,000 for their enemies, and their captured and missing, 1,652,500, against 912,000 for the Central Empires. These losses are based upon the assumption that in Germany ninety per cent. of the total wounded return to the front and eighty per cent. in all the other countries.

Russia is infinitely the heaviest loser so far, with a grand total of 3,034,200 men.

France has suffered the second highest casualties with a total of 1,810,800, largely because of the early retreat to the Marne and the terrific losses in the defence of Verdun. Her dead total 870,000, her wounded 540,800, and her missing and captured 400,000, although the last figure is believed here to be improbably high.

England's total falls far below, being about one-third France's and one-sixth Russia's, owing, of course, to her late sending of a continental army. England's total comes to 615,400, with 205,400 dead, 102,500 wounded and 107,500 captured and missing.

Germany, among the Central Empires, is given as by far the largest loser. Her total casualties are 1,585,200, or 225,000 less than France's. Her dead come to 893,200, while her wounded are set at 450,000 and her captured and missing at 245,000.

Austria is only slightly less heavy a loser than Germany, with a total of 1,469,100. Her dead, however, only number 523,100 and her wounded 355,000.

## CONSTIPATED CHILDREN

Constipation is one of the most common ailments of childhood and the child suffering from it cannot thrive. To keep the little one well the bowels must be kept regular and the stomach sweet. To do this nothing can equal Baby's Own Tablets. Concerning them Mrs. Romain Poirier, Mizonette, N. B., says: "My baby suffered from constipation but thanks to Baby's Own Tablets he is perfectly well again."

The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## OBSERVATIONS.

You can't reform a mean man, but you can set a good example by doing the square thing yourself.

If your wife is a good cook tell her—not once but often. It's something that will bear repeating, and it will always bring a worth-while feeling to her heart.

When you hear something a neighbor has said against you, don't fly into a rage and make unbecoming remarks. Your informant may be aching for just such an outburst so that she may have more gossip to carry.

The woman who is in a hurry to get her little folks in school so they will be out of her way, doesn't seem just the right kind of a mother. Better start your children at six or seven years of age than at the tender age of five.

## IF FOOD DISAGREES DRINK HOT WATER

When food lies like lead in the stomach and you have that uncomfortable, distended feeling. It is because of insufficient blood supply to the stomach, combined with acid and food fermentation. In such cases try the plan now followed in many hospitals and advised by many eminent physicians of taking a half a glass of water as hot as you can comfortably drink it. The hot water draws the blood to the stomach and the disordered mucus, as any physician can tell you, instantly neutralizes the acid and stops the food fermentation. Try this simple plan and you will be astonished at the immediate feeling of relief and comfort that always follows the restoration of the normal process of digestion. People who find it inconvenient at times to secure hot water and travelers who are frequently obliged to take hasty meals poorly prepared, should always take two or three five-grain tablets of Bismarck Magnesia after meals to prevent fermentation and neutralize the acid in their stomach.

Bolivia has an extensive deposit of coal at an altitude of 13,000 feet above sea level.

Mrs. T.: "Isn't it strange that Mrs. Brown never attends the Mothers' Club meetings? We've invited her time and time again." Mrs. W.: "I'm afraid she's too old-fashioned. She insists on staying at home to take care of her children."

Minard's Liniment Co. Limited. Have used MINARD'S LINIMENT for Croup; found nothing equal to it; sure cure.

CHAS. E. SHARP. Hawshaw, N. B., Sept. 1st, 1905.

## WITH THE FINGERS!

SAYS CORNS LIFT OUT WITHOUT ANY PAIN

Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply on the corn a few drops of freezone, says a Cincinnati authority.

At little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain or soreness or the danger of infection.

This new drug is an ether compound, and dries the moment it is applied and does not inflame or even irritate the surrounding tissue. Just think! You can lift off your corns and calluses now without a bit of pain or soreness. If your druggist hasn't freezone he can easily get a small bottle for you from his wholesale drug house.

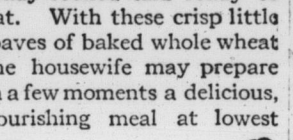
Home is the sweetest word in all the world to a good man.

Minard's Liniment Cures Dandruff. ISSUE No. 12-17

## The Biggest Problems in most homes are fuel and service.

When the servant leaves and the fuel is low, happy is the housewife who knows Shredded Wheat Biscuit, the whole wheat food that is ready-cooked and ready to eat.

With these crisp little loaves of baked whole wheat the housewife may prepare in a few moments a delicious, nourishing meal at lowest cost.



Made in Canada.

## MINK FARMING.

These Valuable Fur-bearers Can be Successfully Bred.

While fox ranching is the most important and best known branch of domestic fur production, the rearing of various other valuable fur-bearers will probably occupy a prominent place in future fur-farming development. The experience of Mr. E. L. MacDonald, of Halifax, demonstrates that mink can be successfully bred in captivity.

"In the spring of 1914, I decided to try if some success could not be attained with this highly nervous and delicate animal, and bought two pairs from a rancher. As one of these had been injured when caught it died shortly afterwards, but after some difficulty I was able to purchase another female. In the spring of 1915, I had fourteen live minks, but unfortunately on account of not separating the young of one of the families from the mother soon enough, I lost the mother. In the spring of 1916 I had forty-six to take care of, and, profiting by my experience of the year before, was able to save all of them and this year, with no bad luck, I will probably have one hundred animals."

"If their surroundings are at all natural, with the proper care in feeding and a little judgment in the mating season, I can see no reason why anyone so inclined, cannot raise mink both profitably and as a pastime."

"I find the ranch-bred mink are more contented and much larger than the wild ones, and believe the regular feeding is conducive to better fur; being larger, of course, the animal is more valuable from every standpoint."

"The dens should be large enough for them to play in, and as natural as possible, although they are animals that do not require any luxuries if their house is dry and clean."

## Get Careless.

"A man who never made a mistake never made anything," said the Wise One.

"Yes," agreed the Boob. "But a lot of chaps who believe in that get careless and never make anything but mistakes."

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Minard's Liniment Cures Dandruff. ISSUE No. 12-17

## BARN FIRES.

Lack of Windows an Incentive to Dangerous Practices

In any statement of buildings destroyed by fire, barns and stables occupy a prominent place. One of the chief reasons for this is the necessary use of lanterns and other lights. In many barns artificial light must be used at almost all hours, with the resultant element of danger.

We have in mind a splendid farm building, well built and kept in good condition, with the surroundings neat and tidy. It is, however, lacking in one essential—sufficient windows to provide light for the interior. With closed doors this barn would be almost completely dark, and hence the incentive to light a match. There is nothing more dangerous than a lighted match in a barn, with, probably, loose straw or hay on the floor, and everything as dry as tinder.

Daylight is one of the cheapest of our natural resources, and it is easily transmitted. While making use of daylight, farmers will at the same time remove a very serious element of fire danger—a cause of fires in barns and stables which can only be charged to pure carelessness.

Before that She Suffered from Sciatica, Neuralgia, Nervousness and Other Troubles Coming from Sick Kidneys, Which Dodd's Kidney Pills Cured.

Elm Tree, Gloucester Co., N. B. Mar. 19th (Special).—Mrs. Jos. Roger, the popular teacher here, is fully recovered from a long siege of sciatica, neuralgia, and other troubles resulting from diseased kidneys and has made a statement in which she gives Dodd's Kidney Pills all the credit for her cure.

"My trouble came from a strain," Mrs. Roger states, "and I suffered for thirteen months. Backache, heart fluttering, sciatica, neuralgia, dizziness and failing memory were among my symptoms. When the doctor I consulted failed to do me any lasting good I decided that my kidneys were the root of my troubles and decided to try Dodd's Kidney Pills. I took twelve boxes in all and you may judge of the results when I tell you that I have not lost a day's work as teacher in the last year."

"I can say that Dodd's Kidney Pills have done all for me that was claimed for them."

Others of Mrs. Roger's symptoms were nervousness, that tired feeling, irritability and a dry harsh skin that itched and burned at night. They all came from diseased kidneys and all vanished when she used Dodd's Kidney Pills.

In Spain there has been invented a steel automobile wheel with steel tires which is said to have most of the advantages and none of the disadvantages of the rubber-tired wheel.

## MONEY ORDERS

BUY your out of town supplies with Dominion Express Money Orders. Five dollars costs three cents

Take a bit of tallow along to the woods when you are using a cross-cut saw on big logs. Make it run lots easier.

Minard's Liniment Relieves Neuralgia.

Ironmould.—Hooks and eyes should be boiled in strong soda-water before use. This prevents any likelihood of rust during washing operations. Try the experiment, too, on curtain pins, etc.

## GUARANTEED

The guarantee of a Dominion wide industry backs

## EUREKA HARNESS OIL

It makes all black leather blacker, softer, wear longer. Dealers everywhere.

THE IMPERIAL OIL COMPANY, Limited

Branches Throughout Canada

## FOR PINK EYE

Cures the sick and acts as a preventative for others. Liquid given on the tongue. Safe for brood mares and all other best kidney remedy. Sold by all druggists. Booklet "Distemper, Cause and Cure." Free.

SPORN MEDICAL CO., Chemists and Bacteriologists. Graham, Ind. U. S. A.

## ROYAL

MADE IN CANADA

ROYAL PASTRY MAKES PERFECT BREAD



MADE IN CANADA.

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