

Activities of Individuals and Organizations, the Home, Fashions and Other Matters.

So many people are sending Christ-as stockings to the soldiers that the illowing directions taken from the ulletin of the Canadian Red Cross octety will be of interest:

THE HOME

THE WORLD

Christmas Stockings,

Last year many of our branches made and sent Christmas "stockings" to our Canadian woğuded, and also to the patients (of whatever nationality they might be) in our Canadian hospi-

to our Canadian woanded, and also to the patients (of whatever nationality tates might be) in our Canadian hospi-tals. This year we have consulted Lady prunmond as to the number probably required and as to the nature of the contents, and she suggests 15,000 as the number and that each stocking might contain one of the following articles, with other little sifts – pocket mirrors, cheap stylo pens, pocket pencil.

Creams, Fruit Creams,

of a stocking and sewn up with colored wool. Pack in cases not exceeding 56 lbs. in weight. The following cable has just been received from Colonel Hodgetts "While regulation cases are preferable for Christmas stockings they are not essential." Do not put sticky candy or filmsy packets of insect powder into stock ings. Do not spend too much on them, Do not make them too large and heavy. **BUILD UP THE BODY.** The women who does her own honsework is usually worn out at the end of the day. She is apt to con-clude, therefore, that exercise is not a work intended for her. She could hardly make a greater mistake, how-ever. A woman needs a half hours' rest near the middle of the day, it is true, but she needs also systematic and stimulating exercise. One reason why women are so fatigued at the end

G. B. CHOCOLATES

Display Cards With Goods.

dark blue serge used attractively ap-plied natural linen in the shape of

pocket mirrors, cheap stylo pens, pocket pendi. We have notified our Provincial Branches of this proposed gift, asking them to notify us of the number use will undertake to make. If we set more stockings than are required for our own Canadian hospitals, we shall reserve the right to distribute the balance in England or France according freedy for shipment by October 31st, at the port warehouses. The stockings and sewn up with colored we made of colored net in the shape of a stocking and sewn up with colored wool. Pack in cases not exceeding of ibs. in weight. The following cable has just been received from Colonel Hadentite

-	
1	PRAYER FOR A HOSPITA
1'	God's grace
e	Defend this place
-	To its great gain;
1	God bless
0	Its cheerfulness,
d	Hallow its pain;
e	God send
-	His peace, befriend
e	All those who wake,
S	And keep
	All_who have sleep,
t-	For Jesus' sake.
is	
e	God's grace
d	Be on this place
y	To its great might,
y	God give
st	10 whom shan nve
L	Joy for their ken,
ht	be nign
	To those who die,
it	And all fighting men.
1t	-Agnes dioner mersening
10	don Chronicle,

To remove freekles, blotches or any complexion difficulty, the best thing to do is to remove the skin itself. This is easily and harmlessly dond by the skin application of ordinary meetitive out at the wax peels doy, produally bringing the second layer of skin to view. The new skin is beauti-fully soft, clear, white and young looking. Just procure an ounce of mercolized wax at any drug store and use like cold cream.

THE MOVIES

THE PLAYERS

Miss Lousi s to her in ming last. The young we Mitchell

hat young la n Saturday ( Rev. and M

lanan, spent eek with frie The ladies o ld their bit n ng'a cheerfu

our boys over ently packed of the so call and a very lan

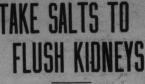
45 - --- HA

Harcourt, Bryant, who I time with rel Boston, has I Rev. Thos. visited at the

Miss Lena and Mr. Clayt guests recentl Lutz. Mrs. W. F from a pleasa

and Sydney. Mr. J. F. Castle was in Miss Maud spent part of her and at Ca Miss Annie from a visit fractional and the stallian Flat was the Miss Trinda son was on h she will spen Miss Minn Thurnott and the teaching and. Westmot fus Moneton C. Mr. and Mrs. Visitors to Mr. and Mrs. Visitors data Winnifred St ley and Miss Mr. Boner the week-end

H. IA. MacMie







Peel off Your Freckles

A Few Favorites-Cerellas, Almontines, Almond Crispets, Nougatines, nt Almonds, Maple Walnuts, Caramels, Cream Drops, Milk Chocolate, EMERY BROS. -:- 82 Germain Street Setling Agents for Ganong Bros., Ltd.