

The Liver regulates the health

ENO'S FRUIT SALT

—regulates the Liver

TRAVELLING GOODS

This is a very important branch of our business and we always keep well stocked with the newest and best baggage obtainable.

Trunks, \$3.50 to \$9.85
Suit Cases, \$1.50 to \$8.90
Club Bags, \$1.60 to \$12.50

H. N. DeMILLE
199 to 201 Union Street - Opera House Block

In Honor of St. Patrick
Parade to the Cathedral Yesterday — Powerful Sermon by Rev. Francis Walker

Owing to the weather conditions early yesterday afternoon the societies whose purpose it had been to join in a St. Patrick's Day parade, did not turn out. A procession from the A. O. H. hall to the Cathedral, however, was held. Headed by the City Cornet Band the procession passed up Union, along Charlotte, around the head of King Square, down Sydney and out Waterloo to the Cathedral. Following the band came the uniform rank of the A. O. H., next came the A. O. H. cadets and then members of the city and Fairville divisions of the A. O. H. As the parade neared the Cathedral appropriate Irish airs were played on the pipes by A. S. Goddard.

Rev. Wm. Duke officiated at Benediction of the Most Blessed Sacrament, as desired by Rev. Harold Coughlin, as deacon, and Rev. Francis Walker as sub-deacon. His Lordship Bishop LeBlanc was in the sanctuary. Father Walker delivered an excellent sermon, as follows: "Let us now praise men of great renown, and our fathers in their generation."

"Behold, dearly beloved, we are gathered together to praise a man, a saint of great renown, to do honor to the father and patron of the Irish Catholic race, the great and glorious St. Patrick. In every land and in every clime from the North-



In Thousands of Families

INSTANT POSTUM is regarded as one of the regular staples of the pantry, along with flour, sugar and other "necessities" of life.

INSTANT POSTUM causes none of the discomforts of tea or coffee. It is a pure food-drink, rich in the nourishing goodness of choice wheat, including the mineral elements of the grain so essential for perfect health.

Here is a beverage that children as well as the older ones can safely enjoy. It is ideal in its convenience (made instantly in the cup) and delicious flavor. A ten day's trial shows

"There's a Reason" for Instant Postum

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

LOCAL NEWS

ALMANAC FOR ST. JOHN, MAR 19
A.M. ... P.M.
High Tide ... 8.06 Low Tide ... 2.25
Sun Rises ... 6.84 Sun Sets ... 6.80
Time used is Atlantic standard.

James Gavin of Golden Grove was admitted to the General Public Hospital yesterday with his right leg broken.

Mrs. G. J. Estabrooks last night received a cable from her daughter, Nan, that the Red Cross ship on which she and about eight nursing sisters had sailed from Halifax had arrived safely in Liverpool. The party also included Miss Rita Starks of Hammond River, and Miss Sara Starks, of Renforth.

The board of trade on Saturday sent a telegram to Sir George E. Foster, minister of trade and commerce, asking him to him the improvements needed at the port of St. John, in the opinion of the board. The telegrams were sent to the minister in anticipation of the conference to be held at Ottawa today at which the matter of immigration is being discussed. The conference is being attended by Commissioner Russell, of this city.

More than a ton of waste paper is being collected each week by the Red Cross Society from the ten boxes placed in and about the city. This means of adding to the funds for overseas supplies has proved so successful that a dozen additional boxes are to be placed at different points during the week. Collections are made three times each week, and so far have averaged from 600 to 800 pounds a collection, with a noticeable increase in amounts deposited each day.

At a largely attended meeting of the United Women's Missionary Societies, held in the rooms of the King's Daughters on Saturday evening, Rev. J. H. A. Anderson, chairman of the committee on home visitation, presented a general outline of the plan of visiting the city institutions on that day, a feature of which he said to be the presentation of flowers. He made the request that the executive of the United Women's Missionary Societies consider the possibility of organizing a flower committee to take charge of this work. The meeting unanimously resolved to act upon the proposal and it is likely that the meeting will be made a carnation day. Mrs. Arthur Coster, the president, was in the chair.

St. Patrick first perfected himself and then strove to lift the Irish race to its own moral level and the rooms of the King's Daughters is today rightly called the "land of Saints and Doctors."

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HAD INDIGESTION COULD KEEP NOTHING ON STOMACH

Indigestion is one of the worst forms of stomach trouble. The stomach becomes upset and you have a raw, distended feeling in it.

After a meal you feel that you must get rid of that nasty, bilious, burning sensation; that souring and rising of the food which is so unpleasant and in many cases very painful.

It is not necessary for you to be troubled with indigestion when Burdock Blood Bitters may be so easily obtained. This old and well-known remedy, which is a combination of nature's best roots, herbs, barks and berries will cure indigestion and stomach troubles.

Mr. Lazare Savoy, Pokemouche, N.B., writes: "About two years ago I was troubled with indigestion that had I could keep nothing on my stomach. I was sorely disappointed in everything I tried to relieve it. At last a friend advised me to try Burdock Blood Bitters. I took four bottles and can now eat anything I desire. At last I am free from that grand old medicine, B.B.B., which has been on the market for the past forty years, and we claim, without any fear of contradiction, that it is the best cure for all stomach troubles."

Manufactured by The T. Millburn Co., Limited, Toronto, Ont.

RID STOMACH OF GASES, SOURNESS, AND INDIGESTION

"Pape's Diaprepin" Ends all Stomach Distress in Five Minutes

You don't want a slow remedy when your stomach is laid-up or uncertain — or a harmful one — your stomach is too valuable; you mustn't injure it with drastic drugs.

Pape's Diaprepin is noted for its speed in giving relief; its harmlessness; its sure, gasy stomachs. Its millions of cures in indigestion, dyspepsia, gastritis and other stomach troubles has made it famous the world over.

Keep this potent stomach doctor in your home — keep it handy — get a large fifty-cent case from any drug store, and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead, ferments and causes heartburn, causes headache, distaste and nausea; eruptions of acid and undigested food — remember as soon as Pape's Diaprepin comes in contact with the stomach all such distress vanishes. Its promptness, certainty and ease of use makes it the most stomach disorder is a revelation to those who try it.

Lord: "The kingdom of heaven suffers violence and the violent only bear it away," he gave himself up to the greatest austerities. Indeed, measured by our standard of severity for sin and bodily austerities, it was carried to the verge of folly. His cheeks were furrowed with tears of penance, and his hair was matted with the hair of a lion. He was in his case, rather than the day. A great part of it he spent in prayer. The little he gave of it to the body was spent on a bare rock, with a stone for a pillow, often exposed to the fury of the elements. A rough hair-shirt worn next his skin, added to his bodily discomfort.

These are the austerities to which St. Patrick's spirit led him, these the austerities which made him the great saint that he is. We are not called upon to meet such heroic acts of penance. But shame on us if we cannot perform at least the penance, the self-mortification necessary to lead a virtuous life. The acts of mortification necessary to keep the commandments of God and to live in the grace of God, that was all right in St. Patrick's time, and for St. Patrick, you will say, but we cannot be so hard on ourselves. It isn't fashionable. Times have changed. You would adapt religion to modern times, and make it something as easy as possible. But you forget these words: "Blessed Christ, the savior of today and tomorrow." You forget that the way to sanctification and consequently to heaven is the same today as it was in St. Patrick's time, the way of penance and mortification — the way of the Cross.

And thus you see, dearly beloved, that the spirit of St. Patrick was a spirit of prayer and penance, and yet the spirit of all the time given to prayer and penance, to works of self-sanctification, neither more his work, suffered therefrom. In spite of all his austerities he lived to be one hundred and twenty years of age, in the fullness of his mind and body, and he was hale in mind to the end, which was to prove, to him, that the way to heaven is the way to life. "As for his work, that we shall not say, but briefly.

St. Patrick, as we have already said, first sacrificed to himself, and then he sacrificed to others. And this latter work, the sanctification of those entrusted to his care, was the work of his life. He was a man of great and marvelous success in the latter, the success of his mission was the result of his own sanctification. This was due not only to the character of the laborer, which we have already seen, but also to the nature of the soil upon which he worked. This soil was neither "stony" nor "thorny," but "good ground" for good human virtues already abundant in the land and predisposed it for a ready acceptance of St. Patrick's message. The British laws, lately unlearned, show that justice prevailed between man and man. The weapons and ornaments so numerous in Irish and other museums, show that they had a good knowledge of the arts of war. The existence of bardic — a class devoted to the cultivation of poetry and music, indicated the rude, warlike manners of the race.

With such soil to work on, it is little wonder that the conversion of Ireland stands alone in the history of the church. The day star of faith broke upon a dark and stormy, but mildly springing. She killed not the prophets sent to bestow upon her the light of truth, but she was the first to be stained with the blood of martyrs, as were so many others. Ireland's path to Christ is strewn only with the garlands of the peaceful triumph of God's holy law.

FIRST AID!

In case of severe toothache, rush your patient to one of our offices where instant relief may be obtained.

We do work painlessly and well.

Boston Dental Parlors
HEAD OFFICE: 827 Main Street, Phone 883
BRANCH OFFICE: 35 Charlotte Street, Phone 38
Dr. J. D. Maher - Proprietor
Open 9 a. m. to 9 p. m.

WHY our business is increasing so rapidly. For three reasons:

1. We have the best goods.
2. We have the best facilities for eye-testing.
3. We have the right price.

This is what the public wants. Having over twenty years of experience and exclusive optics affords us the opportunity to give the public entire satisfaction.

We also request all our patrons to exercise the privilege to call as often as needed to adjust the glasses free of charge.

We establish our business out of the high rental district.

GOLD FEATHER
Phone Main 3415-11, 625 MAIN ST.

Kirkpatrick & Cowan

CASH SPECIALS
22 King Square
(Next Imperial Theatre)
PHONE M. 3158

12 1/2 lbs. Sugar	\$1.00
White or Yellow-Eyed Beans, 25c qt	
3 pkgs. Cornflakes	25c
3 bottles Extract	25c
2 pkgs. Raisins	25c
2 cans B. C. Salmon	25c
3 McLaughlin's Jellies	15c pkgs.
1 can Jersey Cream Baking Powder	25c
3 tins Old Dutch	25c
Dates	10c pkgs
Comp. Cream of Tartar	30c lb.
Bird's Egg Substitute	15c pkgs.
Bird's Custard Powder	14c pkgs.
Gold White Potatoes	58c peck
Soldiers' Comfort Boxes	15c and 18c each

(Special Prices on Dozen Lots)

See Next Thursday's Times For Complete Announcement

WASSON'S 2c. SALE

Next Friday, Saturday, Monday, Tuesday

New Stock of Baby Carriages

And Sulkies Just Arrived.

When it comes to buy Baby Carriages and Sulkies, you will find this store the best place to come to see a complete assortment. We have them in all the latest styles and designs.

From \$4.00 up to \$45.00
Sole Agents for the Famous Whitney Carriages.

Amland Bros., Limited
19 WATERLOO STREET

THE HIGH COST OF DENTISTRY!

is a thing of the past. At the MARITIME DENTAL PARLORS you can have safe, reliable work, best of material and the services of expert Dentists for ONE-HALF and even less than the ordinary charges.

Full Set Teeth \$5.00

Best Set Teeth Red Rubber \$8.00

No better made elsewhere, no matter what you pay. A fit guaranteed. 22K Gold Crowns and Bridgework, \$4 and \$5. Porcelain Crowns, \$4. Gold and Porcelain Fillings, \$1 up. Silver and Cement Fillings, 50c up.

Teeth Extracted Without Pain, 25 Cents
Try our famous NAP-A-MINIT method for painless work. Special attention given to out-of-town patients. Consultation FREE. Graduate Nurse in attendance.

MARITIME DENTAL PARLORS
38 Charlotte Street, St. John, N. B.
Dr. A. J. McKnight, Prop. 9 a.m. to 9 p.m.

"As our life, so our death." Learn to practice those two great virtues exemplified in the life of St. Patrick — prayer and penance — that you may first sanctify yourselves. Then will God, no doubt, through your sanctity others. For remember, whether you will or no, you are greatly influence the lives of those about you. You are all moral magnets, either for good or evil. Do then the work of God, as did St. Patrick, and not that of the devil. The shamrock or the bit of green which you wear today distinguishes you as children of St. Patrick. But it lies if you live a life of sin and wickedness; if you are devoid of the fear and love of God; weak in the profession and practice of that glorious faith which has been practised by you, be then, strong, practical Catholics, proud of the faith that is in you. Imitate the example of your patron in your works of prayer and mortification, and thus you shall live and die worthy children of St. Patrick.

CLARENCE LUNNEY ROLLS 382 IN THREE STRINGS ON BLACK'S

Clarence Lunney established a new three-string record on Black's alleys on Saturday afternoon, while bowling in a match game. He ran up a total of 382, making 149 in his first string, ninety-eight in his second and 135 in his third. The former record was 360, held by Vincent Kelly, who is a member of the 140th Battalion band.

LOCAL NEWS

Smoky City Cleaner cleans wall paper. See Redmond's ad on page 2. 3-19

A large assortment of boys' suits, as well as men's at Turner's, out of the high rent district, 440 Main street. T.P. 3-22

Dr. J. T. Dalton of Fairville has opened office at 384 Main street, North End. 3-22

Mills, Sec. 1, Pork, 52c lb. Other things equally cheap. Tobias Bros., 71 Erin street, phone 1746-21. 3-19

DON'T FORGET
Climo's photo anniversary comes but once a year. Half price photos for a week, beginning 21st March—85 Germain street. 8-27

READY FOR INSPECTION
Our big display of spring overcoats in all styles and colors, from \$12 to \$24. Call while the stock is complete—Turner, out of the high rent district, 440 Main. T.P.

BUTTER

Fresh Country Tub Butter, 42c per tub
Choice Dairy Butter, 42c per lb.

Potatoes	58c per peck
Peaches	10c per lb.
R. C. Beans	15c per can
Good Sound Onions	10c per lb.
Sweet Seedless Oranges	25c doz.
2 1/2 lbs. Muscatel Raisins	25c
Yellow-Eye Beans	25c per qt.
White Beans	25c per qt.
3 pkgs. Lux or Old Dutch	25c
2 cans Salmon	25c
2 cans Clams	25c

WITH ORDERS ONLY
13 lbs. Sugar, 42c per 42c. \$1.00
3 lbs. Tea, 25c per 25c. \$1.00
6 cakes Surprise Soap, 25c.

HAROLD C. ROBERTSON

554 Main St. Opposite Fort Howe. Phone M 419

ROBERTSON'S! THE STORE OF SPECIALS

Golden City, High-grade Manitoba Flour, 78 lb. bag, only \$5.15
Jester, High-grade Ontario Flour, 98 lb. bag, only \$4.85
Purity Flour, only \$1.00 per 50 lb. bag
10 lbs. Fine Granulated Sugar, \$1.00 \$7.45 per 100 lb. bag

10 lb. bag Lantic Sugar, 82c
Lipton's Tea, only 28c per lb.
3 lbs. for only \$1.10
Lipton's Jelly, 12 per pkg., 2 for 25c
Lipton's Cocoa, 1 lb. tin, only 22c
S. Beans, 12c
Tomatoes, 16c; Corn, 14c; Peas, 12c
S. Beans, 12c

Strictly Fresh Eggs 40c. doz.
6 cakes Surprise or Gold Soap, 25c (With orders)

E. Roy Robertson

599 Main St. Phone 287.

STRICTLY FRESH EGGS

Only 38c. per dozen

TEA

A lot of King Cole Tea, Only 40c. lb. while it lasts

FRESH FRUIT

Cape Cod Cranberries, 12c. qt.
Fancy Lemons, 25c. doz.
California Seedless Oranges, 25c, 28c, 30c and 35c. doz.
Luscious Grapefruit, 8c., 4 for 30c.
Apples, 30c. and 50c. peck

Yerxa Grocery Co.

443 MAIN ST. Phone Main 2913

Good Value For Money AT LILLEY & CO.

Note Prices Quoted Below:

Beef Roasts	14c. to 18c. per lb.
Beef Stewing	12c. per lb.
Beef Corned	10c. to 12c. per lb.
Beefsteak	From 22c. per lb.
Pork and Veal at Lowest Market Prices.	
Pigs' Feet and Spare Ribs.	

SPECIAL!
Picnic Hams by the half or whole, only 23c. per lb. while they last.
Head Cheese, 10c. per lb.
Bologna Sausage, 12c. per lb.
Fresh Sausage, 15c. per lb.
Pressed Corned Beef, 25c. per lb.
Cabbage, Cranberries and a Large Assortment of Other Goods at Prices to Suit All.

THE 2 BARKERS LIMITED

100 Princess - 111 Brunswick Goods Delivered to All Parts of City, Colborne and Fairville