DAILY MAGAZINE PAGE FOR EVERYBODY

THE "ONE-SIDED" DANCE FROCK Secrets of Health and Happiness

Designers Look to Modes of the Long-Ago for Inspiration.

By ANNETTE BRADSHAW

ELIGHTFUL combination f 18th century charm and ew dance frock of lace and taffeta. It might have tepped from one of the canvases of Nattier with its grace and fem-

A worthy example of the art of the 20th century designer is this attractive frock of pale rose taffeta and diver lace. Instead of the old-time niered skirt, one side is formed of two deep flounces, while the other of taffeta with a full top flounce of lace arranged to produce a pannier

skirt, having one side of silver lace and the other of taffeta. The material is draped close to the figure. ed by trimming of any descrip-

tucked in at the waistine, introduced in a charming note of color.

The bodice is sleeveless, but a scarf of rose-colored tulle is attached to the centre back of the frock and vells the arms with its delicate trans-

remance for her inspiration, and the majority of women are glad for this opportunity to don picturesque at-Gone are the clinging draperies the extremely low decolletages exposed the back to the waistis again fashionable to be The full-skirted frock has



the club man yesterday.

ously supple of person.

for the next tea.

thing.

And I stirred my tea.

It was a beautiful tea. The musins

were toasted to exactly the right brown, the

butter was sweet and fresh, and there was

plenty of it; the tea was neither as strong as

lye nor as weak as water, and the sandwiches

virtues in the waiters' class. He didn't shuffle and he didn't strut, and he neither slunk nor

sidled. He was not there when you didn't

want him, and he was there when you did

want him. He didn't rattle the dishes or

Oh, a perfect waiter! The club man saw to that.

quite as a matter of course—to the boy and the girl.

to think, what on earth is the matter with Ethel.

And then the conversation-it was so interesting!

tinkle the silver, and he was neither insolently veiled of eye nor obsequi-

man told a story that was meant to be funny and was only rather disagree-

able. The woman of the world told him that he was shocking and tried

to blush, and the club man straightened himself and settled his collar and

looked particularly wicked and outrageously wise, and I-stirred my tea.

the woman of the world told a story. Some one had told it to her, she said,

and she pretended that she didn't know what it meant. I really didn't

know, but the club man did, and I could see him committing it to memory

season. Oh, such a very frank novel-one of the sort they call daring-and

you keep wondering how the woman who wrote it is ever going to explain

where she got all the detailed information. And, by easy stages, we came-

We began with the new dresses and how short they were, and the club.

Then we spoke of the new kinds of boots with fur around the top, and

Then we arrived at the last new play, and the first new novel of the

"I can't think," said the woman of the world, "I really can't even try

"She has a lovely home, two fine brothers and a father who lies down

"He hasn't a cent to his name, and he'll have to work for his living.

"Of course, he's awfully nice and rather good-looking and dead in love

"To be sure, I know he's your nephew, Mr. Club Man, but you're too much of a man of the world not to understand my point of view. What

"He'll Come to His Senses."

"Said we'd insulted his mother, or something, I don't know what.

down to a little nobody. I beg your pardon, Mrs. Woman of the World

"And he has his father's looks-Jack was always a handsome fellow-

"What fools they both are!" said the man and the woman together.

And when we were walking out of the room, who should come walking

of all the radiant, delighted heads-in-the-clouds and heads-in-the-air

Something in my glance, as I saw them, attracted their attention, I sup-

creatures that ever lived, the Two Fools were certainly the prize winners.

into it but the Two Fools themselves, together—the boy and the girl!

pose, and they asked me to stay and go back and have tea with them.

and if he'd set his mind to it he might marry money and amount to some-

"Oh, he's crazy, absolutely, no question about that!

"What a fool she is," said the woman of the world.

nothing personal in it, but you know what I mean.

"Do something!" The man of the world fairly purpled, he was so in-

razy about her. One of them is poor, but he's in the army, and it's rather mart for an army officer to be poor, and the other is simply made of

And they're going West-way out West-and live in a hut or a tent, or

something. He won't even stay here and go into the business with his

mey, and here she is determined to marry that idiot of a boy.

with her. What difference do things like that make, really?

on earth do you make of it all? Can't you do something to stop it?"

The waiter was a paragon of all the

were perfection in the sandwich line. The woman of the world saw to that.



How the Humble Horse Helps Stop Your Wounds Now that we are well past New Year's day and have tested the strength of our "resolving powers," let us realize that each new day may herald a new year of new things if may herald a new year of new things if we but wish them. If you are earnest in we will ages of the elements, remembering the summer sun—as well as the winter cold.

A. B., M. A., M. D. (Johns Hopkins University). THE stream of vitality that ebbs and flows through your veins, your capillaries and your arterial canals remains a smooth, comforting, warm current of straw-colored serum, rich, reddish orange corpuscles, moving, crawling, amoeba-like white corpuscles, dust-

like granules, or tiny fragments of clear gelatin many times smaller than a red blood "cell," only as long as it is on the go within its proper "waterways." In other

from its accustomed channels. It is a diverted river, overflowing rich lands, thereby working injury to itself and its neighborhood. From the veins and capillaries a slow inundation of dark red blood, rich as the Nile, yields up its own riches to the surrounding soil. If the hemorrhage is from the arteries, the blood is spurted in a brilliant vermillon stream as from the nozzle of a fire hose.

ternally analogous to the skin-of the orrhages. leakage comes from numerous capil-

Whenever a hemorrhage takes place from an artery, the muscular elastic walls shrink. If the cut, tear or crevice walls shrink. If the cut, tear or crevice metal helmets protect the small the helmets. is small the hole will be plugged. If, however, an artery is severed, the walls will shrink away. Fortunately, the lining of the arteries falls back and folds

The moment healthy blood or lymph escapes from its natural channels it coagulates or clots as curds form in whey. The clot must form within a rea-sonable time or death will occur. Jaundice, inherited blood diseases, anaemia and some other maladies re-tard and even prevent the clot-making material from doing its work. The up-shot of this is that wounds or opera-tions, even of a minor type, may be the cause of dangerous, if not fatal, hem-

liver, or any other spongy structure causes an ooze from the surface. The leakage comes from numerous capilleakage comes from numerous capil-possible to check quickly many varie-laries too small to be seen individually almost always fatal.

> metal helmets protect the soldiers in the trenches, when injected into the form one of the available measures. Transfusion of blood or the transfer of fresh, quickly clotting vital fluid from

WRITES
A Pair of Fools

ABOUT A Pair of Fools

Why start service, Inc.

"Why, thank you," said I, "I'll be delighted!"

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"The club man stared in amazement. The woman of the world actually speci.

"I'm starving to death," I said brazenly, "and thirsty—no end."

And I left the woman of the world and the club man looking after me blank astonishment and utter disapproval.

But I told the truth. I was starving and thirsty. Starving for youth They'd been shopping—getting the trunk—THE trunk. They were lotted in the swing shools are should be shopping—getting the trunk—THE trunk. They were "We shan't need a lot of fuss and feathers out there," said the girl fool.

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"We shan't need a lot of fuss and feathers out there," said the boy fool, and then they both laughed as it meene had made the cleverest joke in the world, and I laughed, too, and the had made the cleverest joke in the world, and I laughed, too, and the club man of the world and the need a lot of fuss and feathers out there," said the girl fool.

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"We shan't need a lot of and light-hearted gayety. Thirsty for a sight of simple happiness. It was

Answers to Health Questions

R. C. P. Q-Until the last three weeks intended to be a matronly and housewifely tone that I knew perfectly well I always slept soundly, but since then I dream and wake up two or three time every night. Kindly advise me what to

A-Dreams come from some irritation We let the muffins get cold, and we didn't know what was in the sandwiches, but we knew what was going to be in the little house out West.

Take a hot bath and drink a glassful of
Every picture on the wall we knew, and every book in the bookcase, and we warm milk just before retiring, also take a triple effervescent bromide tabloid in fairly saw the curtains that were going to hang between the dining room a a glassful of water before bedtime.

> Z. L. T. Q-What is the correct weight of a girl of 18 who is 5 feet 6 inches tall?
>
> 2-What can she do to put on flesh?
>
> 3-What will give a bright, healthy look to the skin?

A-About 118 pounds, but a lighter weight is not indicative of ill health. 2-Eat plenty of cereals, sweets, cream, Wisdom, they say, is from the gods. But, on, where does worth living eggs, pork and butter. then, this divine folly that makes this old, gray world of ours worth living all is advisable that you drink three quarts of distilled water and a pure car-bonate water dally, lots of olive oil, whey, buttermilk, fluids, green vege-

Beauty Obtained and Retained the "New Day Resolution" Way

By LUCREZIA BORI Prima Donna of the Metropolitan Opera Company, New York.

we but wish them. If you are earnest in your desire for beauty resolve today to be beautiful, and as a constant reminder tack above your dressing table the following:

New Day Resolutions.

1—Exercise.
2—Brush my hair carefully and maschapped lips, rough skin or a coat of

3—Give my complexion the proper atention.

4—Relax for a half-hour.

5—Spend 10 minutes to keep my hands

only when confined to its bed, its "Culebra Cut" of the anatomy.

Snails and crabs have white blood; several insects fave marine blue blood; some toads and salamanders green blood, and the streaming protoplasm of such water plants as spirogyra and the chlorophyl of all green plants also may be considered as blood. In health the human vital stream blues hold. This is only a small number of the skin against the wind, but it prevents the powder from clogging the wish to aid nature in the improvement of your appearance. Say each night of your appearance in the improvement of your appearance. Say each night of your appearance in the provents the powder from clogging the resolutions which robbed me of your appearance. Say each night of your appearance. Say each night will exert every effort to make up for past omissions which robbed me of for past omissions which robbed me of for past omissions which robbed me of the latting happiness and beauty."

I have given you at the head of the list of resolutions "exercise." It is of its of resolutions "exercise." It is of strain and feel the need of a few min-part of living tissues great losses of bist of resolutions "exercise." It is of strain and feel the need of a few min-part of living tissues great losses of the blood current, the nice balance of serum, reds and whites of this life found is destroyed, and a stream of red spurts out.

A hemorrhage is the outflow of blood from slight accidents are uncompared to the stream remain uncompared to the province of withing the stream remain uncompared to the province of within the skin before on



Care for Your Hair.

is not practicable, take systematic exer- have gained new strength and courage

solf a few boxes of candy and ice cream sodas you can quickly save the amount required to purchase this very necessary toilet accessory. The hair should be well brushed before retiring, then the scalp should be massaged, and finally the hair should be braided loosely. In a month you will scarcely be able to

Solving the Problem of Stains in Hosiery. GAIN and again, as I tackle the settle the matter for me at all, and I

changed in hue!

I was almost beginning to accept this as a necessary evil when I saw that as a necessary evil when I saw that as a necessary evil when I saw that as new, there!" She wound up in-

you would if he were alone, and when

or some entertainment, just drop his arm and walk along side by side through

you walk out with him and go to church

1—Blue, brown, pink or green hose must be "set" before washing—that is, immersed in a solution of one cupful of salt to a pail of water.

No hot water must be used. Stockings must always be washed in lukewarm water, clean, sudsy water and not in water that has been used

for washing hose:

rately, as even in good quality the col

comes out more or less.

Now I have worked out standard rules

and not in water that has been day and in which there may be some lint from other clothing.

Stockings are washed first on the right side, then turned inside out and washed on the wrong side. There should be two or three rinsings or more in lukewarm water.
-Stockings are dried by hanging u

warm iron on the wrong side. agree with the girl's sister it is a these "rules" almost invariably produce bad beginning for a life friendgood "results."

> The pabana or peacock dance of the Staniards is so called from the manner in which the lady holds her skirt during

Hindoo babies are named when they

the doorway, or, if it is necessary, you required to speak English, Fr. go in first and let the man follow you. Italian, Greek and Arabic.

Of Her Household A Bride's Own Story

AGAIN and again, as I tackie the was more determined than ever that I'd find out why.

"Now, Dort," I began, "you tell me hoisery or the light-colored feet of hosiery are changed in color from what they should be. It doesn't matter a bit whether the stockings be blue, brown, She looked at me shrewdly. "You think I wash them with other pink or white, they are never their original color after one trip to the laundry tubs. I'm almost astonished that the black hose don't come back that the black hose don't come back rate in good hot water, too, and they's

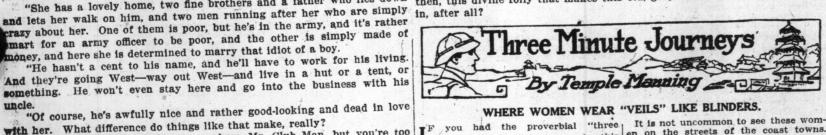
as a necessary evil when I saw that some brand new light hose, after one dignantly.

That explained it. In the first place whey, buttermilk, fluids, green vegetables without much starch, unseasoned foods, and fresh fruits. Take a Bulgaria tablet with your meals. Avoid tea, coffee, constipation and inactivity. Live in the open air mere than you do.

Live in the open air more than you do.

Dr. Hirshberg will answer questions of this paper on medical, hygienic and sanitation subjects that are of general interest. He cannot always undertake to prescribe or offer advice for individual cases, Where the subject "why, missy, stockin's allus act that is not of general interest letters will be answered personally, if a stamped and one for the can't help it. answered personally, if a stamped and one for the can't help it. answered personally, if a stamped and one they's washed they never looks addressed envelope is enclosed. Address like new again. Sure I know—I've been all the can't help it. Way, missy, stockin's allus act that way," she said. "They can't help it. Once they's washed they never looks like new again. Sure I know—I've been washin' of 'em long enough."

That settled it for her. But it didn't



some one had made the cleverest joke in the world, and I laughed, too, and

the waiter—who was anything in the world but perfect—got so interested

in us and what we were saying that he forgot to bring the tea until the

girl fool pulled herself together and asked for it in what was so plainly

Wisdom, Youth and Divine Folly.

The garden we saw, too. Here by the teapot was the violet bed, and

there by the sugar were the pansies. Heavens! there's a storm coming. Run into the house, little gardener, or you'll get wet. And we laughed and

we almost cried. And we planned and hoped, and all at once the fresh

faces and the clear, happy eyes seemed to fade before my sight, and I saw

again in fancy what I had seen half an hour before at that same table-

two sad, embittered faces, two pairs of cold and calculating eyes-and 1

Wisdom, they say, is from the gods. But, oh, where does it come from,

wondered of the four which two were the greatest pair of fools.

that the boy fool was stepping on her foot under the table.

I wanted to step on it myself, she was so irresistible.

guesses" about the women in this illustration, the chances are a million illustration, the chances are a million to one that you would not guess right. No one to whom I have shown the photograph from which the correct answer to these three questions: Tho are they? What are they wearing? What is the curious object they are ex

in blank astonishment and utter disapproval.

a good thing I stayed. I got plenty of both.

and the living room being woven on the loom.

only going to take one.

dignant. "Why, I'd do anything to put a stop to such nonsense! I've had nining so carefully? him up to the club three times. I promised to get him in, and do you The answer to the first question is that these are Swahili women marketing in know the poor fool said he had no use for a club, and I'll tell you plainly, if he is my nephew, the club had no use for him. All he did was to sit The answer to the second is that they and moon when the men were talking, and once, when some one said some-

are wearing masks made of leather. thing about women in general, the cub got up and walked out of the room The third answer is that the object they hold in their hands is the favorite fetish of the Swahili women, a "good luck god" that they believe watches over their happiness and guards them from "He'll come to his senses some day, when it's too late, and he's tied

In many of the customs of Zanzibar there still stand out the strange customs of the Arab traders who for centuries have frequented this East African coast. It is to them that most of the civilizing influences perceptible among the natives of the district are due. Uncivilized Uncivilized though these masks appear, they are, nevertheless, an evidence of Moslem civilization, for they are a modification of the traditional masks of Moslem vomen. They are made of leather and bead work on a wooden frame. And they are worn only by the upper class Swahili who are the daughters of native

women and Arab fathers. ladies are of silk. Their curious shoes ladies are of silk. Their curious silves are silver-studded. And they are bedecked with much silver jewelry. ecked with much silver jewelry.



In the Public Market. The costumes worn by these society part of the life of the cities. The Moslems in Zanzibar, by the way, are less

AND S.: If the young man cannot DEAR ANNIE LAURIE:

What is the proper way for a girl ship, but it seems to me that if I really liked a man and felt he was worthy of

steady friend if she meets him while out walking with another boy friend? What kind of hint should a young fellow give to gain admission into a house after taking a girl out for a

A young fellow was going with a evening he and that sister had a

and her friend to enter a hall or What should a girl say to her the liking I'd tell my sister she could

girl and he could go to see her only when her other sister was not there because he could not agree with the views of the other sister. One quarrel, and he never went back to see the girl, but agreed to meet her away from home. Do you think he did right, and should she meet him

away from home?

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ODD FACTS

either be polite when he came to call or she could stay out of the room, for I would see my friends in my own home Now, as to hinting about anything, to be frank and not to hint is the 20th cen

be frank and not to fint is the soft century way, for it seems to be more "efficient" and up-to-date somehow. Say right out what you want and people can do no more than "say you-nay." And if you meet a friend walking with some other friend of his speak to him just as It is said that diamonds have been And if discovered in fallen meteors.

are 12 days old, usually by the mother. The telephone operators in Egypt are

sterday.

at 70 with a net points. The deni of a rich find

to 89 and closed Shareholders a isfied with the isfied with the cystatement. Therment begun whi from 50, the op 47, and closing a Porcupine Crown serve with suffithe dividend mwever, to propulation of hompany.

Peterson Lake bening at 31 a closed at 81 %

in this stock For some u
Beaver displayed
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FOR THIS you can obtain splendid Photo-

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