

PAGE OF INTEREST TO WOMEN

RONALD GRAY HOMES
WILL BE ENLARGED
TO ADMIT BABIESMany Placed in London Homes
After Appeal To Mothers'
Clubs.

Mrs. John Reid and Mrs. F. R. Hardie have met with wonderful success in their quest for homes for babies on behalf of the Children's Shelter. Many very fine homes in the city have offered to take babies into them, and still others are seriously considering the question," said Mrs. Hardie yesterday. "We have also had applications from different places outside of London, one coming from as far as Buffalo, the news that we were looking for homes in which to place babies having been copied in one of the Buffalo papers. But, of course, we want to place the children in London, and we are not considering this application at all."

The fact that the Salvation Army is adding accommodation for 100 more cots to the Ronald Gray Memorial Home, which will be devoted to babies, will greatly relieve the situation here, however. This home will guarantee to look after the very small babies, if the shelter will take charge of the larger children.

FEW APPLICATIONS
FOR WOMEN TO DO
FARM WORK SENT INEvery Girls' Camp For Farm
Workers Must Have
Permit.

A few orders for girl and women farm workers are beginning to come into the London Branch of the Government Employment Bureau for Women, according to the statement of Miss St. Germain, who is in charge there. These are principally for hoeing and digging, although it has been announced that a fruit camp will be started in Elgin County, just outside of St. Thomas, about the middle of June.

There is the possibility that the Springbank fruit growers will want help from the women who are now working in the orchards, but there is no talk of a camp being established there so far.

This year the department of labor requires that anyone wishing to organize a camp for more than six girls must get a permit to do so, this requirement being an outgrowth of the new factory act. It will insure proper conditions in all large camps for girls. Applications for such permits may be made to Miss Tomkins of the Ontario Government Employment Bureau at Toronto.

As yet there has been no rush of girls or women applying for farm work.

HOME ECONOMICS
MRS. ELIZABETH KENT, MACDONALD COLLEGE.

Life and literature are full of jests about a baby yelling with colic, but for the baby and his family—colic is no jest. Indigestion is not a happy state of mind or body for anyone, and a baby's sharp screams leave us in no doubt how he feels about it.

A young mother can soon learn to recognize the different cries of her baby, for the strong sharp cry usually not continuous, accompanied often by twisted features and drawing up legs and hard tense abdomen; for hunger, the continuous fretful cry; for real sickness, steady, but not too long, crying; for a mother's desire to be granted.

Colic is caused by wind, or gas, in the stomach. Let the baby lie on his stomach on a soft hot water bottle, or a piece of hot flannel not too hot, of course. Warm his hands and feet, pat his back gently to help up the wind, and give him a little hot water, with perhaps a few drops of essence of peppermint, but no gin or herb teas.

If the baby has colic often, his food is probably too strong, and more water should be given. If he is breast fed, give him an ounce of water as hot as he can take it before he nurses. A mother should regulate her own diet, too, and keep her digestion in good order.

Colic is often caused by too rapid nursing, which should be prevented by taking away his food for a minute, and then giving it again. On the other hand, if a baby is allowed to sleep before he is hungry, he gets less than he should and is hungry again before the proper time. If he is bottle-fed, the milk gets cold, and crying is necessary to exercise a baby's lungs and a temper cry will not hurt him if it is not too violent or too prolonged. But pain, sick and hunger cries should be relieved by removing their cause, not by any other means whatever.

SOCIAL and PERSONAL

TELL IT TO THE SOCIETY EDITOR.

SOCIAL-WOMEN'S

A. H. McPhail of Windsor spent Saturday and Sunday as a guest of James H. Stewart.

Mrs. Radcliffe and Miss Blatz of Toronto are the guests of Mrs. Mara, Waterloo street.

Miss Helen d'Avignon, girls' work secretary of the local Y. W. C. A., is in Toronto, attending a conference of national girls' work leaders and girls' guides leaders being held there today, the object of this conference being to get closer co-operation between these two branches of the work among 'teen-age' girls.

A most enjoyable banquet at the First Presbyterian Church last night opened the series of banquets being held throughout the city this week, at which the mothers are to be the guests of honor. Several interesting toasts were proposed, with Miss Isabel Griffiths, the president of the Mothers' Club, in the chair.

Miss Warren and Mrs. Brophy of Woodstock were interesting visitors in town last week, when they came to the city to be devoted to babies, which will greatly relieve the situation here, however. This home will guarantee to look after the very small babies, if the shelter will take charge of the larger children.

A very pretty wedding was solemnized at the home of Mrs. Eva Dandeen, Pur-nival street, Rodney, on Wednesday afternoon, April 28, when her only daughter, Bertha, was united in marriage to Gordon Tunks, son of Mr. and Mrs. George Tunks, concession 6, Rev. J. P. Falconer, pastor of the Presbyterian Church, performed the ceremony.

The bride entered the drawing-room to the strains of Lohengrin's Wedding March, played by Miss H. Jean McGreggor. She was charmingly attired in white georgette over white satin, and carried a shower bouquet of white carnations and maiden-hair fern. She was attended by little Miss Katherine Tunks, niece of the groom, as flower girl, attired in white voile with trimmings of

pink satin ribbon, and carrying a basket of pink sweet peas. Master Donald Patterson was ring bearer, carrying a silver tray with the ring concealed in a circle of sweet peas.

The groom's gift to the bride was a substantial check, to the pianist a brooch set with garnets, to the little flower girl, a locket and chain, and to the ring bearer a silver ring.

After the ceremony a reception was held in the presence of about thirty guests, some of whom were from Detroit, London, Wallaceton and Morpeth.

Later the happy couple left by motor for points east amid showers of confetti and good wishes. The bride travelled in a navy blue suit of serge, with train trimmings and hat to match. On their return they will reside on the groom's farm on concession 6.

A very pretty wedding was solemnized on Thursday, April 29, at the home of Mrs. W. H. Skinner, 350 E. W. street, when their daughter, Ethel May, was united in marriage to George Fred. Ackerman of Detroit, Mich.

At 3 o'clock, the bride, dressed in beautiful white satin, with bridal veil and train, and carrying a bouquet of roses and lilies, entered the drawing-room led by the arm of her father, Miss Lillian Skinner, sister of the bride.

The bride's traveling suit was of navy serge with hat to match. The young couple were the recipients of many beautiful gifts, showing the high esteem in which they were held.

TALKS ON HEALTH

BY WILLIAM BRADY, M. D., Noted Physician and Author.

Dr. Brady will answer all signed letters pertaining to health. Writers' names and addresses must be given. Questions of general interest are answered in this column, but all letters will be printed in full if written in ink and a stamped, self-addressed envelope is inclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this paper.

Driving Down To Jericho.

The human machine is of the internal combustion type, water cooled. Most of its troubles arise from deficiencies in the combustion chambers and many drivers damage their machines by failing to give intelligent attention to the cooling system. The greatest factor in the scorching of machines which have given but half the service one has a

right to expect is driving at maximum speed instead of driving at optimum.

The old boat can amble along with-out strain at, say, 25 miles an hour. You have not given it the tender care you would have given it perhaps if your faith in reincarnation were not so strong. But she is still capable of speeds of 40 miles as 33 miles an hour. Some dub is always trying to pass you on the road, and for three excellent reasons you are reluctant to be passed: (1) dust, (2) road visibility, and (3) personal ease. You can give optimum speed, but only by drawing on your reserve, which, of course, is limited. But there are bigging times, every-day spending lavishly, for tomorrow we haven't time to think about. So you let the old boat amble along, and she develops somewhere—nothing to worry about, just some little squeak or rattle, or a "functional" trouble. You drive on, there are a number of things that the road will tell you what is good for it. You drive on. Presently another trouble develops. It is not a big thing, but it is annoying, when you are tearing along the road. The rattle is inconsequential, for it tomorrow. Any old woman along comes from you can't make out, to save you. But never mind, you're darned if those sharks in the garage are going to get a crack at you. It's just a temporary functional trouble. Time enough to consult an expert and run up a bill when something worth while is wrong.

You drive on. Nobody passes you for miles and miles. But she rattles and squeaks and she squeals in your own estimation. If you could only unload on some poor geek, and buy yourself a brand new one. You hit some rough going. That rattle becomes more and more annoying. Perhaps you had better let the humanigan have a look at the connecting rods when you get home again. She jolts and trembles. Somebody coming behind. You drive on. And then—bloop—a breakdown.

"Out of a clear sky," you declare, without batting an eye.

"Certainly was sudden," your friends sympathize. "She looked as staunch and sturdy as new."

"Well, you fool," the doctor greets you, "maybe you'll listen to reason now."

And maybe you do. But what's the use—it's organic for keeps now.

QUESTIONS AND ANSWERS.

Sulphur and Molasses.

Just how should sulphur and molasses be taken and in what quantities? (A. A. K.)

ANSWER—Humorously, or if grandma is watching, take it with a solemn, wide-mouthed air. Sulphur is a mere physic, nothing more; molasses is also a physic, more or less mere. The imagined good of these lies in the psychological influence of the granny who pours it down you.

Yeast Eating.

I am eating yeast. I take a brand, which is the only kind we can get here on the prairie. Is it all right? (R. S. S.)

ANSWER—Any yeast suitable for baking is suitable for internal use as a remedy. You fail to mention the condition for which you are taking yeast. The remedy is much the same. Some people have acquired the delusion that it is a sort of panacea, whereas its value is limited to a very few disease conditions, though it is harmless enough.

Cynthia Grey's
Mail-Box

Put a touch of spring in the air, the thing was sudden, your friends sympathize. "She looked as staunch and sturdy as new."

Children's Hospital Pamphlet.

Dear Miss Grey.—The Children's Hospital pamphlet is published, and we should like to send it to every one interested in the hospital, but this is not possible owing to the expense.

If any of your readers will send me a cent, and an addressed envelope, I will send them the pamphlet. The cover design was drawn by a child in one of the public schools. A prize was offered and three gentlemen appointed as judges. This design, though not perfect in detail, was chosen, as it carried with it an appeal that was absent in some of the designs that were quite perfect in drawing, and it was decided to leave it untouched and let people see the youthful idea of an appeal for a children's hospital. The money derived from the sale will go towards the ex-

pense of publishing the pamphlet. Yours truly, MRS. R. E. SMITH, 345 St. James street, London, Ont., convener of the Children's Hospital committee.

Ans.—I am sure all the Boxes will be interested in securing this pamphlet, particularly those who have already contributed to the hospital fund, and every time helps.

Cosy Corner Chats.

A Subscriber—For address you want try Rockefeller Foundation, New York city.

Your page in The Advertiser is really very interesting; my girls of 9 and 13 enjoy it as well as I do. We also find it very helpful. I am a mother of four children, so am kept quite busy all the time. Will you please send me the very popular stocking-foot pattern? You will find inclosed 10 cents for the hospital fund.

A HAPPY WIFE.

It is some time ago since I wrote to your Box last, but as I was noticing in the Mail-Box tonight one of my readers thought I thought I would give my way of making it. I make my noodles the same, only I think if you have chicken broth, I can tell you how many of our old Mail-Box friends sent to Aunt Nannie for bulbs that time. I have been corresponding with her ever since, and she does some lovely things. I got her to do some for me. I am a mother of four children, so am kept quite busy all the time. Will you please send me the very popular stocking-foot pattern? You will find inclosed 10 cents for the hospital fund.

Graduation Gift.

I have written you before and have received such helpful information, I thought I would again try and ask you for an idea regarding a graduation present for a nurse. What would be a suitable gift for her mother to give her? Also for her sister at home, and for a man or woman? We are quite at a loss to know what to give. She is one of those kind who think the best is not too good. Am I right in a dime for C. H. P.?

Ans.—A watch, wrist watch or satchel would be practical and useful to a nurse.

Pussy Willow Protests.

Dear Miss Grey.—Since the return of the robins and other tokens of spring are in evidence, I think it is time for the pussywills to be showing up their lovely fluffiness by the wayside. Say, Slim, you are sore at that mere man for taking your pennance, are you? Well, I'm with you, as another man or boy had the cheek to grieve me. What will we do about it, Slim? If they can't possibly think of the matter, let them just let me know and I could string off about fifty.

I enjoy the talks on books and authors. I am another bookworm. I certainly enjoy a good book. My favorite books are: The Anne books, "Sowing Seeds in Danny" and "The Second Chance," "Shepherd of the Hills," "East Lynne," "David Harum," and many others. I enjoyed "Love of the Wild" and "Willow the Wisp."

If you are taking music lessons, and am supposed to practice three or four hours every day. We have an orchestra in our home. My wife plays the violin, my brother the clarinet, and I play the piano.

Innocent Snowdrop, spring is here. Don't you think it is time for you to be flowering in the old Mail-Box?

PUSSY WILLOW.

Cosy Corner Chats.

Information Seeker: I would conclude that it was an engagement announcement.

Mrs. Busy Bee: To clean white plume, use gasoline. If very soiled make a paste of gasoline and white flour and after covering plume with this preparation, hang out in air and shake when dry.

Advertiser Patterns.

Owing to the pattern manufacturers increasing the price of patterns to us, all patterns advertised from this date will be 15 CENTS EACH.

Girls' Dress With or Without Jumper and With Sleeve in Either of Two Lengths.

2291—This model will make a very pretty dress for "best" or party wear. One could use batiste, lawn, mull, organdie, cashmere, taffeta, or a combination of silk and velvet. The overblouse or jumper could be of contrasting material.

The Pattern is cut in 5 sizes: 4, 6, 8, 10 and 12 years. Size 10 will require 2 1/2 yards of 44-inch material for the dress and 1 1/2 yards for the jumper.

A pattern of this illustration mailed to any address on receipt of 15 cents in silver or 1c and 2c stamps.

Name.....

Town.....

Province.....

Age (if child's or misses' pattern).....

Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is sent, you need only mark 33, 24, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be, if a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

JOHN H. CHAPMAN & CO., LONDON

May Specials

Ladies' and Children's Hat Sale

Table of Untrimmed Millinery
\$2.98

Exceptional offer of Untrimmed Hats, all the newest styles for summer, both black and colored \$2.98

Table of Trimmed Hats
\$4.89

Special-Priced Ideal Hats for street or outing wear, splendid selection in all the newest shades. Selling at \$4.89

Beautiful assortment of the season's Floral Hat Trimmings, selling from .50c to \$2.00

Habutai Silk Waists
\$2.98

Be on time for these Pure Habutai Silk Waists, with V-shape neck \$2.98

Fine Voile Waists, with embroidered fronts, convertible collar. Clearing at \$2.98

Children's Rompers
\$1.35

Very Pretty Dutch Style Children's Rompers, from 1 to 4 years. Special sale \$1.35

Boys' Galatea Overalls
\$1.75

Boys' Navy and White Striped Galatea Overalls, with or without sleeves, from 3 to 10 years. For \$1.75

JOHN H. CHAPMAN & CO., LONDON

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Misses' and Girls' Hats
\$1.98

Special table of Girls' and Misses' Ready-to-Wear Hats, in fine colored straws, of black, rose, coppen, navy, red and brown, all the newest styles. For \$1.98

Ladies' Handkerchiefs, 25c

250 Ladies' Fine Lawn Handkerchiefs, with embroidered corners, fancy edged, hemstitched, lace edged, Dresden patterns, pretty colored borders. Clearing, each, 25c

Misses' and Girls' Black and White Check Skirts
\$2.98

Special clearing sale of these Beautiful Black and White Check Skirts, with belt and pockets, for \$2.98

Beautiful assortment of Ladies' Tweed Raincoats, with belt and pockets. Extra special value \$15.00

Hosiery Bargains

250 pairs of Ladies' Silk Hose, double heel and toe, in black, white, grey and tan. Selling at, per pair \$1.19

Seconds--Silk Hosiery
\$1.50 Pair

Silk Hosiery, with rib top, high-spliced heel and toe, in brown, black, gunmetal and champagne, all sizes. Selling at \$1.50

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Chorea—St. Vitus' Dance

When children's nerves become starved and exhausted their trouble usually takes the form of Chorea, St. Vitus' Dance or Convulsions.

Rapid growth—physiological changes—urgent school work and exertations mean a tremendous strain on the nervous system of the child who is naturally of a nervous temperament.

The child becomes fretful and irritable. Restless, wriggling movements of the limbs and face—inability to sit still—tendency to drop things from the hands tell of the development of these troubles.

Later, speech is affected and there is irregular twitching of

the muscles, squinting of the eyes and other indications of loss of control of the muscles.

Rest in bed in a bright airy room with cheerful companionship and the absence of anything to irritate or excite the nerves is the ideal condition for recovery.

Since the nervous system is completely starved and exhausted it is essential that Dr. Chase's Nerve Food should be used regularly and persistently to build up the depleted nerve cells.

Instead of dwelling on the merits of this well-known food cure we shall refer you to the letters quoted here which tell of actual results accomplished.

St. Vitus Dance

Mrs. Wm. Matt, Cordova, Man., writes:

"My little girl, ten years old, was not very well, and I noticed some rather odd ways about her. She used to act very strangely at times. I asked the doctor what could be the matter, and he said she had St. Vitus' Dance, to keep her quiet and out of school. He said treatments weren't any use for her. She was affected in this way for a year. I thought something ought to be done, so in looking over Dr. Chase's Almanac I read several testimonials from people who had used Dr. Chase's Nerve Food. I sent for six boxes, and started this treatment with my daughter. Before she had finished the first box, I could see a great change in her, and by the time she had taken the six boxes, she was completely cured. She is real well now, and going to school every day."

Twitching Nerves

Mrs. M. E. Robson, 170 Dublin St., Peterboro, Ont. writes:

"When about the age of 14 or 15 my daughter was on the verge of nervous break-down. She had a very poor appetite, lost all her color, and at times had a twitching of the nerves in her limbs. I secured some of Dr. Chase's Nerve Food and gave her a treatment, using five or six boxes. The results were splendid, entirely curing her of her nervous trouble, and restoring her appetite. I find Dr. Chase's Nerve Food a splendid Spring tonic, and best results to be found by taking some of the Kidney-Liver Pills at the same time."

St. Vitus' Dance

Mrs. S. F. Flarity, Warton, Ont. writes:

"My daughter, eleven years of age, was in a run down condition, and suffered from a nervousness which showed a tendency toward St. Vitus' Dance. I got a few boxes of Dr. Chase's Nerve Food for her, and by the time she had taken three boxes there was a big change in her. She is much stronger, and her system in general is built up. She has recovered from her nervous weakness, and you could not detect a trace of it now. I gladly recommend Dr. Chase's Nerve Food to anyone suffering from nervousness of any kind."

Convulsions

Mrs. Xavier Albert, St. Francois, N. B. writes:

"My daughter, Imelda, was troubled for four years with nervousness. Almost every night, she used to take nervous convulsions. We took her to a doctor, but he did not do her any good. Finally we began to use Dr. Chase's Nerve Food, and gradually the convulsions were less and less frequent, until they disappeared altogether. It was two years ago that she used the Nerve Food, and six boxes completely cured her. We are very grateful for what Dr. Chase's Nerve Food has done for her."

Dr. Chase's Nerve Food

50 cts. a box, all dealers or Edmanson, Bates & Co., Ltd., Toronto. The portrait and signature of A. W. Chase, M.D., are on every box of the genuine.

The H. C. of B.

is largely caused by waste resulting from spoiled cakes, pies and pastry.

Many people do not consider baking powder a very important ingredient in baking, whereas it is most important—Success or failure depends upon the powder you select.

EGG-O
Baking Powder

helps keeping down the HIGH COST OF BAKING, because, first, it is sold at a reasonable price, and second, its double acting qualities absolutely assure perfect baking at all times. Always follow the directions on the label, you use less powder.

Buying Egg-O in the larger tins is most economical for family use.

Egg-O Baking Powder Co.
Limited
Hamilton, Canada

