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- If you have time, board up your windows with securely fastened lumber, or close storm shutters. You can also use tape to strengthen windows. Use strong bracing to secure outside doors, but open doors and windows slightly on the side of the house away from the storm to help equalize pressure and thus reduce damage. Remember to stay away from windows and doors to avoid flying glass and debris.
  - Secure anything that might be blown around or torn loose, both indoors and outdoors.
  - Avoid travelling. You do not want to be caught without shelter.
  - Never venture out in a boat. If you spot bad weather while boating, head for shore immediately.
  - If you are advised by officials and the Mission Security Officer to evacuate, do so. Take your emergency kit and supplies with you.
  - If you are caught outdoors in a storm, take shelter immediately. As a last resort, lie flat in a ditch, excavation or culvert.

#### c) AFTER THE STORM

- Listen to your radio for information and instructions. Follow them.
- Stay away from loose or dangling electrical wires. If possible, report them to authorities. Also report broken sewer and water mains. Lightning and downed power lines can cause fires.
- Drive your car cautiously and only if necessary.
- Don't use the telephone except in real emergency.
- If power has been off for several hours, check freezers and refrigerators for spoiled food.
- After a severe storm, water supplies may be contaminated. Purify water by boiling, adding purification tablets or chlorinating.

#### 4. Tornadoes

Tornadoes, or "twisters", are violent windstorms characterized by a twisting funnel-shaped cloud which forms at a base of a cloud bank and points toward the ground. Tornadoes occur in conjunction with severe thunderstorms and are accompanied by lightning and sometimes heavy rain or hail. Their destructive force comes from the extremely high winds.

Tornadoes strike suddenly; their loud roaring noise will alert you that one is coming. They move rapidly (50-70 km/hour) and normally touch ground for less than 20 minutes.

- Choose a shelter area in advance. Hold tornado drills in your home in tornado season.
- If you don't have a basement, an inner hallway or small inner room away from windows makes a good shelter. Avoid large halls, cafeterias, arenas, etc.; the roofs are more likely to collapse.