

USEFUL INFORMATION.

ASTHMA.—The following is recommended as a relief:—Two ounces of the best honey, and one ounce of castor oil mixed. A teaspoonful to be taken night and morning.

CRAMP.—Stretch the heel of the leg as far as possible, at the same time drawing up the toes as far as possible. This will often stop a fit of the cramp in the leg after it has commenced. Tying a bandage round the thigh, a little above the knee, it is said, gives immediate relief.

REMEDY FOR BURNS.—For a burn by vitriol or by any similar cause, apply the white of eggs, mixed with powdered chalk, and lay it over the burnt parts with a feather, and it will afford immediate relief. This has been tried most successfully on a child who had accidentally taken some vitriol into its mouth.

REMEDY FOR SPRAINS.—Put the white of an egg into a saucer, keep stirring it with a piece of alum about the size of a walnut until it becomes a thick jelly; apply a portion of it on a piece of lint or tow; large enough to cover the sprain, changing it for a fresh one as often as it feels warm or dry; the limb is to be kept in an horizontal position by placing it on a chair.

QUANTITY OF WATER IN THE SEA.—If we would have an idea of the enormous quantity of water which the sea contains, let us suppose a common and general depth of the ocean; by computing it only at 200 fathoms, or the tenth part of a mile, we shall see that there is sufficient water to cover the whole globe to the height of 503 feet of water: and if we were to reduce this water into a mass, we should find that it forms a globe of more than sixty miles in diameter.

CLOUDS.—Against much rain, the clouds grow bigger, and increase very fast, especially before thunder. When the clouds are formed like fleeces, but dense in the middle and bright towards the edges, with the sky bright, they are signs of frost, with hail, snow, or rain. If clouds form high in air, in thin white trains like locks of wool, they portend wind, and probably rain. When a general cloudiness covers the sky, and small black fragments of clouds fly underneath, they are a sure sign of rain, and probably it will be lasting. Two currents of clouds always portend rain, and, in summer, thunder.