



Uncle Sam's Mail Carriers

Have brought thou-
sands of letters telling
of the health-benefits
following a change
from tea or coffee to

POSTUM

Some people seem able to drink tea or coffee, for a time, without much apparent harm to health and comfort. But there are many others to whom it is definitely injurious to heart, stomach and nerves.

If you are one of those with whom tea and coffee disagree, a change to the pure, delicious food-drink, Postum, would seem advisable—and

“There’s a Reason”