

out of the controversies of other times, and ignore entirely the live issues of the day, which are of so much interest and importance, not only to physiology, but to all branches of medicine. With this idea in mind the author has endeavored to make the reader realize that physiology is a growing subject, continually widening its knowledge, and readjusting its theories.

This is one of the best books available on this subject, and we have pleasure in recommending it as a thoroughly complete and reliable text-book for medical students, and an accurate, up-to-date, and highly practical book of reference for practicing physicians.

A. E.

*Anatomy and Physiology for Nurses.* By LEROY LEWIS, M.D., Surgeon to and Lecturer on Anatomy and Physiology for Nurses at the Lewis Hospital, Bay City, Michigan. 12mo of 312 pages, with 100 illustrations. Philadelphia and London: W. B. Saunders & Company. Toronto: J. A. Carveth & Co., Ltd. 1905. Cloth, \$1.75 net.

This is an excellent text-book, containing a simple and comprehensive statement of the essentials of anatomy and physiology for the use of nurses. The descriptions are clear and accurate, the subject-matter well arranged, and the illustrations good. A special feature is the review questions at the end of each section. The press work is admirable.

H. M. M.

*Practical Massage in Twenty Lessons.* By HARTVIG NISSEN, Instructor and Lecturer in Massage and Gymnastics at Harvard University Summer School; Director of Physical Training, Brookline Public Schools; Former Acting Director of Physical Training, Boston Public Schools; Former Instructor of Physical Training at Johns Hopkins University and Wellesley College; Former Director of the Swedish Health Institute, Washington, D.C., etc., etc.; author of "Swedish Movement and Massage Treatment," "A, B, C of Swedish Educational Gymnastics," "Rational Home Gymnastics," etc. With 46 original illustrations. 168 pages. 12mo. Philadelphia: F. A. Davis Company, publishers., 1914-16 Cherry Street. Price, extra cloth, \$1.00 net.

Many books are written on the authority of others, and are often compilations by a comparatively young and inexperienced author. "Practical Massage" has the merit of being written by a man with thirty years' experience as a masseur and teacher, and is, in fact, the result of his life's work. In twenty lessons the author gives much that is original in combination with the best and most useful "manipulations" and "movements" of other systems. Massage is based on plain physiological and anatomical