

many cases, however, the change from institutional to private treatment has been made as a concession to the straitened circumstances of the patient and does not yield favorable results. Thus, an eminent French authority, Dr. Vaudremer, says: "Patients who have left the sanatorium are reinfected when they get back to the environment which originally infected them."

It is desirable, therefore, to prolong the stay of the phthisical patient at the sanatorium, and to decrease the cost of his treatment. To accomplish these desiderata for the masses a sanatorium should be a labor colony, or in connection with a labor colony. In England the latter method of conducting a sanatorium is carried out at Kelling. There does not appear to be any good reason why industrial sanatoria under the control of municipalities, aided by grants from the Provincial Governments, and by any subscription the Federal Government of Canada may choose to offer, should not be tried in this country.

Prisoners confined in the Central Prison, Toronto, or the Provincial Penitentiary at Kingston, work at trades and handicrafts, and doubtless derive benefit therefrom to mind and body, while contributing a little to the cost of their maintenance. It is not unreasonable to think, therefore, that a sanatorium could also be managed on the industrial plan. A phthisical patient, who is likely to derive benefit from treatment, will generally be benefited by light work. Nothing is more injurious to the nervous, pulmonary, circulatory, secretory and muscular tissues of the body than enforced idleness. Rest after labor is beneficial, but the fact that a patient is mildly phthisical is not a sufficient reason why all work should be suspended in his case and existence made to consist of allotted periods of time devoted to a long chair or to bed. Phthisical cases there are, indeed, for whom a do-nothing method of living is temporarily called for, but, unless when febrile attacks supervene, the phthisical patient is more likely to feel better in mind and body when he is occupied, and, in any case, occupation with a purpose must always be regarded as superior to desultory amusement and the passive respiration of pure air. We think that sanatorium treatment of the masses would be worth while, if it were based on the industrial plan, under the control of the Government of the Province, because the treatment of the disease would be continued sufficiently long to secure definite