

tional lying that there is so much falsehood in the world."

Shakespeare says :

"To thine own self be true, and it shall be, Thow wilt not then prove false to any man;"

and Solomon says : "Lying lips are an abomination to the Lord; but they that deal truly are His delight."—*Rev. R. Truck, in (London) Sunday School Teacher.*

### "I KNOW I'M ALL WRONG."

Returning from preaching the gospel in Glasgow, a few nights ago, I found two young men, the only occupants of the compartment of the train I was in. To each of them I gave a different little book, viz: *The Two Alexanders* and *The Young Doctor*, but narrating God's grace to a young man in the old Edinburgh Infirmary, now pulled down. They each read their respective book carefully, and at the first stopping place one young man got out, first requesting that he might keep the little book, as he would like to read it again—a request I was only too glad to comply with.

Left alone with my other fellow-traveler, who had been reading *The Young Doctor*, I said, "Well, could you die like that young doctor?"

"No, indeed I couldn't; I wish I could, though."

"God's grace it was that saved him; can it not save you also?"

"I'm sure I don't know. I wish it could. I know I am not saved, and though I think about it sometimes I can never see through it; I cannot get to the bit somehow."

"Then, evidently, you have sometimes thought seriously about your soul and eternity, and that you have to meet God some day."

"Yes, and I have had some solemn warnings, too."

"What were they?"

"I work a steam crane, and twice I have fallen off a great height and been badly hurt; and during the summer the rocks where we were working were struck by lightning. The smell of brimstone was awful, but I was not hurt."

"And did you not feel that God was speaking to you in all this?"

"Yes, and for a while—about three months—I did my best to be a Christian, but then the impression wore off, and I

gave way to temptation, and I am as bad as ever."

"That is sad! but I fear you were trying to be religious as many do, and that's a grand mistake."

"Perhaps I did, but, anyway, I know I'm all wrong."

"That is the first step to getting right, my friend," I replied; and then putting the gospel simply before him I trust he was led to see that Christ saves the lost, out and out, without any doings on their part, and was led simply to trust in him.

May you be enabled, dear reader, to simply trust him, and then, truly tasting "that the Lord is gracious," pass on your way no longer "all wrong," but all right, happy in his love, and waiting for his coming.—*The Messenger of Peace.*

### HOW MODERATE DRINKING SHORTENS LIFE.

The following statistics were compiled by President Green of the Connecticut Mutual Life Insurance Company of Hartford, an experienced authority in the study of insurance tables: The mortality of intemperate persons from twenty to thirty years of age is five times greater than that of temperate people of that age. From thirty to fifty years of age it is four times greater. From fifty to sixty years, three times greater. From sixty to seventy years, two times greater. A group of total abstainers, aged twenty years, will on the average live forty-four and two-tenths years each; a group of moderate drinkers of the same age, will live fifteen and six-tenths years each; a group of total abstainers thirty years of age, will live thirty-six and five tenths years each; a group of moderate drinkers of the same age, will live thirteen years each; a group of total abstainers forty years of age, will live twenty-eight and eight-tenths years each; a group of moderate drinkers of the same age will live eleven and six-tenths years each; a group of total abstainers fifty years of age will live twenty-one and two-tenths years each; a group of moderate drinkers of the same age, will live ten and eight-tenths years each; a group of total abstainers aged sixty years will live fifteen and three-tenths years each; a group of moderate drinkers of the same age, will live eight and nine-tenths years.