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ual; 2) Anxiety useless-no disaster postponed by worrlment; 3) Anxiety wrong—our heavenly Father's love is greater than even the love of earthly fathers; 4) Care is the characteristic of the godless world; 5) God is more deeply interested in us than we are ourselves; 6) Our true treasures are in the heavens; 7) The recognition of these great truths is the cure of all wrong.... It will be advantageous to call for "analyses" or "digests" of this lesson from each person present. Let each "boil down" the teachings into the fewest and simplest sentences possible. Probably no two results will be alike The anxious man grades God's providence below the common providence of mankind. Kings feed the armies they enlist; railroad companies supply the recurring needs of their "plant." "How much more are we better" than armies and locomotives? and how much more is God better than war departments and railroad directors?

References. FREEMAN. Ver. 28: Grass for fuel, 646. Ver. 33: Money-bags, 774....Foster's Cyclopedia. Prose, 303, 2116, 2558. Ver. 23: Poetical, 924, 2121-2128. Ver. 24: Prose, 2322, 2323, 5810, 5818, 158-161, 2082, 2087, 2092, 2104, 2106, 2132. Ver. 25: Prose, 4895. Ver. 27: Prose, 8761-8767, 9019, 10293, 10690; Poetical, 1337-1344. 3701-3704, 4006. Ver. 29: Prose, 8143. Ver. 30: Prose,

ANALYTICAL AND BIBLICAL OUTLINE.

The Life of a Christian.

I. A HIGHER LIFE.

The life is more than meat. v. 23. "Seek those things which are above." Col. 3. 1. II. A TRUSTING LIFE.

How much more are ye better? v. 24. How much more clothe you? v. 28.

"He careth for you." 1 Pet. 5. 7. III. A SINGLE-HEARTED LIFE.

Neither be ye of doubtful mind. v. 29. "No man can serve two masters." Matt. 6. 24.

IV. AN UNWORLDLY LIFE.

These things do the nations... seek. v. 30. "Be not conformed to this world." Rom. 12, 2. V. A FILIAL LIFE.

Your Father knoweth, v. 30. "Power to become the sons of God." John 1, 12.

VI. A SPIRITUAL LIFE.

Seek ye the kingdom of God. v. 31. "Godliness is profitable." 1 Tim. 4. 8.

VII. AN ETERNAL LIFE.

A treasure that faileth not. v. 33. "Things...not seen are eternal." 2 Cor. 4. 18.

THOUGHTS FOR YOUNG PEOPLE. How to Get Rid of Care.

1. Where a man's treasure is, or where he would like it to be, there are his thoughts. The man who is closely saving and banking is apt to carry interest tables in his head, whether at home or at business, and he is good if he doesn't take them to church also. All of us endure the monotonous strain of daily life "as seeing" those who are "invisible;" and while we seem to be engrossed by book-keeping, or farming, or typesetting, or trading, our hearts are otherwhere, tenderly cherishing those we love.

2. Our Creator understands us, and wishes us to make this characteristic active in our spiritual endeavors. His pian is for us to live in this world with our hearts in heaven. Life does not end with death, but is continu- and like modern worldlings, in giving yourself anxiety

Seven lessons taught by Jesus: 1) Our true life is spirit- ous, death being only a momentary experience in a life that has no end; and Jesus instructs us to hold all the events of our mortal life as vicissitudes in our education for eternity. We are now -the oldest of us-passing through our school-days, and real maturity begins only with heavenly experiences.

3. A man or woman who feels this will have the minimum of care. His clothing and food, his family relationships, his popularity and personal safety, all shrink to infinitesimal proportions; for his treasure and heart are in heaven. He is seeking the kingdom of God, and all these things will be added to him.

HOME READINGS.

M. Trust in our heavenly Father. Luke 12, 22-34, Tt. Rest in the Lord. Psa, 37, 1-7, W. With all thine heart. Prov. 3, 1-10, Th. Perfect peace. Isa, 23, 1-4, F. The mighty helper. Psa, 115, 9-18, One thing needful. Luke 10, 38-42, 8, "I shall not want." Psa, 23

LESSON HYMNS.

No. 54, New Canadian Hymnal. Come, every soul by sin oppressed.

No. 56, New Canadian Hymnal. I am trusting thee, Lord Jesus.

No. 57, New Canadian Hymnal. Saviour, more than life to me.

DOMINION HYMNAL.

Hymns, Nos. 67, 73, 79.

TIME .- A. D. 29. PLACE .- Uncertain. RULERS .- Same as before. DOCTRINAL SUGGESTION.—The omniscience of God.

OPTIONAL HYMNS.

Though troubles assail: How firm a foundation. Hide thou me. All the way. He leadeth me. Safe in the arms of Jesus. The Lord will provide. Lead, kindly Light. All my doubts I give. I love thy will, O God. If on a quiet sea. Keep thou my way. My times are in thy hand.

QUESTIONS FOR SENIOR STUDENTS.

1. Our Cares, v. 22-26 What was the old English meaning of the word "thought? Why should we have no anxiety concerning our daily

support? Should Christians regard it as a sin or a mere mis-

take to be anxious about food and clothing?

Give other cases in the gospels where the word life or soul is used to include lower as well as higher living.

Matt. 10, 29; 16, 25; Mark 3, 4.

What is the real meaning of the word here translated stature ?

Is there any means by which human ingenuity has ever lengthened life?

 God's Care, v. 27-34.
 Does God feed and care for birds and flowers in general, or in particular?

Does God care for the human race as a whole, or by

individuals' Does any body want food or clothing and God not

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