

BAD LIVER AND JAUNDICE.



Was troubled for years with bad liver, and became yellow with jaundice. Heard about

ST. LEON MINERAL WATER.

Went to springs and got entirely well. That is four years ago. Have used the water ever since, and have the finest health I could desire. Never enjoyed life more. Also my skin has regained its natural colour.

Mrs. JOHN MASSI, Boston Falls.

THE ST. LEON MINERAL WATER Co. (Limited), HEAD OFFICE - 101 1/2 KING STREET WEST, TORONTO. Branch Office at Tidy's Flower Depot, 164 Yonge Street.

THE INTERNATIONAL BUSINESS COLLEGE

Corner College Street and Brunswick Avenue, Toronto.

I do not say my College is "Better than the Best," the "Leading" or most "Reliable," but I am the oldest and most experienced Business School in the Dominion, and for twenty three years was at the head of "Mugrove's National Business College," in Ottawa, the largest Business School in Eastern Ontario. I advertise very little. I give my personal attention to each student, and make his interest my own. A word to the wise is sufficient. Address J. H. MUGROVE, Proprietor.



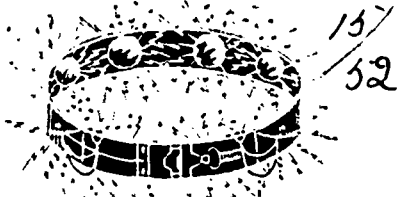
29/32 OF IMPORTANCE TO YOU.

We request all those seeking medical relief to write us confidentially and learn for themselves of what

THE GREAT MODERN REMEDY can do for them. To heal the sick we must destroy the cause. To do this the remedy must be Anti-Septic, and destroy the living disease germs in the blood by actually coming in contact with them. Any other method of cure is a humbug. No Electricity. Health without Medicine, (which contains nothing but the advice to use hot water enemata) or other remedies with no anti-septic qualities will do this. The reader should do his own thinking and careful investigating, and not let others do it for him, else they will soon profit by his ignorance.

W.M. RADAM MICROBE KILLER COMPANY, L'td 160 KING ST. W., TORONTO, ONT. Please mention this paper.

The Dorenwend Electric Belt and Attachments



RELIEVE AND CURE ALL DISEASES WITHOUT MEDICINE.

Indigestion, Liver and Kidney Complaints, Rheumatism, Neuralgia, Lumbago, Gout, Spinal Disease, Nervous Prostration, Sleeplessness, Heart Troubles, Impotence, Seminal Weakness, and Disorders of the Nervous and Muscular Systems. Dorenwend's Appliances are the very latest in Electro-Medical Discoveries. The current is under the control of the user, and can be made weak or strong. Every part is adjustable. The Belt will cure all diseases curable by electricity. They are endorsed by recognized authorities. Expert electrical and medical examination invited. No other belt will stand this. Send for book on Electro-medical Treatments. The Dorenwend Electric Belt and Attachment Co., 101 Yonge Street, Toronto. Mention this paper. C. H. DORENWEND, Electrician.

Burdock BLOOD BITTERS Cures HEADACHE. Cures HEADACHE. Cures HEADACHE.

REGULATES THE KIDNEYS.

A Prompt Cure. DEAR SIR, -I was very bad with headache and pain in my back; my hand and feet swelled so I could do no work. My sister-in-law advised me to try B. B. B. With one bottle I felt so much better that I got one more. I am now well and can work as well as ever. ANNIE BURGESS, Tilsonburg, Ont.

THE GREAT ENGLISH REMEDY OF PURELY VEGETABLE INGREDIENTS, AND WITHOUT MERCURY, USED BY THE ENGLISH PEOPLE FOR OVER 130 YEARS, IS

Cockle's Compound Antibilious Pills

These Pills consist of a careful and peculiar admixture of the best and mildest vegetable aperients and the pure extract of Flowers of Chénomile. They will be found a most efficacious remedy for derangements of the digestive organs, and for obstructions and torpid action of the liver and bowels, which produce indigestion and the several varieties of bilious and liver complaints. Sold by all chemists.

WHOLESALE AGENTS: EVANS & SONS, LIMITED, MONTREAL.

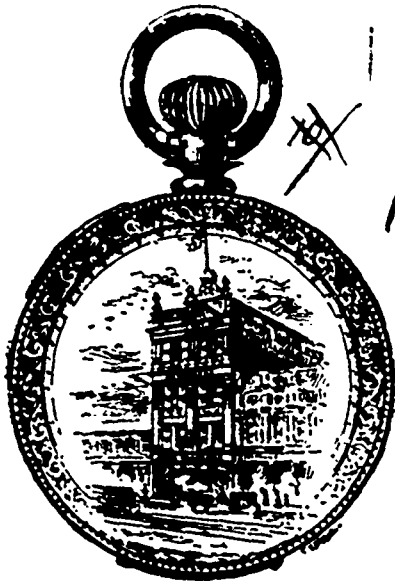
Pearls Soap



You Dirty Boy!

The best for the Complexion. A "balm for the Skin." The most economical; it wears to thinness of a wafer.

172 Yonge Street, Toronto.



SEASON'S GREETINGS.

It affords us much pleasure to wish one and all a very Happy Christmastide, trusting that (joyful) may truly express the condition of each one at this season of the year.

Yours sincerely, JOHN WANLESS & Co.

SOLID COMFORT IS IN A CUP OF HOT FLUID BEEF.

PALATABLE AND STRENGTHENING.



GRATEFUL AND SATISFYING.

THE DRINK TO TAKE WHEN TIRED AND USED UP.

HOUSEHOLD HINTS.

TO CLARIFY MOLASSES.—Heat over the fire, pour in one pint of sweet milk to each gallon of molasses. The impurities will rise in scum, which must be taken off before broken by boiling.

EGG WITH TEA, COFFEE, COCOA, OR MILK. Break the egg into a teacup, beat with a fork till well mixed; pour in the tea, coffee, cocoa, or milk, gradually stirring all the time. This is very nourishing, and good in cases of exhaustion from overwork or strain.

A GOOD WAY TO COOK LIVER.—A good way to cook liver is to fry it in butter, with an onion cut in small pieces scattered over it. Cook slowly; when done, add a lump of butter and a little flour; stir well, and turn over the liver. Serve with Saratoga potatoes.

DICED TURNIPS.—Pare, slice, cut in dice an inch square, boil until done in as little water as possible; to one quart of turnips add one teaspoonful of sugar, with a pinch of salt. When boiled as dry as possible add half a teacup of cream and a beaten egg. Serve hot.

RICE FLANNEL CAKE.—Boil one tea-cupful of rice quite soft and put in a light spoonful of butter while warm. When cool mix with a batter made of one and a-half pints of milk, two eggs well beaten and one-half pound of sifted flour. Raise with a half teacupful of good yeast, and bake on a griddle. Butter before sending to table.

VERY GOOD CHARLOTTE.—One-fourth of a box of gelatine dissolved in cold water, and set on the back of the stove, one pint of cream, three-fourths of a teacupful of sugar, vanilla to taste. Strain in the gelatine, then whip with egg-beater. Put into dish lined with sponge cake and set on the ice.

CINNAMON ROLLS.—One pint of sweet milk, one cup of melted butter, one teaspoon of salt, one-half cup of yeast, two quarts of flour; let stand over night; in the morning add two eggs and one-half cup of sugar; roll out, cut in shape and sprinkle with a little butter, sugar and cinnamon; let stand one hour before baking.

CRUMPETS.—Melt one small tablespoonful lard. Add to it one egg and one and one-half gills milk. Beat well, then add one-half teaspoonful salt, one teaspoonful sugar, one and one-half teaspoonfuls of Cleveland's Superior Baking Powder sifted with two and one-half gills flour. Bake in muffin rings in a very hot oven at once, for five minutes. This quantity makes six crumpets. The secret of success is quick making and quick baking.

WOULD you like to add a lot of new books to your Sabbath school library? Perhaps you say you would, but that there is no money available. This is no barrier to getting the books. Go to work and secure a list of names for THE CANADA PRESBYTERIAN—the leading religious journal of the Dominion—and your library is at once replenished. The work will be found easy; and the results—pleasure to yourself, profit to the new subscribers, and greatly increased happiness to a number of young people. Try it; and try it without delay!

OUR HEALTHY CITY.—Toronto mortality is considerably lower than in other cities in the Dominion, as seen by the statistics published by the Government every month. Why? One reason is the people eat the right kind of food. The choice Breakfast cereals and hygienic foods, manufactured in this city by the Ireland National Food Co., undoubtedly contribute much to the health and longevity of the people who use them, and they are e-l-i-c-i-o-u-s.

Dr. Price's Cream Baking Powder

Used in Millions of Homes—40 Years the Standard.