

Parochial Organizations.

WOMEN'S CHAPTER.

President, Mrs. Williams; Vice-President, Mrs. Beatty; Treasurer, Mrs. W. Lawrence; Secretary, Miss Irvine. No. of members, 31. Regular meeting first Monday in the month.

WOMEN'S AUXILIARY.

President, Mrs. Williams; Vice-President, Mrs. Lawrence; Treasurer, Mrs. Burton; Recording Secretary, Miss Hay; Corresponding-Secretary, Miss Dent. Members of the local Board of Management, Mrs. Beatty and Mrs. Buckingham. No. of members, 27.

BROTHERHOOD OF ST. ANDREW.

President, the Rector; Lay Director, Mr. Chris. McLellan; Secretary, Mr. Merchant; Treasurer, Mr. H. W. Copus; Chairman of Reception Committee, Mr. Alf. Johnson. Time of meeting, the first and third Monday in the month.

DISTRICT VISITORS.

President, Mrs. Beatty; Treasurer, Mrs. Johnson; Secretary, Mrs. Wm. Smith. Regular meeting last Thursday in the month.

YOUNG WOMEN'S GUILD.

President, Miss B. Hesson; Vice-President, Miss Carpenter; Secretary, Miss E. M. Smith; Treasurer, Miss S. Watson. Executive Committee, Misses Burritt, Spencer and Fuller. Time and place of meeting, every Monday evening from 7 to 9 o'clock p.m.

KING'S DAUGHTERS.

No. of members, 27. Leader, Mrs. Mooney. Time of meeting, every Tuesday at 7:30 p.m.

JUNIOR AUXILIARY.

Lady Managers, Miss Steet and Mrs. Moore; President, Annie Nield; Secretary, Hester Young; Treasurer, Nora Maynard. Number of members, 25. Regular meeting every Monday at 4:30 p. m.

Parish Register.

BAPTISMS.

Feb. 18, Gladys Andrea Holliday.

BURIALS.

Feb. 12, Mrs. Matthews, in Woodstock.

Feb. 12, Mr. Dunham, in Avondale Cemetery.

Easter Communion.

"Every parishioner shall communicate at the least three times in the year, of which Easter is to be one." (8th Rubric at the end of Communion-service).

"And it shall come to pass when your children shall say unto you, 'What mean ye by this service?' That ye shall say, 'It is the sacrifice of the Lord's Passover.' " "The Sacrament of our Redemption by Christ's death" to be by all "received in remembrance of His meritorious Cross and Passion," in which Holy Sacrament Almighty God, our Heavenly Father, has given His Son "also to be our spiritual food and sustenance." Thus the first two sentences in giving notice of Holy Communion bring out the twofold view of the Sacrament. First, it is a **MEMORIAL**. "Do this in remembrance (or literally 'for a memorial') of me." By it "we shew forth the Lord's death till He come." A memorial in two ways: a memorial before man, and also a memorial before God, a pleading before God's throne of the efficacy of the one sacrifice of Calvary. Secondly, it is our **SPIRITUAL FOOD**. "Take, eat, this is My Body," "Drink ye all of this, this is My Blood." "My Flesh is meat indeed, and My Blood is drink indeed. He that eateth My Flesh and drinketh My Blood dwelleth in Me and I in him." * the words that I speak unto you, they are spirit and they are life." They who duly receive Holy Communion, therefore, receive therein spiritual food and an assurance of God's favor and goodness and of true membership and incorporation in the mystical Body of His Son, which is the blessed company of all faithful people. And thus it becomes a **HOLY COMMUNION**—holy in the means which constitute it, ("the cup of blessing which we bless, is it not the communion of the Blood of Christ? the Bread which we break, is it not the communion of the Body of Christ? for we being many are one bread, one body; for we are all partakers of that one bread" 1 Cor. x., 16-17)—holy in the numbers which partake of it, for all are consecrated to God.

Who then should come to Holy Communion, and in what state of mind and heart should they come? Answer: Those who (1) truly repent of their sins, who grieve over them and resolve by God's help to turn away from them, (2) are in love and charity with their neighbors, who have no grudge against their fellows and their fellows none against them through their fault, (3) intend to lead a new life, following the Commandments of God and walking from henceforth in His holy ways. In brief, repentence, love towards men, and above all the consecration of ourselves to Almighty God, for "here we offer to present unto Thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy and living sacrifice unto Thee, humbly beseeching Thee, that all we who are partakers of Holy Communion 'may be fulfilled with Thy grace and heavenly benediction'."

The King's Daughters.

On Thursday, Feb. 22, the King's Daughters of St. James held the anniversary of their foundation, and had Mrs. Tilley, of Landon, Dominion, Secretary of the Order, to address them and the public on the occasion. "We are glad to hear that about six persons have intimated their desire to join the local circle since the meeting.