

## TORONTO WOMAN WELL AGAIN

**Freed From Bearing Down Pains, Backache and Pain in Side by Lydia E. Pinkham's Compound.**

Toronto, Ont.—"Last October, I wrote to you for advice as I was completely run down, had bearing down sensation in the lower part of bowels, backache, and pain in the side. I also suffered terribly from gas. I took Lydia E. Pinkham's Vegetable Compound and am now entirely free from pain in back and bowels and am stronger in every way. I recommend Lydia E. Pinkham's Compound highly to all expectant mothers."—Mrs. E. WANDBY, 92 Logan Avenue, Toronto, Ontario.

**Consider Well This Advice.**  
No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.  
This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for nearly forty years proved to be a most valuable tonic and invigorator of the female organism. Women residing in almost every city and town in the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.  
If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

## Guide-Advocate

Watford, Ont.  
PUBLISHED EVERY FRIDAY.  
Subscription—\$1.00 per annum in advance. \$1.50 in advance to the United States.  
ADVERTISING RATES.  
Space One Year Half Year 3 Months  
One column \$65 \$35 \$25  
Half column 35 20 15  
One fourth column 22 12 7  
Shorter periods 12 cents per running inch.  
Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.  
LEGAL ADVERTISING—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Actual measure 14 lines to the inch.  
BUSINESS CARDS—One inch and under, per year \$5.00.  
ADVERTISERS' CARDS—\$5.00 a year.  
LOCATE—10¢ per line each insertion. Minimum charge 50 cents.  
Advertisements without specific directions will be inserted till forbidden and charged accordingly.  
HARRIS & CO. PROPRIETORS

## Guide-Advocate

HARRIS & CO. PROPRIETORS.  
WATFORD, MAY 2, 1913.

## NOTE AND COMMENT.

A thousand dollars a year in the city will not secure as good a living as many farmers' families enjoy, nor will the social position be so desirable. Two hundred dollars a year rents but a small and modest city house. Fuel, bread, milk, butter, eggs, pork, beef and car fare run away with another good round sum which the farm supplies in whole or in part. Comparisons of cash incomes is deceiving. Comparisons of total incomes, or better still, of annual savings, makes the showing much more unfavorable to the town.

The Duke of Cannaught thinks that Canadians, when deciding on where to take their holidays, might well consider the claims of places within the Dominion, instead of carrying away their money to swell the millions annually spent at foreign watering places. His royal highness speaks with wisdom and his advice might be followed with profit by Canadians generally. Every province in Canada has attractive holiday spots, and the holiday-maker has the choice of mountain, lake,

**Every Woman**  
is interested and should know  
of the new  
**MARVEL Whirling Spray**  
The new Vaginal Spray. Best  
for all cases of  
vaginitis, leucorrhoea, etc.  
It cleanses  
instantly. Ask your  
doctor or druggist for it.

If the brand name  
MARVEL is not on the  
package, do not use it.  
It is not the same.  
It gives full particu-  
lars and directions in booklet  
sent on request to  
WINDSOR SUPPLY CO.  
Windsor, Ont.  
General Agents for Canada.

## A Menace to Health

According to the statement of Dr. Revell, provincial bacteriologist in government laboratory at the University of Alberta, one of the greatest menaces to public health is the extensive use of patent medicines by persons ignorant of their contents and action. Various worthless preparations are sold as "cures," which not only do not cure, but sometimes create appetites for harmful drugs, such as cocaine. In connection with proprietary medicines, our laws, says Dr. Revell, are behind some other countries, notably the United States, where such remedies may not be sold as "cures" for certain diseases. In addition to their actual harmful effects on those who use them, Dr. Revell is of the opinion that the advertisements of some of the preparations actually induce "disease" by working on the imagination of newspaper readers. And again, some are prevented from seeking competent medical assistance until disease run its course to the point where assistance is impossible. And then there is the by no means negligible matter of the thousands of dollars wasted in the purchase of worthless nostrums which might far better be spent in providing wholesome necessities and amusements rather than pondering morbid imaginations stimulated by the reading of misleading advertisements.—Grain Growers' Guide.

The writer in the Kansas City Journal who says "If you live by the rivers you are washed away; if you live on the prairies you are blown away; if you take refuge in the mountains there are the avalanches" has doubtless little idea of the ideal home conditions here in Ontario.

Boys leave the farm largely because the life is dull, and does not seem to afford scope for intellect and ambition. That is a false impression. At least, if the life is dull, it need not be. The farm is a vast laboratory in which the highest scientific ability may find scope. The establishment of agricultural colleges tended, not only to improve farming profits, but to dignify the calling, or rather to recognize its inherent dignity.

How many of our school children's parents ever visit the schools or even speak to the teachers when they meet them on the street? How many know what their children are studying or how they are progressing? Is there any of you who have a building to make or a fence to build; a dress to make, a house to paint or whatever the job may be, that say to the one you have employed: "Here are the tools and materials, go ahead and do it to suit yourself and it will suit me." Is not that what many of you are doing with your children. You say by your actions: "Here is my child with his books, paper and pencil, I've furnished materials and tools, educate him as you like."

## Breathes There a Man

(By Sherwood Hart.)  
Breathes there a man with soul so dead who never to himself hath said those words to which our tongue-tips leap when, rudely roused from peaceful sleep, we find the mournful time is here—the time we most despise and fear—when spring housecleaning days draw nigh and gloom and darkness fill the sky? If such there be go mark him well; for him the wifely praises swell. Upon the fatal day and date he takes no chances with his fate but sees the doctor, makes his will, and pays the rent and grocer's bill and clambers into overalls and takes the pictures from the walls and enters in his parlor snug and boosts the things from off the rug and yanks the carpet off the stairs and shifts around a ton of chairs and takes the double windows down and paints the porch a golden brown, and carts the carpets to the yard and beats upon them good and hard and swallows forty pecks of dust and never gets annoyed or fussed and gives the floor a coat of wax and kneels on forty million tacks, and shifts five thousand pounds of books and hangs the pictures back on hooks and drapes the carpet on the stairs and has it catch him unawares and bowl him over near the top and land him down below kerflop; and when he rises the doctor speak, again he rises, faint and weak, and nails more carpets to the floor with knob-knaps raw and fingers sore, and rips them up and turns them round and never makes a cranky sound. If such a man there e'er could be this human freak I fain would see.

THESE PILLS CURE RHEUMATISM.—To the many who suffer from rheumatism a trial of Parmelee's Vegetable Pills is recommended. They have pronounced action upon the liver and kidneys and by regulating the action of these organs act as an alternative in preventing the admixture of uric acid and blood that causes this painful disorder. They must be taken according to directions and used steadily and they will speedily give evidence of their beneficial effects. m

## All Skin Remedies Fail?

Many eczema sufferers have failed so utterly with salves and other "discoveries" that even the assurance of the physician or druggist cannot induce them to invest another dollar in any remedy. It is to these discouraged sufferers in particular that we now offer, at only 25 cents, a trial bottle of the accepted standard eczema remedy, a simple wash of oil of wintergreen, thymol and glycerine, as compounded in D.D.D. Prescription.

Hundreds of cures have convinced us and we know you can prove instantly with the first application of D.D.D. Prescription that it takes away the itch at once. You have only to spend a quarter to get instant relief. Isn't it worth while?  
Taylor & Son, Druggists.

Housecleaning generally makes it evident that a new piece of Furniture would be an improvement to some room. Let us show you the new patterns. Our stock comprises everything for  
Parlor, Dining Room, Bedroom, Library or Kitchen.  
Comfort, Elegance, Durability and Value are features that our goods are noted for.  
No Big Profits to Pay Here  
Our prices are as low as consistent with reliable goods.

## CASTORIA

For Infants and Children.  
The Kind You Have Always Bought  
Bears the Signature of *Dr. J. C. Watson*

## She Knew

She knew she was wrong when they quarrelled last night  
And heartlessly sent him away.  
She knew that his conduct was perfectly right,  
But she scorned everything that he'd say.  
She knew that the fault was all hers, and she knew  
That she meant not a word that she said;  
She knew that the charges she made were untrue,  
And she knew that her love wasn't dead.  
She knew when she told him that she'd never be  
At home when he wanted to call.  
That never again did she wish him to see,  
That she didn't mean it at all.  
And she knew when he said he'd never return  
And grabbed up his hat and his cane,  
And angrily left, that tomorrow she'd yearn  
And long to be with him again.  
She knew, yes, she knew, she was wronging him then,  
But you'd never have guessed it to hear  
The way she denounced him that night in the den.  
There was never a sign of a tear,  
She heartlessly kept up her verbal attack  
And her real feelings skillfully hid,  
For she knew in her heart that he'd surely come back,  
And the very next evening—he did.  
—Toronto Telegram.

## A Romantic Legacy

A wealthy man died in Brussels, leaving nearly the whole of his fortune to a young woman who was entirely unacquainted with him.  
He was a very eccentric man, and set out, like Diogenes, in search of an honest man. His tub was an omnibus and his lantern a small coin. In the omnibus he took his seat near the conductor, and always showed himself very obliging, passing up the money of passengers and returning the change, but to the latter he always managed to add a franc or a half franc. Then he would watch those to whom it came. They would count it carefully; notice the extra coin, and invariably slip it into their pockets. No one thought of the poor conductor, whose meager salary of three francs a day could ill spare such a loss.  
But at last a young woman passed hers back with: "Conductor, you have given me half a franc too much."  
"Diogenes," delighted, followed her home, made enquiries, and as the answers were satisfactory, made his will in her favor, though he never gave her warning that her half franc was going to bring her a million.

Miller's Worm Powders act so thoroughly that stomachic and intestinal worms are literally ground up and pass from the child without being noticed and without inconvenience to the sufferer. They are painless and perfect in action, and at all times will be found a healthy medicine, strengthening the infantile stomach and maintaining it in vigorous operation, so that, besides being an effective vermifuge, they are tonical and health giving in their effects. m  
Forest Presbyterians have extended a call to Rev. J. A. Laverie, of Kilsyth, Grey county.

## SPRING

MASON & FISCH  
PIANOS, GRAM-  
APONES, STRING  
INSTRUMENTS,  
MUSIC BOOKS,  
SHEET MUSIC,  
EDISON RECORDS

Housecleaning generally makes it evident that a new piece of Furniture would be an improvement to some room. Let us show you the new patterns. Our stock comprises everything for  
Parlor, Dining Room, Bedroom, Library or Kitchen.  
Comfort, Elegance, Durability and Value are features that our goods are noted for.  
No Big Profits to Pay Here  
Our prices are as low as consistent with reliable goods.

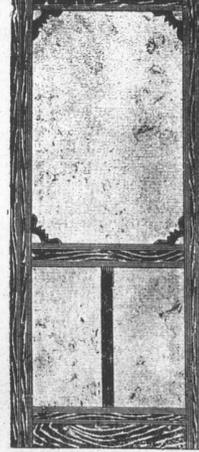
NEW & SECOND  
HAND SEWING  
MACHINES  
REPAIRS FOR  
STRING  
INSTRUMENTS  
THE NEW CUR-  
TAIN STRETCHER

## HARPER BROS.

PHONE 31  
FINE FURNITURE FUNERAL DIRECTORS

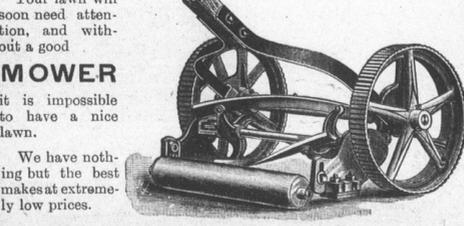
## SPRING NECESSITIES

Screen Doors, all sizes, 85c to 2.50  
Screen Windows, 20c to 60c  
Screen Wire, 15c to 25c yd.  
Poultry Wire, 5c to 12½c yd.



WE WILL TEACH YOU TO BE  
AN EXPERT GRAINER IN FIVE  
MINUTES WITH THIS OUTFIT.

Your lawn will soon need attention, and without a good  
**MOWER**  
it is impossible to have a nice lawn.  
We have nothing but the best makes at extremely low prices.



**NEW PERFECTION OIL STOVES**  
PLUMBING, STEAM & HOT AIR HEATING. | T. Dodds & Son | RAVETROUING & JOB WORK A SPECIALTY.

NO TURPENTINE  
2 IN 1  
SHOE POLISH  
POLISH  
"It's so easy"  
At all Dealers 10c

## To Our Friends

You know us. You know we afford to—go back on our this money-back-if-not-satisfied.  
We honestly believe we have the best bowel remedy ever made—most pleasant-to-take, most generally beneficial laxative for relief from the miseries and dangers arising from constipation.  
We wouldn't say this if we didn't believe it to be true. We would risk our reputation by making statements did we not feel sure we would find them true.  
Our faith is built both on knowledge of what Rexall Orderlies are made of and on observation of very many severe cases in which they have proven their merit.  
Try them at Our Risk  
If they do not abundantly prove their merit with you also—if you are not entirely satisfied with them we will refund your money—and we will do that on your mere say. We don't ask you to risk a penny. Isn't that fair?  
Just let the bowels fall in proportion doing their work—just let action be delayed and incommensurate and the entire system and other organs suffers. Wastes  
CAUTION: Please bear in mind that there is a different Rexall Orderlies. You can buy Rexall Orderlies in Great Britain. There is a different Rexall Orderlies especially designed for the particular needs of the British.  
The Rexall Stores are  
J. W. ...  
Watford The ...

## FURNITURE

AT OL  
Buck's Reliance  
Smart Air Warmers  
are all Lead  
world. Our  
work guaran  
you prices w  
to pay next  
as cash.

## The N. B.

There is a Rexall Store in nearly every town in Great Britain. There is a different Rexall Orderlies especially designed for the particular needs of the British.  
The Rexall Stores are  
comes up to the  
The far  
product upon  
that therefore  
You can  
It's always  
keep the price  
that keeps the  
A Cana  
Cement. See  
WRITE for our  
Canada C  
There