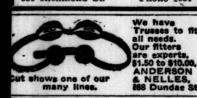
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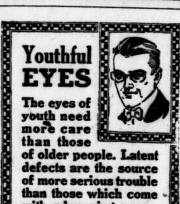
Parnell's owing it.' In the same way we Quality ate reflection. But how much more ives when we have learned its nechanism, and discovered how to

Bread nake use of it for our own ends? The act of breathing is automatic: yet we can modify at will our manner f breathing; we can improve our The real sensible health by learning to breath in a ertain way, and by doing regular a few years ago. He came to me sufbody - building reathing exercises. So it is with kind of food that should appear regularly on your table.

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DOES NOT CAUSE RHEUMATISM!

Furthermore, I claim that Uric Acid is a NATURAL and NECESSARY constituent of the blood—that it is found in the body of every new-born babe—that without it we could not live! Strange statements? Yes—to you perhaps, because you have always been told differently.

But my book, The Inner Mysteries of Rheumatism, just published, tells you the real truth about Rheumatism. Tells what actually DOES cause it and how it is now being successfully treated in all its different forms and stages by entirely new, advanced scientific methods.

The writing of this unusual book is the result of my twenty years study, experimentation and research in this disease and I want every sufferer of RHEUMATISM, NEURITIS, Sciatica, GOUT, etc., no matter in what form or how chronic to read it. Therefore, although valuable, I will gladly send one complete copy only of the book absolutely free if you will send your address or that of any sufferer you may know, plainly written, to H. P. CLEARWATER, Ph.D. 50th Water St., Hallowell, Maine.

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EMILE COUE'S OWN STORY

FUR SALE Control Coue's Philosophy and Guide Own Destinies

Bouchet relates the following among Monsieur Jourdain, the "Bourgeois many others: An old lady, after un-'spoke prose without dergoing a desparate surgical oper-in the same way we ation, was dying. Her son was due all practice autosuggestion, but often to arrive from India two days later. without being conscious of it. To a But humanly speaking it was imertain extent autosuggestion may be possible for her to live so long. The natic, in the sense that it may method of suggestion was resorted not be inspired or guided by deliber- to. She was told that she was better and that she would see her son on potent a factor it must be in our the morrow. The result was complete success. A fortnight later the old lady was still alive. And from a medical point of view that was a Equally miraculous, to all appearance, was the case of a man occupy-

ing an important position at Nancy

fectly healthy, able to work without

fatigue. The discharges from the

nose which occurred daily have

remember another remarkable

case of collective autosuggestion-

more or less "automatic" this time

viously tested with negative results.

At once, with the fading away of

their illusions, the sick men and wo-

Miracles happen in our time, as

they have done in the past. I mean

the things that are called miracles.

is worked by autosuggestion, the

wonderful force entrusted to us by

Nature, and which, if we will only

probe its mysteries, shall make us

all-powerful within the limits of hu-

man possibilities. Fatality, fatalism

shall lose their meaning; nay, they

cannot exist, save in our erring

imagination. For it is we ourselves

who alone shall shape our destinies,

rising always above the external cir-

cumstances and conditions which from time to time may be thrown

fering from sinuisitis. He had utosuggestion. Once we realize its undergone eleven operations, but orce, and learn to control it we are the terrible disease continued its ne masters of our own destinies. ravages. He was in a horrible con-Let me give you an illustration of dition physically and morally. Day ne automatic practice of autosug- and night, without intermission, the estion. A new-born baby, in its unfortunate man was tortured by radle, begins to cry. Immediately excruciating pains in the head which ts mother or father takes it in his or prevented him from sleeping. His her arms; the infant stops crying, weakness was extreme and his apand is replaced in the cradle. Wherepetite non-existent. Most of the time upon the crying begins over again, he remained helpless on a sofa. I only to stop once more if the baby be confess that I had little hope of lifted from its cradle. The operation being able to do anything for him. may be repeated an almost unlimited However, I took pains to convince number of times, always with the him of the efficacy of suggestion. same result. The child-lacking conand though there seemed to be no scious thought-is automatically amelioration during five or six racticing autosuggestion. It obtains sittings, I could see that the man, ratification of its unconscious desire sick as he was, had gained absolute o be taken into its mother's arms by faith in the soundness of the rying. If resisted, on the other hand. theories I had expounded to him. f left to cry along in its cradle its He told me he was daily directing bconscious mind will register the his subconscious mind to the idea of fact, and the baby will not take the healing his sickness. Then one day rouble to cry, because it knows it he said he believed that he felt a ill have no effect. slight improvement, but was not And it is like that with everyone quite sure. It was the truth, however, and the improvement continued. A complete cure followed rapidly. Today that man is .per-

ceased.

from birth to death. We live by autosuggestion; we are governed by our subconscious mind. Happily, however, the science of autosuggestion has to be learned. It is a matter of educating oneself up to the point where complete control of the subconscious mind is attained. That means self-mastery, and health.

Prevention Better Than Cure. Prevention is better than cure. The dea of good health begets good It happened in the hospital services health, and if by accident we are of Dr. Renaud in Paris. A new attacked by disease, we are certain serum an alleged cure for tubercuto have an infinitely greater chance losis had just been discovered. It of resisting and of rapid-throwing was tested on the patients. Apparoff the malady by practicing auto- ently as a result of the injections all suggestion than if we knew nothing showed an immediate improvement. of its principles. Have you not no- The coughing diminished and other ticed this during epidemics? It is a symptoms disappeared and the genwell-known fact that persons who, eral condition of all began to be very in such times, go serenely about satisfactory. Alas! Shortly aftertheir business, not worrying for wards it became known that the fathemselves, and not giving thought mous serum, from which the patient to the epidemic except to tell them- hoped so much, was nothing but an selves that they are sure not to ordinary drug, which had been precatch the sickness, are almost always immune and escape contagion. On the other hand, nervous people, frightened by the cases around men lost all the improvement gained, to run constantly on the prevailing malady, are certain to fall ill, despite all their precautions. Amazing instances of the power of sug-gestion are recorded in the annals as a miracle. The modern miracle of the faculty of Paris. Professor

EAT AND GET THIN

This is turning an old phrase face about, but modern methods of reduc-ing fat have made this revision pos-sible.

(Copyright, 1923, United States, Great Britain, Canada and South America by North American Newspaper Alliance and New York World (Press Publishing Company). All rights reserved. Un-licensed reproduction in full or in part expressly prohibited.) GETS LIFE SENTENCE

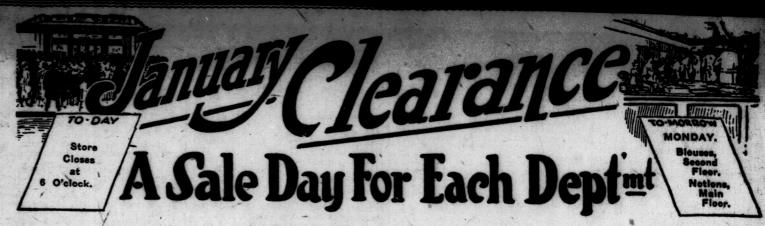
across our paths

FOR SLAYING OF WIFE R. Stevenson, York County, Sentenced On Verdict of

Manslaughter.

Canadian Press Despatch. Toronto, Jan. 13.-The last scene in a sordid domestic tragedy was enacted yesterday afternoon, when Robt. Stevenson of York County, accused of the murder of his wife in April last, was sentenced to life imprisonment by Chief Justice Sir William Mulock. The jury was out 41/2 hours before returning a verdict of manslaughter. Stevenson shot his wife after a series of domestic quarrels. Chief Justice Sir William Mulock was sympathetic in his address to the accused. The crime was just one degree below murder, he said, otherwise the prisoner might every well have been sentenced to be hanged. Stevenson took his sentence very calmly. During the morning he had appeared entirely unmoved, even smiling over remarks made to the constable at his side. As he left the court room after the sentence, however, he placed his arm on the constable's shoulder and leaned on him for support as he went out. Stevenson's two brothers, James

and William, and his white-haired father had waited in the corridors for hours to see him and bid him good-bye, but he was taken to the cells so rapidly that this was impossible. They will be given an opportunity to visit him tomorrow before he is sort to the



Some very important sales are listed for today. Particularly noteworthy are the clearing of all Ladies' Suits at half price, the sale of Ladies' Fur Coats, the sale of Corsets and the clearing of Corset Covers at half price, all on one day, will surely make this a day of opportunities.



Clearing of Ladies' Blouses Monday, Half Price

Crepe de Chine, Georgette, Habutai Silk, Voile, Dimity and Flannel—a wonderful assortment, divided into a number of groups and priced at half for a one-day clearance on Monday.

GROUP NO. 1,\$2.98

Another table of Blouses in Crepe de Chine, with a few lace-trimmed models, over-blouse style and tailored numbers. To clear \$3.98

GROUP III, 79c

White Voile and Dimity Blouses, trimmed with colored pipings and gingham collar and cuffs, lace-trimmed voiles and hemstitched

GROUP IV. 79c

Middy Blouses of White Jean with col collar and cuffs, or all-white models, Balkan style and regulation. Special79c

GROUP V. \$2.98

Flannel Balkan Middies, trimmed with white braid on collar and cuffs and pocket, Balkan style. To clear at \$2.98

JANUARY SALE OF **NOTIONS**

Clearing the decks for stocktaking of all odds and ends and broken lots. Perhaps just the very line you need is here. This is the sale in which you get a lot for little—the small things; the needed things; such as you always want but never have when wanted. Take your list Monday to the sale at Notion Counter, and get your supplies for the sewing season at January clearing prices.

Hair Nets and Combs

Peeress Double Mesh Cap Nets, in mid and dark brown only. Price 9c each Dandy Single Mesh Cap Net, in auburn, dark brown, black and a few mid brown. Price 9c each Also a few Elastic Nets in light brown and black. Price 5c each 2 only, large Spanish Combs in shell, set with rhinestones. Price 1 only small White Spanish Comb, set with rhinestones, in blue enamel. Price\$1.00 Plain Shell Spanish Combs and Large Barettes. Price 39c each Medium Sized Shell Barettes, with rhinestone settings, also two prong pins. Price

..... 59c each

Manufacturers' Samples Spring

Underwear About 1-3 Off.

Second Floor.

Needles, Elastics, Etc.

Crescent Sewing Needles, in sizes 1, 2, 3, 4, 6, 3-7, 4-8, 6-10. Price papers, 5c Wooden Soek Darners. Price5c each 'Coates' Mercer Crochet Cotton, in sizes 1. 2 and 3. Price 5c ball Hose Supporters to attach to the corsets, good strong silk elastic, in white, pink and sky. Price 38c pair White Silk Elastic, in % and %-inch widths. White Cotton Elastic, %-inch width. Price 5c yard Good Strong Tape, measures 60 inches long, always handy. Price 5c each Elastic remnants in black and white, also few shirred ribbon elastic remnants, from 4-yard to 2-yard lengths. To clear at Half Price

Mendings and Sewings

Lotus Mending Wool, skeins, in black, white, natural, gray, brown, greens, navy, red, rose, champagne and copen. Price...... 6 skeine, 25c 18 pairs only, Small Folding Pocket Scis-10 dozen Spools, Coates' 120-Yard Cotton Spools, size 50 and 60, black. Price 2 for 5c 45 papers Brass Pins, 80 pins in paper. 91 cards medium-sized Shell Crimped Hairpins, 3 on a card. Price50 card
180 cards Hooks and Eyes, small size only. in black and medium, and large sizes, in white. Price 3 cards for 5c 11 cards Linen Finished Button Thread. Price 2 for 5e 123 cards Oasette Mercerized Mending Cot-ton, in black and white. Price 3 cards, 5e

SHOE LACES, KNITTING NEEDLES. ETC.

3 dozen pairs Brown Oxford Laces. Price 2 sairs, 5c 16 dozen Shell Hair Binders, to hold the hair in place while dressing it. Small, medium and large size. Price 5c each White Celluloid Knitting Needles, 4 in set, sizes 10 and 6-inch length. Price 10c set Knitting Needle Ends, for making knitting needle and crochet hook shields. Price 2c pair Wire Hangers for making tie racks. Price5c each 10-Inch Steel Hat Pins, in white, black and dull black heads, 4 in

ARE YOUR INITIALS HERE? 1-3 OF REGULAR PRICE.

Monogram initials for marking clothing. Red initials on white background. We haven't a complete range of these, so have fisted what we have. A A—A B—A D—A E—A H—A J—A K—A L—A N—A P—A R—A S—B B—B C—B D—B E—B F—B G—B H—B J—B K— A P—A R—A S—B B—B C—B D—B E—B F—B G—B H—B J—B K—B L—B N—B P—B R—B S—B T—B W—C C—C D—C E—C F—C G—C H—C I—C K—C I—C N—C P—C R—C S—C T—C W—D D—D E—D G—D H—D J—D K—D L—D M—D N—D R—D S—D T—D W—E E—E F—E G—E H—E J—E K—E L—E M—E N—E P—E T—E W—F F—F G—F H—F J—F K—F L—F M—F N—F P—F R—F S—F T—G G—G H—G J—G N—G P—G R—G S—G T—G W—H J—H K—H M—H P—H R—H S—H T—H W—I L—I M—I P—I R—I S—I T—J J—J L—J M—J F—J R—J T—J W—K K—K L—K N—K P—K S—K T—L L—L M—L N—L P—L K—L S—L T—I W—M M—M N—M P—M R—M S—M T—M W—N N—N P—N R L W-M M-M N-M P-M R-M S-M T-M W-N N-N P-N R N S-N T-N W-P R-P T-P W-R S-R T-R W-S S-T T-T W-W W-V W. Package of 5 monograms. Sale price...... 5

CHESTERFIELDS AND CHAIRS IN THE MID-WINTER FURNITURE SALE



hardwood frames securely built. The web-bing is the best imported Scotch webbing and best quality springs. All pieces have deep spring seats, and as well, Marshall cushions, which are reversible. The tapestry covering is of excellent quality. Sale prices, three pieces,\$149, \$169 and \$189 suite

One only Chesterfield Suite, solid walnut frames, in the design of the Spanish rennaissance; the tapestry covering is of the best. This is the manufacturer's sample, bought at a big discount and now offered at less than regular wholesale. Furniture Sale price, Chesterfield and two chairs.....\$300

One only Chesterfield, manufacturer's sample, in very heavy tapestry, made with large spring arms and Marshall spring seats, Furniture Sale price\$150

One only Chesterfield or Living-Room Table,

Two only Den Tables, one walnut, one fumed oak, 30-inch round tops, reversible, one side finished, the reverse side covered with green felt. Furniture Sale price, walnut\$24.75

The fumed oak one is slightly imperfect and is less than half price. Sale price\$17.75

FURNITURE UPHOLSTERED 1-3 Off Cost of Work Now.

Fourth Floor.