Happier To-Morrow

If yours if to-night you will be beneficial aid of the famous Nervous family remedy Beecham's Nervous depression, or the " is one of the symptoms condition quickly corrected reliable and quick-acting

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the system is clogged—the and liver and kidneys in—then the digestion is sure impaired and the nerves to their tone. Beecham's Pills the organs of digestion to properly and thus this un- medicine has a tonic effect the whole system. Beecham's do not vary—they act always accordance with their great ation; mildly and safely but ly. In every way—in feel- looks and vigor—a better tion Beecham's Pills

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Directions with every box are very helpful

hold your ground and drive a bargain if you are dressed in oming business suit than if you n a soiled morning gown. The is true about the household As soon as the morning work ished, bathe and put on a fresh, ning dress. You will feel ten younger; and the household will assume different propor-

ally, to keep young, keep the ights of youth in your mind. Hold thought, "I am well, I am happy, prosperous, I am YOUNG." — an's World for March.

Prescription 'A.'

the one and only genuine prep- ion that cures **Indigestion** and epsia in all its forms.

is quite a daily occurrence to a person say: "Oh, what a feel- of distress I have after meals, ful- of the stomach, heaviness and ache. I feel too tired to do any- g. I have no heart to exert my- and at times I care for nothing. often have a pain in the pit of the mach after eating, that is (if I am to eat). My heart beats rapidly the slightest exertion, and I am as tired when rising in the morn- (even worse) than when retiring ight. I often awake in my sleep imagine that I am going to suf- te, and very often afraid to go to p again. I have to take particular d care of what food I eat. All se symptoms make my life not th living."

o, why do you insist on suffering n all these unnecessary symptoms en **STAFFORD'S "Prescription "A"** ll do the work.

This genuine preparation is manu- tured by **DR. F. STAFFORD & N**, St. John's, Nfld.

Price, small size, 25 cents, postage cents extra. Large size, 50 cents, stage 10 cents extra.

England May Regain Supremacy.

London, May 2.—England, which in old days held the acknowledged premacy of the world in almost all rowing championships, hopes to ain the world's sculling title in a e which has just been arranged ween Richard Arnst, of New Zea- d, and Ernest Barry, of England. e race between the two profession- will take place on the Thames, r London, on July 29.

The like of the coming match has been rowed on English waters nce 1896, when Jake Gaudaur, of hilia, Ont., defeated J. Stanbury, of w South Wales.

English scullers were undefeated m the first race in 1831 until 1876, hen New South Wales took the title. nce that day England has never ned a champion of the world, and had but few scullers who have n thought it wort their while.

Per S. S. 'Stephano,'

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GRAPE FRUIT, BANANAS,
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Extra Big Show.

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Scenes in the Irish Capital. Monument of Daniel O'Connell, Cork Harbour, Waterford, etc. Scotland with its fine mountain scenery. Edinburgh Castle. Monument of Robbie Burns, Melrose Abbey, the Highlands, places of great interest, many magnificent colour effects will be introduced, forming the most entertaining specialty on the vaudeville stage. All new and exclusive.

Jack (The Rossleys) Marie
In a new specialty. Also, one of their real old timers, an act you all enjoy.

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In a fine double specialty, dancing, violin playing, songs and jokes.

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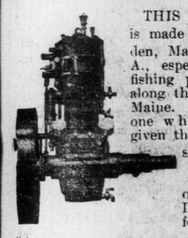

THIS ENGINE is made in Camden, Maine, U. S. A., especially for fishing purposes along the coast of Maine. It is the one which has given the best results for fishing purposes obtainable. It is noted for its simplicity. Any person can operate it when once instructed. It will run with gasolene or kerosene. This cut represents 7½ h. p. single cylinder. Make & Break Knox. Compare the description of its power with any other engine and you will find it beats most of them 25 per ct.

Note: Revolutions per minute 500
Bore ..... 5½ in.
Stroke ..... 6½ in.
Weight of Motor ..... 500 lbs.

J. LeDREW & SONS have accepted the Agency for this Engine and intend to establish a branch business at Harbor Grace, where Motors will be installed and purchasers will receive instructions, be taught to run the Engines and where all parts for repairs will be kept on hand. The principal of this concern, W. R. LeDrew, is going through a course of training in the Camden Anchor-Rockland Machine Co.'s Factory. Any person wishing to order one or more of these Engines would do well to send in their order so that W. R. LeDrew will see them tested, packed and shipped, as he wants to make up a car load so as to save freight. For Catalogues, Price Lists, etc., apply to

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It is unequalled for **office use.** Being immensely stronger than gums or pastes, a much smaller quantity is required. It replaces glues and cements in the manufacture of small fancy articles.

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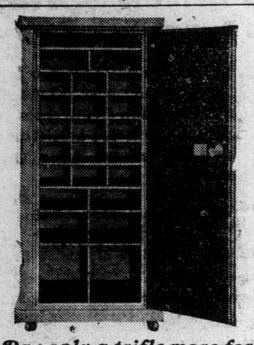

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Flower Store Bulletin.
This Week.

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And right now is the time to plant them.

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The Mother Was Too Busy.

BY RUTH CAMERON.

In a beautiful big back yard upon which one of my study windows look, seven youngsters were having the time of their lives the other day; and the central feature of all their fun was a wonderful tent constructed out of two shawls and a sheet. The sheet was stretched from the back piazza roof to the clothes line, the plaid shawl formed one side, and the grey shawl the other. I watched the whole construction of this affair from the moment when the gigantic idea was advanced in conclave, to the moment when the tent was finished, and the seven youngsters trooped proudly in.

And as I watched, there suddenly came to me from across the years—as poignantly as if it were something actual like a fragrance or a strain of music—the memory of similar good times of my own, centering around similiar undertakings. I remembered one gloriously arduous Saturday spent in building a string telephone from my window to the window of the little boy next door; and another dedicated to manufacturing an aquarium out of an old wash pail, a few water weeds, some minnows and three luckless pollywogs; and still another holiday when we built a house in the woodpile, and fitted it up like a log cabin, and played pioneer all the long afternoon.

How I used to trot in and out of the house, excited, busy and absolutely happy! How I used to rush to the little mother for the string for the telephone, the wash pail for the aquarium, an old blanket for the log cabin, and mercy knows what not! And how pateintly she always gave them to me!

You see, she was a mother who understood.

Are you that, you mothers who are reading this?

When the conclave of the seven decided to have a tent the other morning, they dispersed to their separate homes in search of materials. From one home came the plaid shawl; from another came the sheet and the grey shawl; but from two homes the scouts came back empty handed. You see, in each of those homes there was a mother who did not understand, who was "too busy."

Mothers and fathers, especially mothers, don't forget that little things like these are very big to children. Disproportionately big! A plaid shawl may mean so much fun to them, may give them more pleasure, perhaps, than some of your most expensive formal gifts. Can't you manage to have the time to find the plaid shawl?

I used to visit sometimes at a home where the children were never allowed any such liberties, where all such requests were invariably denied. The home was expensive and beautiful, but the children liked to go to other homes to play. And now that they are grown up they are never so happy as when they are away visiting.

Little things like these mean so very much to children that we must be careful how we refuse and deny, for we may be spoiling more happiness than we have any idea of.

Ruth Cameron

A BLOOD MEDICINE WITHOUT ALCOHOL.

Recently it has been definitly proven by experiments on animals that alcohol lowers the germicidal power of the body and that alcohol paralyzes the white corpuscles of the blood and renders them unable to take up and destroy disease germs. Disease germs cause the death of over one-half of the human race.

A blood medicine, made entirely without alcohol, which is a pure glyceric extract of roots, such as Bloodroot, Queen's root, Golden Seal root, Mandrake and Stone root, has been extensively sold by druggists for the past forty years as Dr. Pierce's Golden Medical Discovery. The refreshing influence of this extract is like Nature's influence—the blood is bathed in the tonic which gives life to the blood—the vital fires of the body burn brighter and their increased activity consumes the tissue rubbish which has accumulated during the winter.

MRS. HEYES.

Dr. R. V. Pierce, the founder of the Invalids' Hotel and Surgical Institute, and a physician of large experience and practice, was the first to make up an ALTERATIVE EXTRACT of roots, without a particle of alcohol or narcotic.

"It is with the greatest of pleasure, that I write to let you know of the great benefit I received from the use of your medicines and self-treatment at home," writes MRS. W. HEYES, of Ladysmith, B. C. "I suffered for three years from a running sore. Consulted four doctors but they failed to mend or give relief. Finally I was told I was in consumption and would have to consult a specialist concerning my ear, that the dead bone must be cut out before the wound would heal. A kind friend advised me to write to Dr. Pierce, which I did, and after seven months' use of the treatment the sore is healed, and I enjoy better health than I ever did. I dressed the wound with Dr. Pierce's All-Healing Salve and took the 'Golden Medical Discovery' and 'Pleasant Pellets' for my troubles. I shall always recommend your medicines.

Dr. Pierce's Pleasant Pellets regulate liver and bowels.

Household Notes.

To prolong the life of your umbrella, place it with the handle downward until dry. Before putting it away, open it and with a small wad of absorbent cotton, saturated with lubricating oil, touch the ribs where they are fastened together at the top.

When a stubborn spot upon a burned kettle refuses to move through the aid of a wire dishcloth, use a piece of sandpaper. It is a splendid aid in cleaning a gas stove. Fold a piece over a knife, and you can quickly remove all grease or dried food that sticks to the corners.

If the slope of the kitchen draining board is made steeper, the water will drain from the dishes that much faster. To prevent the dishes themselves from sliding down such a steep slope, one should nail across the lower end of the board a row of cleats an inch long and set an inch apart.

When using marking ink for linen, try my plan, and you will be pleased with the results. First make your initials on the linen with an ordinary lead pencil and then trace with your ink over the pencil marks. The pencil will prevent the ink from spreading and giving the linen a blotted appearance.

Most people think it necessary, when peeling tomatoes, to pour boiling water over them in order that the skin may be easily removed. This method is apt to leave the tomatoes soft. A much better way is to rub the tomato with the back edge of a silver knife; this loosens the skin and makes it easy to remove it.

A good weighted brush for polishing floors may be made from a worn-out carpet sweeper. Remove the brush and place a brick inside instead, fastening it by wires to keep it from slipping; then cover the sweeper all over with a piece of heavy carpet. The swing of the handle will give the brush an easy motion.

White lead mends china. Keep a pot of it on hand, and as soon as a dish is broken, daub the cracked pieces with the white lead, using a match to put it on. Press the edges firmly together and put away for two or three weeks. After a week remove the extra lead sticking to the outside, but do not use the dish until perfectly hardened.

Hamburg steak is often a dry and tasteless dish. The addition of two or three tablespoonfuls of cream or fresh milk and a very few bread crumbs make it juicy and delicious. Never buy it already chopped, as it is usually made of odds and ends of the shop, but buy round steak and chop it home. Season well and do not overcook.

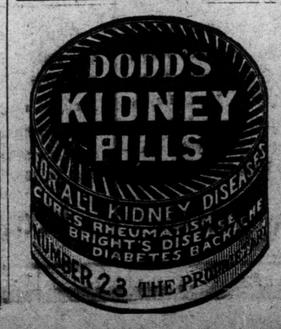
When sending a stamp in a letter, instead of moistening one corner and sticking it to the paper, moisten a small spot in the center of the stamp and then affix it to your letter. The removal of a small part of the adhesive substance from the center in no way impairs the usefulness of the stamp, whereas it is often torn if the corner is fastened.

A broom will last longer if it is dipped in cold water after it has been used and then rested on two horizontal supports until it is dry. Two nails driven into a wall will do. As all brooms have a tendency to grow shorter on one side than on the other, let the shorter side hang down. The weigth of the dampness will help to keep the broom in proper shape.

Even the neatest housekeepers are criminally careless about cleaning their telephones. Seemingly, they are not aware that transmitter and receiver both will assuredly transmit and receive dirt, germs and odors. Unscrew the tops of both and sterilize them thoroughly. Warm water with weak carbolic acid or the suds of carbolic acid soap is best.

When a garmen is to be dipped in gasoline for cleansing, it is well to mark any grease spots or very soiled places by running a loose basting thread around them. After the article is thoroughly wet it is difficult to detect spots; but by basting white on dark goods and dark on white it may be seen at a glance where to scour carefully with a brush and insure a thoroughly cleansed article.

Flannels, after they are laundered for a while, become yellow. If they are soaked for two or three hours in a lather made of a half cake of white soap, two tablespoonfuls of borax and the same amount of carbonate of ammonia, they will get white again. These ingredients should be dissolved in five gallons of soft water. Boil the soap in the water until thoroughly dissolved, then add the remainder of the mixture.



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BLOUSES

WHITE LAWN BLOUSES in all Newest Effects.

75c	80c	$1.00	$1.25	$1.50
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57c	62c	76c	95c	$1.12

Soper & Moore

WIND

BY H. L. RANN.

Wind is a combination of air currents which have the disagreeable habit of collecting in one spot and unroofing men, houses and other impedimenta. There is altogether too much wind in this country, particularly during the progress of a presidential campaign, when it used to bowl over the sucker-mouthed voter and encourage the propagation of crooked election tables. Wind is put up in packages of different size, some of which do not stand very high in the community. One of these is the hot wind, which sits down on the upturned face of the corn crop and destroys the complexion of the front lawn. Another is the nor'-easter, a very penetrating sample of projectile wind which breaks out of Canada hand in hand with a cold wave. Then there is the head wind, which assaults lean citizens on the public highway and relieves them of their equilibrium and nose glasses. The cyclone is a damaging form of spiral wind, which is not molested by anybody who is satisfied with this fleeting life below. The tornado is a large splinter thrown off by the key-winding cyclone and seldom ventures far from home without pucturing the nearest hot house with hailstones. Wind is manufactured in a cave situated at Medicine Hat, a thriving suburb of the aurora borealis, and is legalized under the pure food act when distinctly labeled as the summer zephyr, the six-knot breeze and the wintry blast. It is also prescribed in other formulas, such as campaign oratory, newspaper editorials and the long-winded sermon. There is quite a little wind disseminated in selling mining stock and writing up church weddings. A windfall is a piece of easy money inherited by somebody who wouldn't know the deceased from a wax-work model of Hannibal crossing the Alps in three jumps. Wind has its place in the economy of nature, but there are times when nature could economize a little more than she does.

CURE INDIGESTION.

Go to McMURDO'S drug store and get a 25c. box of HILL'S PILLS and see how quick you will get relief. HILL'S PILLS are the greatest Liver and Stomach Pill known. They purify the blood and tone up the entire system. Price 25c. a box. Sold by T. McMurdo & Co.

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The kind you get at home in Scotland. Keep on asking for it everywhere.

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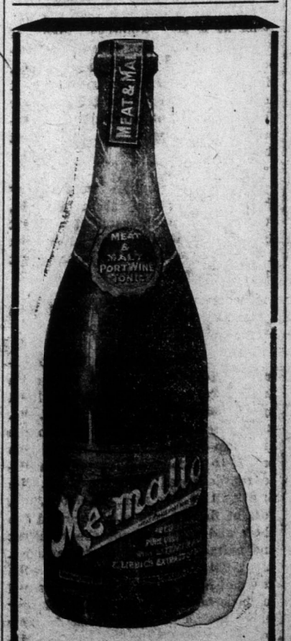

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THE WORK LIGHTER AND THE HOME BRIGHTER.

What Soaps, Powders and Disinfectants are you using?
Get the best—it is the cheapest when Health and Cleanliness are concerned.

SUNLIGHT SOAP.
None better. No rubbing. No scrubbing. A child can use IT.

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