Before finding a remedy in Zam-Buk, many piles sufferers say that they hardly knew where to put themselves for the

knew where to put themselves for the agenising, itchy, burning pain. Loss of blood made others so weak and ill that they despaired of ever being well again. But inflammaties, pain and swelling vanish under the influence of herbal Zam-Buk that is why it is such a fine soothing remedy for ulcers, abscesses, piles, boils, eccema, ringworm, poisoned wounds here a scale etc.



### NOTICE

Take notice that I, the undersigned have been sworn in Executrix under Town of Newcastle, New Brunswick, claims against the said estate are hereby notified to file the same duly proven at my office within thirty days indebted to the said estate are reto the undersigned.

this 10th day of March, 1923.

A. ELVA McCURDY,

## **Every Year She Suffered**

Read of Mrs. Ryder's Relief from Eczema—A BRIEF STORY Still another letter for the liquid wash for zems, from a sufferer who had chronic attacks covering her face—winter after winter, Mrs. s. H. Ryder of Pleasant Point, St. John Co., B., tells of the many dollars spent with docer of Pieasant Point, St. John Co., f the many dollars spent with docher remedies, of her suffering and at, winter after winter, and of her ne bottle of D. D. D. ee not been reading the weekly letanadian sufferers, come in and we a of what D. D. has done right a new part of the second sec

THE Lotion for Skin Disc C. M. DICKISON & SONS

## CUT AWFUL SWATH **ACROSS DOMINION**

Introducing his resolution for Federal and Provincial co-operation for forest preservation, Pius Michaud (Liberal, Restigouche-Yamaska), de clared that Canada had suffered in 1922 by more than 4,000 forest fires esulting in loss of timber sufficient to cover a belt one mile wide from Halifax to Winnipeg. Added to the ravage of fire, he said, was that of ests. In the last ten years the spruce bud worm alone had caused a tal loss in Quebec, of 100,000,000 ords of pulpwood, and in New Bruns wick of 50,000,000 cords. Mr. Michaud's plea was furthered by T. W. Caldwell, who said that the forests of his province had suffered vastly more from fire than from the woodsman's axe. Rt. Hon. Arthur Meighen said the

great protagonist of reform in forest policy, in his opinion, was Frank D Barnjum, whose array of facts was bsolutely indisputable, and whose grave warning Canada should heed, and at once. It might be advisable he went on, to impress an embargo on high export duty on Canadia pulpwood, even in the prospect retalitory enactments. Provinces must unite in legislation, failing that, HEAD LIGHTS AND it might be well to make failure to the Last Will and Testament of gather and destroy slash an offense Edward Adams McCurdy late of the punishable under federal laws. "Indeed, I can see no other way of deceased, and all persons having any avoiding these fires that are devastating the forests of our country." he declared.

Dr. Murray MacLaren recommendfrom the date hereof and all persons ed a series of interprovincial conquested to make payment forthwith ce from federal departments, while of the highway, is not unlikely during W. G. McQuarrie, New Westminister, the session of the Legislature. Dated at the Town of Newcastle, urged against any curtailment of the Premier Veniot said that the mat-British Columbia.

Fielding Lauds Barnjum that gentleman was doing a national New England States. service in awakening Canadians to N. B. producers.

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Comparatively few people realize to what extent Gillett's Lve can be used to advantage in every home For instance, with one can of Gillett's Lye and five and a half pounds of lard or grease, ten pounds of good hard soap can be made. Use one tablespoon Gillett's Lye in gallon of water for cleaning and disinfecting refrigerators sinks, garbage cans, tiled floors, baths and toilets.

> Useful for over 500 purposes.



# **SPOT LIGHTS ON AUTOS**

lights on motor vehicles, prevent the matter of fact. Nor does it necessarily use of glaring headlights and ban ferences and more definite assistan-spotlights which shine in the centre

aerial survey inaugurated on the ter of amendments to the Motor exercise are at once indicated. Pacific Coast. He doubted the practic- Vehicles Act had been under considability of slash-burning, but was as- eration for some time, but that a sured by Hon. Dr. King that slash definite decision as to what extent burning already was practiced in the changes would go had not yet been reached. It is likely, however, that the regulations in respect to Complimentary reference to the lights on motor vehicles will be gen 'splendid enthusiasm" and "excellent erally revised. It is predicted that work" of Frank Barnjum was made the new regulations will be similar by Hon. W. S. Fielding, who said that to those in effect in Maine and other

The Premier said the change in the the critical state of their forest re-rule of the road with turn to the ources. Ontario and Quebec, he said right now in effect made it impera had largely, but not absolutely, pro- tive that there should be some action hibited pulp export, but owners of taken to ban spotlights which have private pulp areas, notably in Quebec, been attached to the left side of the claimed the right to export their windshields of cars and which with "product" as freely as that of other the change in the rule of the road now would shine directly into the middle of the road when the car was turned out to the right to meet an approaching vehicle, Just how rent will be the rule in r

> spotlights is not yet determined. The matter is under consideration; also prescribing a uniform non-glare headlight which will control the rays of light in such a way that they will not hinder drivers of approaching cars. There is a possibility of a more stringent regulation than at present in respect to tail lights, the increasing number of automobiles with the growing divergent uses of motor cars making it necessary that every pre. caution be taken so that motor vehicles may always be identified.

THOSE WHITE SPOTS IN YOUR NAILS

A chap very much interested in Spiritism, New Thought, Clairvoy ancy, and allied subjects, con that he believed in palmistry also Onestioning brought out the informa tion that he had had his palms read and the palmist had made the aston shing statement that he was jus down Now this was really th

spending public money for monu ments while men were walking the streets looking for work was voice in the Commons tonight when a num ber of items in public works depart ment estimates came before con mittee of supply. Objecting to a vote of \$100,000 for the National Art Gallery, G. G. Coote, Progressive member for MacLeod, moved a reduction of fifty per cent.

"Pictures are nice to look at," he said, "but they won't keep you warm or fill an empty stomach."

"We must not be heartless," re plied Hon. W. S. Fielding, "but we must not be art-less. Let us have some appreciation of fine arts."

The Coote amendment was defeat ed and the item carried.

physicially. Now what does this condition mean? Has it really any significance? Yes, it signifies that the individual possessing same is in a lowered condition of health generally The blood pressure is low and there are usually symptoms of physical and mental depression. It often fol lows a severe illness of some kind being frequently the forerunner of tuberculosis or anaemic conditions Don't misunderstand me, it doesn' necessarily follow these conditions. Don't get alarmed if you have

few of these white markings in you nails. They are fairly common as follow that you are going to develop tuberculosis, anaemia or other waste condition.

However, it is often a warning sign that you are not in the best of health, so fresh air, good food, and sensible

## Here and There

QUEBEC, Que.-The request made WILBEU, Que.—The request made by Mayor Curley of Boston for the return of the small gun said to have been captured by the British on June 17, 1775, at the battle of Bunker Hil', and which now stands on the square of the Quebec Citadel, has been referred to the Minister of Militia at Ottawa.

PORT ARTHUR.—An official announcement by the C. P. R. at Win-nipeg says:—"At Port Arthur addi-tional trackage will be provided to accommodate grain consigned to the terminal elevators at Current River."

KOBE. - Sixty tons of Canadian commodities of various kinds have arrived at Shanghai to be placed in the newly-established Canadian samble salesrooms originated by Dr. J. W. Ross, Canadian Government trade commissioner at Shanghai. The show rooms will be in charge of D. B. Sparks, who has spent severa years in China as a representative years in China as a representative of Canadian manufacturers. Dr. Ross states that Canada is more interested than ever in the upbuilding of trade with the Orient, and the opening of the sales rooms at Shanghai is a tangible indication of the efforts being made to accomplish that burpose.

ST. JOHN, N.B. — At the present rate of shipment of grain, the 20,000,000 mark may be attained this season. For the present season to the end of Januar, the total export of cereal through the C. P. R. elevators was officially given at 8,904,335 bushels, compared with 4,575,233 bushels for the previous winter season. The increase for this winter to the end of January is 4,328,102. Grain shipments on February 1st of this year had equalled the total to March 10th last year.

LETHBRIBGE. — C. C. Stibbard, D.S.O., for some time C. P. R. trainmaster here, has been transferred to Penticton. B.C. where he will occupy the same position on the Kettle Valley Railway, a branch of the Canadian Pacific. Mr. Stibbard is succeeded here by C. E. Legg, of Penticton. Mr. Legg will assume his new duties at once. Coming to Lethbridge from overseas August 1, 1920, Mr. Stibbard has been a resident of the city continuously since that time.

Placeher's Casteria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A haby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the mend of a remedy for the common allments of Infants and Children that brought Casteria before the public after years of research, and no claim has been made for it that its use for over 30 mass has not recover.

### What is CASTORIA?

Casteria is a harmless substitute for Castor Oil, Paregoric,
Drops and Soothing Syrups. It is pleasant. It contains
neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend. Wind Colic and Diarrhoea; allaying Feverishness aris

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