

SUNLIGHT SOAP

is better than other Soaps but is best when used in the Sunlight way. Follow directions.

SUNLIGHT WAY OF WASHING

FIRST—Dip the article to be washed in a tub of lukewarm water, draw it out on a washboard and rub the soap lightly over it. Be particular not to miss soaping all over. THEN—roll it in a tight roll, lay in the tub under the water, and go on the same way until all the pieces have the soap rubbed on, and are rolled up.

Then go away for thirty minutes to one hour and let the "Sunlight" Soap do its work. NEXT—After soaking the full time rub the clothes lightly out on a washboard, and the dirt will drop out; turn the garment inside out to get at the seams, but don't use any more soap; don't scrub or boil a single piece, and don't wash through two soaps. If the water gets too dirty, pour a little out and add fresh. If a streak is hard to wash, rub some more soap on it, and throw the piece back into the tub for a few minutes.

LASTLY COMES THE RINSING, which is to be done in lukewarm water, taking special care to get all the dirt away then wring out and hang up to dry.

For Woollens and Flannels proceed as follows—Shake the articles free from dust, and rub a cake of Sunlight Soap into a gallon of boiling water and wash in the latter without rubbing. Squeeze out dirty water without twisting, and rinse thoroughly in two relays of lukewarm water. Squeeze out water without twisting, and hang in the open air.

The most delicate colors may be safely washed in the "Sunlight" way.

\$5,000 REWARD will be paid to any person who proves that Sunlight Soap contains any injurious chemicals or any form of adulteration.

5c. Buy it and follow directions. 5c. LEVER BROTHERS LIMITED, TORONTO

Plating Gold, Silver or Nickel

Satisfaction Guaranteed

BRISCO'S

Phone 297

DO YOU GET THE BEST?

IF NOT TRY US.
Choice Porter House Steak 15c
" Round Steak 12c
" Pork Chops 12c
" Mutton Chops 12c
" Beef 12c
" Pickled Pork 12c
" Fire Leaf, cooked Meats and Spring Lamb by the Quarter.

MERRITT & GRAHAM

Meat Market, Opp. Power House
Telephone 528

Do You Eat Bread?

If so, do you not think that you might as well eat THE BEST? The best bread is that which contains the MOST nutriment and the LEAST waste matter and is absolutely pure. TRY US.

LAMON BROS.

Phone 489

GOOD HOUSE PAINTING

NOW is the time to have good paint put on your house—none of this ready made up paint, nothing more than whitening. Have it made up in front of your own eyes. That you can do by having

T. BASON,

Delaware Ave.
or Box 588.

The best way to defy sin is to deny self.

Minard's Lulimant Cures Diphtheria.

A STARTLING PROGRAM

Nationalize All Land and Industries of Russia.

Workmen Group of the Douma Come Out With a Most Radical Proposal—How They Propose to Bring It About—Agrarian Agitation and Fear of Possible Outrages Compel Owners to Sell for What They Can Get.

St. Petersburg, June 6.—The extent to which Socialistic theories have taken possession of the proletariat is evidenced by the radical program adopted by the Douma group, which aims ultimately not only at the complete nationalization of land with its attendant abolition of private property, but the socialization of industry.

The program provides for the creation of a national land fund from the crown, church and private property exceeding a certain amount in value, the state to pay for expropriated property, and in the cities and factories and mills to be gradually transferred to the state for the benefit of the workmen.

After taking such land as needed for state and public needs, the remainder would be distributable to anybody desiring to till it, preference being given to the local agriculturists. The workmen of the state would pay an occupation tax, varying in accordance with the character and amount of ground taken. Persons without means to purchase agricultural implements would be entitled to receive credit from the land fund.

Selling Out in a Hurry. Yekaterinoslav, South Russia, June 6.—Owing to the agitation among the peasants in this province, the landlords are hastily selling their estates for anything they will bring.

Mohilev, Russia, June 6.—In many places in this vicinity the rural guards, who are in sympathy with the peasants, are refusing to obey the orders of their superiors.

Tula, Russia, June 6.—The agrarian movement in this province is spreading, and is assuming a threatening phase. Veronezh, Russia, June 6.—A collision occurred here Monday between rural guards and peasants who were annexing land belonging to local proprietors. Two guards were killed.

Rides 8,700 Miles Home. St. Petersburg, June 6.—Capt. Byeff, who left the front in Manchuria shortly after the peace treaty was signed, arrived in St. Petersburg yesterday. He rode the entire distance about 8,700 miles, eight months and four days. His horse, which was of English breed, was in good condition when the journey was finished. The captain's orderly, who was his sole companion, had a Mongolian mount.

Abundant Harvest in South Russia. Odessa, June 6.—The South Russian harvest promises to be the most abundant in the last twenty years.

NEARLY WENT OVER FALLS. Sutton Man Rescued by Daring Fireman and Policeman.

Niagara Falls, N. Y., June 6.—Yesterday morning at 1 o'clock a man who gives his name as Amos Switzer of Toronto, or St. Catharines, was discovered in the river 500 feet up from the brink of the American falls. An officer offered to rescue him with a pole, but he refused all help and was carried to within 15 feet of the falls and 35 feet out from shore.

At 2:06 a. m. he was rescued from this point by Patrolman Batts and Fireman Conroy, who went out on a 40-foot extension ladder brought to the scene from fire headquarters.

Disappeared May 31. Toronto, June 6.—Amos Switzer was brought to the General Hospital from Sutton, Ont., on May 10, suffering from nervous trouble. He was put in the nervous trouble ward, but on May 31 disappeared. Switzer is 28 years old and a married man.

BASEBALL TUESDAY.

Eastern League.			
At Newark.....	R.H.E.		
Newark.....	0-0-0-0-0-0-0-0-3-4		
Batteries—McGinley and McGovern; Parnes and Kierulff.	Umpire—Kerley.		
At Jersey City.			
Jersey City.....	1-0-1-0-0-1-4-0-7-9-2		
Jersey City.....	0-0-0-0-0-0-0-0-2-0-6		
Batteries—Baker and Woods; Moran and Butler.	Umpire—Moran.		
At Providence.			
Providence.....	2-0-0-0-0-0-0-0-2-6-3		
Providence.....	0-0-0-0-0-0-0-0-1-1-9-2		
Batteries—Keefe and Connor; Poole and Barton.	Umpire—Kelly.		
At Baltimore.			
Baltimore.....	0-0-1-0-0-0-0-0-0-2-3-9-2		
Baltimore.....	0-0-0-0-0-0-0-0-0-3-18-1		
Batteries—McLean and Carls; Mason and Byers.	Umpire—Conahan.		
National League.			
Club.	Won.	Lost.	Pct.
Buffalo.....	22	11	.667
Jersey City.....	20	11	.625
Newark.....	19	11	.570
Rochester.....	15	16	.500
Baltimore.....	15	18	.453
Providence.....	13	19	.424
Montreal.....	11	21	.347
Toronto.....	11	21	.353

At Cleveland—Boston v. Cleveland game called in fourth inning, rain. Score: Cleveland 1, Boston 0.
At Detroit—Detroit v. Washington game postponed, rain.
At St. Louis—St. Louis..... 3-0-1-0-1-0-3-13-6
New York..... 1-0-1-0-0-2-1-0-13-6
Batteries—Smith and Ricker; Chesbro, Chisholm, Griffith, Kleinow and McGuire.
At Chicago—Chicago..... 0-0-5-0-2-0-0-0-7-10-1
Philadelphia..... 0-0-0-0-0-1-0-0-1-1-1
Batteries—White and Sullivan; Waddell, Coakley, Schreck and Byrnes.

National Scores.
At Boston—Boston..... R.H.E.
Pittsburgh..... 2-1-0-3-0-0-1-1-11-2
Boston..... 1-0-0-2-0-0-0-0-3-8-8
Batteries—Leever and Gibson; Dornier, Lindeman and Needham; Umpire—Carpenter.
At Philadelphia—Philadelphia..... R.H.E.
Cincinnati..... 1-0-0-0-0-2-2-8-10-3
Philadelphia..... 0-1-0-1-0-0-2-0-14-2
Batteries—Wicker and Schell; Pittinger, Sparks and Doolin; Umpire—Klein.
At Brooklyn—Brooklyn..... R.H.E.
St. Louis..... 0-0-1-0-0-1-0-0-2-8-7
St. Louis..... 0-0-0-2-1-0-0-0-3-7-3
Batteries—Karger and O'Brien; Strickland and Rogers; Umpire—Johnstone.
At New York—Chicago..... R.H.E.
New York..... 0-0-0-0-0-0-0-0-0-3-4
New York..... 0-0-0-0-0-0-0-0-0-3-4
Batteries—Brown and Kling; McGuire and Bowerman; Umpire—Emmelle and O'Day.

Packed at the Oven's Mouth

We do things right at the Mooney bakery. Crackers are packed piping hot from the ovens. The moisture-proof paper and air-tight tins retain all the freshness and crispness, no matter where or when you buy them.

MOONEY'S PERFECTION Cream Sodas

MOONEY BISCUIT & CANDY CO. STAFFORD CANADA

They come to your table just as inviting and delicious as though you ate them at the ovens in the bakery. At all grocers in 1 and 3 lb. packages.

CHAIRMAN RAILWAY BOARD.

James Leitch, K. C., of Cornwall, Receives Notice of His Appointment.

Cornwall, June 2.—James Leitch, K. C., of Cornwall, last night received notice of his appointment as chairman of the Railway and Municipal Board for Ontario, at a salary of \$6,000 a year. This is the new board brought into existence by an act of the late session of the Ontario Government.

Mr. Leitch was called to the bar in the Easter term, 1876, and at once commenced practice in Cornwall. He was appointed a Queen's Counsel by the Earl of Derby in 1889.

BEWARE OF OINTMENTS FOR CATARRH THAT CONTAIN MERCURY.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good they may possibly derive from them.

Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price 75c. per bottle.

Take Hall's Family Pills for constipation.

Mail Clerk Arrested.

Winnipeg, June 6.—There have been no further developments in the mail robbery at Winnipeg Beach, although the detectives are busy on the case.

Joseph E. D. Amur, mail clerk on the Calgary-Bombay train, has been arrested on a charge of having stolen \$2,000 from the mails in transit.

THEY MEAN IT.

No one should suffer a moment longer with Piles. Dr. Leonard's Hem-Roid will cure any case. A guarantee of \$1,000.00 goes with every package of the Hem-Roid.

No Matter what kind you have, Blind, Bleeding, Internal, External, Itching or Suffering, Dr. Leonard's Hem-Roid will cure you.

This is a strong statement, but it is supported by a thousand testimonials from those who have been permanently cured by Hem-Roid.

If you are not cured you get your money back. \$1.00 at druggists, or the Wilson-Fale Co., Limited, Niagara Falls, Ont.

Teamsters' Strike Ends.

Montreal, June 6.—The teamsters of the Dominion Transport Co., who have been on strike since Monday, will return to work to-day. They have accepted the company's offer to make the overtime begin at 6 p. m., instead of 5.30. They get the old rate of \$1.60 per day.

A man talks about owning his business. But, as a matter of fact his business owns him. His whole life is regulated by the demands of the business. The time at which he rises, his breakfast hour, the time given to meals, are all determined by business obligations. He rushes through his morning because he can't spare the time from business; he can't leisurely. He won't take a rest because he is needed at the store or office. He is in fact an absolute slave to business. The results which follow this slavery are seen in the nervous, nervous, with drawn faces, and hollow eyes, sit at the desk or stand behind the counter until they collapse in a fit of sickness, or are taken away by heart failure. These are the exactions of the business which will find a friend in Dr. Pierce's Golden Medical Discovery. It strengthens the stomach, increases the action of the blood-making glands, increasing the vitality and physical vigor. It makes men strong and prevents those business breakdowns which so often terminate fatally.

Beauty without grace is a hook without bait.

The cheerful cannot help being charming.

FEUDAL TENURE RELIC

BOBS UP AT THE INSTANCE OF THE EARL OF AMHERST.

Lord of the Manor of Orford Seizes Astonished English "Vassal's" Best Horse as Heriot—Action Perfectly Legal—Recent Instance Upon Rights Shows Need of Clean Sweep of Survivals of Ancient Land System.

The head of some act which will make a clean sweep of the preposterous relic of the feudal system of tenure which still survives in many parts of England, has been strikingly shown by a case which has just come to light near Sevenoaks in Kent. There resides Earl Amherst, who, among his other hereditary claims to distinction, boasts that of being lord of the manor of Orford. Within the borders of the domain thus designated Herbert Coultrey took up his abode some months ago, totally unaware that thereby he incurred any obligations as a vassal of the lord of the manor.

The lord of the manor of the earl's deputy steward called upon Mr. Coultrey, and, seeing a horse and trap standing outside the house, asked Mr. Coultrey if the horse was his. On being answered in the affirmative, the deputy steward took some hairs from the horse's mane, and after depositing them in his pocket, placed a hand on the horse's shoulder, accompanying the action with the words, "This horse is now the property of Lord Amherst."

Like Comic Opera, But Legal.

In the twentieth century this appears more like a bit of fooling from a comic opera than a valid process, but, thanks to the medieval laws that still remain unrepented, the deputy steward's fantastic performance actually made Earl Amherst the owner of Mr. Coultrey's steed. However, the deputy steward only took away the hairs that he had cut from the mane, the man's property, which required stabling and feeding, being left with Mr. Coultrey.

It was explained to the latter that the earl, being a generous man, did not wish to push his rights to their legal limits, and would therefore permit Mr. Coultrey to redeem the horse. The price of the redemption was subsequently fixed at \$75.00—about one-third of its real value—which shows that Earl Amherst is a much more liberal man than his feudal ancestors.

But this modern sort of procedure was not at all in accordance with feudal notions, and the Sevenoaks judge, before whom the suit was tried, promptly gave his decision against the audacious vassal. Then, in order to call public attention to the case, he brought suit against the earl for the keep of the horse during the two weeks that the settlement of the matter was pending for, in accordance with the absurd law under which it had been seized, ten times the value of the horse.

Public Opinion With "Vassal."

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Old Coughs

New coughs are bad enough. Old coughs are worse, much worse. They always make one think of bronchitis, consumption. Ayer's Cherry Pectoral quickly cures new coughs. And it cures old ones, too. The next time you see your doctor, ask him why this medicine so promptly relieves coughs.

His Part. "Look here," remarked the thrifty man to his extravagant wife, "you're carrying too much sail, my lady." "I don't know why you should bother about that," she retorted. "No," said he. "I think I should, since I have to raise the wind."

Brought Down the House. Critic—I hear that the new man's acting brought down the house. Manager—Yes, it did. In one week it brought down the house from 800 to 10 people and the attendants.

DIED SUDDENLY

OF HEART DISEASE.

How frequently does a head line similar to the above greet us in the newspapers. The rush, push and strenuousness of the American people has a strong tendency to lead up to valvular and other affections of the heart, attended by irregular action, palpitation, dizziness, smothered sensations and other distressing symptoms.

Three of the prominent ingredients of Dr. Pierce's Golden Medical Discovery are made as recommended by some of the leading writers on *Materia Medica* for the cure of just such cases. Golden Seal root, for instance, is said by the *UNITED STATES DISPENSATORY*, a standard authority, "to impart tone and increased power to the heart's action. Numerous other leading authorities represent Golden Seal as an unsurpassed tonic for the muscular system in general, and as the heart is almost wholly composed of muscular tissue, it naturally follows that it must be greatly strengthened by this superb, general tonic. It is the most important ingredient of the 'Golden Medical Discovery,' so far as its marvelous cures of valvular and other affections of the heart are concerned. It is Stone root or *Collinsonia Can.*, Prof. Wm. Paine, author of Paine's *Epitome of Medicine*, says of it:

"I not long since had a patient who was so much oppressed with valvular disease of the heart that his friends were obliged to carry him upstairs. He, however, gradually recovered under the influence of *Collinsonia* (medicinal principle extracted from the root), and is now attending to his business. Heretofore physicians knew of no remedy for the removal of such disease, and so drastic a remedy was feared. With them it was all guess-work, and it fearfully warned the patient that death was near at hand. *Collinsonia* unquestionably affords relief in such cases, and in most instances effects a cure."

Stone root is also recommended by Drs. Hale and Ellingwood, of Chicago, as a powerful and other diseases of the heart. The latter says: "It is a heart tonic of direct and permanent influence."

"Golden Medical Discovery" not only cures serious heart affections, but is a most efficient general tonic and invigorant, strengthening the stomach, invigorating the bowels, regulating the bowels and curing catarrhal affections in all parts of the system.

Dr. Pierce's Pellets cure Constipation.

In the Doctor's Waiting Room. Doctor (entering suddenly)—Which of you has waited longest? Shears (sulkily)—I. I have waited six months, and you haven't paid me for that last suit yet!

THE DIVING BELL.

How the First One Made by Dr. Halley Was Operated.

It was nearly 200 years ago that Edmund Halley constructed what is often referred to as the first diving bell, although the apparatus must have been much like this which was previously exhibited in the presence of Charles V., says the *Technical World Magazine*.

The principle of the diving bell is simple. An inverted jar sunk in the water retains air at its top, and if there is enough air men may live and breathe and work there and keep dry.

Dr. Halley's diving bell was a large wooden chamber open at the bottom and loaded there with lead to prevent it from turning in the water. Pieces of glass set in the roof furnished light. Air was supplied by an ingenious method for leading tanks full of air suspended, etc.

Nervous debility and all of the accompanying symptoms such as headache, loss of memory, mental depression, sexual sensations, irritability, sleeplessness, trembling, heart palpitation, cold limbs, physical exhaustion, etc., are promptly cured, and blood, bladder and kidney troubles are cured by steady, regular use of this medicine.

The price is very reasonable, and no change is made for examination and advice, no matter whether the patient takes the treatment or not. Send for free samples and no proprietary medicine to sell. He is strictly opposed to all stimulants which temporarily relieve but do not cure. He is strictly opposed to a worse condition than before taken. His treatment is specially prepared for each individual case and goes to the bottom of the disease, purifying the blood and giving the nerves and general system radical cures of disease, and making the mind and body healthy and able to meet their fellow men with a feeling that they are strong and manly and fit to cope with the most trying conditions before them.

Patients are sent to patients in any part of the world, and you will write and state all about your case, and your letter will be returned promptly and you will be advised by return mail about how long it will take to cure you, and how much the treatment will cost you. Remember, you do not have to pay a cent for anything until you are cured. No matter how many others have treated you, or how serious your condition is, you should write today and take advantage of this offer. All medicines for Canadian patients sent by express, and transportation charges prepaid. 4 direct DR. GOLDREDD, 265 Woodward Ave., Suite 67, Detroit, Mich., U. S. A.

The First Son. Nodd—I can't make up my mind what college to send that boy of mine to. Todd—How old is he? Nodd—Nearly three weeks.

NEAREST TO NATURE THE ENSIGN REMEDIES PHYSIOLOGICAL FOODS

Marvelous results are obtained from their use. Incurable cases, so-called, are cured in an easy, smooth and prompt manner. If you have a disease which is rated as incurable, try these Remedies at once. You will be surprised and delighted with results. No drugs. Just the natural elements of the body in assimilable form. Booklets explaining can be had of druggists.

SOLD BY DRUGGISTS.