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Vegetable Campaign

K.D SEEDS

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he Great War.") Correspondent who

PALMER

d in the Battles

50 OOKSTORE

160 Colborne St

BACK TO WORK.

real, March 10 .- After being eks on strike five thousand at workers will return to work The strikers and manuers have agreed to a board of before which the grievances parties are to be argued. The s of the board will be final.

CORN SYRUP Everybody's Favourite

Children think only of the sweetness and delightful flavour, on Bread, Toast and Griddle Cakes.

But "grown-ups" know of the splendid food value of this famous table syrup—how wholesome and nutritious it is—and far more economical than preserves, or butter and sugar, when spread on bread. Get "Crown Brand" in the 3 pound "Perfect Seal" Glass Jars—or 2, 5, 10 or 20 pound tins,

Write our Montreal Office for a copy of our new recipe book-"Desserts and Candies"-sent free. THE CANADA STARCH CO. LIMITED

Authorman's Wife.

"Wasn't she lucky?" said the

The Authorman smiled to himself,

"Probably he's so crazy about her

"Don't!" said the Authorman

"It Won't Mean That He Loves

"Because it won't mean that he

"When either person is always

blamed by the other it means just

one thing—that the person who gives

the blame has the less just and less

kindly disposition. I wouldn't want

you to be that one, sister."
"Can't there ever be a marriage

where no one is blamed for things?

"Of course," said the Lady-who-

always-knows-somehow, "and there

and women learn more about the

principles of justice and tolerance."
"Bravo!" said the Cynic.

NEXT CONSISTORY

Rome, March 9 .- via Paris .- The

You More."

"What will it mean?"

wondered Molly wistfully.

THE ONE TO BLAME.

sharply.

loves you more.

In almost every marriage there is

one person to blame. riage, as that might sound, but for a bit sardonically I thought. all the little inevitable irritations that he can't bear to have anything and inconveniences and misunder-bother her," said Molly, romantical-standings and mishaps of the daily ly. "I do hope my husband will be life that one returns to after the first like that." osy glow of romance has subsided into the light of common day. Ordinarily this person is the wo-

I think it is partly woman's economic dependence, partly her inherited passivity of temperament which makes her more patient about accepting blame.

"Men Get and Forget, Women Give and Forgive "You know the old saying, "Men

get and forget, women give and for-But I met a couple the other day in which a woman had gotten the

whip hand. We were on a train which was very late. They were about to miss a coveted pleasure engagement. In most of the families I know the woman would have been to blame for this. Her husband would have been storming about, not actually putting the blame on her—he couldn't very well -but giving her a general sense of guilt, and the woman would be trying to soothe him and divert his

date of the next consistory has been fixed by Pope Benedict as March 22. It will be held only for the appointment of Bishops. No new eardinals will be named. Thus far the pope She Sulked and He Tried to Cheer Her Up has not decided to mention the in-But in this family the woman undoubtedly had the upper hand. She ternational situation in his allocuit was who sat back in her seat with tion. It is generally believed, how knitted brows while the man tried to ever, that at the last moment he will insert a passage setting forth his We were talking about this couple ideas in regard to the situation re cheer her up. I sulting from the war. after we reached home.

"Our Daily !:: Pattern Service

Valuable Suggestions maker_Order any Pattern Through The Courier. Be sure to State Size

LADY'S DRESS.

By Anabel Worthington.



Good style and becoming grace are expressed with just the right degree of smartness in this model-an excellent one for two or more materials in combination, with unusual effect. Such design always suggests the way to make over a frock that would be "passe" in its original style and of course makes for economya very important factor since prices for commodities do not recede with old winter. With rever fronts of contrasting goods, the waist shows the newest style development-a surplice vest in light tone to match the revers and the collar that may be in either round or pointed outline, according to your own taste. A plait in each front of the waist below the bust results in panel or bib effect and this feature is accentuated by the trimming piece that looks like a dropped portion of the belt.

A two gore gathered skirt with a plait in each side of the front gore is joined to the waist at regulation line. When the loug sleeve is chosen a trimming piece on the cuff to match that on the belt proves a fetching detail. If desired, banding may trim the lower edge of the skirt,

as illustrated. Serge, gabardine, satin, taffeta, pongee, as well as linen and the novelty basket weaves, are suitable for developing. The lines of this frock are very simple and the detail touches can be added like buttonsany one can reproduce the design with-

out effort. The dress design No. 8,176 cuts in sizes 36 to 42 bust. To make in size 36 requires 4% yards 36 inch material, 51/4 yards braid or banding, ¾ yard 36 inch contrasting goods. To obtain the pattern send 10 cents to the office of this pub

Pleating, Scalloping, Hemstitching, Picot Edging Buttons,

The RITCHIE BUTTON Co. 53 Colborne St. Phone 2055

LENGEN RECIPES FOR HOUSEWIFE

Fresh Halibut of salt and a little pepper. Fry in hot platter.

Boiled Cod

sauce- A mayonnaise are delicious. dressing, with chopped sour pickle

of white sauce, 1 cup of cracker

then layer of fish and so on. Cover all with buttered crumbs and brown. Cover

White Sauce

Four tablespoonfuls butter, four yesterday appointed Sheriff of that tablespoonsfuls flour, 1 tablespoonful district, replacing Mr. H. Poirier, desalt, 2 cups scalded milk. Melt but- ceased. ter, when bubbling add flour, then milk and salt.

eggs (not beat), roll butter crackers till you have quart of crumbs, put on 6 slices of pork to fry. Now take up handful of clams, dash into eggs, take out and roll into crumbs, pat well and drop into pan. Don't have too much fat. Try out pork as you are frying cakes, if needed. Make Fresh Halibut cakes as fast as you can (good deal depends on the pats you give them). wipe dry, dip into batter made in the Watch, and when brown on one side, following manner; 1 cup of milk, turn and brown other, dash on lit-1-2 cup of flour and 1 egg, a pinch tle salt. Take up and serve on hot

Fillet of Sole

Take a dozen flounders, The head and shoulders are the best to boil; lay it into cold water a cloth in the nancs, which keeps the with a handful of salt and let it resist from slipping. Remove the bone of the fish from slipping. it clean; rub a little salt and pepper into the body; flour a cloth, pin the fish up tight and put it into boiling rolling. Direction to prevent unfish up tight and put it into boiling rolling. Dip the pieces in 2 eggs well water; boil 30 minutes or according beaten, sprinkle lightly with salt, who lived next door, as she rushed to size of the fish. Serve it with then roll each piece in cracker up to Daddy Ant's family. to size of the fish. Serve it with drawn butter or very nice with oyster sauce.

beauth, Shank lightly with results and piece in cracker up to Daddy Ant's family.

crumbs. Fry in very hot fat until Now Daddy Ant's oldest little brown. Flounders cooked in this way girl, Betty, had been thinking very

DUKE IN NORTH BAY. Scalloped Fish
Three to four pounds fish, 1 pint

North Bay, Ont., March 10.—The Governor-general and suite passed through here at one o'clock to-day from their western trip. The Duke rumbs moistened in 1-4 cup of but- took advantage of a ten minute stop to talk with the officers of the 225th Cook fish in boiling salted water battalion, which with the high school with 1 tablespoonful vinegar, till cadets, a band, and a large number flesh separates easily, Drain, remove of citizens, were at the station. His skin and bones and pick apart in highness inspected the men. As the flakes; sprinkle with salt and pep- train left for Ottawa the vice-regal per. Make a white sauce; put a layer party received a tremendous ova-of same in a buttered baking dish, tion.

> NEW SHERIFF. Quebec, March 10. Gustave Garant of Ste. Marie, Beauce, Quebec, was

Fried Clams
One quart of clams. Cut off heads well down into shoulders. Stir up 2

Humors come to the surface in the spring as in no other season. They don't run themselves all off that way, however, but mostly remain in the system. Hood's Sarsaparilla removes them, wards off danger, makes good health sure.



are going to be more of them as soon as women take their position as his eye on a string of cripples that with a cripple's step, when every breath is a groan or a sigh, I'll turn water and commenting and both more mates and companions, and both men hobbled by, "The lame, the halt and sickness came and his strength was the blind are here; they're shy of spent; he left his bed, and his strength was spent; he left his bed, and his back teeth, and they're deaf of ear, with their swollen feet and their stiffened knees, they have more aches than a dog has fleas. Oh, what has life for such chaps as those, with their aches and pains and their endless woes? I the third they have more to the wall and die. He hoped for health though the hope was vain, and they have been and spent his search and they are the highest him heavens. I can and spent, his ears were deaf and his was bent, his ears were deaf and his eyes were dim and there was torture in every limb. His very breath was a groan or a sigh, but he didn't turn to the wall and die. He hoped for health though the hope was vain, and spent, his ears were deaf and his eyes were dim and there was torture in every limb. His very breath was a groan or a sigh, but he didn't turn to the wall and die. He hoped for health though the hope was vain, and a service of the control of the wall and die. when the bright blue heavens I can- and spent his savings for dope and not see, when my sinews ache and pills, and learned to brag of his

I've lost my pep, and I toil along many ills.

HOW TO KEEP WELL

BY JOHN W. S. McCULLOUGH, M.D., D.P.H., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

THE BABY'S CLOTHING-(Continued.)

TF THE DIAPER is fastened to the band or shirt do not pull it up too tight. It is useful to use a small cloth inside the diaper to protect the latter against soiling from the bowel movements. These cloths should be burned. Soft, clean, old cotton may be used for this purpose. The diapers should be washed when they become wet. It is not sufficient that they be dried and re-used. Wash them every time. Do not use rubber diapers or protectors. They keep in all the moisture, which is bad for the

The Short Clothes.

The baby often goes into short clothes so early in life that the same shirts, bands, and nightgowns can be used. In this case peticoats and white dresses are the only new garments needed.

The flannel petticoat may be the gertrude cut short or a flannel skirt made on a thir muslin waist. Be careful that buttons and pins do not hurt Creeping and Walking Clothes.

There comprise-Bands Shirts Underdrawers Waists

If new flannels have been provided for the short clothes set, they may last through the next period. Knitted underdrawers may be worn, especially in winter. Rompers are useful. One pattern with buttons at the bottom as well as at the waist line, allows of changing the diaper without removing Flann

As soon as the baby begins to walk he should wear a soft leather shoe or moccasin which allows plenty of room for his toes. Don't have them with stiff, slippery soles, and take shoes of any kind off when the baby sleeps.

Stockings.

The baby in long clothes does not need stockings except when he lies on the bed to play. The first stockings should be of cotton and wool. Too thick stockings cause the feet to perspire. They should be kept warm.

Underwaists.

In choosing underwaists care should be taken that there is no pull on the top of the shoulders forcing them forward. The weight of the waist, etc., should come at the back and close to the neck so as to help keep the body upright

Bonnets.

The baby does not need a bonnet for sleeping outdoors except in cold weather. Don't have it so thick as to make the head perspire and avoid elaborate silk-trimmed bonnets unless when you wheel him out to show off his fine cothes.

HABITS AND TRAINING.

Regularity.

Train the baby in regular habits and he will soon become easy to

In warm weather a normal healthy baby will be better out of doors after he is a few days old. No baby should be put out of doors when the temperature is below 20 degrees above zero, or if the weather is not clear when the temperature is below freezing. On windy dusty days he is better Sleeping Out. For sleeping out, the same rules should be followed. A baby should not steep out of doors in the winter. When sleeping out of doors there should be a hood to the basket or carriage to protect him against

Wheeling and Rocking.

The baby does not need to be wheeled or rocked. He is just as well left to sleep quietly in his bed out of doors. Wheeling and rocking make bim demand attention. When he gets a bit older he may be taken out in his carriage by nurse or mother and shown off to an admiring public.

Sleeping Bags.

A good sceeping bag can easily be made by the mother out of a clean old waging the saket.

old woole a banket.

(To be continued.)

By Blanche Silver!

The Ants were eating breakfast when all of a sudden-whisk!-off went the roof above their heads and all the village rushed out to see what had caused the trouble. There in the middle of the walk was a woman swinging a broom back and forth across the path. And every time it touched the bricks away would go some Ant house. Back and forth

are gone!" wailed the Lady Ant,

hard. Jimmy Ant had called the night before to ask her Daddy for her hand, and Daddy Ant became very angry, because Jimmy was creat big Black Ant, who lived in the horlow of the old, dead apple in the garden, and Daddy Ant hought he was not a proper mate



for Betty, so Jimmy was told "No and ordered out of the house.

"Your Daddy thinks I am good for nothing, and I am going to show him that he's mistaken," said Jimmy Ant as he met Betty. "I have a scheme to save all the folks of the village."

"Make Daddy Ant promise to le us marry if you succeed," cried Betty. But Jimmy shook his head. "No," he must give you to me of his own free will, he must first find me worthy. "I'll see what I can do," said Jimmy Ant, as he climbed "I'll see what I can upon a stone.

"Friends," shouted Jimmy Ant. and because he was so large his voice could be heard above all the other Ants, "your homes have been destroyed. It will do no good to fight and cry. Listen to me.

"Over in the field I have a very

dear friend, who lives at the foot of a Milkweed Plant. When 1 saw what had happened to your village I planned a good way for your escape. Mrs. Milkweed is opening her pod, in which she keeps her littie alloons, and is sending them over to carry you all to a place of safe-

All the Men-Ants and the Boy ants threw up their caps and cheer

"And," continued Jimmy Ant near her home is a nice place to start a new village, so I suggest that all of you hop into the balloons, and if we all work hard it won't take us ery long to rebuild our homes."

Just then a cloud of fluffy white alloons, with little brown baskets sailed to the ground and the ants

set sail Daddy Ant said: "Friends I have wronged Jimmy Ant. Appearances are sometimes deceiving, and there is some good in every one. Jimmy Ant has helped us in the hour of trouble. He has offered us a place to rebuild our little village. To show that I ap-preciate it I am going to give him Betty for his wife and accept his people as my friends." And Daddy Ant shook Jimmy's six hands, while all the Ants cheered.

crambled, in. But just before they

Down the walk came the woman with the broom, but the pilots of the little Milkweed balloons pulled up the anchors and away they sailed over the garden to build their new homes at the foot of the Milkweed Plant, for no broom ever swept

STILL ALIYE.

Havana, March 9 .- Carlos Niguel espedes, a prominent lawyer Havana, who was reported to have been killed in battle at Placeta; when ex-President Gomez, the rebel leader, was captured, arrived in Havana this morning, a prisoner. He was wounded in the head. He has been placed in the Dragones prison.

HAVE PURE BLOOD Hood's Sarsaparilla Makes Rich, Red Blood.

Your heart works night and day without a pause. It is the principal organ of the circulation of your blood. It is of the utmost importance that it should do its work well. The quality and quantity of your blood have much to do with its action. If this fluid is pure and abundant, your heart and other vital organs act with more energy than when it is defective in quality or

deficient in quantity.

Hood's Sarsaparilla makes the blood pure and abundant. It is the one old reliable medicine, that has been sold for forty years, for purifying the blood. There is no better blood remedy, appetizer, stomach tonic or nerve builder. From the very first dose of Hood's Sarsaparilla improvement begins.

Be sure your druggist gives you Hood's, for nothing else can possibly benefit you as much and nothing else can take its place. Get it today.

British .



Enemies of Tea

If tea is left open near oranges, soap, spices, matches, etc., the tea will take on the flavor of any of these articles.

In fact, tea absorbs odors as readily as does butter. This is because of the high temperature at which it is "fired" during the drying process, which makes the teavery sensitive. It thus quickly loses flavor and strength, and goes "flat" if left exposed to odors, dust or air.

To Protect the Consumer

When you buy a package of Red Rose Tea at your grocer's you get the benefit of the great care we take to protect the consumer, as the sealed package is an armor that keeps out odors, dust and air. It keeps the tea pure, clean, fresh and full strength.

The price printed on the package protects you against overcharge. It is the lowest price for which a tea of Red Rose quality can be sold—a price which allows the grocer only a fair profit.

You will enjoy the distinctive flavor, rich strength and splendid economy of Red Rose Tea. TRY A PACKAGE.



Sold only in sealed packages



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est'b sers interest at current rate. BRANTFORD BRANCH, W. C. Boddy, Manager SAVINGS BANK DEPARTMENT.



TERE'S a luxury within the reach of everyone-a hairbath in the whipped-cream-like lather that LUX makes in hot water. Your hair takes on a soft, luminous silken quality that makes it a crown of beauty indeed. The scalp is stimulated, your head refreshed.

LUX makes water soft as summer rain. These wee satin-smooth flakes of the purest essence of soap dissolve absolutely in hot water so that not the timest particle of soap can remain to clog the pores.

