

SIMPLICITY: THE KEYNOTE OF SUMMER LIFE OF COTTAGE COLONIES IN EVANGELINE LAND



RURAL SUMMER HOTEL OVERLOOKING LAKE AT HEBRON

Nova Scotia's wealth of woods and water-ways lends itself most agreeably to summer cottage life and draws greater numbers of sojourners each summer. The many-miles-long bays flooded and then laid bare by the shifting tides, have a unique charm and make ideal bathing beaches—beaches that are a huge delight to kiddies. Summer accommodations of Evangeline Land do not run to vast hotels, although there are a number of fine large ones, the greater number of visitors live in comfortable country-side hotels and boarding houses and cottage colonies.

First among the latter stands the Kedgemakooke Rod & Gun Club, located on the shore of Lake Kedgemakooke, at the end of thirty miles of good motor road which begins at historic Annapolis Royal. Kedgemakooke is in the heart of a wild, rich sporting country. Here the fisherman may enjoy excellent fishing, and here the hunter may bag the biggest of moose. The cabins are rustic in design, but modern in equipment, fitted with fireplaces and running water. The general club house is all that a country club should be.

Other well known and popular cabin colonies are found at North West Arm,

near Halifax, Annapolis Royal, Evangeline Beach, Milford, Port Ierne and Smith's Cove. Cottages are run in connection with The Pines Hotel at Digby, the Bay View Hotel at Yarmouth and The Gainsborough at Hubbards, while Camp Acadia for girls, located at Hebron, a short five miles from Yarmouth, and Aldercliffe Camp for boys at Weymouth, are old established institutions.

These resorts are either in or close to farming centres and guests are fed on fine fresh dairy and garden products. Bathing, boating and fishing are the principal pastimes. Tennis,

golf, squash and croquet grounds are provided at most resorts. Then there is always the lovely historic country to be explored. One cannot travel many miles in any direction without passing spots of historic interest. Here the painter finds inspiration for new canvases; the writer for songs and stories; the tired business man and weary teacher find calm and strength for mind and body, and the busy mother peace and rest while her lively youngsters, safe from city perils, disport themselves in daisy fields or on the red mud flats that at high tide are glorious bathing beaches.

Surnames and Their Origin

FINLAY.
Variations—Findlay, Findley.
Racial Origin—Scottish (Celtic).
Source—A given name.

Scottish family names, taken as a class, do not parallel those of Ireland in one respect. They are not overwhelmingly Celtic, either in language or in the method of formation. And there are reasons for this.

In the first place, the blood of Scotland is far from being overwhelmingly Celtic. At the time of the Roman domination of Britain, the country north of the great wall which marked the northern limits of the empire's government was inhabited by the Picts, a race more similar to the Cymric branch of the Celtic race, like the Welsh, the Cornishmen and the Bretons. About the third and fourth centuries of the Christian era the Gaelic Celts of Ireland came over from Ulster and settled themselves in the Highlands. Then, when the Anglo-Saxons invaded England, they cut well north into the lowlands. Norman and then English conquest and occupation followed on a large scale before surnames became true family names. Hence there were influences of many races at work.

The name of Finlay, however, is truly Celtic. Originally, its form as a given name was Fionnlaoch, a compound of "fionn," meaning "white," and "laoch," meaning "fighter," or "soldier." When it first became a family or clan name, of course, it was preceded by "Mac," meaning "des-

endant of," but in the course of time this has been dropped, and the name has developed variously into the modern forms to be found in this country to-day.

BANNERMAN
Racial Origin—Scottish, also English.
Source—A title.

This family name is not Gaelic, though those with whom it originated in Scotland were numbered among the Gaelic clans of the Highlands. The Bannermans constitute an important division of the Clan Forbes, and tradition has it that in the days of Malcolm IV. or William the Lion, made standard-bearer to the king, and one of the chieftains of this clan was that for several generations the office and honor were hereditary. In the same manner the title descriptive of it became hereditary also, and the customary designation of this branch of the Clan Forbes.

Later, in the political shifting of power in those tumultuous days, the sept lost the honor of bearing the king's standard, but the name by this time had become permanently established, and was not dropped.

All of the Bannermans, however, are not Scottish. The name itself is English, and there is evidence that it sprang up in many sections of medieval England, among the followers of the various earls and overlords, first as a title descriptive of office, but rapidly becoming a family name under the influence of the hereditary nature of the office.

The World's Most Inaccessible Oil Well.

An oil well that can be reached only by swinging in a rope sling operated from a derrick at the top of a 107-ft. cliff, was recently completed at Point Firmin, California. The well is located on a narrow ledge of the land and at the bottom of the cliff. The ledge is so narrow that, at high tide, the water rises to within a foot of the rig. Despite the fact that all

material and workmen had to be lowered and hoisted from above by means of the derrick and sling, the well was completed without a mishap. This remains still the only way to reach the well.

More farmers die from being retired than from being tired.

Photography is eighty-two years old this month, the secret of the first pictures, those of Daguerre, having been disclosed in 1839.

This food builds strength
Maximum nourishment with no burden to the digestion is secured from that famous food—Grape-Nuts.
The nutriment of wheat and malted barley, from which Grape-Nuts is made, builds strength and vigor—and delights the taste.
"There's a Reason" for Grape-Nuts
Sold by all grocers

THE CAUSE OF BACKACHE

Only in Rare Cases Does Backache Mean Kidney Trouble.

Every muscle in the body needs constantly a supply of rich, red blood in proportion to the work it does. The muscles of the back are under a heavy strain and have but little rest. When the blood is thin they lack nourishment, and the result is a sensation of pain in those muscles. Some people think pain in the back means kidney trouble, but the best medical authorities agree that backache seldom or never has anything to do with the kidneys. Organic kidney disease may have progressed to a critical point without developing a pain in the back. This being the case, pain in the back should always lead the sufferer to look to the condition of his blood. It will be found in most cases that the use of Dr. Williams' Pink Pills to build up the blood will stop the sensation of pain in the ill-nourished muscles of the back. How much better it is to try Dr. Williams' Pink Pills for the blood than to give way to unreasonable alarm about your kidneys. If you suspect your kidneys, any doctor can make tests in ten minutes that will set your fears at rest, or tell you the worst. But in any event to be perfectly healthy you must keep the blood in good condition, and for this purpose no other medicine can equal Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Tricks An Architect Plays on Us.

In the construction of any large building where effectiveness to the eye has to be considered the architect who knows his business takes into view certain illusions of the eye. Thus, for example, a diminishing tower can be made to look higher by decreasing the size of its successive portions more rapidly.

All of what we call perspective is, of course, illusion. Where two objects of equal size are concerned the more distant one looks smaller. A straight railroad track seems to meet at a point in the distance. All the principles of optics that apply to architecture are based upon illusion.

The ancients understood this sort of thing wonderfully well. Take, for instance, the famous Parthenon of Athens. Its superb columns look as if vertical and parallel, but in reality they are inclined toward one another so much that, if they were continued upward, they would meet at the height of about a mile.

Tall columns must be made with a considerable bulge. If their outer lines were straight they would look shrunken in the middle. In the columns of the Parthenon this bulge amounts to three-quarters of an inch.

The long lines of the beam which surmounts a row of columns would appear to sag if they were straight. To satisfy the eye—i.e., to look straight—they must be curved.

The stories of a building, to look of equal height, must increase in height as they go up. On one famous temple in the Orient there is an inscription with its letters arranged vertically; but to make the letters appear of equal size they are increased in size progressively toward the top.

The ancient cathedrals scattered over Europe are full of such expedients of illusion, and from those sources our modern architects have acquired many of the hints on which their own designs are based.

Hand-Gun Riveter Has Wonderful Power.

During the war, the Germans had a gun that did actually fire a projectile 75 miles. Up to the present that has been considered the very limit possible in long-range weapons. But there is no limit to modern progress, and a new development in this line has inspired the inventor and others to claim a possible range for a projectile of 300 miles. The new principle has been embodied, as yet, only in a device resembling the ordinary hand-gun riveting machine. In place of the hammer of the riveter, steel slugs are dropped into the barrel of the machine, which is charged with some special smokeless explosive, and fires these slugs into a steel plate ¾ in. thick. Tests of this machine were made in New York by engineers of repute, and their report of the results, if it came from any other source, would sound like a paradox. For instance, in spite of the enormous power developed by the explosive that makes possible a penetrability that drives a steel slug into a boiler plate, there is practically no recoil to the gun, and no more noise than the click of a typewriter.

Apart from its possibilities as a gun, it has been tested, with highly encouraging results, as an underwater riveter. A diver, at a depth of 35 ft., shot a slug through a plate of steel ½ in. thick.

Means to Stay.
Little Madge was excited. A baby brother had arrived on the scene. She spread the good news, and among others told the gardener.

"The question is," said the old man, "is the new baby going to stay?"
"Oh, yes, he means to stay," said Madge; "he's got his things off."

When patching a roof, put on a pair of rubbers. May save a bad fall.

A man is like a factory: his overhead expense goes on all the time, but he himself seldom was at full capacity.

BITS OF HUMOR FROM HERE & THERE

Good-Walter.
"How old was the wall that fell on me?" said the Irishman to the policeman, who was carrying him on the ambulance to the hospital.
"Oh, I should say about eighty years," answered the policeman.
"Just my luck," said Pat. "I only arrived from Ireland yesterday, and it waited all that time for me."

Regular Clean-Up.
Mrs. Newrich was having her house redecorated.
"I've just finished the drawing-room," said the foreman; "what shall we do next?"
"You can do the dining-room on Thursday," said Mrs. Newrich.
"What shall we do in the interim, madam?"
"Oh, paper that, too!"

A Fashion Critic.
The city girl spending her holidays in the country, was complaining to the farmer about the savage way the bull regarded her. "Well," said the farmer, "it must be on account of that red waist you're wearing."

"Dear me!" said the girl. "Of course, I know it's awfully out of fashion, but I had no idea a country bull would notice it."

What He Wanted.
He was out with his best girl, and as they strolled into the restaurant he tried to put on an I-do-this-every-evening kind of look. When they were seated at a table, a waiter approached them.

"Will monsieur have a la carte or table d'hôte?" he asked.
"Both," said the young man, "and put plenty of gravy on 'em."

No Wonder.
One autumn little George entered the same kindergarten that his brother Henry had attended during the previous year. Very frequently the teacher called him Henry by mistake, until she became provoked at herself and said to him:

"I am sorry, George, but I don't know why I always call you Henry."
"I guess I know," said George, seriously. "I've got on Henry's shirt and his pants and his shoes."

Her Order.
A woman on her first railway trip noticed the communication cord overhead, so she gave it a pull with her umbrella. The whistle sounded, the brakes were put on, and the train began to slacken its speed.

Presently the guard appeared and asked, "Who pulled the cord?"
"I did," replied the woman, meekly.
"Well, what do you want?"
"Some ham sandwiches and a cup of tea, please."

"Milk," manufactured from chopped oats, ground peanuts and a little water, is said to resemble the creamiest product of the cow.

NOTHING TO EQUAL
MINARD'S "KING OF PAIN" LINIMENT
For Sprains and Bruises.
The first thing to do when you have an injury is to apply Minard's famous Liniment. It is antiseptic, soothing, healing, and gives quick relief.

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Warning! Take no chances with substitutes for genuine "Bayer" Tablets of Aspirin. Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manufacturing of Monoacetic Salicylic Acid, prevent

FEARED SHE HAD HEART TROUBLE

MRS. SMITH SUFFERED AFTER EVERY MEAL.

Toronto Woman Says Since Taking Tanlac All Her Troubles Have Disappeared.

"Before I had taken half a bottle of Tanlac I began to straighten right up and now I feel just fine," said Mrs. O. E. Smith, 169 Yarmouth Road, Toronto, Ont.

"I was told that I had high blood pressure, but whatever my troubles were they began to disappear when I got Tanlac and now I haven't a trace of any of them. For one thing, I suffered from indigestion something awful. After eating, the gas from my undigested food would press up into my chest until my heart fluttered frightfully and at times I actually thought it would stop beating.

My head ached terribly at times and I got so dizzy I couldn't stand up. My kidneys also bothered me and my back and legs hurt constantly. My legs hurt worse while lying down and nights I couldn't sleep any to speak of, so that I always felt tired and worn out.

"But all my troubles are gone now. My digestion is just perfect and I never have a headache or dizzy spell any more. Even those pains have disappeared from my back and legs and I'm so thankful for my good health that I just want to praise Tanlac all the time."

Tanlac is sold by leading druggists everywhere. Adv.

What Silence Does.

A cinematograph man, after he had taken some film pictures on a farm, met the old farmer.

"I have just been taking some moving pictures of life on your farm," he said to the farmer.

"Did you catch any of the men in motion?" asked the farmer.

"Yes, I did," replied the camera man.

The old farmer shook his head reflectively, and then said, "Well, well, science is a wonderful thing!"

Minard's Liniment for sale everywhere

Revenue for the net profits tax to be imposed on all business concerns operating in Manitoba will exceed \$1,250,000 this year, according to estimates. Revenue derived by the provincial government from the Corporation Taxation Act already exceeds \$800,000.

Cuticura Is Just Right For Baby's Tender Skin
Bathe him with Cuticura Soap and warm water. Dry gently and if any sign of redness, roughness, irritation or rash is present, anoint with Cuticura Ointment to soothe, soothe and heal. Finally dust on a few grains of the fragrant, delicately scented Cuticura Talcum.
Soap 25c. Ointment 25c and 50c. Talcum 25c. Sold throughout the Dominion, Canada. Depot: London, Limited, 344 St. Paul St., W., Montreal.
Largest Cuticura Soap shaves without mug.

DO ALL MY HOUSE WORK

Before I took Lydia E. Pinkham's Vegetable Compound I could hardly get about.

Cobourg, Ont.—"For many years I have had trouble with my nerves and have been in a general run down condition for some time. I could not do my work half of the time because of the trouble with my monthly sickness. I was told of Lydia E. Pinkham's Vegetable Compound by friends and advised to try it. It has done me good, and I strongly recommend it. Since I have taken it I have been able to do all my own work, and I also know friends who have found it good. You can use these facts as a testimonial."—Mrs. ELLEN FLATERS, Box 761, Cobourg, Ont.

Why will women continue to suffer so long is more than we can understand, when they can find health in Lydia E. Pinkham's Vegetable Compound?

For forty years this good old fashioned root and herb remedy, which contains no narcotics or harmful drugs, has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co., Lowell, Mass.