

THE VALUE OF CHARCOAL.

Few People Know How Useful it is in Preserving Health and Beauty.

Nearly everybody knows that charcoal is the safest and most efficient disinfectant and purifier in nature, but few realize its value when taken into the human system for the same cleansing purpose.

Charcoal is a remedy that the more you take of it the better; it is not a drug at all, but simply absorbs the gases and impurities always present in the stomach and intestines and carries them out of the system.

Charcoal sweetens the breath after smoking, drinking or after eating onions and other odorous vegetables.

Charcoal effectually clears and improves the complexion, it whitens the teeth and further acts as a natural and eminently safe cathartic.

It absorbs the injurious gases which collect in the stomach and bowels; it disinfects the mouth and throat from the poison of catarrh.

All druggists sell charcoal in one form or another, but probably the best charcoal and the most for the money is in Stuart's Charcoal Lozenges; they are composed of the finest powdered willow charcoal and other harmless antiseptics in tablet form, or rather in the form of large, pleasant-tasting lozenges, the charcoal being mixed with honey.

The daily use of these lozenges will soon tell in a much-improved condition of the general health, better complexion, sweeter breath and purer blood, and the beauty of it is, that no possible harm can result from their continued use, but on the contrary, great benefit.

A Buffalo physician in speaking of the benefits of charcoal, says: "I advise Stuart's Charcoal Lozenges to all patients suffering from gas in stomach and bowels, and to clear the complexion and purify the breath, mouth and throat; I also believe the liver is greatly benefited by the daily use of them; they cost but twenty-five cents a box at drug stores, and, although in some sense a patent preparation, yet I believe I get more and better charcoal in Stuart's Charcoal Lozenges than in any of the ordinary charcoal tablets."

ness of its own joy at this time would like, I am sure, to give a measure of their pleasures to others. Please remember the Infants' Home, 72 St. Mary street, and the tiny ones who are dependent on the kindness of outsiders for little clothes (cast-offs gladly accepted), toys, dolls, picture books, eatables or money gifts. A little child was born to the world years ago for whose sake these deeds of love are wrought, and when He grew to mature years He gave us the sweet words: "Of such is the kingdom of heaven," in reference to children of all kinds. Will those who have their own and can give to them lavishly, think of our helpless ones at Christmas time, and do what comes within their reach, feeling assured of the gratitude of the mothers, nurses, and attendants within the Home, and

the blessing of One without whom there would be no "Peace on earth, good-will towards men."



CHRISTMAS GIFTS.

Ida Whipple Benham.
"What did you get for Christmas?"
"Oh, nothing much," he said.
"Nothing but a picture-book,
And a pair of skates and a sled,

"And a new fur cap, and a muffler,
And a train of cars, and a ball,
And a top, and a game, and an engine,
And some candy, that was all."

"What did you get for Christmas?"
"Oh, lots of things!" said he;
"We had a duck for dinner,
And we had a Christmas tree.

"And we made some pop-corn candy,
Enough for every one,
And we lit a candle on the tree—
Oh, we had lots of fun.

"And Mabel got a dolly,
And Ralph a rubber ball,
And the baby got a cradle-quilt,
And I just enjoyed them all.

"And then we sang together—
Yes, even our baby sings—
And father and mother they joined in—
Oh, we had lots of things."
—Youth's Companion.



BRAVE WITNESS.

"Whosoever shall confess me before men, him shall the Son of Man also confess."

If we love Jesus, we should never be ashamed to show our colours and let it be known that we are Christ's followers.

A worker among sailors tells the story of a young man who, having given his heart to Christ a few nights before, came to him, and asked him to write some words for him on a card. "You will do it more plainly than I can," he said.

"What shall I write?" was the question.
"Write these words, sir: "I love Jesus; do you?" was the answer.

The gentleman wrote them, and then said to the sailor: "What are you going to do with the card?"

The sailor replied: "I am going to sea to-morrow, and I am afraid, if I do not take a stand at once, I may begin to be ashamed of my religion, and let myself be laughed out of it altogether. Now, as soon as I walk on board of the ship again, I shall go straight to my bunk and nail this card upon it, that every one may know I am a Christian, and may give up all hope of making me ashamed or afraid of standing up for Christ."

It was a good thought of the young sailor to put up that sign that he loved Jesus.

Control of Bronchitis
IS UNDOUBTEDLY POSSESSED BY THE WELL-KNOWN FAMILY MEDICINE.
Dr. Chase's Syrup of Linseed AND Turpentine

Turpentine is considered a specific for bronchitis.

The difficulty has been in the administration of turpentine so as to reach the irritated and inflamed parts and not be disagreeable to the patient.

Not only has the trouble been overcome by Dr. Chase in his Syrup of Linseed and Turpentine, but he has also combined with turpentine two or three ingredients of almost equal power in soothing and healing the diseased parts and overcoming bronchitis and other dangerous ailments of the bronchial tubes and lungs.

By a secret process these elements of unquestioned medicinal power have been combined in Dr. Chase's Syrup of Linseed and Turpentine so as to be pleasant to the taste and suitable for children and adults alike.

The remarkable success of Dr. Chase's Syrup of Linseed and Turpentine as a cure for bronchitis, asthma, croup and whooping cough is sufficient evidence that it is effective in ordinary coughs and colds.

MRS. RICHMOND WITHROW, Shubenacadie, Hants Co., N.S., writes: "I have used Dr. Chase's Syrup of Linseed and Turpentine with good success. My second daughter was troubled with bronchitis from the age of three weeks. Oftentimes I thought she would choke to death. The several remedies we got did not seem to be of much use, but the first dose of Dr. Chase's Syrup of Linseed and Turpentine brought relief and further treatment made a thorough cure. This trouble used to come back from time to time, but the cure is now permanent. Dr. Chase's Syrup of Linseed and Turpentine has saved us many doctor's bills, and I would not be without it in the house for many times the cost."

Dr. Chase's Syrup of Linseed and Turpentine, 25 cents a bottle, at all dealers or Edmanson, Bates & Co., Toronto. To protect you against imitations the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every bottle.



THE CANADIAN NORTH-WEST

HOMESTEAD

REGULATIONS.

Any even numbered section of Dominion Lands in Manitoba or the North-West Territories, excepting 8 and 26, which has not been homesteaded, or reserved to provide wood lots for settlers, or for other purposes, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one quarter section, of 160 acres, more or less.

ENTRY.

Entry may be made personally at the local land office for the district in which the land to be taken is situated, or if the homesteader desires, he may, on application to the Minister of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, or the local agent for the district in which the land is situated, receive authority for some one to make entry for him. A fee of \$10.00 is charged for a homestead entry.

HOMESTEAD DUTIES.

A settler who has been granted an entry for a homestead is required by the provisions of the Dominion Lands Act and the amendments thereto to perform the conditions connected therewith, under one of the following plans:—

- (1) At least six months' residence upon and cultivation of the land in each year during the term of three years.
- (2) If the father (or mother, if the father is deceased) of any person who is eligible to make a homestead entry under the provisions of this Act, resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother.
- (3) If a settler was entitled to and has obtained entry for a second homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by residence upon the first homestead, if the second homestead is in the vicinity of the first homestead.
- (4) If the settler has his permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements of this Act as to residence may be satisfied by residence upon the said land.

The term "vicinity" used above is meant to indicate the same town, township or an adjoining or cornering township.

A settler who avails himself of the provisions of Clauses (2), (3) or (4) must cultivate 30 acres of his homestead, or substitute 20 head of stock, with buildings for their accommodation, and have besides 80 acres substantially fenced.

The privilege of a second entry is restricted by law to those settlers only who completed the duties upon their first homesteads to entitle them to patent on or before the 2nd June, 1889.

Every homesteader who fails to comply with the requirements of the homestead law is liable to have his entry cancelled, and the land may be again thrown open for entry.

APPLICATION FOR PATENT

should be made at the end of three years, before the Local Agent, Sub-Agent, or the Homestead Inspector. Before making application for patent, the settler must give six months' notice in writing to the Commissioner of Dominion Lands, at Ottawa, of his intention to do so.

INFORMATION.

Newly arrived immigrants will receive at the Immigration Office in Winnipeg or at any Dominion Lands Office in Manitoba or the North-West Territories, information as to the lands that are open for entry, and from the officers in charge, free of expense, advice and assistance in securing land to suit them. Full information respecting the land, timber, coal and mineral laws, as well as respecting Dominion Lands in the Railway Belt in British Columbia, may be obtained upon application to the Secretary of the Department of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, Manitoba, or to any of the Dominion Land Agents in Manitoba or the North-West Territories.

JAMES A. SMART,
Deputy Minister of the Interior.

N.B.—In addition to Free Grant Lands to which the regulations above stated refer, thousands of acres of most desirable lands are available for lease or purchase from railroad and other corporations and private firms in Western Canada.

W. H. Stone
UNDERTAKER
343 Yonge Street
PHONE 982

N.B.—Our charges have been greatly reduced in order to meet the popular demand for moderate priced funerals

—It is always the other man's track that looks smoother than our own.

BELLS

Steel Alley Church and School Bells. Send for Catalogue. The C. S. BELL Co., Hillsboro, O.

Why are Karn Pianos Famous?

- BECAUSE They are endorsed by musicians and the purchasing public.
- BECAUSE They are favorably known from the Atlantic to the Pacific.
- BECAUSE They are musical as well as durable, pleasing to the eye, melodious to the ear.

A Postal will bring you illustrations of our new styles.

THE D. W. Karn Co. LIMITED

Manufacturers of Pianos, Reed Organs, Pipe Organs and Piano Players.

WOODSTOCK, - ONT.