eepers.

ush two baskets of en dish and add to d the juice of one dish put one pound ushed strawberries over the sugar and ring often with a again and stand it rve. Put in little ith whipped cream.

lake a paste similar ke; roll it out thin paste thick with nches of that which turn this over the then carefully roll ss and tie it in a steamer and let it t be tied loosely to Serve a sauce of ıgar.

ickens into small the bottom of the of veal and ham, th chopped mush. t, then add a little dish the pieces of each cavity with Repeat the seasonin slices of ham, over the pie with paste brush, and Common gravy e, if preferred.

aham bread thin. mustard'; over cottage or sour e spread thickly mayonnaise, and e other. This is ners make sander. Slices of rye h mustard, then iis completes the be despised. The

heads of lettuce. until brown, cut ot add nearly a g pour over the ver until wilted. i eggs.

ks of three hardtaste, and mash dessertspoon of roughly with a the lettuce and e eggs.

dding dish with rn in one pound eetened) with as cover with thin bake in a good Turn out on a

lass dish with h sweet cream. ries. Sprinkle of cake, cream, golden custard. ie custard beat ce. Heap this erries upon the the stem of the

ry much from cure me. A tract of Wild tely cured me.

at I could not l, and to my ief, and two W. G. McKay,

# Children's Department.

June 28, 1894.]

Praying Children in Damascus.

Perhaps the little ones may like to hear a few words about some children in the very old city of Damascus. There the rain does not come at any time of the year, but only at special times. This year the rain did not come at the usual time, so the corn began to get very dear. The poor were very anxiously thinking how they would be able to buy bread through the winter, if the price was so high. The Jewish people fasted many days and went outside the city to pray for rain.

One day the little children in school were hearing a lesson about "water," and the teacher said, "I)o we need water now?" "Yes," they answered, "we need rain."

"Well, go and tell the Lord what you need.'

Then one child stood up and said, "Teacher, how can we go to the Lord?" The teacher told her she had only to kneel down and pray, and God would hear and answer.

So twelve of the children came out from the rest, knelt down, and prayed God to send some rain.

No rain came that day, and in the morning these little ones came to tell their teacher that in the evening they had prayed in their homes, and all day they watched to see if the clouds were coming. We felt sure they would come in answer to this expecting prayer, for the loving Lord likes the little ones to come to Him and ask for what they need.

Did the rain come? Yes. God has said, "Ask, and it shall be given you." On the third day came heavy rain, and on two days afterwards also.

The little ones were very glad and happy, and those who had prayed came apart from the others again, this time to kneel and thank the Lord for His goodness. For we must always re-

# A Tonic

For Brain Workers, the Weak comes now!" and Debilitated.

Horsford's Acid Phosphate Remedy for relieving Mental and Nervous Exhaustion; and where the system has become debilitated by disease, it acts as a general tonic and vitalizer, affording sustenance to both brain and body.

Dr. E. Cornell Esten, Philadelphia, Pa., says: "I have met with the greatest and most satisfactory results in dyspepsia and general derangement of the cerebral and nervous systems, causing debility and exhaustion."

Descriptive pamphlet free. Rumford Chemical Works, Providence, R.I.

Beware of Substitutes and Imitations.

# Every Bone

In my body ached with the dreadful Rheumatism which followed a severe cold. My suffer-

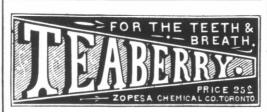


ings were awful. I could not dress myself or comb my hair. My husband had to carry me up and down stairs. I was scarcely able to nurse my little one. Within two weeks after I began taking Hood's Sarsaparilla, I felt better. Shortly I was able to walk up and down stairs without help and finally I was cured. My

friends thought I was Mrs. J. Blackburn going to be a cripple, but thanks to God for his blessing on Hood's Sarsa-parilla, I now enjoy good health. MRS. JOHN BLACKBURN, Lower Five Islands, Nova Scotia-

# Hood's Sarsh

Hood's Pills should be in every household.



member that, besides praying, we must that we must give thanks.

The poor of Damascus are not so anxious now about the corn, because we have had more heavy rain, and the young corn is growing nicely. How good our Heavenly Father is to give us blessings for our bodies as well as for our souls. "Pray without ceasing." "In everything give thanks."

### Where the Shine Came From.

"Well, Grandma," said a little boy, resting his elbows on the old lady's stuffed chair arm, "what have you been doing here at the window all day by yourself?"

"All I could," answered dear Grandma cheerily. "I have read a little, and have prayed a good deal, and then looked out at the people. There's one little girl, Arthur, that I have learned to watch for. She has sunny brown hair, her brown eyes have the same sunny look in them, and I wonder every day what makes her look so bright. Ah, here she

Arthur took his elbows off the stuffed arm and planted them on the window-

"That girl, with the brown apron is, without exception, the Best on?" he cried. "Why, I know that girl. That's Susie Moore, and she has a dreadful hard time, Grandma."

"Has she?" said Grandma. "O little boy, wouldn't you give anything to know where she gets all that brightness from, then ?"

"Ill ask her," said Arthur promptly; and, to Grandma's surprise, he raised the window and called-" Susie, O Susie, come up here a minute; Grandma wants to see you!"

The brown eyes opened wide in surprise, but the little maid turned at once and came in.

CLASSIFICATION OF FEASTS ACCORDING TO THE USE OF SARUM.

By the REV. W. S. ISHERWOOD. Also The Shapes and Ornamentation of Ecclesiastica · Vestments. By R. A. S. Macalister, M.A.

Being Vol. I., Parts I. & II. of "The Transactions of the Society of St. Osmund." Price 35c. W. E. LYMAN, Cor.-Secretary, 74 McTavish St., Montreal

Moore," explained the boy, "what be clean?" makes you so bright always.'

"Why, I have to," said Susie; "you simply on the ground of what Christ see papa's been sick a long while, and has done: salvation "full, free, and didn't be bright, who would be?"

God's reason for things; they are, Blessed obedience, blessed hope, blesbecause somebody needs them. Shine sed peace which flows from trust in on, little sun; there couldn't be a better reason for shining than because to obey? it is dark at home.'

## Tell Him First.

Four feet trotting along under merry | boy." June sunshine, two heads peeping over a low garden paling, four eyes admiring and covetous.

Tom to Ethel.

"The gate is open," whispers Ethel, the tempter.

weren't to go into Mr. Giles' garden at a time. Just think of going all through all." This from Tom, but with a this great pile, laying the sticks one by yearning look at the garden gate.

"Mr. Giles is out; I saw him go down the avenue. Just let us smell watch for the answer, and when we get | them; it's no harm," pleads the temp-

> Tom's resolutions vanish. The look ing ends in smelling, and the smelling in picking. Presently the children are going homeward with hands full, but hearts a wee bit heavy.

"We've been awful naughty," says  ${f Tom}$  .

"We needn't tell mother—at least, I mean not now," adds Ethel hastily. "Supposing we were to be very good for a week, and then tell her, she mightn't mind so much."

"It doesn't seem right," Tom answers, slowly. "And, besides, I don't

wards." come to the Lord Jesus, but all the sunshine. disobedience, the temper, the untruthtry and be good first. But, dear child, to it." you cannot keep on being good until "Water is made up of drops, land of you have told Him about these sins, grains of sand or earth, and the sunand rest upon His words that forgiveness for them is offered to you through | father. "His Name."

### Obedience.

Some gentlemen were one day setting out on a dangerous excursion, when the son of one of them, a young lad, was seized with a desire to accompany his father. He pleaded hard to be

"Why, my boy, of what use could you be?" returned the father. "What can you do?"

"I could obey," was the ready answer.

It was a great argument in his favor: a person who can do simply as he is told is always useful to one accustomed to command. The boy won his way and proved of the greatest service to the little party.

The Scriptures speak of the obedience of faith. Some people seem to think the way of salvation too easy; it may be said to them as it was to the leper Naaman of old, "If the prophet had bid thee do some great thing, wouldest thou not have done it? how much Offices—Cor. Church and Court

"Grandma wants to know, Susie rather then when he saith, 'Wash and

We are offered eternal life as a gift

mamma is tired out with nursing, and | present," for nothing; without works baby's cross with her teeth, and if I or deservings of our own ;--" without money and without price." These are "Yes, yes, I see," said dear old God's terms. Our minds must agree Grandma, putting her arm around to them, our hearts be submitted to this little ray of sunshine. "That's Jesus in "the obedience of faith." Jesus. Children, have you so learned

### One by One.

" Pile them straight and evenly, my

Will's father came up and stood near him as he was piling up some wood.

"But then I shall have to lay every "I say, look at the roses!" says one separately," said Will in a complaining voice.

"That is a good way—one by one." "One by one! Oh, dear! It takes "No, come away. Mother said we so long. I like to take half a dozen at

> "But one by one, little by little, is the way most of the great things are done in this world, " says his father.

"It's the way I'm laying this walk, one brick at a time," said Robert, Will's older brother, who was working near by--- "one brick and then another."

" It's the way I'm doing this knitting," said grandmother with a smile, from her seat on the bench in the shade—" one stitch and then another."

"If I had my way about things, I'd have it different," said Will. "I'd have things done in one big lump."

"I don't think I would like that," said Robert. "I like to see things grow under my hand."

"When we think how many things think I could keep good unless I told are made up of one small thing added her. Let's tell first, and be good after- | to another," said father "it gives a great deal of dignity to little things. Look Little readers, I want you to apply at the leaves on the trees—how they this in another direction. There may wave in the soft wind, every new movebe among you one who would like to ment giving them a new gleam in the

"I don't think I'd fancy a tree with fulness, perhaps, of the past arises be- just one kig leaf to it," said Robert, fore you, and you think it's better to | " or a lawn with one big blade of grass

shine of separate bright rays, " said

"Sure enough there are plenty of littles," said Will, who was becoming interested in the discussion. "But, the whine coming back to his voice, "there is so much tug, tug to it. At

WE WANT 1000 more BOOK AGENTS for the grandest and fastest selling book ever published,

OUT JOURNEY AROUND WORLD

By REV. FRANCIS E. CLARK, President of the United Society of Christian Endeavor. 220 beautiful engravings, steel-plates, etc. C. The King of all subscription books. It sells at sight. Agents average 50 to 50 a week, and make \$100.00 a month. One sold 120 in his own township; another, a lady. 40 in one Endeavor Society; another, 68 in 10 days. Men and women agents wanted everywhere. 27 Distance no hindrance, for We Pay Freight, Give Credit, Premium Copies, Free Outift, Extra Terms, and Exclusive Territory. Write at once for Circulars to

A. D. WORTHINGTON & CO., Hartford, Conn.

We will mail to any person sending us three NEW yearly prepaid subscribers to the CANADIAN CHURCHMAN, beautiful books artistically illustrated in Monotint and Colour, worth \$1.00.

FRANK WOOTTEN,

"Canadian Churchman."

Sts., Toronto.