

CHATS WITH YOUNG MEN

INVESTING IN A HOME

There is one investment which is always worth while, and that is a good home. This should always be put in the name of your wife, if you have one, but if not, it is a good plan to put it in the name of some one who is not taking such great risks in business as you are.

WHEN OLD AGE IS A CURSE

When it has lost self-respect. When the old have not won the respect of relatives and those nearest to them. When they do not stand for anything in their community.

WHEN FEAR IS IN THE MIND

What foolish things we all do under the pressure of fear! Discouragement colors the judgment. I have known men who own their own homes to sell their property and do the most ridiculous things in order to raise money, because they were afraid they would come to grief in their business if they did not have it, when as a matter of fact there was no real cause for anxiety whatever.

CULTIVATE CORDIALITY

We feel a certain nearness, a sense of relationship, to the large-hearted, magnanimous soul. We are irresistibly drawn toward him. It is the large-hearted qualities that attract. Narrowness and selfishness always repel.

OUR BOYS AND GIRLS

Playmates, boys and girls, read the following from the pen of a well-known syndicate writer, and take his lessons to heart.

"GOOD ENOUGH FOR HOME"

"Yes it is an awful scrawl, but it's to me, your mother's mind," said Pepita. "As long as she knows we arrived safe and sound she won't criticize the writing."

GOD AND HIS PERFECTIONS

There is but one God, the Creator of heaven and earth, the supreme, incorporeal, uncreated Being, who exists as Himself, and is infinite in all His attributes and perfections, such as Holiness, Goodness, Power, Wisdom, Justice, Mercy and Truth.

STAMMERS

The methods employed at the Arnott Institute are the only logical methods for the cure of stammering, and insure permanent results.

A new idea for a fascinating dish!

Ice Cream and

Kellogg's

TOASTED

CORN

FLAKES

10c. per pkg.

Made in Canada, at London, Ontario

NOTE—"LACQUERET" is sold in full Imperial measure packages only

THE "Kitchen Queen"

will stay longer if her realm is beautified with "Lacqueret."

The old chairs are worn and soiled. A coat of "Lacqueret" (any shade to suit your fancy) will make them look better than on the day you bought them.

Touch up the refrigerator with Oak "Lacqueret" and note the effect. The wainscoting wants a coat of Colored "Lacqueret" to take care and scratches will vanish.

"Lacqueret" is a great rejuvenator and will help you to keep the "hired girl" by reducing her work and making her happier.

Write for our free booklet, "Dainty Decorator," and learn for yourself the many uses of this household beautifier.

Most prominent Hardware and Paint Dealers sell "Lacqueret."

INTERNATIONAL VARNISH CO. LIMITED

TORONTO - WINNIPEG 2364

TRADE MARK

MADE IN CANADA

NOTE—"LACQUERET" is sold in full Imperial measure packages only

Advertisement for ROYAL YEAST CAKES. THE STANDARD ARTICLE USED EVERYWHERE. THE KIND THAT PLEASES THE PEOPLE. MOST PERFECT MADE.

THE USE OF WINE

ANSWER TO QUESTION WHICH BEGINS "GOD APPRECIATED WINE"

Humanity in general, sober as well as drunk, has always appreciated wine and regarded it as a rational thing to take. Holy Scripture reflects this judgment of humanity, and gives divine confirmation to it—at the same time pointing out the depraving effects of excess, and cautioning people against its dangers.

Some passages might be pressed in favor of total abstinence; but on the whole, Scripture casts no slur on the moderate or ordinary use of wine. Had the human race stuck to wine (and beer) moderately fermented, the drink question would never have become a serious one.

There is an unwritten law in the business world that one's worth is determined by a monetary appreciation. If your salary is raised, you have increased in value.

When you have forgotten your classmates' names; when the graduation day catches an elderly parent and the diploma falls from the mail because of much rust on the wire, you will find that the work-a-day experiences are but another necessary link in the chain.

"GOOD ENOUGH FOR HOME" "Yes it is an awful scrawl, but it's to me, your mother's mind," said Pepita. "As long as she knows we arrived safe and sound she won't criticize the writing."

And happy, hurried Pepita gaily scratched an illegible address on the envelope and tossed it into the post-box without a stamp, and this was to the loving mother, anxiously waiting for a word from her careless, pretty, selfish daughter.

Pepita would die rather than appear at her hostess' breakfast table with her hair in curl papers, but at home she came about with her head thus decorated sometimes half a day.

Pepita never uses soap or chews gum or dog-eared books or keeps her room looking as if a cyclone had just passed—when she is visiting. She does all these things at home.

Pepita would open her eyes with horror at the idea of being rude or discourteous to any one—outside of her home. She may not act according to any formulated rules of conduct, and doubtless does not realize the strict line she draws, but her motto seems to be, "Anything will do for the family."

The charity that begins at home is a good thing, and it is a better thing when it extends beyond the home. But why do these people not cultivate for home enjoyment as well as for public exhibition, self-control, courtesy, thoughtfulness, tact and tolerance?

GIRLS AND THEIR FRIENDS

Most of us start out in girlhood with rather definite opinions as to friendship. A friend should be true, or that. We have the matter all settled in our minds. And then, along comes some experience entirely outside our expectations.

One reason our friendships fail is that we think of them as complete and established things. Friendship is a thing never complete—it is always in the making. A vow of friendship, no matter how earnest, is at best only a promise to pay; whereas many of us mistake it for a payment in itself.

Heaven sends opportunity to all, but the trouble is too many are unprepared to receive the visitor and so it passes their door. Once ignored it seldom pays a return visit. He who would receive its gifts must be prepared and watching for its arrival.

Opportunity never scatters seeds on barren ground; it chooses a prolific soil where they will fructify and produce a goodly harvest. History is replete with the stories of men who were ready, watching every moment for opportunity to come and who had made themselves fit for its visit.—Madison C. Peters.

DR. WILEY ON ALCOHOL AS A FOOD

In his recent presidential address before the American Therapeutic Society in Boston, Dr. H. W. Wiley, Chief of the United States Bureau of Chemistry, discussed briefly the much argued question of alcohol as a food.

"It has been shown," Dr. Wiley said, "that the average human organism is able to oxidize with practical completeness a considerable quantity of alcohol per day. This quantity varies, of course, in different individuals, but may be taken pretty accurately at about three ounces of alcohol per day. This quantity must be distributed over different periods of the day, as to take it all at once would not only defeat the purpose of the experiment, but in most cases would probably produce actual intoxication. I have stated on the wit-

ness stand in answer to a question that I considered alcohol to be a food because a certain quantity of it is burned in the body and results in the production of heat and energy. In the light of the investigations which have been made from theoretical conditions, I am inclined to the opinion that the effort to rid the body of alcohol even in the limited quantities I have mentioned, perhaps consumes a great deal more energy than is furnished by the combustion, and that upon the whole, alcohol can not be regarded as a food even in the limited sense above described. It is without question, a substance which does not nourish the body, build tissue, or repair waste, and it is quite likely that its value either as a food or medicine has been greatly over-estimated."—The Scientific Temperance Federation.

These are days when all true Christians should ponder on the Saviour's glorious but glorious passion, not so much in sorrow as in sympathy and love; rendering thanksgiving and glory to God, Who therein commended His charity toward us that "when we were sinners according to the time Christ died for us because He loved us and delivered Himself for us."—C. F. Thomas.

W. J. SMITH & SON

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HEADACHE

Stop it in 30 minutes, without any harm to any part of your system, by taking "NA-DRU-CO" Headache Wafers

NATIONAL DRUG AND CHEMICAL CO. OF CANADA LIMITED. MONTREAL, 27

HARVEST THE CORN STALKS AND SELL MORE HAY

CORN stover has a feeding value almost equal to timothy hay if the crop is harvested at the right time—just when the ears begin to glaze, and before the frost touches it.

On the other hand, if you leave these stalks standing in the field beyond the time of ripening they soon become little more than woody fibre—the frost and wind and rain leech away all the valuable food elements.

An IHC Corn Binder

—whether it's a Deering or McCormick, cuts and binds the corn and delivers it in bundles, all ready for shocking, in just a fraction of the time required by hand cutting.

Each of these machines is constructed on principles worked out after years of careful experimenting and is made of materials that mean utmost strength and durability. They are simple, substantial, and most efficient, doing good work whether the ground is hilly or level, rough or smooth, and whether the corn is tall or short.

Take your choice of Deering or McCormick. Whichever you select, you may know that money cannot buy higher quality or greater efficiency.

An IHC Husker and Shredder

One of these machines insures thorough shredding of the fodder and clean husking of the ears, at a wonderful saving in time and effort.

See the IHC local agent at once. Let him tell you all the facts and the results obtained by using the IHC corn machines. If you prefer, write nearest branch house for catalogues, and any special information you desire.

EASTERN CANADIAN BRANCHES—International Harvester Company of America, Inc. at Hamilton, London, Montreal, Ottawa, St. John.

INTERNATIONAL HARVESTER COMPANY OF AMERICA CHICAGO U.S.A.

IHC Service Bureau

The Bureau is a clearing house of agricultural data. It aims to learn the best ways of doing things on the farm, and then distribute the information. Your individual experience may help others. Send your problem to the IHC Service Bureau.

The Arnott Institute, - Berlin, Ont., Can.

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MEN... Toronto

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