

New Moon, 4th day, 1h. 5^m. morning.
 First Quarter, 10th day, 9h. 50^m. evening.
 Full Moon, 18th day, 3h. 0^m. morning.
 Last Quarter, 26th day, 6h. 28^m. morning

M D	W D	CALENDAR, &c.	r. ☉ s.	r. ☿ s.	pl	Full Sea.
1	2	Circumcision <i>Cloudy</i>	7 39 5	5 27 1	4 33	
2	3	<i>weather</i>	7 39 5	6 33 22	5 33	
3	4		7 38 5	7 34 5	6 32	
4	5	<i>Pleasant</i>	7 38 5	sets	19 7 32	
5	6	High tides. <i>weather</i>	7 37 5	5 54 22	8 16	
6	7	Epiphany <i>at this time.</i>	7 37 5	7 14 17	9 25	
7	G	Perigee, 1st S. after Epiph.	7 36 5	8 33 4	10 17	
8	2	☿ ☿ ☿ 4	7 5 5	9 49 16	11 5	
9	3		7 35 5	11 4 4	11 53	
10	4	Virgin Mary born, <i>Snow</i>	7 34 5	morn.	14 41	
11	5	♂ ☉ ♂ <i>may</i>	7 33 5	0 21 28	1 30	
12	6	Low tides, <i>be</i>	7 32 5	1 35 8	2 21	
13	7	<i>expected.</i>	7 31 5	2 51 26	3 15	
14	G	2d Sunday after Epiph.	7 31 5	4 4 21	4 12	
15	2		7 30 5	5 12 23	5 11	
16	3	<i>Grows</i>	7 29 5	6 12 25	6 9	
17	4	<i>colder</i>	7 28 5	7 0 20	7 3	
18	5		7 27 5	rises	8 7 53	
19	6		7 26 5	6 23 15	8 39	
20	7	Agnes <i>moderates</i>	7 25 5	7 28 27	9 22	
21	G	3d Sun. after Epiph.	7 24 5	8 31 10	10 3	
22	2	Apogee <i>Pleasant</i>	7 23 5	9 30 21	10 42	
23	3	<i>weather for</i>	7 22 5	10 34 11	11 20	
24	4		7 20 5	11 38 15	11 59	
25	5	Conv. of St. Paul.	7 19 5	morn	27 morn.	
26	6	Low tides, <i>some</i>	7 18 5	0 42 11	0 42	
27	7	<i>time.</i>	7 17 5	1 48 21	1 26	
28	G	4th Sun. after Epiph.	7 16 5	2 55 4	2 15	
29	2		7 15 5	4 5 16	3 8	
30	3	King Charles I. Martyr.	7 13 5	5 7 59	4 5	
31	4		7 12 5	6 4 13	5 5	

Old Parr's Maxim of Health. Keep your Feet warm by Exercise, your Head cool through Temperance; never eat till you are hungry, nor drink but when Nature requires it.