HOW do they carry out these aims?

They carry on local projects under the headings of the various convenerships, study along these lines, and raise money in a variety of ways for the furtherance of the provincial, national and international organization. Among the projects sponsored by the Women's Institutes are School Fairs, hot school lunches, community centres and libraries. More specifically they study improved methods of preserving foods, nutrition, budgetting and homemaking in general, new agricultural techniques, improving their homes — inside and out — gardening.

They cooperate with the local and provincial health units in their work in the community and in the school, studying and carrying into practice health measures such as first aid instruction, control and prevention of venereal diseases, pasteurization of milk, child care, etc.

They study the newer trends in education, encouraging improvements, and giving more practical assistance by means of school libraries, hot lunches for school children, installing playground facilities, etc. The whole objective of the Women's Institutes is to raise the standard of health, economics and recreation in rural life, to better our Canada as a whole and to promote world fellowship.