that institution a girl who fulfils all the requirements of Michael Angeloperfect in face and form. She is the only young 'voman in the history of that institution who has measured up to the classic model. We shall have more such. Scientific care of the body will tend to eliminate fads and faddists in strange and eccentric phases of thoughtier of a current to the foundation of the face and form.

Phases of thought.

Health is the foundation of a successful career. The preacher must prepare his body as well as his mind. When a friend warned Henry Ward Beecher to take care of his health, he replied: "I have more health than I know what to do with." We all have that if we only knew it. The springs of health are from within. If you would roll around on the carpet, like your child, you would have your child's circulation. I life is in the blood—keep the blood—reulating. Oh for a race of men who would study the laws of the body.

Fourth—Our coming civilization will

Fourth—Our coming civilization will be one in which womanhood will be enthroned — for in that civilization will be found all the queenly qualities of the past. The tender touch of Florence Nightingale. The genius of George Ellot. The stateliness of Lady Somerset. The charity of Elizabeth Fry. The strength of Queen Elizabeth. The dignity of Queen Victoria. The eloquence of Frances E. Willard. The soul qualities of Julia Ward Howe. The devotion of Lady Huntingdon. The heroism of Joan of Arc. The statesmanship of Miss Jane Adams. The divine persistence of Helen Keller. And I am tempted to add: the many gifts—and graces of our own Nellie McClung.

tempted to add: the many gifts and graces of our own Nellie McClung.

By the by, the Christlan women of Illinois put one thousand saloons out of business the other day. And they did it not by the use of a sledge-hammer, but by sliently dropping ten thousand snow-white ballots into a box which holds beneath its lid the destiny

of a democratic people.

Fifth—The new sovereign race which will be established on the continent of North America will centre in the home. The coming race will stand for early marriage. The establishment of the home will follow in due order after school days and university honors. Early marriage will pivot responsibility. Responsibility will produce character. And high character will wear the crown of spirituality. The trouble with our present civilization is that young men contract the saloon habit before they have enthroned the home ideal and young women are compelled to make a living rather than preside over the destinles of a fireside. Our economic system is at war with morality.

The biggest problem in our civilization today is to organize and maintain a home. High rents, high prices