

HOW AN ANGEL LOOKS.

Robin, holding his mother's hand, Says "Good-night" to the big folks all, Throws some kisses from his lips, Laughs with glee through the lighted hall.

THE HOME.

Sunshine and Good Health.

An authority, Dr. Babbitt, lays down the rule that, for all people who are well, or nearly well, that the full white light as it comes from the sun, is better than any of the colored rays, which are in themselves the constituent parts of that light.

Health Hints.

When the ankle has been severely sprained, immerse it immediately in hot water, keeping it there for fifteen or twenty minutes.

SOME one says equal parts of cream-tartar and saltpetre make an excellent remedy for rheumatism.

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THE FARM.

Midsummer Musings.

Do not mow the lawn too closely during the hot months. Direct exposure to the sun is not beneficial to the grass roots.

This is the time that root crops suffer from drought and weeds make headway. Keep the cultivator going and remedy both evils.

The hay should not be "cured" so much that it is sunburned. There is not much nourishment in the dry, woody stalks that result from too long exposure to the sun.

A damp handkerchief in the hat, or in the absence of that, a handful of grass or a large leaf, will do much to protect the head from the influence of the sun's rays, and will promote comfort.

Do not allow the horses to stop at the creek, either to bathe or to drink, as they come in from work.

Do not set out plants, as celery and late cabbage, during the heat of the day. Get a better force of hands and go at it the latter part of the afternoon.

Do not dig any potatoes for market now, do not leave them lying in the sun to turn green and spoil both appearance and quality.

Do not carry a lemon in the pocket while in the hay or harvest field, and take a little of the juice occasionally. It will relieve thirst better than water, and is much more healthful.

Never attempt to fatten the pigs while the mercury is up about the nineties. They will be warm enough without the feeding of heating foods, and besides it is easier to make increased weight by growth rather than by laying on of fat in very hot weather as it is likewise in mid-winter.

If there are any weeds in the lawn that you are especially desirous of killing, but which have heretofore proved obstinate, cut them off just below the crown while the weather is hot and dry, and let the sun do the rest.

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THE FARM. Midsummer Musings. Do not mow the lawn too closely during the hot months.

TEMPERANCE. John B. Gough used to say that every moderate drinker could abandon the intoxicating cup.

NEAT AND COMMODIOUS COTTAGE FOR SALE. In the Town of Digby, N. S.

McLEAN'S VEGETABLE WORM SYRUP. Safe Pleasant Effectual. In the Town of Digby, N. S.

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crime and relieves the courts; protects health and crowds the schools; piles up wealth and prevents pauperism; honors law and outlaws liquor; puts a premium on sobriety and a stigma on drunkenness.

He Saw Himself. "You must excuse me, gentlemen, for I cannot drink anything," said a man who was known to the entire town as a drunkard.

Frequent Feeding. Birds in the wild state, when young, are fed with insects in cases where at maturity the same bird only eats seeds or their substance.

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"But," how full the basket was! And when that gentleman counted it, his eyes grew all wet, and he said softly, "And a little child shall lead them!"

A Test of Character. The use which one makes of money is a touchstone of character. On this point Dr. J. H. Worcester remarks, in his book on "The Power and Weakness of Money."

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