PAGE OF INTEREST TO WOMEN

EVELYN ELLIOTT WINS MRS. JOHNSTON IS IN PRIZE COMPETITION REGENT OF LORD FOR PAMPHLET COVER

tee Stages Judging.

with the pamphlet advertising the War gent of the Lord Roberts Chapter, I. Memorial Children's Hospital was O. D. E., the election of officers taking brought to a close last week and the judging took place yesterday afternoon at the Y. W. C. A. in the Western Fair board rooms, the result of which was the awarding of Smith, the past regent, was given a the prizes; first to Evelyn Elliott of St. Michael's school and second to Dalsy Tills of grade 3. Chesley aveschool, who was also winner of composition prize in the Victory Loan con-

black and red ink, as were the others. The figure of a uniformed nurse with a small child in her arms and a tiny boy on crutches standing at, her side, made up the picture, which was ex-cellently executed. The second prize design was also the picture of a nurse carrying a small child, with another linging to her skirts. Eva Stevens sept entirely to a conventional design, which was simpler and was profably he best executed of all, but did not, lowever, have the appeal of the first

The best designs for the pamphlet cover are being shown in the Colerick Bros. window.

STICK-TO-IT CLUB TO DONATE WALKING CHAIR TO HOSPITAL

Deputation of Six Wait Upon Mrs. F. J. Greenaway.

Hospital is becoming very wide indeed. Not only are grown-ups striving to meet it, but children as well. The other day a deputation of six very small children from the Riverview public school walted upon Mrs. F. J. Greenaway, secretary of the War Memorial Hospital committee, and asked her if they could not do something for the Children's Hospital. "How much meney have you set?"

How much meney have you got? asked Mrs. Greenaway.
"Oh, we have \$7, but we are holding "Oh, we have \$7, but we are holding a meeting tonight and we hope to get \$3 more and make it \$10. We intended to spend this money on ourselves, but think that we would rather give it to the hospital to get a "kiddie-coop" or a "walking chair," said the small visitors.

The deputation was half the memory of the control o

The deputation was half the membership of a club, known as the "Stick-To-It-Club."

Stick-Wr. and Mrs. Pettit will reside in this city.

I. O. D. E. Hospital Commit- \$739.17 Raised During Suc-

The cover competition in connection Mrs. E. H. Johnston is the new re prought to a close last week and the place at the annual meeting held yes-

by the children of the public and sep-arate schools that a decision was very cellent work. The total amount raised will send them on. Thanks for your downs \$739.17. and the disbursements nation. Call again. difficult to make. The young artists cellent work. The total amount raised of the Sick Children's Hospital, and had devoted all their energies and tail.

\$652.50, the latter amount being expended toward the War Memorial fund, Navy League, Bethesda Hospital, Solders' Recreation Rooms, Victorian Order of Nurses, taxi service for soldiers, Palestine fund, Local Council of Women and the G. W. V. A. In addition the chapter has done a great amount of sewing for the Navy League and the Greafel mission, under the convenership of Mrs. P. Ball. The funds of the chapter were raised largely through a band concert and the Lord Roberts.

Her First Call.

Dear Miss Grey.—This is my first odd and live on the farm. There is 5 feet of snow around our house. We have nine pet rabbits, whi'e ones and black and white one. I love to correspond with someone around my own age, between 15 and 16 years. Thanking you write first.

Pickle Beet Recipe—Boil beets in Sightly salted water till cooked; then beets in both till cooked; then beets in both till cooked; then ent toward making an attractive cover pended toward the War Memorial fund, Navy League, Bethesda Hospital, Soldiers' Recreation Rooms, Victorian Order of Nurses, taxi service for soldiers, Palestine fund, Local Council of Women and the G. W. V. A. In addition the chapter has done a great amount of sewing for the Navy League and the Grenfel mission, under the convenership of Mrs. P. Ball. The funds of the chapter were raised largely through a band concert and the Lord Roberts tea, given in the armories, under the tea, given in the armories, under the ship of Mrs. Scatcherd, at the the showing of the Navy League pictures. Mrs. David Williams presided over the meeting.

New Officers.

The officers elected for the new year were:

were: Honorary regents, Mrs. E. B. Smith, Mrs. Niven and Mrs. Hale; honorary vice-regents, Mrs. Smallman, Mrs. Duffield, Mrs. Alexander, Mrs. Aspirally Mrs. Duffield, Mrs. Alexander, Mrs. Aspinall; regent, Mrs. E. E. Smith; vice-regents, Mrs. D. Williams, Mrs. Routledge; secretary, Mrs. Goodall; standard bearer, Mrs. J. E. Macdougall; educational secretary, Miss S. Macklin; Echoes secretary, Mrs. R. Davis; councillors, Mesdames R. Reid, Scatcherd, Jas. Wilson, E. C. Mitchell Gillean, Glass, John Weld, Ball, W. J. Robinson Arthur Smith.

SOCIAL AND

Cynthia Grey's Mail-Box

convener of the competition comconvener of the competition com-

Pickle Beet Recipe—Boil beets in slightly salted water till cooked: then put the beets in hot jars, then take 2 cups vinegar, 1 cup water, 1 cup white sugar. Pour over beets scalding hot. How does my writing look? Would like to see this in print. GREY BIRD.

Ans.—Who will correspond with Grey Bird? Your writing is culter plain. Bird? Your writing is quite plain.

Joan of Arc.

Dear Miss Grey.—Well, here I am again, trying to bother you. Have you had the flu yet? You ought to be careful and not get it. Could I please get the words of "Star of the East"? Also would like K-K-Katy's crochet butterfly pattern. Am I asking too much? Am sending a good recipe for white cookies.

White Cookies.

White Cookies.

White Cookies, two cups White Cookies.—Four eggs, two cups white sugar, one cup butter or lard, half-cup sweet milk, four and a half cups flour, one teaspoon soda, one teaspoon cream of tartar. Do not make the dough stiffer than you can help it. Ans.—No, but I won't brag. Song forwarded.

Got Up Courage.

Dear Miss Grey.—I have been a silent reader of your page for some time, and at last have got up courage to write. I like reading very much, and think Nellie McClung, L. M. Montgomery and Eleanor H. Porter are my favorite authors. Could anyone supply me with the words of the song "Birchel?" Now for a couple of hints: When in a hurry and desire a custard pie or pudding for dinner, and short Our Friend Pussy-Willow.

Dear Miss Grey.—Please forward to me Little Sweetheart's address. as I saw in your cosy little corner, the Mail-Box, where she would like to correspond with a boy of 17 or 18. I am a reader of your helpful page, and enjoy it very much. I would like to ask a question. What day did the 4th of April, 1902, fall on? Am sending a dime for C. H. fund.

PUSSY-WILLOW.

Ans.—Hurry up, Pussy-Willow! It's about time you were peeping up, isn't fir?

Friday.

Some candy recipes. I would try and help her if I could, but we have no real good recipes ourselves.

Mother (Bunchy) received Florence's and Dewdrop's crochet patterns, and I hope Little Good-for-Nothing's father don't run short of money. I am nearly as hard on hose as she is.

I wonder if anyone could send me a few recitations? It' doesn't matter if they are very hard or not.

If anyone wants help, just let me know, and I will try and help them out. Well, as I was not of much use this time, I will write down a recipe which I find delicious. pie or pudding for dinner, and short time, heat the milk aforetime. Baking

May I call again? Hoping 1 did not take up too much space, I will close he next time I will be of more help.

Dear Miss Grey .- I have been an in erested reader of the Mail-Box and

Dear Miss Grey,-I am writing to ou for the first time. I am inclosing 25 cents for the S. C. H. fund. I am 10 years old. My brother, who is 6 years old. My brother, who is 6 years old. and myself just love the Puppy Stories, May I sign my pen name TOMBOY TAYLOR.

Ans.—Well, Tomboy Taylor, you are a marvel to save 25 coppers for the fund. I think your little letter was just the finest one I received today, and I enjoyed it so much. We just love to have you call, so come again.

Who Has This Poem?

Dear Miss Grey,—Long years ago I saw in a magazine a poem, the first line of which was:

"Throw open the shutters and let in the sun." This is all that I can recollect of it Many years after I came across the following, which evidently referred to the poem referred to above:

PERSONAL

Always Turns to the Page.

Dear Miss Grey,—I enjoy reading your page very much. I think your corner is just lovely. When the paper comes I always turn to your page first, and I don't know.

Throw open the snutters and let in the sun, Cheerily thus the poem did run; page very much. I think your corner is just lovely. When the paper comes I always turn to your page first, and I don't know.

That the next line is I'm sure I don't know.

But I often have thought as I recalled it to mind,

That the advice it contained was both needful and kind." etc., etc., after which dainty refreshments were served.

Throw open the sun, Cheerily thus the poem did run; But where I have seen it or how long ago.

Or what the next line is I'm sure I don't know.

But I often have thought as I recalled it to mind,

That the advice it contained was both needful and kind." etc., etc., etc., etc.

I think that if any of the many readers of the Mail-Box can furnish either of the poems mentioned, and

time, heat the milk aforetime. Baking will then be more rapid. For bleeding wounds, take linen or other clean white rags, burn to charcoal and put in wound. No more blood will come. Please find inclosed my mite for C. H. fund. Hope I haven't taken up too much room. I will close and sign myself as LAVENDER GEM. Ans.—Hope I don't inspire fear, and that you'll come again. Wishing the Mail-Box every succes CHARLIE CHAPLIN'S WIFE. TO IRISH COLEEN.

I cannot publish your letter re taking orders for crocheting but if any readers want to have it done, will forward them to you. I hope you won't mind, Aucshla Machree. Two eggs, one cup of brown or white sugar, one cup of chopped dates, one cup of chopped walnuts, one cup of bread crumbs, one pinch of salt, one school, who was also winner of composition prize in the Victory Loan contest. Special mention was made of the work of Eva Stevens of grade 8, Chesley avenue school and Eleanor Ferguson of St. George's school. The judges, chosen by Mrs. F. J. Greenaway, convener of the competition committee, were Jack Barnard, Ed. Carty and Chas Colerick.

Raised \$739.

Mrs. Johnston's report of the financial was the work submitted cial year of the chapter showed that the Mail-Box have come in such volume of the competition of Spring will like the magazines. She can have them if she cares to pay for sending them to she care to she care the she care to she ca AT HOME OF MRS. REID A meeting of the Grenfell Mission will be held at the home of Mrs. George M. Reid, 262 Central avenue, on Thursday afternoon. March 25, at 3:30 o'clock. An interesting manuscript has been sent by Miss Stuart of Ottawa, who was with Miss Dorothy Reid of this city during her service in the Labrador Hospital last summer. This manuscript contains considerable information regarding the Grenfell Mission, and will be read at the meeting. After the business meeting, afternoon tea will be served.

The following donations are gratefully acknowledged: Miss M. Raymond, \$5: Mrs. C. T. Glass, \$2; Mrs. H. E. Wants Recitations.

The following donations are gratefully acknowledged: Miss M. Raymond, \$5; Mrs. C. T. Glass, \$2; Mrs. H. E. Gates, \$10. WHAT'S IN A NAME

Ans.-Referred to readers.

ANGELICA. 1920, by the Wheeler Syndicate, Inc. Angelica, a name of much more sub-stance than the pallid Angela, is still

Advertiser Patterns Owing to the pattern manufacturers increasing the price of patterns to us, all patterns advertised from this date will be 15 CENTS EACH.

one of the "angelic names" which feminine fancy delights to bestow on its girl children. It means, of course, "angelic" and seems difficult to recon-cile with the behavior of some of the small daughters whom one finds bearing

'heavenly messenger," hence "angel."
It first became a name in the Byzanthey would be much appreciated, and oblige, SEVENTY-SIX. tium Empire when it was bestowed as an epithet upon persons of surpassing

It was applied most often as a mas culine name and there was a Carmelits saint called Angelo, who established t as a baptismal name. In his honor the feminine also became popular, and Italian history records many instances

of its use. Angelica sprang to fame since named the faithless lady of romance for whose sake Orlando lost his heart and his senses. Though she was the inven tion of Boiardo and Ariosto, the ro-mantic flavor which the story gave her name, brought Angelica to instant favor. England liked the name and adopted it. In France it became Angelique, and Italy produced the other forms of Angioletta and Anzioleta, though Angelica continued the reigning Angelica's talismanic gem is the near

t guards the purity and sweetness of her, brings her friends, and much charm. Sunday is her lucky day and

Don't Wait to Be Bilious

Keep well. Whenever your appetite sour stomach and a coated tongue warn you, take CARTER'S Little Liver Pills and the a coated tongue

Good for man, woman and child. For your health's sake stick to this old. tried and true remedy. Purely vegetable. Small Pill—Small Dose—Small Price DR. CARTER'S IRON PILLS, Nature's great nerve and blood tonic for

Anemia, Rheumatism, Nervousness, Sleeplessness and Female Weakness. Genulae must bear signature Grent Goods YOUR OLD CARPETS

Made into new, beautiful, fluffy, reversible rugs. CANADA RUG COMPANY 48 Carling Street. Send for Leaflet. There's No Limit To its good points in

Infusing Qualities.

Is a Revelation in Tea Goodness.

The H. C. of B.

is largely caused by waste resulting from spoiled cakes, pies and pastry.

Many people do not consider baking powder a very important ingredient in baking, whereas it is most important-Success or failure depends upon the powder

EGG-O Baking Powder

helps keeps down the HIGH COST OF BAKING, because, first, it is sold at a reasonable price, and second, its double acting qualities absolutely assure perfect baking at all times. Always follow the directions on the label, you use less powder.

Buying Egg-O in the larger tins is most

Egg-O Baking Powder Co.

Hamilton, Canada





Now sold in a new waxed board package - a great improvement over the old lead package

TEA is good tea Sold only in sealed packages

HIS CLASS.

"I'm Tatters, the collie pup," whispered Knight

The great moment had come in the dog show. Only two dogs remained for the judge to decide which was the very best dog in the show, for these two had beaten all the other dogs. Who do you suppose these dogs were? Roselawn Sylvester King of Princes and Clister Knight. Our old enemy, Darkey, the conceited Boston terrier, and Tatters to be sure. Yes, Tatters had been given a kennel name, too, and from now on we will have to call him Knight, for he was no longer a tattered dog, but instead was as handsome as a collie as ever lived.

Side by side stood these two dogs, Of course, Tatters knew Darkey, for the dog who had treated him so shamefully in days gone by, but Darkey did not guess that this handsome collie was the homely little pup. He and the lought the very resolved, for Tatters had declared he would be a great dog some day. From that very day he had kept on improving, while they had not improved at all. In future they would be nice to all stray little dogs they resolved, for Tatters had shown them what a kind-tempered dog so they resolved for Tatters had shown them what a kind-tempered dog so they resolved for Tatters had shown them what a kind-tempered dog could accomplish.

So we will leave the doggies there. Tatters, the homely pup, a great show along, and Buster and Darkey, the conceited dogs, defeated by a dog they had not improved at all. In future they would be nice to all stray little dogs they resolved for Tatters had shown them what a kind-tempered dog could accomplish.

So we will leave the doggies there. Tatters, the homely pup, a great show along, and Buster and Darkey, the conceited dogs, defeated by a dog they had not improving, while they had not improving would win back some of his honors. If he bear and was not too conceited I am order a

(Rights reserved by the Vincent G. erry Canadian Syndicate.)

A Good Style for a Siender Figure.
Pattern 2132 was selected for this design. It is cut in three sizes—16, 18 and 20 years. Size 18 will require six yards of 30-inch material. As here shown, crepe de chine was used in a

yards of 30-inch material. As here shown, crepe de chine was used in a new shade of blue. Embroidery in self color forms the decoration. Satin, serge, duvetyn, taffeta, velvet and poplin are attractive for this style. The skirt measures about 1½ yards at its lower edge. lower edge.

A pattern of this illustration mailed to any address on receipt of 15c in sil-

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 28, 24, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one

HOME ECONOMICS

THE LINEN CLOSET. The pride of a woman's heart, at ! least, her upstairs heart, is her linen closet. She sees in it orderly rows

of blankets, bedspreads and sheets arranged on the shelves, or in compartments in accordance with their sizes, for double beds, and single beds, and a small cot; neat piles of pillow-cases, and, if she likes old-fashioned things, pillowshams; bath towels, hand towels and guest towels; wash cloths in their niche; no corner in her house affords her such satisfaction as this.

as this.

However small it is, she likes to have it clean, well-lighted, well-aired and sweet-smelling. She never puts away the fresh linen, until it is absolutely dry, and then she puts each article at the bottom of its own pile, not on the top, that the wear may be evenly distributed on all of a given kind. She has bunches of lavender or sweet-clover in cheesecloth bags laid on the shelves, and renews them every summer.

every summer.

All her linen is marked and dated and graded in quality. She knows at a glance when it wears out, whether it has given her the service she had a right to expect.

Broom bags, dust caps and aprons are there to her hand, when she needs them. A bag for clean rags, for use in cleaning, hangs handy on a nail and there is a drawer or a box for white scraps from the sewing-room to be used in mending.

She may put a pile of every-day towels on a shelf by themselves and permit the family in general to get them as needed, but for the rest she is rather jealous of allowing anyone to touch the linen but herself. The shelves are labeled so that in case

A well-filled, well-kept linen closet is the heart of the house upstairs.

LOSE YOUR FAT. KEEP YOUR HEALTH

West Floral Co. PHONE 2187. 249 DUNDAS ST.



No Trouble with Your Baking

when you use the right kind of flour. If you have

had trouble with your baking, it is no doubt due to

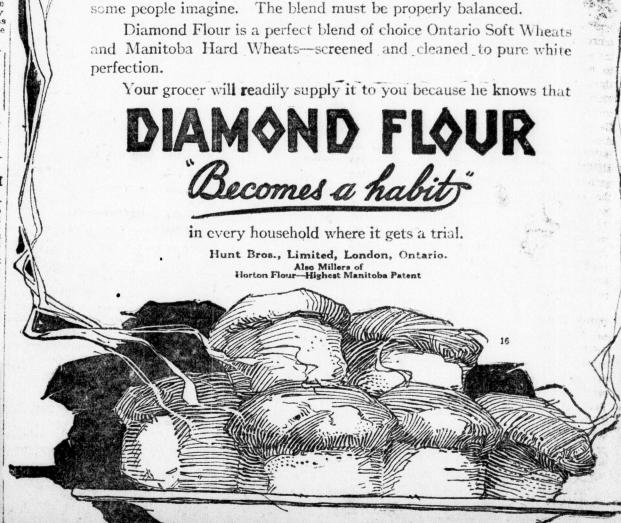
The selection of flour has more to do with successful baking than





Superfluous flesh is not healthy, neither is it healthy to diet or exercise too much for its removal. The simplest method known for reducing the overfat body two, three or four pounds a week is the Marmola Method, tried and indorsed by thousands. Marmola Prescription Tablets, containing exact doses of the famous prescription, are sold by druggists at \$1 for a large sold by druggists at \$1 for a large case, or if you prefer you can obtain them by sending direct to the Marmola Company, 864 Woodward avenue. Detroit, Mich. They are harmless, and leave no wrinkies or flabbiness. They are popular because effective and convenient.

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