

tested. The women are very delicate, and very pretty ; but they remind you of roses which have budded fairly, but which a check in the season has not permitted to blow. Up to sixteen or seventeen, they promise perfection ; at that age their advance appears to be checked. Mr. Saunderson, in a very clever and amusing work, which I recommend to every one, called "Sketches of Paris," says : "Our climate is noted for three eminent qualities—extreme heat and cold, and extreme suddenness of change. If a lady has bad teeth, or a bad complexion, she lays them conveniently to the climate ; if her beauty, like a tender flower, fades before noon, it is the climate ; if she has a bad temper, or a snub nose, still it is the climate. But our climate is active and intellectual, especially in winter, and in all seasons more pure and transparent than the inking skies of Europe. It sustains the infancy of beauty—why not its maturity ? It spares the bud—why not the opened blossom, or the ripened fruit ? Our negroes are perfect in their teeth—why not the whites ? The chief preservation of beauty in any country is health, and there is no place in which this great interest is so little attended to as in America. To be sensible of this, you must visit Europe—you must see the deep bosomed maids of England upon the Place Vendome and the Rue Castiglione."

I have quoted this passage, because I think Mr. Saunderson is not just in these slurs upon his fair countrywomen. I acknowledge that a bad temper does not directly proceed from climate, although sickness and suffering, occasioned by climate, may directly produce it. As for the snub nose, I agree with him, that climate has not so much to do with that. Mr. Saunderson is right in saying, that the chief preservative of beauty is health ; but may I ask him, upon what does health depend but upon *exercise* ? and if so, how many days are there in the American summer in which the heat will admit of exercise, or in the American winter in which it is possible for women to *walk out* !—for carriage driving is not exercise, and if it were, from the changes in the weather in America, it will always be dangerous. The fact is, that the climate will not admit of the exercise necessary for health, unless by running great risks, and very often contracting cold and chills, which end in consumption and death. To accuse his countrywomen of natural indolence, is unfair ; it is an indolence forced upon them. As for the complexions of the females, I consider they are much injured by the universal use of close stoves, so necessary in the extremity of the winters. Mr. S.'s implication, that because negroes have perfect teeth, therefore so should the whites, is another error. The negroes were born for, and in, a torrid clime, and there is some difference between their strong ivory masticators and the transparent pearly teeth which so rapidly decay in the eastern states, from no other cause than the variability of the climate. Besides, do the teeth of the women in the western states decay so fast ? Take a healthy situation, with an intermediate climate, such as Cincinnati, and you will there find not only good teeth, but as deep-bosomed maids as you will in England ; so you will in Virginia, Kentucky, Missouri, and Wisconsin, which, with a portion of Ohio, are the most healthy states in the Union. There is another proof, and a positive one, that the women are affected by the *climate* and not through any fault of their own, which is, that if you transplant a delicate American girl to England, she will in a year or two become so robust and healthy as not to be recognized upon her return home ; showing that the even-temperature of our damp climate is from the capability of constant exercise, more conducive to health, than the sunny, yet variable atmosphere of America.

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