

A booklet "Health in the Home" has been published. It contains the health knowledge that is needed in the home. Also, it serves as a textbook for the staff and for the course of ten lessons on this subject offered to groups of women by the League. It was too late in the spring to accomplish much in our group instruction work. However, 47 women took the course and expressed their satisfaction and pleasure. The teaching and demonstration given by the staff seemed to be appreciated. We believe that there are great possibilities in group instruction and we hope to see it develop rapidly in the fall.

A Summer Day Camp (open-air, or forest school) has been established in conjunction with the Child Welfare Association and the Protestant Board of School Commissioners. Its object is to demonstrate that physically sub-normal children will, in most cases, become physically normal and do better mental work if, after having had their physical defects corrected, they receive proper food, get plenty of fresh air and sufficient rest. This is a splendid co-operative effort made possible by good team work, and this evidence of further practical interest in the physically sub-normal child by the School Board is noted with pleasure. We are happy to state that a second school is being organized, this latter one for the French-speaking section. Everything that helps to maintain the physical fitness of the children is definitely tuberculosis prevention work, and so, provision of open-air schools is another definite step in the programme of disease prevention, which we hope the demonstration will help secure.

The Canadian Public Health Association and the Canadian Tuberculosis Association both held their annual meetings in Montreal this year. The League assisted in every way that it could to make these conventions a success. They resulted in a definite increase of local interest and understanding of health work.

The officers of the League have given numerous addresses and take every opportunity of furthering health work as opportunities offer.

An outline of the progress of the demonstration centres is of interest. These centres are carried on, as their name implies, to demonstrate; that is, to show in a limited area what health results are obtainable under certain conditions, and following definite pieces of work.

French Centre - 655 deMontigny St., East

We were fortunate to develop our French Centre in co-operation with the University of Montreal, the Metropolitan Life Insurance Company and the City Health Department. The combination permits of a better scheme than any one organization could develop alone. It is also true that a teaching centre will more likely maintain the highest standard of work. The League contributes to this centre what might be defined as the field service for the unit. Indirectly it contributes to the ~~practical~~ education of the future health workers of this city. The League equipped the centre, and provides the director, four nurses and one clerk. This Health Centre is already becoming a centre of influence, and, in addition to demonstrating in the area of one parish the results of intensive, properly directed health work, its influence will radiate over and affect all health work. The Health Department approves of the programme as of all the work with which we are associated.

Well-baby clinics, pre-school and pre-natal clinics are carried on, with regular home visiting. Further clinics and activities will be added until all health work in this area - St. Catherine's parish - is covered. Later, the area will likely be extended.