

the bread
after bread

and Stamina

odd hard wheat of
rn Canada is full of
strength that builds
one. Purity Flour
qualities of this
the cost per loaf is
en you use Purity

Cook Book will be mailed postage
free cents—it's worth more
day to

PURITY
LOUR

99

ated, 24 acres marsh, 3
e, over 2000 cords hard
ber, cuts 50 to 60 tons
extra good. This is the
part of the country. Of
g the Stock, Equipment

interested get particulars

Estate Agency

n, Annapolis Valley, N. S.

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OFFICE'

Bacon Breakfast Ham,
slicacies—this is the place
and at a reasonable price.

N STOCK.
mincing, Beef, Pork, Veal,
goods and groceries.

EARLY

at Market
Bridgetown

The Monitor

FOR
Rheumatism

ASPIRIN

Proved safe by millions and prescribed by physicians for

- Rheumatism Colds
- Headache Pain
- Neuralgia Toothache
- Lumbago Neuritis



Safe Accept only "Bayer" package
which contains proven directions.
Handy "Bayer" boxes of 12 tablets.
Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocyclic
acetylsalicylic acid (Aspirin) Salicylic Acid "A. S. A.". While it is well known
that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets
of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

BEST METHODS OF

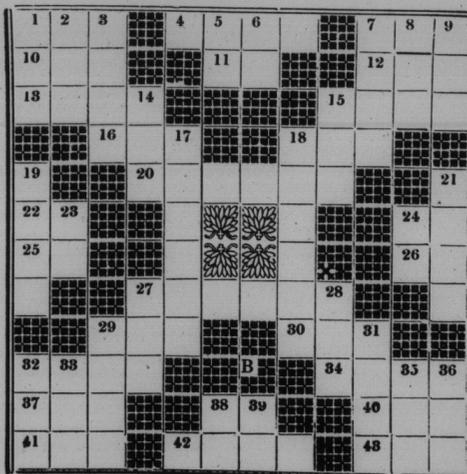
HANDLING FISH

The Atlantic Experimental Station
Is Beginning Its Educational Work.
The Atlantic Experimental Sta-
tion for fisheries is making a begin-
ning in its educational work. It pro-
poses to furnish to all who may re-
quire them, the best and most up-to-
date methods of handling fish. The
part of the industry, in which the lar-
gest number of people are concerned,
is that comprising the preparation of
dried fish, especially cod. The sta-

tion has in course of preparation a
detailed account of all stages in the
preparation of the best grade of dried
fish, and this will form the basis for
a well illustrated, simple and popular
account of the methods, which will
be widely distributed. There are
striking differences in the quality of
Canadian dried fish, and for this the
imperfect methods in vogue on cer-
tain parts of the coast are largely re-
sponsible. If all the fish were made
equal to our best there would be a
very considerable increase in the in-
come of our fishermen.—(Chronicle)

The "Monitor's"
Cross Word Puzzle

Here's One To Try. It's Easy!



HORIZONTAL

- Small piece of money.
- Belonging to the finny tribe.
- A card game.
- Beginning of a new Geological system.
- In accordance with.
- Stopping place.
- Metallic box.
- Island in the Pacific Ocean.
- A call. (slang)
- Pertaining to masculine.
- Wanderer.
- An exclamation. (Ab.)
- A representative. (Ab.)
- That is.
- In first class order.
- Not progressively.
- A relative. (Ab.)
- An organ of the body.
- Mud or sand deposited by run-ning water.
- A certain mountain.
- British Order. (Ab.)
- Mans name. (Ab.)
- From beginning to end.
- Girls name.
- Conceted person.
- A point.

VERTICAL

- Period of time. (Ab.)
- Period of time.
- A car.
- A preposition.
- More or less.
- An animal.

Solution to Last Week's Puzzle.

ATE APOD MAR
ROE IX ERA
MELT IX CLEW
SUD ROT
W VI OLET T
AM S A C
RE M M BP
Y CABLES E
PAL RIP
KELP TELL
ERE EN LEO
ANT AMOS TOT

DRIFT TO THE CITIES

While the theme is almost thread-
bare because of discussion, the first
completed volume of the 1921 census
recently issued again forces to the
front the subject of the populat-
ion drift to the cities in this country.
Forty years ago only 14 per cent of
the population lived in cities and towns.
At the turn of the century this per-
centage had increased to 37.5. In
spite of the agricultural expansion
in the West during the first decade
of this century the city population
moved up to 45.53 per cent. of the
whole. In 1921 the rural and urban
totals were almost equalled, the for-
mer percentage being 50.48 and the
latter 49.52.

In Ontario half the growth during
the last decade has been in Toronto
and the surrounding district, and
most of the remainder at Hamilton,
the Niagara district, the Windsor
district and around Ottawa. Similar
conditions are found in other Provinces.
Winnipeg accounted for a third
of the increase in Manitoba.

In Ontario 58.17 per cent of the
population is urban, which is the lar-
gest proportion in the country. Que-
bec being next with 56.01 per cent,
in none of the other Provinces have
the city and town dwellers over-shot
the number of people living on the
land. Manitoba is 42.88 per cent, ur-
ban; Nova Scotia, 43 per cent, Al-
berta, 37 per cent, Saskatchewan, 29
per cent, and British Columbia, 47
per cent.

Since the beginning of the century
the drift in Ontario has been to the
cities rather than to the towns and
villages. In 1901 our village popula-
tion was 6.7 per cent. of the total,
while in 1921 it was only 4.1 per cent.
In 1901 our town dwellers had a per-
centage of 14.54; in 1911, 16.24, and
in 1921, 14.42, so that the Ontario
towns are now just where they were
a quarter of a century ago. The city
population in the same time jumped
from 21.66 per cent to 39.65 per cent.
The village population of Quebec and
Saskatchewan increased, while that
of Alberta decreased.—(Toronto Globe)

Correspondence

THE POULTRY INDUSTRY.

Why does the County of Annapolis
not take a prominent place in the
Poultry Industry?
The possibilities of this industry
are well worth the consideration of
all the rural dwellers of Nova Scotia.
We in Annapolis County are well sit-
uated with regard to climate and soil.
The winters are not excessively cold
and the spring and summer months
are well suited to the quick maturing
of young birds. The soil is a factor
not to be overlooked and in this re-
spect we are well favoured with a
light warm soil, porous and easily
drained.

This article may be read by some
who claim that "poultry do not pay"
or "there is no use keeping birds that
do not lay during the winter months
when prices are good." If poultry do
not pay find out what is wrong. Over-
crowding is a great stumbling-block
on the road to success, or it may be
the housing or the feeding that is at
fault; or it may be the age or the
type of the birds. Given the right
type of bird, properly housed, fed
and cared for, the returns will more
than pay for the trouble expended,
and will do so in zero weather; while
birds kept in a dirty, damp or draugh-
ty house will not pay no matter how
well they may be fed.

On a well conducted poultry farm
the net returns from eggs should not
be less than \$2.00 a year per bird,
and with high producing stock and
flock averages of from 175 to 200
eggs a year the returns will be con-
siderably more than this.

The prevailing high prices of feed-
ing stuffs is a discouraging factor to
the breeders with a low flock aver-
age. The only thing to do is to in-
crease the average by breeding and
selection and not to be satisfied short
of a 175 flock average. Some breed-
ers have reached over the 200 mark.
Birds laying less than 200 eggs,
averaging 24 ozs. to the doz, in the
Canadian Egg Laying Contests do not
qualify for registration. Those qual-
ifying must also be standard bred
and true to type. Much the same con-
ditions hold good for the R. O. P.—Re-
cord of Performance—tests which are
held on the breeders own farms, and
in which birds fulfilling the require-
ments win certificates according to
their qualifications.

The average for the Nova Scotia
birds in the 1923-1924 contest was
176.8 being beaten only by British
Columbia and Alberta with scores of
206.7, 199.8 and 178.2, while the high-
est individual score—313 eggs—was
made by a Nova Scotia bird.

Birds making high records are not
confined to any special breed. In the
1922-1923 Canadian Egg Laying Con-
tests nine out of eleven were won by
heavy breeds Barred Rocks and White
Wyandottes, the remaining two being
won by White Leghorns. In the 1923-
1924 contests White Leghorns led by
seven to five. The choice of variety is
a matter for the individual breed-
er to decide according to his own
fancy, a good laying strain being the
important point.

When it comes to marketing sur-
plus cockerels as table poultry the
heavy breeds win over the light.

The reputation of Canadian birds is
becoming world-wide. At the second
World's Poultry Congress recently
held in Spain at Barcelona, Canadian
birds made a name for themselves and
were an outstanding feature of the
exhibit. They were standard bred
and registered birds.

The British exhibit was much lar-
ger and included an exhibit of H. R.
H. the Prince of Wales, with White
Wyandottes, R. I. Reds and Anstra-
lorns. The fact that Canada is ahead
of any other country in the matter of
Registration and R. O. P., caused a
great deal of interest to be taken in
her exhibit, and it has been decided
that the next World's Poultry Con-
gress is to be held in Canada in 1927.

There is no reason why the Poul-
try Industry should not be developed
until it becomes one of the foremost
industries of the Province. We can
never over-do it while the English
market is able to take all surplus
eggs. The London egg market, the
largest of any city in the world, and
open to the world, is available to any
country sending eggs of good quality
and well graded, and uses many tons
a day.

The Annapolis County Poultry As-
sociation, a notice of which appeared
in the press, is a move in the right
direction and should have the loyal
support and co-operation of all those
interested in the industry. It is an
Association not for a few individuals
but for the whole county and it is to
be hoped that it will be the means of
putting Annapolis County on the map
of the poultry world.

By POULTRMAN.

Life is a long lesson in humility.



GIRLHOOD DANGERS

Can be Avoided by Keeping The Blood
Rich And Pure.

The anaemia of young girls may be
inherited, or it may be caused by bad
air, unsuitable food, hasty and ir-
regular eating, insufficient outdoor ex-
ercise and not enough rest and sleep.
It comes on gradually, beginning with
lassitude, indistinctness to exertion and
a feeling of fatigue. Later come
palpitation of the heart and
aches. In the majority of cases con-
sultation is present, and the complex-
ion takes on a greenish-yellow pallor.
The treatment is quite easy and sim-
ple. Dr. Williams' Pink Pills are just
the tonic to remedy this wretched
state of health. They act directly
upon the blood, and as it becomes
rich and pure, strength and activity
return, the glow of health comes to
the cheeks, and soon the trouble will
disappear and good health follow.
Miss Pearl Parks, R. R. No. 1, Rea-
boro, Ont., has proved the value of
this medicine, and her statement will
point the way to health to all other
weak girls. She says:—"I was very
ill with anaemia. I could not sleep
at night; my appetite was poor, my
face and lips were very pale and my
eyes dull. I got so weak that I could
not go upstairs without resting. I
took dizzy and fainting spells, had no
ambition whatever, and did not care
to go about. I was in this condition
for nearly a year. I had treatment
from two doctors; but did not regain
my strength, so my mother, who was
very uneasy about me, decided I
should try Dr. Williams' Pink Pills.
After using the pills for a while I
felt somewhat better, and continued
taking them until I had used about a
dozen boxes, when I was again well
and strong. I can strongly recom-
mend Dr. Williams' Pink Pills for the
treatment of any suffering from
anaemia."

You can get these Pills from any
medicinal dealer or by mail at 50 cts.
a box from the Dr. Williams' Medi-
cine Co., Brockville, Ont.

THE SOLDIER.

If I should die, think only this of
me:

That there's some corner of a for-
eign field

That is forever England. There shall
be

In that rich earth a richer dust
concealed;

A dust whom England bore, shaped,
made aware

Gave, once, her flowers to love, her
ways to roam;

A body of England's, breathing Eng-
lish air,

Washed by the rivers, blest by suns
of home,

And think, this heart, all evil shed
away

A pulse in the eternal mind no less
Gives somewhere back the thoughts
by England given;

Her sights and sounds; dreams
happy as her day;

And laughter, learnt of friends, and
gentleness,

In hearts at peace, under an Eng-
lish heaven."

If we command our wealth we shall
be rich and free. If our wealth com-
mands us we are poor indeed.

Milnard's Liniment for the Grippe.

A recognized favorite with
Everybody, when once tried



SHERIFF'S SALE

IN THE SUPREME COURT.

Canada Permanent Mortgage
Corporation, Plaintiff,
—And—
Alexander D. Stevenson and
Alice M. Stevenson, Defen-
dants.

TO BE SOLD at Public Auction by
the Sheriff for the County of An-
napolis or his Deputy, at the Court
House in Annapolis Royal, in the
County of Annapolis on Saturday the
31st day of February, A. D. 1925, at
12 o'clock noon, pursuant to the Or-
der for Foreclosure and Sale granted
herein dated the 13th day of January,
A. D. 1925, unless before the date of
sale the amount due to the Plaintiff,
with its costs be taxed, be paid to
the Plaintiff or its solicitor.

ALL that certain lot of land and
premises situate, lying and being in
the Town of Middleton in the County
of Annapolis and bounded and de-
scribed as follows in a deed of the
same from George W. James and wife
to Charles H. Phinney bearing date
the first day of May, A. D. 1890, and
recorded in the Annapolis County Re-
gistry of Deeds in Book 92 at page
321, that is to say, Bounded on the
east, south and west by lands of the
Reverend Isaac Parker (afterwards
Isaiah Dodge) and on the north by
the main post road, containing two
acres more or less.

TERMS:—10 per cent. deposit on
sale, remainder on delivery of Deed.
Dated at Annapolis, N. S., this 17th
day of January, A. D. 1925.

J. H. EDWARDS,
Sheriff in and for the
County of Annapolis.

C. J. BURCHELL,
85-93 Granville Street,
Halifax, Nova Scotia,
Solicitor for the Plaintiff.

43-54.

It is not advisable to reward where
men have the tenderness not to pun-
ish.

In the loss of an object we do not
proportion our grief to the real value
it bears, but on the value our fancies
set upon it.

For Every Ill—Milnard's Liniment.

THE RICHEST NATION
IN THE WORLD

The Share of Every Inhabitant of
U. S. in National Wealth Estim-
ated at \$2,864.

Washington—The share of every
inhabitant of the United States in
the national wealth as estimated by the
Census Bureau is approximately \$2,-
864.

This represents the individual share
in battle ships, money in the treasury
real estate, railroads, ships, automo-
biles, and every object which econ-
omists call wealth.

This is an actual increase of 11 per
cent over the wealth of the nation in
1912.

The figure itself represented an ap-
parent 72 per cent. increase during
the ten year period, but when the 1922
value of the dollar is reduced to its
value in 1912 the actual increase is
reduced.

The increase in wealth just about
kept even with the population growth
of the country and enabled this nation
to hold her place as the richest on
earth on a per capita basis.

Taxable real estate made up \$155,-
908,625,000, nearly one half of the
total. Non taxable real estate was
\$30,505,819,000.

Live stock was valued at nearly six
billion, while motor vehicles were
placed at four and one half billion.

The value of the railroads and
their equipment was nearly twenty
billion; that of street railways, ship-
ping, water works, canals and irriga-
tion was \$15,414,000,000.

Agricultural products were worth
\$5,465,796,000; manufactured prod-
ucts \$28,422,848,000; while clothing
adornments, furniture, horse drawn
vehicles and other personal property
amounted to \$39,816,001,000.

The personal property figure in
1912 was less than thirteen billion.



Nature has granted to all to be
happy, if we did but know how to
use her benefits.

Milnard's Liniment for Sprains and
Bruises.

For Your
Printing Requirements--

— We Supply and Print —

- Letter Heads
- Circulars
- Bill Heads
- Tickets
- Envelopes
- Pamphlets
- Statements
- Reports
- Posters of all sizes
- Shipping Tags
- Butter Paper

and do general printing of all kinds

Visiting Cards and Wedding Stationery of excellent quality
always in stock

Our Motto is "Good Work At Moderate Prices"

Estimates Promptly Furnished

THE WEEKLY MONITOR
Bridgetown, - Nova Scotia