

GES
in, as they have for
atest designs on our

BURNERS
easy on the coal bill,
has one. We have a

TERS
ient for fall evenings
ter. We have them

den Est.

e First

ne here to look,
your own good
do not com-
ture, until you
d you have no
ately. Let us
ps we can save
o see anyway,

phones, String
, &c., and all
wing machines

ROS.

UNDERPAKERS

& CO.

eat Kernella,
All Kinds of
oultry Food.

of
CK FOOD
ND POULTRY.

ES MEAL
ATED CALF MEAL.

I EXCHANGE
hile You Wait

TIME

ding—but it is
our office—it is

er. It costs
ng to talk to us.

\$ \$
to the minute.

you the best.

NING MILLS
CTRIC LIGHT

BERS EST.

COULD NOT STAND UP STRAIGHT

Gornwallis, Jan. 25.
"About a year ago I was suffering from a dreadful lame back and hips, so much so that I could not stand up straight by myself. A friend told me about

Gin Pills FOR THE KIDNEYS

I got a box; they helped me immediately. "I have taken about 12 boxes. The pains in my back and hips are all gone. I cannot speak too highly of the wonderful effect of your Gin Pills. You may use this if you see it to.

Sincerely yours,
S. O. David.
All druggists sell Gin Pills at 50c a box, or 6 boxes for \$2.50. Simple free if you write to NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED Toronto, Ont. 64

Mrs. Housekeeper

DON'T BE DECEIVED—IT HAS BEEN TRIED, and on 1 cwt. of flour you are just 7 loaves ahead of us, not counting your labor and fuel. You can't afford to bake your bread, use your fuel and do the work for that amount.

Fleischman's Yeast—Pure Malt Extract—Laks of the Wood Flour—Pure Salt and Sugar. These ingredients are bound to make you first-class bread, give us a trial.

LOVELL'S BAKERY

WANTED

MEN and WOMEN to Learn the Candy and Ice Cream Business in their spare time.

I teach you all and everything about the business. By my system you can not fail, if you follow my instructions, and you will soon own a profitable business. No capital is required to start. If you are dissatisfied and want to make a success you will write for further particulars. Address

Candy Trade Secret Co.

218 Front Street, Sarnia
nr 24th St

INSURANCE

J. H. HUME.

AGENT FOR FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.

Five Old and Reliable Fire Insurance Companies
If you want your property insured call on J. H. HUME and get his rates.

ALSO AGENT FOR U. P. R. Telegraph and Canada Permanent Loan and Saving Co. Ticket Agent For C. P. R.—Tickets to all points in Manitoba, Northwest and British Columbia.

THE LAMBTON

Farmers' Mutual Fire Insurance Company.

J. W. KINGSTON President.
JAMES SMITH Vice-Pres.
JAMES ARMSTRONG, DIRECTOR
A. G. MINNELY, DIRECTOR
THOMAS LITGOW, DIRECTOR
GUILFORD BUTLER, DIRECTOR
W. G. WILLOUGHBY, (MANAGER AND SEC. TREAS.)
J. F. ELLIOT, FIRE INSPECTOR.
R. J. WHITE, }
P. J. McEWEN, AUDITOR.
ALEX. JAMIESON, AUDITOR.
PETER McPHERDAN, Warranted P. O. Agent for Warwick and Plympton.

Waves on the Atlantic

As a result of extensive experiments the size of the waves of the Atlantic Ocean has been carefully ascertained by the officers of the Hydrographic Office of the United States Navy Department. In height these waves usually average 30 feet, but in rough weather they will attain 40 to 45 feet. During storms they are frequently from 500 to 600 feet long and endure 10 to 11 seconds. The longest wave measured by the Hydrographic Office officials was half a mile, and it did not spend itself for 25 seconds.

There may be other corn cures, but Holloway's Corn Cure stands at the head of the list so far as results are concerned.

BRITISH ARE THRIFTY

ONE OF THE BIG CHANGES CAUSED BY WAR.

Arthur Gleason Finds in This New Habit the Clearest Single Proof That the English Nation as a Whole is in the Struggle and Will Not Stop Fighting Short of Victory.

ENGLAND is at war en masse, writes Arthur Gleason in the New York Tribune. And the proof of it is not that she has raised an army. Any country can raise an army, if it has to. The proof of it is that she has changed a cherished habit. That means a spiritual change. It is a lot harder to break up a habit than it is to fight an enemy. The fact that two million persons are saving money to give to the Government for carrying on the war is the clearest single proof that the English nation is at war. By temperament the English are a colonizing, adventurous people. That means they are an open-handed people, to whom the careful ways of thrift are distasteful. Then, too, they are a race of individualists, doing what they like with their own—a race to whom collective effort is a bore. But they violated their instinct in order to win this war. For the English were free spenders, and it revealed more devotion in them to raise a hundred million dollars in individual subscriptions than it did to raise five million men in recruiting.

The heart of the war savings scheme is this: You buy a "War Service Certificate" for fifteen shillings and sixpence. In five years the Government will give you a pound for it. Less than \$4 has become \$5. Of course, the worker cannot make an investment of fifteen shillings and sixpence at one time. So he joins an association in his school, factory, store, or club, and subscribes his penny or sixpence each week. These associations are like our fraternal organizations. They appeal to the social sense of the group. There are other forms of war saving, such as exchequer bonds, but this system of certificate is the popular way. It is co-operative investment, if the individual does not belong to an association he receives a war savings card, with 21 spaces on it, each for a six-penny stamp. He buys the stamps at the post-office as often as he can. When the card is full he hands it in and receives a certificate worth fifteen shillings and sixpence, and good for a pound at the end of five years.

The secret of the success which has attended this evangelistic campaign is the personal appeal, friend speaking to friend. And the motive for giving is rendered in the headlines of the pamphlets and posters—"Save for England," "Save for Your Country." In North Nibley, one of the smallest villages in Gloucestershire, the inhabitants subscribed \$80 in a fortnight. Wigston Magna, in Leicestershire, is in the centre of the hosiery and boot-making district. One of the factories has between three hundred and four hundred operatives. That factory purchased two hundred certificates in one week. Yarmouth has fifty associations and four thousand members, and has subscribed \$10,000. This city lies on the east coast, where the zeppelins have stimulated the civilian consciousness. It was out from Grimsby where the fishing trawlers have been lost by mines and submarine. The answer of Grimsby was made by seventy-three war savings associations. In one week four thousand six hundred certificates were purchased. At an East End factory in London one hundred and twenty-three girls joined the savings crusade in a single week. Only two girls are not members. In three months the girls saved over \$250. They did it by chipping in their three-penny and six-penny bit each week. Norwich paid into the post-office \$75,000 in six weeks.

"The thing that irritates us about England," says Mr. Gleason, "is the same thing that offends us at home. Here is no well-oiled accuracy that runs on a single track to a visible goal. Instead of that clean, smooth, organized, docile affair, it is a democracy, with an immense, rich variety of life, sprawling all over the place. The air is full of voices, because everyone is allowed to speak. If you don't like it, remember what it is that you don't like: it is a free people, choosing to make its own mistakes, living its own life, and just now out on the warpath to chase some trespassers off from the premises. Doubtless, if the critics were running the performance, they would give a more unified and polished proceeding. But no group of persons are running this war. The people are running it. So, instead of losing strength as the pressure increases, they gather force and momentum with each mistake. They teach themselves by failure. The will of the great German general staff can be snapped by defeat, because the staff is a handful of men. But the will of 45,000,000 people cannot be broken, because it is the will of these schoolboys and working girls, of domestic servants and munition workers, of a democracy whose sense of duty and justice has

Redpath SUGAR

No one ever doubts REDPATH quality, because in its Sixty Years of use no one has ever bought a barrel, bag or carton of poor Redpath sugar. It is made in one grade only—the highest.

"Let Redpath Sweeten it." 12
Canada Sugar Refining Co., Limited, Montreal.

2 5 lb. Cartons— 10, 20, 50 and 100 lb. Bags.

been touched." The English are a "sentimental nation." An appeal to cold reason, to personal aggrandizement, to a rainy day or a shadowy future, does not move them in the slightest. But something that concerns the welfare of helpless children, or of persons whom they love, releases all that is best in the English race. I know this, because I worked in a Red Cross London office in the early weeks of the war, and I found that the smallest appeal to the English public for help in clothing Belgians brought in a large response—a response, in fact, so overwhelming that it stuffed the office rooms with supplies. Personally, I have never dealt with a public that is so swiftly generous.

EASY WAY TO CLEAN SILVER.

This May Help You to Save Your Silver from Grease.

A simple way to clean discolored silver is to put a quarter of a pound of sal soda into a gallon of water. Place this on the stove and let it come to a boil. When at boiling heat dip in the pieces of silver, one by one, taking each out quickly. Wash in soapsuds and dry with a soft, clean cloth. This method takes about one-quarter of the time consumed by polishing.

Silver spoons or forks may be kept brightest if they are left for several hours in strong borax water. Silver that is frequently washed with ammonia water will need cleaning less often.

Silver teapots, being seldom in constant use, are very likely to become moldy. They can, however, be kept in perfectly good condition if, after washing and drying them thoroughly, a lump of sugar is placed inside. The sugar absorbs the dampness and keeps the teapot sweet and fresh.

Silverware should always be kept by itself and wrapped in tissue paper, each piece separately.

Silver dress trimmings may be cleaned by covering with magnesia and leaving for two hours.

Gallipoli.

Athens colonized the peninsula of Gallipoli more than 2,500 years ago. Its inhabitants, the Dolonkian Thracians, asked Athenian aid against savage neighbors, and Miltiades walled off the isthmus near Bular.

Rocks Tell Earth's Story.

In the quadrangle of the Grand canyon, known as Powell's plateau, the visible rocks represent in turn nearly every geologic age and the sequence or order of deposit of each series of beds is apparent at a glance.

Unqualified Indorsement.

"Is your wife a good speechmaker?" "Yes, sir," replied Mr. Meekton. "When it comes to eloquence Henrietta shines. I can say that, even though I never heard her in public."—Washington Star.

Poetic.

The Assistant—I have here a poem from a man serving a five years' term in the penitentiary. The Editor—Print it with a footnote explaining the circumstances. It may serve as a warning to other poets.—Puck.

For Insomnia.

A heaping bowl of bread and milk seasoned with salt and taken just before retiring is recommended by a famous English physician as a sure cure for the worst case of insomnia.—New York American.

Unreasonable Complaint.

The top floor tenant had a grievance. "The roof leaks," he said, "and if you can't do something to stop it"— "Leaks? Nonsense!" returned the landlord. "None of the people in the other flats say so."—New York Times.

Evading the Issue.

"Pa, Mrs. Gaddy asked me what your annual income was, and I evaded her question, as you told me." "What did you say?" "I told her I didn't think you had any other kind."—Baltimore American.

FOR THE HOLIDAYS.

Fascinating Gown of Metal Cloth For Evening Wear.

Silvery combinations still crowd to the front, and so this dance frock is fashioned of white satin, combined



BELLE OF THE BALL.

with metal cloth richly embroidered in silver thread. The dip of the skirt grades down into a pointed train, and silver beads give the shoulder straps.

But if a man is inclined to be foolish a silk hat won't save him.

No man has any rights that his wife's relatives are bound to respect.

THE IMPORTANT POINT

To remember with regard to Zam-Buk is that, unlike ordinary ointments, Zam-Buk is so refined that it is capable of penetrating to the seat of the trouble, which in the case of skin diseases and old sores is found in the diseased underlying tissues. This is due to the fact that Zam-Buk contains no animal fat or coarse mineral drugs whatever, but is entirely of herbal origin. Ordinary ointments, on the contrary, owing to the animal fat and mineral drugs contained in them, are incapable of penetrating beneath the surface skin, so that the relief, if any, can be only temporary.

In addition to this, Zam-Buk is a strong germicide, and having reached the underlying tissues, it destroys all germs and thoroughly cleanses the diseased parts. Then Zam-Buk's healing essences promote the growth of new skin and a permanent cure results.

Zam-Buk is best not only for old sores, eczema, and all skin diseases, but also for blood-poisoning, ulcers, abscesses, boils, scalp sores, piles, burns, scalds, cuts and all skin injuries. All druggists and stores, or Zam-Buk Co., Toronto, 50c. box, 3 for \$1.25.



ONE OF THE GREATEST MONUMENTS OF ROMANIA.

Directly in line with the Austro-German advance into Roumania through the Rothenthurm (Red Tower) Pass is the Wallachian town of Curtea d'Argesh, one of the most interesting places, historically and architecturally, in the whole kingdom. The National Geographic Society of the United States, has issued the following bulletin describing the unique village.

Not more than thirty-five miles south-east of Rothenthurm Pass, and twenty miles north-west of Pitesti, on the railroad which connects these two points, is Curtea d'Argesh, one of the oldest towns in Roumania and the second capital of the principality of Wallachia, founded in the nineteenth century.

When the famous Roumanian chieftain Radu Negru (Rudolph the Black) led a band of pioneers over the Transylvania Alps down toward the Wallachian plains he first established his court at the right bank of the River Argesch, which rises in the Transylvanian Alps and flows in a south-easterly direction, entering the Danube at Turtukal. Thus was Argesch established and one of Radu's first cares was to build a church on what tradition says was the site of a Roman temple. The beautiful pile of white and gold architecture now known as the cathedral of Curtea d'Argesch and generally recognized as the most impressive ecclesiastical structure in Roumania is supposed to have been raised on the foundations of the earlier church by the Wallachian Prince Nogoe, or Neagoe Bassarao, during the first half of the sixteenth century.

Roumanian history is highly colored with legends, and one of the most picturesque traditions handed down from generation to generation is that which concerns the erection of this cathedral. Prince Nogoes, so goes the story, was a prisoner in Constantinople during his early manhood, and during that period was commissioned by the sultan to build a mosque. When the work was completed Nogoes persuaded the pleased potentate to give him (the architect) the material which was left over. This was sent to Curtea d'Argesh, and when the prince finally returned to his native land he employed Manole, an architect, to erect a cathedral under his Nogoes' direct supervision. Thus a Byzantine-looking structure with certain Moorish embellishments began to take form, but the work proceeded too slowly to satisfy the prince, and Manole was ordered to hasten operations. The later, fearing for his life if the building were not soon completed, yet handicapped by a series of mishaps to the walls, was finally prevailed upon to listen to the superstitious advice of some of his associates—that the church walls would never stand until a living woman had been placed inside to support them.

"Who should be the victim? It was finally agreed between the architect and the masons that the first woman arriving at the church the next day with food for her husband should be sacrificed. All agreed to keep secret the method of choice, but Manole alone kept his word. The other wives, being warned, stayed away from the building the next day, but Utza, Manole's devoted helpmate, appeared as usual. With his own hands Manole placed Utza in a crevice and immured her.

"The walls fell no more after that, and the cathedral was soon completed. But the arrogant workmen were so boastful of their achievement that the prince, in disgust, had all the scaffolding of the church removed while the masons and the architects were putting the finishing touches to the roof. Thus, all the builders fell to death—all save Manole, who one day approached the parapet and, hearing his beloved wife calling him, fell to the pavement and died. A fountain, named for him, commemorates the place where he was killed.

Thus was the cathedral with its two large domed towers, and its smaller cupolas with their curious diagonal windows, completed. Since that time several monarchs have embellished it. Just thirty years ago it was repaired by Lecomte du Noury, a French architect. After his work was finished, King Carol and Queen Elizabeth (Carmen Sylva) were among those who participated in the service of consecration."