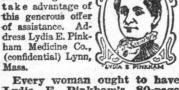
# FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped By Common Sense Suggestions.

Women suffering from any form of fe-male ills are invited to communicate promptly with the woman's private correspondence department of the Lydia E. Pinkham Medicine Co., Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence. A woman can freely talk of her private illness to a woman; thus has been established a confidential correspondence which has extended over many years and which has never been broken. Never have they published a testimonial or used a letter without the written consent of the writer, and never has the Company allowed these confiden-tial letters to get out of their possession, as the hundreds of thousands of them in their files will attest.

Out of the vast volume of experience which they have to draw from, it is more than possible that they possess the very knowledge needed in your case. Nothing is asked in return except your good will, and their advice has helped thousands. Surely any

woman, rich or poor, should be glad to take advantage of this generous offer ham Medicine Co.,



Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for

# Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

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# Guide-Advocate

WATFORD, NOVEMBER 22, 1912.

# NOTE AND COMMENT.

There's only one cure for present conditions. Make men hetter That's the mission of the church. The whole church must preach a whole gospel its whole time, in its whole strength, with its whole faith, to the whole world.

It is interesting to note that deposits in Canadian banks, not including deposits elsewere, have increased in one year to the extent of upwards of \$125,000,000, while current commercial loans in Canada have increased \$110,800,000 in the same period.

A British M.P., on his return from a visit to Canada, says Canadians are too fond of pleasure seeking. desire to get rich quick seems to prevade Canada and it is ten times more difficult for religious work to make progress there than in England.'

Winter has its joys. The flies are gone, and the mosquitos no longer present their bills. The laugh of the ice man is stilled, and the dust no longer blows across your Brussels carpet. The buzz wagon is sleeping. and the bicycle ceases to knock you off the sidewalk. The chickens do



not roost in your flower garden, and the summer girl does not hold you up for the ice cream.

Prof. Zephaniah Hopper, dean of the faculty of the Boys' Central high school, Philadelphia, is still teaching though at the age of 88 years. It is believed he has set a record which will not be easily approached for a long time, for he has been teaching in the Philadelphia schools for seventy years. While showing small trace of a breakdown, Prof. Hopper fears that he may soon have to resign.

Boys with hats on the back of their heads and long hair hanging down over their foreheads and cigarettes and very smutty stories in their foul mouths are cheaper than old worn out work horses. Nobody wants them at any price. Men don't employ them and sensible girls won't marry them. They are not worth their keeping to anybody and it is not likely that they will be able to keep themselves. If anybody should happen to read this who answers to the above description, let him take a look at himself and jump in a well and say: "Here goes

Officials of the House of Commons are now preparing for the opening of Parliament on November 21st, No. session for years has excited so much interest, and already the gentleman usher of the black rod is being overwhelmed with applications for tickets for the floor and dress galleries. Many are coming from the west to attend the opening, and the drawingroom hotel reservations are already being made for the anticipated crowd. The opening promises to be an unusually brilliant affair. Politicians are looking forward to the liveliest and most important session since the famous session of 1896 and there promises to be some momentous debates. Both sides are in fighting trim and are already preparing for a red-hot session.

The American people are drinking more whiskey and beer and smoking more cigars and tobacco than at any previous time, according to the U.S. tax returns. From July 1st to Oct >ber 1st, 1912, more than 3,800,000,-000 cigarettes were smoked, an increase of 1,000,000,000 over the corresponding period of the previous vear. The nation consumed 34,150,-000 gallons of whiskey during July, August and September, an increase of 450,000 gallons as compared with that quarter in 1911, while nearly 1,850,000 cigars were smoked during that time. A total of 19,800,000 barrels of beer were consumed during the three months, which was 320, 000 barrels more than in the same period of 1911.

We want girls with hearts; girls with tenderness and sympathy, with 'tears that flow for others' ills," and smiles that light outward their sunny thoughts. We have clever girls and witty girls and brilliant girls. Give us a consignment of jolly, unaffected, natural girls, warm hearted girls with lots of fun and coarseness; girls who can go out and romp in the snow and wash each others' faces, tug at a hand sled, roll asnow ball and think it no forfeiture to their dignity to frolic with their ten-year-old brothers. With a few more such girls the world would brighten up as June does under showery weather. Speed the day when the world is full of fun, to the extinction of the airy, affected, brainless mynxes who think of nothing but of self and face powder.

For the next six weeks 125 enlist ed men in the New York Navy Yard will be busy chewing 40 kinds of tobacco to decide what kind shall be bought for use in the navy. Bids were opened from 15 dealers who wish to furnish 200,000 pounds, about a year's supply, for the American navy. Prices range from 32 to 42 cents for various grades. The contract may not go to the lowest bidder. Chemical tests will be made and the men's decision will be the ultimate choice. Without knowing what kind they are chewing, the men selected for the tests will be questioned from time to time by a board' of officers as to how they like various samples. Their taste will be the final court of appeal as to who gets the bid.



Evils of Western Land Speculation.

If, says the Grain Growers' Guide, all the land under crop this year in Western Canada were laid in strips alongside the railways every foot of it would be within two miles of the track. Still a glance at the map published by the Department of the Interior shows that a considerable portion of the settlers in Western Canada are located at distances ranging from twenty to two hundred miles from the railway. And yet no one who travels across the praries in the train can help noticing that there are miles and miles of good land lying right alongside the track that are uncultivated and unused except as a breeding ground for gophers. This land is owned by speculators, the great majority of whom live in far away cities, in Eastern and Western Canada, the United States and Europe, and whose only interest in the land is to hold it until they can sell it at a profit usually to someone else who will do the same again a few years later. The farmer who is unable to pay the high price at which this land is held and the homesteader in search of a free grant must travel to and from his home many weary miles back from the railway, casting envious eyes as he goes upon the vacant lands he is not permitted to till. It is an outrage. The difficulties in pioneering are great enough in any case. To make them artificially greater in order that speculators may profit is monstrous.

### CASTORIA For Infants and Children. The Kind You Have Always Bought

Clean your soiled velvet collars with household ammonia and hot water. Let them dry and sponge with alcohol. Wise men worry over a lot of things that fools never think of.

The Bavarian postage stamp, designed by a German artist, is said to be the nost artistic in Europe. A great many men are afflicted with paralysis of the will.

There is one consistent thing about achelor-he rips when he sews Most of us would rather hear an enemy

oasted than a friend praised. The trousseau and the honeymoor usually wane together.

# FOR SKIN DISEASES

A Treatment that Costs Nothing Unless It Provides Satisfactory Relief.

We have a grayish-white ointment with a pleasant odor that is clean to use, which we believe is the best known remedy for the relief of skin diseases. It is especially efficacious for overcoming eczema in all its various for overcoming eczema in all its various forms, ringworm, acne, pimples, blotches, insect bites, tetter, certain forms of ulcers, sores and wounds. It is strongly antiseptic, cleansing, soothing and healing. It stops all itching and burning caused by skin eruptions.

We are so positive this ointment is unsqualed that we offer it with the distinct

equaled that we offer it with the distinct

equaled that we offer it with the distinct understanding that if after having given it a reasonable trial, you are not satisfied with the results, you have only got to tell us and we will, without quibbling, return every cent paid us for it. We exact no promises or obligations whatever.

We want you to try Rexall Eczema Ointment. The first application gives a refreshing sense of relief, and because of its germ destroying power, it eradicates the germ or parasite which causes eczema and many other eruptions. It quickly allays the inflammation, gives protection to the inflamed surfaces, and helps restore healthy tissue. It is particularly active in relieving tissue. It is particularly active in relieving skin ailments peculiar to children. You certainly cannot lose anything by trying it. We would not dare make this offer except we are positive Rexall Eczema Ointment will satisfactorily benefit you. Two sizes, 50c. and \$1.00. Remember, vou can only obtain it at our store — The Rexall Store-J. W. McLaren, Watford.

# LIQUID CURES EGZEMA WHERE SALVES FAIL

In regard to skin diseases, medical authorities are now agreed on this:

Don't imprison the disease germs in your skin by the use of greasy salves, and thus encourge them to multiply. A true cure of all eczematous disease can be be be the skin to multiply. A true cure of all eczematous disease can be be be to the skin to the regular dollar bottle which has cured so many cases, we have

true cure of all eczematous disease can be brought about only by using the healing agents in the form of a liquid.

WASH THE GERMS OUT.

A simple wash: A compound of Oil of Wintergreen, Thymol, and other ingredients as combined in the D.D.D.

This trial bottle will start the cure, and give you instant relief.

# T. B. TAYLOR & SON, Druggists, Watford.

Dad's Dope. This is the open season for buckwheat

It was said that Abdul Hamid was erazy when he was deposed. The wily old Sultan was wiser than he know.

Toe "Whirling Dervishes do not seem to be able to whirl to Bulgarian rag-time. For the first time in his career Baden-Powell was made a prisoner yesterday, surrendering his heart and sword to General Cupid.

The play called "The Taxas Steer" has been taken off the stage. On account of the advance in the price of beef the people could not afford to look at it. The only interest the ultimate con-

sumer has in a brewery merger is the effects it will have on the height of the collar in the glass of his favorite bever-A new German cure for insomnia has been discovered. It consists of applying an electric current to the base of the brain. The warden at Sing Sing has experimented with the treatment, and

can recommend it to all desiring a per-

A Sioux City woman has divorce suits pending at the same time. The case against her first husband, from whom she thought she was divorced, was set aside. In the interval she again mar-ried, and now expects to be relieved of both encumberances.

The street cars on a Toledo line are equipped with mirrors. The mirrors are not for the purpose of giving the women passengers an opportunity to adjust headgear or stray curls, but for the benefit of the motormen. They are placed on the front door of each car and will enable motormen to notice whether all passen-gers are on or off the car and aid them to avoid accidents.

#### A Little of Everything.

Never call a new acquaintance by a Christian name unless requested to do so, A woman's idea of saving is to buy on

A woman says that all men are equal

It makes dad shiver and squirm of mornings to roll out in the chill of early dawn, while "mom" remains in bed and cuddles down until the fire gets started.

Some people don't enjoy good health because they are never happy unless they have something the matter with

BILIOUSNESS BURDENS LIFE. - The bilious man is never a companionable man because his ailment renders him morose and gloomy. The complaint is not so dangerous as it is disagreeable. Yet no one need suffer from it who can procure Parmelee's Vegetable Pills. By regulating the liver and obviating the effects of bile in the stomach they restore men to cheerfulness and full vigor of action.

A ranch near Penticton planted five acres in cucumbers this season. Every acre produced upwards of 12,000 cucumbers of market size. At 2 cents each the grower would have received \$20 an acre. grower would have received \$20 an acre, or \$1,000 for the crop. He shipped two or three trial lots to Vancouver. The wholesalers didn't return the grower enough to pay expenses of shipping.—

Where can I get some of Holloway's Corn Cure? I was entirely cured of my corns by this remedy and I wish some more of it for my friends. So writes Mr. J. W. Brown, Chicago m "You will not be asked, be assured, on

the last day, 'What part did you play on the stage of life?' but the question will be "Did you play that part well? Did you live to your obligations to yourself and your fellow man?"

Milldew is easily removed by rubbing or scraping a little common yellow soap on the article, and then a little salt and starch upon that. Rub all well and place it in the sunshine. Ammonia is good in washing fine lace and muslin, and flannels also as it keeps them soft.

THE CRICK IN THE BACK .- "One touch of nature makes the whole world kin," sings the poet. But what about the touch of rheumatism and lumbago, which is so common now? There is poetry in that touch, for it renders life miserable. Yet how delighted is the sense of relief when an application of Dr. Thomas' Eclectric Oil drives pain away. There is nothing equals it.

Draw a circle round your church, and the activities centering there. The church is the most important organization in the world, without exception. The preservation of human society depends upon it. The paramount duty of every Christian is to ask himself, "How can I do better in relation to my church?"

The sunflower is a valuable plant. Its seeds make fine food for live stock, its oil is equal to the best linseed, and its stalks is as good as coal for producing heat.

Parents buy Mother Graves' Worm

There is only a little over five weeks before Christmas, and shoppers should endeavor to alleviate if ever so little—the pressure and strain that the Christmas season brings to merchants and their employees.

By shopping early good will is shown, not only to the friends to whom the gifts are sent, and to those who through necessity cannot do their shopping until after the December pay-day, but to the clerks as well.

Early shopping, means not only early in the season, but also in the first hours of the day. Many women can not leave home until afternoon, and if those who can, will shop in the morning it equalizes the day's work for the clerks, and spares them the strain of the last hour rush. With early shopping done by all those who are able, the demand on the employees for long late hours during the weeks before Christmas will grow proportionately

This is not only a duty, it is an opportunity for every one to help a little in the cause of social service.

#### Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts direct-ly upon the blood and mucous surfaces, Hall's Cure is not a quack medicine. It was prescribed by one of the best phy-sicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly upon the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials,

free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, 75c.
Take Hall's Family Pills for constipa-

## Let Us Have Pie.

Pie eating is a confirmed American habit that has thousands of faithful adherents in this Canada of ours Heretofore it has been condemned as a prolific producer of digestive disturbance, but we now have high medical authority for a popular and nourishing pastime. The New York Medical Journal says: proper place pie is not only a palatable but a nutritious staple, an excellent vehicle of carbohydrates and fruit. It is not essentially indigestible, and demands only proper mastication and insalivation to insure lack of discomfort." other words, if we chew pie as persistently as we chew the rag about the indigestibility of pie we shall find it as sweetly digestible as it is blandly delectable. Now, however, comes the crux of the pie matter. We customarily "top off" with pie and cheese after we've had a hearty dinner and enough, but if we eat lightly and then have pie, or make pie and cheese answer for a whole meal, there is not the slightest ill effect from it.

# **GOOD HEALTH** Vim and Vitality

Are assured if you will cleanse your stomach of undigested food and foul gases; the excess bile from the liver and the waste matter from the intestines and bowels by the use of

## FIG PILLS

the great fruit, kidney, liver, stomach and bowel remedy.
At all dealers 25 and 50 cent boxes or mailed by The Fig Pill Co., St. Thomas,

Ont.
Sold in Watford by J. W. McLaren Druggist.

Mr. W. P. Forshee, Florence, met with a painful accident on Sunday. While feeding a calf he was knocked against a Exterminator because they know it is a safe medicine tor their children and an effectual expeller of worms.

Early Shopping.

Theeas stove p the gr can. It -ready

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The Best Wor Samples

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GEORGE D.D.S., TRINITY UNIV College of Dental Surge Bridge and Crown work. work. The best methods of natural teeth, OFFICE—Over Thompes ST., watford. At Queen's Hotel, Arkon of each month.

G. N. HC D. D. S. RADUATE of the Roy geons, of Ontario, a