

Byno's Hypophosphites

A General Tonic

An excellent tonic which quickly restores strength and energy to the system when run down, or suffering from the effects of illness. It stimulates the digestion and enables those who suffer from loss of appetite to enjoy their meals thoroughly and derive full benefit from them. When feeling weak or easily becoming tired after slight exertion, Byno's Hypophosphites is invaluable.

Obtainable from all Chemists, Stores, etc., throughout the B.W.I.
Allen & Hanburys Ltd., London.
H. S. HALSALL, Special Representative for the B.W.I.,
 P.O. Box 57, BRIDGETOWN, BARBADOS.

SIDE TALKS.

By Ruth Cameron.

ARE WOMEN GOOD SPORTS?



On a shopping trip to the city not long ago, I ran across a friend who has taken up the teaching of physical training. We were talking of her work as we walked along the avenue. "Here comes one of my girls," she said as a young girl came toward us. But her teacher's smile and word of greeting she responded with a stiff nod, and passed on with her head in the air.

That sort of thing would be amusing if it weren't significant of a certain character deficiency which I lay to the sex rather than to any particular girl," said my friend as we walked on. "In other words, my experience in teaching young folks has taught me that girls are poorer sports than boys—poorer losers."

Being interested in her deductions, I urged her to explain further. "Can't get over a fall down. 'Well, take that girl for example,' she said. 'She has given me a lot of trouble in class. She doesn't care for gymnastics particularly; and she's always getting excited on one score or another, and then she sits on the side lines and looks at the girls who are going through the drill and laughs at the awkward ones and is generally annoying. I spoke to her sharply a week ago and she has never forgiven me. On the other hand, I had occasion to single out a boy in one of my classes for a call-down not long ago, and instead of resenting it, he tacitly acknowledged the justice of the rebuke, seemed to have more respect for me because I hadn't let him get away with it and has been one of my stand-outs ever since.'"

Another time a friend told me that she was asked in a newspaper interview recently, if she thought that women in politics had reached the stage yet where they can give and take, win and lose, as dispassionately as men. "They give but don't forgive," she answered. "Believe me, I've heard some pretty snappy propaganda from the party politicians. But when it comes to taking as strong as they give, forgetting it, and meeting on the old friendly pre-war basis next day—no, they haven't gotten there yet. As to losing gracefully and winning temperately—well, I think they have a lot to learn from experience there. I know some women who voted on the losing side in the last election who declare they are through with politics, they are

never going to vote again, as long as they live, just because they lost. On the other hand, I know of more than one woman whose party rode to victory who took occasion to 'rub it in' in a very nasty manner when she met her erstwhile opponents, forgetting that it is the part of the victor to be magnanimous."

What Has Been Your Experience? These are the opinions of two acquaintances of mine. How about it, Reader Friends? Do you think that women are poorer sports than men? Are we less willing to admit when we are in wrong and take our medicine? Do we lose out in our arguments and our games less gracefully? Are we less willing to yield the victory to the winner cheerfully? Less level headed in our victorious moments? More vindictive generally? What do you think about it? I wish you'd write and tell me.

He Would Not Be Without Them

Quebec Man Absolutely Relieved of Backache

Mr. Alfred Gagon recommends Dodd's Kidney Pills to all who suffer. Moulins Berstins, Que., Feb. 27.—(Special).—"A few words about your Dodd's Kidney Pills. They have done me much good," states Mr. Gagon, a well known and highly respected resident of this place. "For pains in the back and kidneys, I have taken Dodd's Kidney Pills and they have done me good immediately. I always keep a box in the house. Today, thanks to your pills I am quite relieved of my trouble and recommend them to all who suffer. Kindly send me one of your almanacs."

Dodd's Kidney Pills are purely and simply a kidney remedy. They act directly on the kidneys, strengthening them and putting them in condition to do their full work of straining the impurities out of the blood. Dodd's Kidney Pills have been in use in Canada for more than thirty years. They demonstrated their worth in the most serious forms of kidney disease, such as rheumatism, dropsy, diabetes, neuralgia and sciatica.

Just Folks.
 By EDGAR GUEST.
 MA AND I

We've had our little ups and downs. We've had our ins and outs. I know I've frowned my share of frowns. And seen her share of pouts; There's been no magic in our years To whisk despair away. We've shed our share of bitter tears And had our share of play. Time was I wooed as lovers do When Ma was young and fair. And she was pretty just like you With ribbons in her hair. And then there came our wedding day When all her people cried. But choked their sobs enough to say She made a lovely bride. Well, that was twenty years ago. And twenty years of life. Bring nearly all there is to know Unto a man and wife. We've walked from youth to middle age. From middle age to gray. And can't recall at any stage When magic smoothed the way. Keen disappointments we have known Of loss we've felt the pain. Two hearts beat to a bitter tone. She's heard my language plain; I've done my work from day to day. Been foolish now and then. But Ma has always found the way To set things right again. There's nothing marvelous at all About our patch of life. We were determined not to fall Apart, as man and wife. So arm in arm we've jogged along. Death fair or cloudy sky. And here we are, still going strong. Your lovely Ma and I. Capes are plain of back, with the very smart additional front fullness. Many of the sports costumes have diminutive cap sleeves, or not at all. Brilliant laces and lame moire are used for very beautiful evening capes.

Largest and Smallest Engines

A young jeweller of Hillsboro, N.D., has made a tiny engine, run by compressed air, which is only three-quarters of an inch long and weighs only 2½ grains. The diameter of the cylinder bore is 28-1000 of an inch, the diameter of the flywheel is 9-64 of an inch and its stroke is 38-1000 of an inch. Contrasted with this is a valve used by the Ontario Power Company of Niagara Falls, which is 31 feet high, weighs 65 tons, and has a water-opening 9 feet across, so that an automobile full of men can stand in it.

Frightened Passenger

PULL RUDDER CONTROL CAUSING CRASH, AND FOUR ARE KILLED. Buenos Aires, Feb. 17.—Four passengers in an airplane were killed and the pilot was seriously injured when the airplane crashed at Ceres, in the Province of Santa Fe. The crash was due to a frightened passenger in the plane seizing and pulling the rudder control.

"Cascarets" 10c if Dizzy, Bilious, Constipated

To clean your bowels without cramping or over-acting, take "Cascarets." Sick headache, dizziness, biliousness, gases, indigestion, sour upset stomach and all such distress gone by morning. Nicest laxative and cathartic on earth for grown-ups and children. 10c, 25c, and 50c boxes—any drugstore.

Clears Show Window

The fogging of show windows, if they are of the boxed-in type, may be prevented by placing a flat glass or porcelain dish containing calcium chloride in the window. This chemical substance quickly absorbs moisture from the air, with the result that the moisture is prevented from condensing against the outside glass. The contents of the dishes must be renewed every two or three days, and the moist calcium chloride thoroughly dried, after which it may be used again.

Fads and Fashions

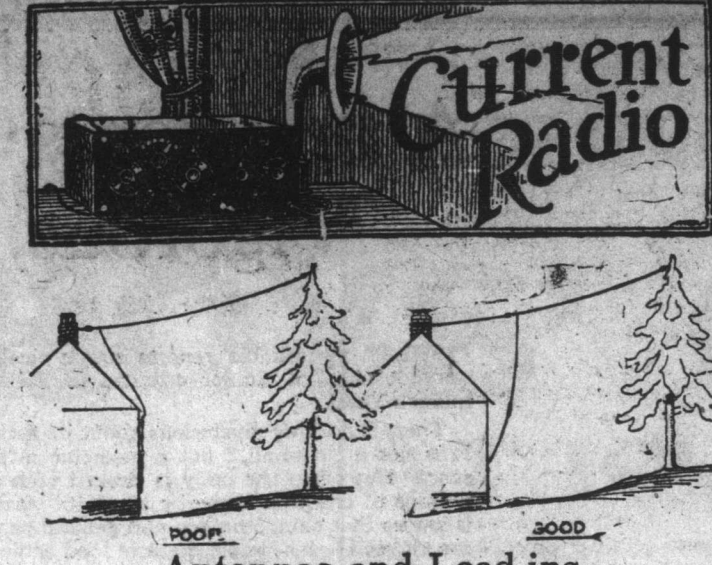
The silk suit is excellent for spring. Pastel shades lead in all woolen materials. A chic neckline is the deep, loose narrow V. The slender silhouette becomes more supple. In kasha, natural shades, beige and gray lead. Paris clings to its devotion to natural kasha. On every frock, the back is invariably plain.

Pompeian FOR BEAUTY

Aids to Beauty

THE Pompeian Beauty Toilette has long been the choice of the loveliest women in every clime to accentuate their charms. The use of Pompeian Beauty Powder will not change your looks but will greatly enhance those you already have. If your skin lacks clearness or velvety smoothness, Beauty Powder will modify these faults—if it is naturally lovely then the correct shade of Pompeian will make you even more attractive. To attain a creamy skin suffused with that delicate glowing color which lends charm and speaks youthful beauty, you must choose the right shade of Powder and Rouge. Study your skin and select the tone that will harmonize with your natural coloring. The best results are obtained by first using Pompeian Day Cream (vanishing) which forms an excellent base for Beauty Powder, causing it to adhere for hours.

At all Druggists and Department Stores
 THE POMPEIAN COMPANY
 Cleveland, Ohio, U.S.A.



Antennae and Lead-ins

EDITED BY JOHN M. CLAYTON.

It is highly essential that your antenna be clear of all objects. Don't run it through trees; don't run it directly over your house if it is at all possible to keep it away from it; if the antenna must be attached to a tree, use a length of rope to attach the end of the antenna to the tree and be sure that the insulator is so placed that the antenna is at least 5 feet away from any branches. Of course you can still hear stations if all these "don'ts" are violated, but the chances are that you will hear many more if you adhere to these rules, than you would if you don't.

In the matter of lead-ins, it seems to be the universal thing that practically all broadcast antennae have lead-ins which have a great deal of losses. KEEP THE LEAD-IN AS FAR AWAY FROM THE HOUSE AS POSSIBLE. DON'T "back" the lead-in to the house by means of porcelain knobs. This is perfectly satisfactory in general house wiring practice, but a radio installation is far from being an ordinary electrical installation. If possible, dead end the lead-in end of the antenna so far from the house that the lead-in

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Archie Marks Co. in Splendid Play

The performance at the Casino last night by the Archie Marks Players was cleverly interpreted and the Company again scored a success. Miss Archie Marks is charming as Bobby Howard, the unspooled daughter of Colonel Howard, and gives the role beautiful touch of finesse. Lindsay E. Perrin provides some sure-fire comedy as Uncle George, the humourous colored character. Mr. Perrin's humour is strikingly original. Miss Agnes Stutz scores well as Mathilda Martin. Paul Brady is every inch the southern colonel and the role gives him broad scope for the development of this character. W. L. Phillips as Aunt Caroline provides comedy in galore and his impersonation is of exceptional quality. The remainder of the cast is seen to good advantage in the various roles. The setting clearly shows that special attention has been given to every detail as it is typically original.

The vaudeville consisted of songs by Mickey Kane; Violin selection by



Try freezing mince pie and serving it with Roquefort cheese.

With red outlets one might serve slightly salted grilled almonds.

Acid Stomach!! Gas, Indigestion

Chew a few Pleasant Tablets—Stomach Feels Fine!



Instant stomach relief! Harmless! The moment "Pape's Diapiesin" reaches the stomach all distress from acid stomach or indigestion ends. Immediate relief from flatulence, gases, heartburn, palpitation, fullness or stomach pressure.

Correct your digestion for a few cents. Millions keep it handy. Druggists recommend it.

Merrile Scott; L. E. Perrin in Watermelon and The Lads and Lassies in Irish Review. It is impossible to define the best items as they were all faultlessly rendered and warmly applauded. Monday's play is "The Other Man's Wife," tickets for same are now selling at Hutton's Music Store.

Try freezing mince pie and serving it with Roquefort cheese.

Church Services

C. E. Cathedral—7 and 8, Holy Communion; 10, Matins; 11, Holy Communion (choral); 2, 4, 5, Sunday Schools; 6, 30, Evensong. St. Thomas's—8, Holy Communion; 11, Morning Prayer, Holy Communion and sermon, prophecy, the Rector; 3, Young People's Church Service; 3, 4, 5, Holy Baptism; 6, 30, Evening Prayer and sermon, preacher, Rev. W. E. Godfrey. Christ Church, Quill Viad—3, 30, Evening Prayer and Sermon. St. Mary the Virgin—8, Holy Communion (Corporate for Sanctuary Guild and Bible Classes); 11, Matins; 11, 30, Holy Communion; 2, 30, Sunday School; 2, 4, 5, Bible Classes; 4, Holy Baptism; 6, 30, Evensong. St. Michael and All Angels—8, Holy Eucharist; 10, Matins; 11, Litany and Holy Eucharist (sung); 2, 30, Sunday School, Catechism and Faith Class; 4, 15, Holy Baptism; 6, 30, Evensong.

METHODIST. Gover St.—11 and 6, 30, Rev. Hammond Johnson. George St.—11 and 6, 30, Rev. R. E. Fairman. Cochrane St.—11 and 6, 30, Rev. C. H. Johnson. Wesley—11 and 6, 30, Rev. J. G. Joyce. Gospel Mission—2, 30 and 7, Evangelistic Services.

St. Andrew's Presbyterian Church—11 and 6, 30, Rev. R. J. Power, M.A. 6, 30, Rev. D. L. Nichol.

C.M.E.C.—8, Corporate Communion; 3, in Synod Building, subject: "The New Learning," illustrated with lantern slides.

BOYS' SUITS

FIT 8 TO 15 YEARS.

IF YOU WANT A SUIT—Of good appearance



that will give long service at an especially low figure

SEE THIS SPECIAL AT 8.70

Made in the Newest American Style— Rugby Coat, knife pleated at front and back, with yoke and full belt. Pants open knee style. Good, durable Union Wool Tweeds in serviceable Greys, Browns, Heathers and Lovat shades.

ALL SIZES

ONE

PRICE

8.70

ALL SIZES

ONE

PRICE

Ayre & Sons

Feb 27, 1925

Your Druggist Sells SANITAS FLUID.

Ask your Doctor About "Sanitas"

Here are a few reasons why you should use "Sanitas":

- Because "SANITAS FLUID" is efficient, and rapidly destroys diseased germs and infectious matter.
- Because in addition to its germicidal properties, "SANITAS FLUID" is the only disinfectant that oxygenates and thereby purifies and vitalises the air.
- Because "SANITAS FLUID" is the only natural disinfectant, and is devoid of all objectionable qualities.
- Because "SANITAS FLUID" is nice in itself, fragrant and non-poisonous.
- Because "SANITAS FLUID" does not stain linen.
- Because, being non-poisonous, there is absolutely no danger of your children and servants being poisoned, even if they drink "SANITAS FLUID."
- Because, as it does not stain, "SANITAS FLUID" may be sprayed in the air and over bed-clothing and sheets without damage.
- Because "SANITAS FLUID" is not sticky, or corrosive or evil-smelling.
- Because "SANITAS FLUID" is a direct health agent, and, apart from its disinfectant action, assists patients to get well again.
- Because, knowing all these things, the medical faculty at large recommend "SANITAS FLUID" after practical trials extending nearly half a century.
- Because you can absolutely avoid getting a bad sore throat by gargling with "SANITAS FLUID" and water.
- Because "SANITAS FLUID" adds the most wholesome tone, purity and fragrance to the bath.
- Because, used as a mouth and tooth wash, "SANITAS FLUID" prevents disease and discoloration of the teeth.
- Because wounds washed and dressed with "SANITAS FLUID" always rapidly heal.
- Because "SANITAS FLUID" is the best deodorant known; it is the united breath of the ocean and the pine forest, and instantly removes all unpleasant odours.
- Because "SANITAS FLUID" is cheap and good.
- Because doctors, nurses and patients alike know and will tell you that for security, comfort and success there is no other disinfectant and health agent to compare with "SANITAS FLUID."

"Sanitas" is NOT Poisonous.

Feb 27, 31, 1925