MILLINERY DEPARTMENT

YOU ARE ALWAYS WELCOME AT OUR STORE.

leave it to you whether or not our Coats are worthy of your preference.

the throwing of cold water on the

firmness to the bust and a correct chest

waist, palms outward. Then stretch the hands, still clasped, as tar from

the waist line, downward, as possible

Do this ten times each morning,

I am giving you herein a formula

breathing deeply the while.

Announcing a Large Shipment of

THE SATISFACTION OF EVERY CUSTOMER IS OUR AIM.

LADIES' FALL and WINTER COATS.

LATEST LONDON AND NEW YORK STYLES—THE NEWEST AND MOST UP-TO-DATE MATERIALS-CLOTHS, TWEEDS, PLAIN AND CORDED VELVETS, ETC. To fully appreciate their attractiveness you must see them. Come and try on a few. We

Ladies' Untrimmed and Ready-to-Wear Hats BLACK AND COLOURED FELT, VELOUR, VELVETEEN AND VELVET - BEAUT.

FUL, STYLISH, SERVICEABLE HATS To see the beautiful New Hats in our Millinery Department is to be charmed by their at.

tractiveness and pleased with the remarkably low prices asked for them. Come and see the We are sure you will buy.

CHILDREN'S AND MISSES' WINTER COATS.

A Small Shipment Children's and Misses' Tweed and Velvet Coats, finished in the latest American Style.

Marshall Bros

Pity The Doctor. By RUTH CAMERON.

in several other details had differed for this than to clasp the hands at the

massaging.

been strong for No woman should be flat-chested. U

A friend and I sense of their patient's suffering and were comparing the anxiety of his family. notes the other And so, though I envy doctors, day on how dif- pity them too. Pity, you understand, ferently our doc- in the same sense in which all of us tors had treated who think must sometimes pity such cases of the ill- men as President Wilson and Foch renowned "flu" and Pershing and Clemenceau and which had occur- Lloyd George. red in our respective families Milady's Boudoir Her doctor had

fresh-air treat- she is not full-busted, she may, at ment, and had least, have a chest expansion that pooh-poohed t h e will cover any such deficiencies. Deep value of gargles breathing will, of course, do this, and My doctor had laid much stress on chest every morning will develop the fresh air, but had been keen for bust; but it is well to have some warmth and had assured me to my systematic exercise as well to give a capacity of nurse, that I would find gargles an excellent preventive, and position. There is no better exercise

Not One Case Lost Out Of Five Hun-

Now her physician is a town specialist with a very fine reputation. Mine is a country doctor not so well known, for developing the bust. Do remember but possessing the desirable distinct that in all massage of the bust the uttion of having handled 573 cases (at most care must be taken or the result that time) of the influenza, and not might be very serious. Never should

Each brought his patient through for the bust. The bust developer is very finely; but whether one won his case because of his treatment and the other in spite of it, or both because of, or both in spite of, who can say? Do you know, I pity doctors?

We Expect So Much of Them.

We expect so much of them, we look up to them as almost demi-gods, and they have so little power, so little not fuss and fume when her hips beknowledge, in comparison with the gin to plump. Naturally, increased vastness of their subject.

Understand, I am not decrying the ure, and girlish lines bid fair to be profession. No one honors it and the submerged. splendid men in it more than I. I only mean to bring home to those who hips, but it must be done each mornperhaps have not thought of it, what ing, and not three times this week and shoulders of the average ...hysinian, both hands along the sides of the body, and what courage it must take to bear and proceed to roll yourself about the it with the patience and the good floor for at least three minutes and

Every Patient A Professional And A Personal Crisis.

True, "Our neighbors' troubles do surface upon which you roll the more not keep us awake nights"; but look- effective is the exercise. ing at it only in the professional l'ght, every case is the doctor's own prob-. lem, a part of his reputation. And be- sprinkle it about any place they haunt. That we sides that, I think most snuccessful

READY FOR DELIVERY

SENNA.

100 boxes, 7 lbs., 1 oz. 100 boxes, 7 lbs., 1 oz. SENNA LEAVES.

Soper & Moore Wholesale Importers and



Oh, we've got to pull together, when add one slice of onion and a little mixsize of hips adds maturity to the figthe work of war is done. For the truth that is triumphant and the peace that we have won; The rolling exercise will reduce the the striving and the strain,

But as soon as we have rested must go to work again. a burden of perplexity rests on the once next. Lie flat on the floor, place Oh, we've got to pull together for the better day. problems grave before us.

there are doubts to clear away.
We have fought for right and justice;
now we've got to make it plain
By the manner of our living that we
have not fought in vain. possibly five. You will very likely find it more comfortable to place a couple By of old quilts upon the floor during the exercise. However, the harder the We have trimuphed o'er the tyrant, we have made his carnons cease, We have fought for human free-lom uncompleted:

served no selfish purpose Baked pumpkin is good served on When we sent our boys afar. by side to death we've stood, w we still must stand together for our nation's greater good. There are many tasks before us. w shall all be sorely tried;

must prove by all we are

We must live the peace of justice for which every soldier died A Griffith Story.

The following incident was told to me recently by Mr. W. D. Griffith, the producer of the war film on which our new serial is based.

As he stood one evening chatting with the manager of a big theatre where "Hearts of the World" was being played, he was accosted by an of

cer in uniform.
"I know that there is no 'fake' about your film, Mr. Griffith," said the of-ficer gravely, "for I have just seen my brother killed before my eyes."

Mr. Griffith tells me that three of Mr. Griffith tells me that three of his staff of nine camera operators who were engaged for over a year on the Western Front taking photographs for the play, have been decorated by the French Government. Between them they took over fifty miles of pictures, of which about two miles were actually utilised for the story as now shown on the screen.

Honoring the Oyster

OF COLCHESTER.

The ceremony of opening the Colchester (Eng.) oyster fishery took place recently, when the corporation steamed in a dredger over the fishery, and the mayor having made the first haul of oysters, according to a custom dating back 800 years, the ancient charter was read, and the civic dignitaries consumed gin and gingerbread. An oyster luncheon followed. The corporation has presented 10,000 oysters to the military ospitals at Colchester.

Tasty Dishes

MADE OF FISH. Fried Codfish.

Three pounds codfish, boiled in ches. Some heartsick rulers vainly water with a little vinegar for 10 nin- try to smile while taking bitters; up utes. Make a thin batter with one goes the price of whiskers dye, of apegg, flour and milk and salt. Cut cod- plejack and fritters. It's easy turning fish in slices, dip in batter and fry in deep hot lard to a golden brown.

Eggs. Select the thinest and hardest hali- vinced that war is cheesey, will bringout; soak twenty-four hours in cold ing prices down again, think you, be vater, with the flesh side down, only quite so easy? Will Jinks, the grocer, cover with water. Broil over hot blithely say, "We've had good rews" coals; serve with poached eggs and from Sweden, so I can cut the price

Filet of Halibut Sauce. Mix the yolks of three eggs, three ter, so I will now reduce the price of ablespoons olive oil one-third of a cup that star-spankled sweater?' let's hope of vinegar and one-fourth of a tea- such things will come to pass, when spoon salt. Cook over hot water, stirring constantly until the mixture while, as we dig the brass, cut out the thickens then add one tablespoon fine- ! ly chopped parsley and a few grains

Boiled Halibut.

To one pound of halibut add a cup of hot water and let it come to a boil: ed cloves. Boil slowly five minutes, then add a half cup cream or milk, or We may let down just a little from if the former cannot be obtained, add \$8.50 St. John's, Nfld., which certain butter the size of an egg and thicken with a tablespoon of flour; add two sidering, it may be said that Newhard boiled eggs, cut into square pieces. Serve with mashed potatoes. Fish Timbals With Normandy Sauce.

Remove the skin and bones from a sale a few weeks ago of several lots thick piece of halibut, chop fine and at \$11.25 ex-dock cannot be considforce through sieve; there should be ered as having weakened the market one and a third cupfuls pounded in a in any material respect, for the selmortar, adding gradually the whites of lers "forced the market," so to speak. two eggs, then add one and a fourth and the pressure of their offerings cups of heavy cream. Season with naturally had its influence on the salt, pepper and cayenne. Turn into price of the goods thus offered. In buttered timbal molds, set them in a most quarters holders are quoting pan of hot water covered with butter- within the range, many holding fored paper and bake until fish is firm. \$12.50, regardless of the size of the Turn on a serving dish and pour the fish. Importers have been further Normandy sauce around them.

Rheumatism.

If you are suffering from Rheumatism or Lumbago you can use nothing better than Stafford's Liniment. large, while medium herring are It is the strongest and most penetrating Liniment for sale in Newfoundland at the present time.

Indigestion and

Dyspepsia.

Stafford's Prescription "A" is known everywhere to be the best preparation you can take for Indigestion, Dysppesia, Catarrh of the Stomach and Nervous Dyspepsia. **Coughs and Colds.**

Stafford's Phoratone. The best preparation for all kinds of Coughs, Colds, Bronchitis, Asthma and Various Lung Troubles.

The above 3 Specialties are stocked by over 300 Outport Merchants and can always be relied upon for their medicinal qualities and beneficial results.

basis of \$1.30 and 1.50, in various quarters, the inside price being a reduction of the former quotation of \$1.40—N. Y. Fishing Gazette.

When you want something in a hurry for the goal of FILIGY.

DR. F. STAFFORD & SON. Wholesale and Retail Chemists and Druggists, St. John's, Newfoundland.

PEACETIME PRICES.



When doves of peace are soaring round, and eagles quit their yapping, will things ost just as much pound as when the hosts were scrapping? The prices rise without a break, t h e snowclad summits striking; a no effort does i

seem to take a keep the blamed things hiking. The news is flashed across the sea that some one's goat is taken; up goes the price of prunes and tea, and succotash and bacon. A bunch of kings have soaked their crowns, we read in late dispatches; up goes the price of handmedowns, and pointer pups and mat-"reasons" loose, most any fake suffices, the punkest sort of cheap ex-Broiled Smoked Halibut with Poached cuse will do for raising prices. When war dogs crawl into their den, condish them with the halibut as if for to-day, on all the things you're need-

in'?" Will Grimes, the clothier, say, "It's nice to know that Russia's betdoves of peace are soaring, and mean-

Salt and Pickled Herring.

factors in the trade have been confoundland splits of good quality are held firmly at the prevailing quotations of \$12 and 13 per barrel. The strengthened in their ideas by the fact that packers in Newfoundland have been quoting on a slightly higher basis. Round herring is now offering in New York, and the large, while medium herring are quoted variously from \$11 to \$12.50 per barrel. There are only limited quantities of round herring this season at all. In Newfoundland, however, the price continues slightly higher than splits, the differential being in proportion to the high and low level of prices here. Other salt and pickled herring are in light demand, and it is noted that marinated herring in hard to get.

10-pound pails is now quoted on the

a hurry for tea, go to ELLIS'-Head Cheese, Ox Tongue, Boiled Ham, Cooked Corned Beef, Bo-

basis of \$1.30 and 1.50, in various

FURNITURE

There is no need for us to go into detailed description with regard to the quality or quantity of Furniture we stock, it is already well known all over the Island.

Here we announce the opening of new shipments. We are ready to furnish your Bedrooms, Dressing-rooms, Bathrooms, Dining-room, Drawingroom, Den, Library, Living-room, Halls and Kitchen with everything necessary to make your home absolutely perfect in every detail.

When you want just what is newest and best in Furniture, remember the address below is that of the finest house-furnishers in Newfoundland.

U. S. Picture & Portrait Co. St. Johns.

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CHOICE PICKLED MEATS

Just Arrived.

200 tierces Choice Spare Ribs, 100 barrels Libby's Family Beef, 50 barrels Libby's Special Family.

GEO. NEAL

Attention To The Trade!

Bulked and Package Chocolates, Bar Goods, Assorted Icings, Cocoa, and a great Variety of Christmas Novelties and other Confections.

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Forty Years in the Public Service-The Evening Telegr

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Boys' Black & to fit from

Boys' Black Du to fit from

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STEER

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Never was there a mor parel needs. Never were a sive, never were there grea taste in selection. We do no previous efforts; that garme practicability are seldom to

TIME T

And these splendid gar ioned and so delightfully tr lect a Coat that will meet e quate protection on cold, wi

> SPECIAL \$12.95

SPECIAL \$17.75

BRAN, etc. 200 Sacks Bran received to-day. 200 Cases "Quaker" Brand Toma-

toes, 3's. 25 Cases "Quaker" Brand Golden Wax Beans, 2's.

SPECIAL!

50 Gross Shirriffs Jelly Powders, \$20.00 Gross, \$1.70 Dozen, 15c Package.

C. P. Eagan