NAVAL RESERVIST GROUPS!

THE GROUP OF THOSE THAT LEFT HERE ON THE "NIOBE". THE GROUP OF THOSE THAT LEFT HERE ON THE "FRANCONIA".

THE GROUP OF THOSE THAT LEFT HERE ON THE "CARTHAGINIAN". THE GROUP OF THOSE THAT LEFT HERE ON THE "MONGOLIAN".

Phone 768.

THE HOLLOWAY STUDIO, LTD., Corner Bates' Hill and Henry Street, St. John's, Newfoundland.

LONDON, Jan. 5th. 1915. KING GEORGE AND AVIATION.

1912. What most impressed His Mawas the demonstration of the aero- in the West End. planes and seaplanes. It was recognized at once that these machines had passed with surprising swiftness from the stage of the experimental to the practical. Only a year before the King saw them at Weymouth, navy men would have derided the idea of a fleet putting out to sea with an equip-

MANY FOREIGNERS IN LONDON.

the early days of the war the foreign marters were drained of a great proportion of their male population. The loss, however, has been more than re placed. The Belgian refugees, other Belgian families who cannot properly e spoken of as refugees, and many French families also have taken up a more or less permanent residence here. The non-refugee immigrants have largely settled in the region north of Oxford Street and west of Tottenham Court Road, filling up and problarge and justifies the holding of spe-

Street to take up newly arrived parties of Belgians. There is, of course, His Majesty the King's earliest pub- a notable disappearance of enemy allic manifestation of his interest in the iens. One rarely hears German in the walks through the camp kitchens he progress of naval aviation, which has streets, and German subjects if they sometimes sees small pieces of meat now so dramatically been put to a are not interned remain timidly in practical test, was during the Fleet their homes for the most part. All not intended for use. Taking a pan manoeuvres off Weymouth in May, this change in the population of Lon- and asking a soldier to pass the cruet don is an interesting phenomenon. It jesty, as well as the First Lord of the is specially a piquant pleasure to hear a little object lesson in producing a Admiralty and all the naval experts, so much tripping French conversation delicious snack which he hands to the

> REORGANIZING THE BRITISH ARMY.

The latest Army Order issued carries the efficiency of the existing organization a step further. Clearly the intention is to develop the present ment of flying machines, but what system in the direction of placing a happened there showed that aero- larger number of troops under army planes could be navigated in fog and commanders who have hitherto had one in strong winds, that in reasonably or at most two army corps under clear water they could locate the them. By the addition of a third whereabouts of submarines travelling army corps each army will now conbeneath the waves, and that, with sist of six divisions of 20,000 men wonderful exactitude, they could drop each, and this organization will be heavy weights from a height. The maintained in the armies which are in seaplanes could fly at fifty-five miles preparation at home as well as in an hour even at that early stage of those actually on field service. The their development, a speed far in ex- changes rendered necessary by this cess of that of the swiftest cruiser or development are indicated by the destroyer, and it was laid down that terms of the Order, which of course the three main functions which in does not in any way affect the suwar time could be assigned to flying preme position of Sir John French as machines would be scouting to locate Commander-in-Chief of the Armies in the enemy, discovery by daylight of the field. The promotion of Sir Dougsubmarines, and bomb-dropping on las Haig and Sir Horace Smith-Dorbattleships and cruisers, all three of rien, who as commanders of the First which functions were performed by Army Corps and Second Army Corps respectively bore the brunt of the German attack in the early days of the war, is certain to be received with universal satisfaction. Presumably the rearrangement has also involved the ommand of the Fifty Army Corps, ference must be made to the increased now handed over to Sir H. Plumer. strength and importance of the forbut the identity of the present comeign element in the population. In mander is a matter of speculation. Sir Charles Fergusson, one of the new corps commanders, has been mentioned in Sir John French's despatches as commander of the Fifth Division. Sir Charles is a Scotchman, and so are Sir Douglas Haig, Sir Archibald Hunter,

> SCIENTIFIC COOKING AT THE TRUAT.

gians in this suburb is, therefore, very tifically, told me that Tommy had proved himself a first-class cook under West End one cannot forget for long more pleasing to him, as in his ca- tiations, Russia has withdrawn her that there is a large foreign popula- pacity as adviser to the service de- objection to a Bulgarian occupation tion. The excellent triple bill at the partments he has introduced many of the Adrianople vilayet, but Mace-Ambassador's Theatre is partly in changes into the military and naval donia is still, as in 1910 and 1913, the French, partly in Flemish and partly kitchens in the past few years, and has stumbling-block. in English, and even partly in Japan- had much to do with the substitutio ese. The Belgian season at the Cri- of new methods of cookery. The chef terion Theatre still continues. The -who is equally at home in making tea rooms and the large foreign cafes an exquisite delicacy for the table are crowded in the afternoon by peo-ple speaking French and Flemish. The tion as in showing families how they efugee clearing house at Aldwych has may live really well, with great vartever been closed. The number of busses flying between this rendez-busses flying between this rendez-busses and the stations have been halv-busses busses bu ed, but even to-night there were two wasted. He once told me how he

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Fresh Rabbits.

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20 bxs. VAL. ORANGES.

ould make a bowl of most excellent soup out of a discarded fish bone. Though he does not of course advocate field where good, strong food and plenty of it is the first essential, it is largely due to his teaching of "waste nothing" that our soldiers have such savoury meals out of the somewhat and vegetables which apparently are he sets to there and then and gives soldiers with a whimsical smile that makes it quite impossible for the Tommies to interpret his impromptu demonstration as a rebuke.

SECRETS OF BALKAN HISTORY. According to matter just published here the negotiations for a revival of the Balkan understanding are still slowly going on, though apparently with an ever diminishing hope of success. It would not be advisable at the present juncture to indicate the exact situation in which the negotiators find themselves with regard to tory of the Balkans which I think is very little known but which is illustrative of the difficulties which beset every effort such as is being made today. As far back as 1898 Austria, then secured against Russian rivalry by the Murzsteg Agreement, concluded with Roumania a sort of reinsurance treaty, supplemented two years later which Austria in case of an aleration in the Balkan status quo was to march on Salonica and annex a correspond ing portion of Macedonia, while Rougarian quadrilateral, Silistria-Shumla Rustchuk-Varna. This was a challenge both to Bulgaria and Russia who thereupon in 1902 also concluded a convention guaranteeing to Bulgaria ting Russia in case of necessity to occupy Varna and the Rustchuk fortress. The Austro-Roumanian Treaty was valid for twelve years, but before its expiry, during King Ferdinand's visit to the Roumanian capital in 1910. an attempt was made on Russia's part to enlarge the Russo-Bulgarian Convention into a general military alliance or joint action against Turkey A gratifying feature of the present Macedonia, Adrianople and Dedeawar is the excellence of food served gatch, but on Russia's objecting to ably extending a quarter already ap- to the British troops at the front, a Adrianople being treated separately propriated by foreign residents. Oth- point of almost general comment in from the ownership of Constantinople ers have taken flats in Kensington. the letters from soldiers to their on which she herself made claims, Bul-The refugees are scattered. There friends at home. This satisfactory garia consented to waive the demand. are distinct colonies here and there. state of things is mainly due to the The negotiations, however, broke In some suburbs a fashion of taking genius of a famous chef I met in Lon- down on the question of Macedonia, refugees into private households seems don at Christmas just as he had re- which Bulgaria demanded in its ento have been set and followed. In turned from the front. Early in the tirety, but which Russia was anxious Ealing, for instance, a great many New Year he is going out again. The to partition between Bulgaria and people of the middle class have refu- expert, whose name is a household Servia in accordance with her new gee guests, and the number of Bel- word in circles where they cook scien- orientation after the annexation of Bosnia and Herzegovina. It will be noted that since then, both in 1912 cial entertainments for them. In the difficult conditions, which is all the and in the course of the present nego-

Pneumonia Warnings.

The prevention of pneumonia is one of the subjects that cannot too often be iscussed. The first thing to remer ber is that pneumonia is not cau it is the most prevalent and the fatal of winter diseases is due to th people is reduced during winter Pneumonia is transmitted by a germ This germ is powerless to affect nor mal healthy people. But when it at tacks a person whose vitality is below normal-whether from imprudent living, from overwork, loss of sleep worry, tack of exercise or lack of fresh air-it is capable of incalculable harm Bodily fitness is the surest safeguard against pneumonia, and to attain bodily fitness one must have proper nour ishment, exercise and fresh air, and must avoid excess of all kinds. People who coddle themselves indoors keeping warm at the expense of fresh air, gradually reduce their resisting power. Statistics show that this error is a very common one, as every cold spell is followed by a rapid increase of pneumonia cases.

oom. An apron like this will save many steps.

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Each of these Groups is 8 x 10, and each man can be seen distinctly. Unmounted for 40 cents. Mounted for 75 cents.

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From the Heart of the Wheat

Comes the delicate flour.

There's only a little.

And around it lies gluten that's hard and tough-bothersome in baking.

To pick this cream of the flour from the ordinary, we sift it ten times-

Ten times through fine silk.

And only the daintiest particles. sifting through, go out as Gold Medal Flour.

The rest we deem unfit.

Do you want all of the flour, or just the best of the flour?

Will you have milk and cream, or just the cream, when both cost an equal price?

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Say the flour you want—say—

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