

# ABSOLUTE SECURITY.

Genuine  
**Carter's**  
Little Liver Pills.

Must Bear Signature of

*Wm. Wood*  
See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.  
**CARTER'S LITTLE LIVER PILLS.**  
FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.  
CURE SICK HEADACHE.

**F. B. Proctor,**  
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No better service anywhere. Why don't you trade at home? Information free.

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**Parrott & Rothwell**

Real Estate bought, sold or exchanged. Money to loan at low rates. No commission charged borrowers. Houses to rent. Collections made. Fire and Life Insurance in safe companies. Call and see us. Office King St., opposite Market.

Chatham, Ontario.

## FIRE, LIFE & ACCIDENT

Money to loan at lowest rate of interest.

**GEO. K. ATKINSON**  
Phone 346  
5th Street, Next Harrison Hall.

## NEW BUSINESS

Ring up 391 for that bursted water pipe or call and get an estimate on contemplated plumbing, hot water, steam and gas fitting work. Your patronage is respectfully solicited by

**R. McG. Coyle**  
King St. West.  
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## A BARGAIN.

Two Storey Frame House, 7 rooms, and lot 200'x100 feet, desirable location.

**FOR SALE CHEAP.**  
If desired the house with half the lot will be sold.

**Dunn & Charteris**  
General Insurance and Loan Agents. Office over Meynell's Store, King St., Chatham. Telephone 420

## OLIVER TYPEWRITERS

Exclusively in use in many of the largest Mercantile Houses in Canada. If you intend purchasing one of the best typewriting machines call and examine sample and get our prices.

**THE "PLANET"**  
Agents.

## WOMAN AT HER BEST.

Keep Your Heart Young and Thus Defy Father Time.

Don't belong to the "old folks" and nod through the evening hours because your boy is at college. Don't attempt repair and preservation of beauty with paints, powders and vells. Take plenty of exercise, stand erect, sit erect. When you speak, let your voice possess volume and energy; when you think, think freshly.

Don't say you haven't time for the afternoon's "forty winks." Take it, and your renewed strength will show in a freshened complexion. A half hour's nap after luncheon will do more to eradicate wrinkles than all the beautifiers in the world.

Don't think that a life of ease and luxury is essential to preserving youthful, delicate looks. A certain amount of work and exercise is necessary to keep the muscles firm and elastic and the flesh hard.

Don't let go of love and love of romance. They are amulets against wrinkles. Not all of the world's homage is poured at the feet of girlhood.

Don't fancy that the dew of youth, with its complexion of roses, is alone able to inspire passion. A woman's best and richest years are from thirty to forty. The old saw about "sweet sixteen" is exploded.

Don't be glum if you want to be young. Dance and sing and, above all, laugh. Ride, drive, row, swim and walk a mile—or make it three—daily. Keep your heart young and thus defy Father Time.—Pittsburg Dispatch.

## GROWNUP DAUGHTERS.

Mothers Should Realize They Are Women and Treat Them as Such.

"A potent cause of friction between mothers and daughters," says a writer in the New Orleans Picayune, "and one that is largely responsible for driving girls into matrimony inconsiderately and making them years for careers, is the inability of mothers to realize that their daughters are grown and have the rights of grown people. There is apparently no other thing so impossible as for parents to see that their adult children really being treated like babies. This is particularly true as regards mothers. Sometimes a father rises to the height of granting his son liberty to do as he pleases, but as long as a girl remains at home her mother considers she has a perfect right to dictate to her about her clothes, what she shall eat and think and believe and how she shall breathe. I have known old maids of forty-five who have never been permitted even to pick out a pocket handkerchief for themselves, and I once heard a bride circulate the day after she was married, 'Thank God, I'll never have to wear another pink dress!' a uniform she had worn consistently ever since she was a baby because her mother happened to admire pink."

## HOUSEHOLD HINTS.

To clean sink wash thoroughly with a sannel dipped in turpentine.

A damp pantry and warm cupboard are both bad places in which to keep bread.

Dry orange peel slowly in an oven and use instead of chips. It makes an excellent fire.

Oilcloth which is too badly worn to be used on the tables will cover the pantry shelves nicely and is easily cleaned.

Never put down a carpet on a damp floor, for this, often the result of hurry and impatience on the part of weary house cleaners, is a frequent cause of carpets becoming moth eaten.

A sewing machine needle may be more easily threaded by a person with failing sight if she places behind it a piece of white paper. The white background makes the eye of the needle much easier to see.

## Bad Ventilation.

Bad ventilation deforms more children and destroys more health than accident or plague. There is reason to believe that not a few of the scrofulous diseases common among children proceed from the ignorant habit of being put to sleep in beds and perambulators with the head under the bed-clothing and so inhaling air already breathed and further contaminated by exhalations from the skin. "Madam," said a doctor to a woman, "you are smothering the life out of your child's lungs. How would you like to drink the water you wash in? Well, when you cover the baby's head up you force him to use air that is just as bad and just as impure."

## Neatness in Girls.

Neatness is a good thing for a girl, and if she does not learn it when she is young she never will. It takes a great deal of neatness to make a girl look attractive. A girl that is not neatly dressed is called a sloven, and no one likes to look at her. Her face may be pretty and her eyes bright, but if there is a spot of dirt on her cheek and her finger ends are black with ink and her shoelaces are dangling and her apron is dirty and her collar is not buttoned and her skirts torn she will not be liked. Learn to be neat, and when you have learned the lesson it will almost take care of itself.

## A Helpful Hint.

We were always troubled with the knobs on our tea and coffee pots, tea kettles, etc., coming off and very often burning our hands over the hot steam in taking the lid off until an uncle happened to see our difficulty and remedied the evil. The articles necessary are a screw and a cork. He put the screw through the under side of the lid through the hole left by the former knob and next took the cork and fastened on to the screw.—Exchange.



It is courting danger to stand under icy eaves. Not a few have learned this to their cost. Every winter injury and even death are reported as the result of this carelessness. But there is a far more popular way of courting danger. Every man or woman who neglects a cough is inviting sickness, and many a fatal sickness has its beginning in a slight cough.

The timely use of Dr. Pierce's Golden Medical Discovery will cure the cough. Even when the cough is obstinate and there is hemorrhage with emaciation and weakness, "Golden Medical Discovery" always helps and almost always cures.

Mr. Joseph D. Burns, of 318 N. 10th St., Buffalo, N. Y., writes: "I used two bottles of your 'Golden Medical Discovery' after which my cough disappeared entirely. I cannot recommend your medicine too highly."

Accept no substitute for "Golden Medical Discovery." There is nothing "just as good" for diseases of the stomach, blood, and lungs. Substitution means a loss more profit to the dealer but a loss to you.

The Common Sense Medical Adviser, 1008 large pages, in paper covers, is sent free on receipt of 31 one-cent stamps to pay expense of customs and mailing only. Address Dr. R. V. Pierce, Buffalo, N. Y.

## Use of Both Hands.

There are comparatively few people who can use both hands indifferently, yet this is a most sensible accomplishment. When one hand grows tired, the other should be able to take up the work, for thus more can be accomplished without undue fatigue. In the mechanical departments of German schools the boys are obliged to do much of the work with their left hands. They are taught to saw, plane and hammer equally well with both hands and to make large circles on the blackboard first with one hand and then with the other, says Home Notes. Man, said to be the highest of animals, is the only one which cannot use all his limbs with equal ease. Man uses his eyes equally well and his legs, but how few people can make their left hands do even half of the things accomplished easily by the right. And this state of affairs is simply because the left hand is not trained. The child is generally not allowed to let it do its share of work, but is made to keep it idle while the right hand does the greater part of the work of the two.

The men who always have their own way should get no credit for being good-natured.

The trouble with the egotist is that he seldom judges other people by himself.

## BEAUTY OF SKIN PURITY OF BLOOD

Ancient and Modern Ideas on These Interesting Subjects.

## UP-TO-DATE METHODS

For Purifying and Beautifying the Skin, Scalp, Hair and Hands.

Socrates called beauty a short-lived tyranny, Plato a privilege of nature, Theophrastus, a delightful prejudice, Theophrastus a silent cheat, Carneades a solitary kingdom, Homer a glorious gift of nature, Ovid a favor of the gods. Aristotle affirmed that beauty was better than all the letters of recommendation in the world, and yet none of these distinguished authorities has left us even a hint of how beauty is to be perpetuated, or the ravages of age and disease defied. Time soon blends the lily and the rose into the pallor of age, disease dots the fair face with catenaceous disfigurements and crimson the Roman nose with unsightly flushes, moth, if not rust, corrupts the glory of eyes, teeth, and lips yet beautiful by defacing the complexion, and fills the sensitive soul with agony.

If such be the unhappy condition of one afflicted with slight skin blemishes, what must be the feelings of those in whom torturing humors have for years run riot, covering the skin with scales and sores and charging the blood with poisonous elements to become a part of the system until death? It is in the treatment of torturing, disfiguring humors and affections of the skin, scalp and blood, with loss of hair, that the Caticura remedies have achieved their greatest success. Original in composition, scientifically compounded, absolutely pure, unchangeable in any climate, always ready, and agreeable to the most delicate and sensitive, they present to young and old the most successful curatives of modern times.

Minard's Liniment for Sale Everywhere.

## DEATH OF PROF. CHAPMAN.

Former Member of Toronto University Staff Dies in England.

News was received in Toronto the other day of the death in England of Prof. Chapman, for so many years on the staff of the University of Toronto, and who, after retiring from the active work of teaching and inheriting a property in England, went several years ago to reside there. The late E. J. Chapman, Ph. D., LL.D., whose death occurred at The Pines, Hampton Wick, England, on January 28th, was well known among the higher education of Canada, and particularly of Toronto. Following a military career for some time, he served in the Foreign Legion of the French army in the Algerian campaign, and his service as an officer on the Geological Surveys of Austria and Germany led him into his chosen profession, for in 1853 he received the appointment to the chair of Mineralogy and Geology at the University of Toronto, a post which he held until the year 1896. Several distinguished men received their appointment to the professoriate of Toronto University at the same time, among them being the late Sir Daniel Wilson, Prof. Ormer, Prof. Hinks, and Prof. Cherriman. Although an octogenarian, the late Prof. Chapman retained mental and bodily vigor to the last. Shortly before his death he was engaged in issuing a book which he had just seen through the press. He was the author of a large number of papers containing the results of original observations in his own field of work. Amongst his books were textbooks on Canadian Minerals and a textbook on Blow-Pipe Work, another being on the Geology of Ontario. The original papers are scattered among various societies and publications of England, Canada and the United States. He was a fellow of the Royal Society of Canada, and received the degree of Ph. D. from Munich. Prof. Chapman was twice married, and his widow, who survives him, was a Miss Sutherland, an artist well known in Toronto. His son by his first wife died several years ago. He leaves no relatives in Canada.

## Pleasant Memories of Canada.

"Travelling in Canada," writes Mr. Joseph Hutton in The Newcastle, England, Chronicle, "you notice, with what fondness the colonists link their settlements with the Mother Country. Here in a letter from a Mr. Trumper you have mention of London, in the county of Middlesex, and a village on the River Thames. I know that River Thames. It is only a little stream, I saw it frozen, and with toboggans dashing down upon it from a great height. It recalled to me the Thames backwater at home when I saw it later in the summer. On my way, by a freight train from Montreal to Quebec, a benevolent guard pulled his train up to get me some supper—I am not sure whether it was London, or Newcastle, or Bristol, but it had a high sounding name. Ere this it may have become a town or city, for it was admirably situated, with good transit service by rail and water. At that time, some five and twenty years ago, it consisted, so far as I could see, of an inn, a school, and a little graveyard. The guard of the train, who had discovered myself and a friend lonely and tired and having eaten our little store of provisions obtained at Montreal, delighted our hearts with a right royal hospitality; got us a brace of birds, a loaf of bread, a bottle of whiskey, and some fruit—though he had to stop his train and knock up the roadside inn to do it. And when we asked the cost of it, which we did as delicately as a proper appreciation of our treatment would permit, did he give us the bill? Not he! He smiled pleasantly, offered us a cigar case, and said he was only too pleased to have the company of two Englishmen on his freight train, and, moreover, that he had discovered by the names on our baggage that one of us was the namesake of a great English ballad composer some of whose relatives lived on his line and were his friends. And then one of us had to explain that not to our knowledge were we related, but that we knew the fine old melodist well, that we had tried to knock up a relationship but had failed, that at the same time our admiration for him was of the most exalted character, and so on, and his name was J. L. Hutton, who wrote 'Good-bye Sweetheart', 'To Anthea', and scores of other famous compositions. At Quebec the Canadian guard helped us to carry our bags, found us a comfortable hotel, and left upon our memories impressions of Canada that were not diminished by the club hospitality and the intense British patriotism encountered everywhere. And what a wonderful country, what vast, unoccupied, picturesque, open spaces, what rivers, what forests, what possibilities of prosperity and power!"

## A Busy Canadian Dead.

Alexander McElbion, Inspector of Northwest Indian Agencies, who is dead at Calgary, at the age of 75, was formerly a well-known merchant in Montreal. An energetic Scotchman, he was president of the St. Andrew's Society there, and took part in many public demonstrations. He was in charge of the transport of stores during the Rebellion of 1855, and was for years in the Montreal Field Battery, commanded by Col. A. A. Stevenson. Subsequently he received his permanent appointment in the West from Sir John Macdonald's Government, and has lived there since.

## Panama reports.

Panama has no open seaports except the two railway terminals and Potos del Toro, the centre of a large banana industry, to the north of Colon.

## Plum Pudding.

Plum pudding was originally plum porridge and served for breakfast, not dinner.



Cut glass and bric-a-brac should always be washed with Sunlight Soap. Shave enough Sunlight Soap into a pan, one-quarter full of lukewarm water and whisk into a lather. Wash the articles thoroughly and dry with a soft cloth. This insures that brilliancy and sparkle so much admired in cut glass articles. Sunlight Soap can be used to clean and brighten all through the household. It is the purest and best soap made.

## SUNLIGHT SOAP

ASK FOR THE OCTAGON BAR.  
Sunlight Soap washes the clothes white without injuring the hands.  
LEVER BROTHERS LIMITED, TORONTO.

## MAPLE SYRUP SEASON

necessarily calls for cornmeal in the house. The Canada Flour Mills Co., Limited, have just completed their new and up-to-date cornmeal plant. Ask your grocer for the following brands :

**SUNRISE**—That delicious golden granular cornmeal for mush and Johnny cake  
**CANARY**—For that sweet yellow Johnny cake like mother used to make.

**The Canada Flour Mills Co., Ltd.**

CHATHAM, ONTARIO.

## BLOOD DISEASES

### CURED TO STAY CURED.

If your blood has been poisoned with any hereditary or acquired disease you are never safe until the virus is eradicated from the system. Don't trust to family doctors, patent medicines, blood purifiers, mercury and potash, etc. They will never cure you—though they may help you temporarily. Have your blotches, eruptions, running sores, bone pains, loss of hair, skin, sore throat, falling out of the hair, dyspeptic stomach, weak heart—We can cure you.

### YOU CAN PAY AFTER YOU ARE CURED.

Our VITALIZED TREATMENT is the result of 39 years experience in the treatment of thousands of blood diseases. If we fail in curing you, you need not pay us a cent.

We Cure Nervous Debility, Blood Diseases, Varicose and Strictures, (without operation), Sexual Weakness, Urinary, Kidney and Bladder Diseases.

CONSULTATION FREE, BOOKLETS FREE. List of Questions sent for Home Treatment.

**DR. SPINNEY & CO.**

290 Woodward Ave., Detroit, Mich.

## THE THOUGHTS OF GOD.

Sir William Ramsay's High Ideal for the Student.

It is often said that in these days science is becoming materialistic. A passage from a recent lecture by Sir Wm. Ramsay, the great chemist, on radium, shows that this is certainly not true of that distinguished investigator. Sir William in closing said: Medical men have been experimenting with radium as a possible cure for ulcers of various kinds on the human body. I am not an authority on this subject, but I am told that in certain cases of rodent ulcer—a very terrible disease—the effect of the beta rays of radium has been to produce a cure. People ask whether cancer can be cured. I suppose I am right in saying that it has not been cured, but I am told that great strides have been made within the last few months by one of the professors at the Royal College of Surgeons. Putting aside the absolute use to human needs of radium, might I suggest that one of the most important uses is with regard to the objects around us? If we can explain them and their method of working, we shall have made great advances. We scientific men have faith in the laws of nature and the constancy of its action. We have hope that we shall live to discover much yet and gain a greater insight into thinking the thoughts of God. I have mentioned faith and hope; but the apostle names another important virtue, charity, and I think you will agree that, fascinating as the exercise of faith and hope is in science, still more important is the exercise of charity.

## BAKING

Give your wife a chance and she'll bake bread like that mother used to make.

For rolls and biscuits—that require to be baked quickly there's nothing like Gas.

**THE CHATHAM GAS CO Limited.**  
King St. Phone 81

## IT PAYS TO GO TO THE BEST

Now is the best time to enter. The January term is now open. The teachers are well situated in their work, and teachers can therefore give more time to new students.

It is now current talk throughout the country that the student who intends to take a business or shorthand course, and wants to be placed in a paying position when graduated should attend CANADA BUSINESS COLLEGE, CHATHAM, ONTARIO.

Students of last year already earning over \$1,000 per annum. 36 placed in 11 months. Do you know of any other business school getting such results? We pay your railway fare. Have you ever seen our catalogue? If not write for it and enter now. Address: D. McLAUGHLIN & Co., Chatham, Ont.

The man who is afraid of his own shadow stand sin in his own light.

## WHAT HAPPENS AFTER FIVE HOURS.

Dr. Beauchamp, the eminent French physician, has furnished facts which show that if food is retained in the stomach more than five hours, it becomes more or less putrefactive, not digestive, and that this is the starting-point of disease.



This food mass becomes putrid. Generates gas. The stomach dilates. There is a seeming lump-weight, burning, or belching. Blood, fibre, tissue, and cells begin to absorb poison from the stomach and alimentary canal instead of nutrient, and right here is the producing cause of Constipation, Diabetes, Bright's Disease, Uterine and Ovarian troubles, Rheumatism, Gout, Nervous and Mental Distress, Bronchitis, Heart Affection, Pulmonary Consumption, Jaundice, Liver and Skin Diseases.