# Keep your eye on this Brand.



The one Tea that never disappoints the most critical tastes.

on a Sealed Packet is Your Safeguard.

# **TOGOLAND**

Togoland is one of the earliest and richest of German colonies. Togoland is shaped like a hogshead. with a 32-mile base resting on the Gulf of Guinea, its sides swelling to

more than three times that width crowding the British Gold Coast possessions to the west, French Dahomey on the east, and its narrow top tapering into the Niger region.

Germany annexed Togoland in 1884.

the year she launched upon her colonial expansion with the acquisition also of Northeastern New Guinea and so of Northeastern New Guinea and the Bismarck Archipelago. Togoland was the first colony to dispense with nperial subsidy.

Along the seacoast Togoland's soil

is rich and sandy, its climate warm and moist. The hinterland is higher, wooded and drier, but seldom arid. Thus the land is adapted to a wide raus the land is adapted to a wide variety of products, among which the growing of cocoanuts, corn, rice, to-bacco and coffee already has been highly successful. The exports include considerable quantities of ivory.

kernels, copra, palm oil and rubber.
This colony affords a commentary upon Germany's application of bureau-cratic methods to her possessions. Despite heavy German emigration to the United States and South America. despite her effort to divert this flow to her colonies, only abount 300 Germans were to be found among the million natives of Togoland in 1910. Most of the 300 were engaged in Government service, either in the coast cities of Lome, a made-to-order town which Germany planted on the site of a fishing village, and Little Popo, or the inland Government stations at

Misahohe or Bismarckburg. Togoland lies along the famous Slave

the shores where they obtained their human stock in trade. They found the native chiefs, especially the Da-

homeys, coastal people of Togoland as

well as of Dahomey, only too ready to barter human beings for rum and trinkets. Tribal leaders made forays

to supply the demand. Frequently they

burned villages by night and coralled the inhabitants when they fled.

Northern tribes of Togoland are mostely Hausa, a mixed negro race.

ent linguists, but cling to fetichism

bal deity. He controls the lives and property of his subjects. Formerly he

was regarded as more ethereal than human; he was believed to require

neither food nor sleep. He strengthen-ed that impression by having all food

ed that impression by having an acceptance of the in solitude, and hearing petitions from behind a screen. Consultation with his ministers was carried on through his wives, who were state dignitaries. Genuine Amazons

formed his bodyguard, and there war

rior women were reputed to be as fearless and brave as those of Greek mythology, and much more cruel. Only the sons of the Dada, or Queen.

were regarded as heirs. From among

King of the Dahomeys is a tri-

and still pratice cannibalism.

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buy any? Have you any to sell? Do you want expert informa-tion or advice on any Mining or Oil Stock or Company? Then

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"CAN HELP YOU."

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Any object blessed by the Dahome priests became a fetich. Snakes were held in special esteem. Children were regularly sacrificed and human beneed in special exceeds.

regularly sacrificed and human beings were amazingly intricate, some lasting 36 hours. So imbued were the Dohomeys with belief in immorality requirement for sacrifications. that they readily volunteered for sac rifice, and the wives of Dahomey, like those of India, often chose to die

when their husbands did. Germany edged into the Slave Coast because, in 1884, the narrow portion still ruled by the King of Togo was the only part from the Gambia to the Niger not controlled by some civilized power. Bremen merchants had sta tions there. So Germans persuaded the Togo ruler to place Togoland un der the suzereignty of Germany. Subsequently the Germans made claims to inland territory which brought about boundary disputes with France and Great Britain until the frontiers were fixed in 1899

Minard's Liniment Cures Colds, Etc

FISH RECIPES.

Four Good Ones Give Needed Variety.

Take a fairly thick slice of codfish, shred it and parboil it. Cut up small one onion and four tomatoes and fry them in one ounce of margarine; add a teaspoonful of flour and stir well then add a cup of water, some chopped parsley and pepper; stir until it boils then add the flaked fish. Simmer for half an hour.

Serve in a border of mashed pota-toes or boiled rice.

A FILLETED BAKED HADDOCK A haddock weighing about two pounds makes two good-sized fillets. Grease a casserole dish, put in the ous schoals and bars slave traders Grease a casserole dish, put in the defied cruisers from the shelter of fillets cut in four, season with salt,

boring cells into the cavities of the essels and plugs them up. Before the leaf falls from the tree

all the elaborated materials which it contains that can be of further use are mobilized and stored in their proper places in the body of the tree. After these valuable materials have been removed from the leaf, what remains the devote of the section grean chlore. is devoid of the active green chloro-to a bright light or is examined in secphyll and the cells are nearly empty, as may be seen if the leaf is held up tion under the microscope. The yel-low granular bodies of disorganized chlorophyll which remains give the predominating yellow color to autumn al foilage. The reds and browns are produced by various decomposition products which comprise the cell contents and which are formed under the conditions resulting from the maturing of the leaf.—From Scientific American.

#### Bit of Finnish History.

Finland, which has deslared its independence from Russia, has long been a buffer state between the latter and Sweden. After Peter the Great conquered Finland in 1721 and annex-ed its easternmost province, Viborg. Sweden made repeated but unsuccessfu efforts to regain this province. Finally Alexander I., in 1809, brought all the Finnish territory under the Muscovite yoke. Since about 1890, however, Finnish liberties have been greatly curtailed. The powers of the Finnish diet were canceled and its constitution practically abrogated. In 1903 a Russian distator was appointed and the country flooded with Russian spies; arbitrary arrests and banishments became daily occurrences; no manner. became daily occurrences; no mean of Russification was left untried. The Finns are of Mongolian extraction and number about 3,000,000.

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was receiving no benefit. By a persuasion from a friend I got MINARD'S LINIMENT and used one bottle which completely cured me, and have been using MINARD'S LINIMENT in my family ever since and I find it the same as when I first used it, and would never be without it.

ISAAC E. MANN.

ISAAC E. MANN. Metapedia, P. Q.

Aug. 31st, 1908.

#### . BITS OF WIT.

"Then your wife didn't enjoy her trip to Niagara?" "No: the minute sh saw that rushing water she began to wonder if she hadn't come away from home and left a faucet running. Pittsburg Post.
There are about 534,276 prize lies in

training. But here is the champion lie: Once upon a time a man came home with a bun at 3.30 a. m. and his wife met him at the door with a kiss and helped him take off his shoes. Cincinnati Enquirer.

"So you are not to be married?"
No. He says he had changed his mind." "What's his excuse." "The war." "And you have not witnesses, nor love letters?" "No." "Well isn't war just what they say it is?"—Cleveland Plain Dealer.

"Oh, doctor, I have sent for you, certainly; still I must confess that I have not the slightest faith in modern medical science." "Well." the doctor, "that doesn't matter in the least. You see, a mule has no faith in the veterinary surgeon, and cures him all the same."the veterinary yet he Sacred Heart Review.

eart Review.
"She was completely prostrated, and
eade very ill by his perfidy." "Did made very ill by his perfidy." "Did she recover?" "Yes, \$5,000.—Boston

Johnny-Papa, what is a "philosopher?" Pa—A man with a good liver, heart, stomach and bank account!— Chicago News.

Real worth requires ho interpreter; its everyday deeds form its blazonry. -Chamfort

Wood's Phosphodiz The Great English Remedy.
Tones and invigorates the whole
nervous system, make new Blood
in old Veins, Curre Nervous
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Heart, Failing Memory, Price 31 per box, six
for \$5. One will please, six will cure. Sold by all
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price. New pamphter mailed free. THE WOOD
MEDICINE CO., TORONTO, ONT. (Farmerly Windsex.)

USE OF THE RAT.

Had Its Part in World Ages Ago.

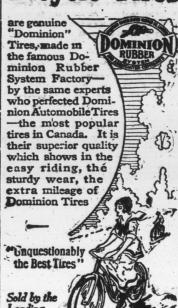
One of the zoologicar details connected with the rat is its failure to sustain any discoverable relation with the balance of nature. The balance of nature seems remarkably even all over the world, for no kind of life can become wholly extinct without affect-ing prejudicially the general environ-

The rat seems the solitary exception to the general experience that inter-terference with the fauna of an envir-onment invites disaster through an upset of the balance of nature, says writer in Current Opinion. Other forms of life, vegetable or animal, upset it by their absence. It was thought until recently that a peculiar species of flea could thrive upon the rat alone. but some doubt is thrown upon this idea by reports of plague investigators. There is, however, another view of

There is, nowever, alreads
the connection of the rat with the
balance of nature, according to the
Paris Revue Scientifique. The rodent has achieved its tack, performed its duty. The work was accomplished in past centuries, probably in Asia. Rats will attack very large organisms. Even the elephant is not respected. It is widely known that certain varietie of Asiatic elephants have a great dread of rats. Cases are reported in which a huge elephant has succumbed to wounds made in its feet by rats. The rats gnaw the hoofs of horses when it can get at them. It would exterminate the pig if it could find a

neutral in man. In brief, all the evidence suggests that there has raged in the past a st vour service.

# Bicycle Tires



great warfare between the rat and certain gigantic forms of life. The brown rat seems to have had much to do with the extinction of certain great beasts in Asia. Perhaps the masto-don was routed by the rat. In any event, the rat may have played a glor-ious part in eliminating the bulky monsters that in time past kept man down numerically just as to-day the robin plays a glorious part in elimin. ating from the soil the pests that otherwise would keep the crops down.

The very voracity of the rat mus have been of great zoological importance when it had to attack, perhaps, a herd of mastodons. The rats traveled, then, evidently in swarms. swam rivers in swarms. Nothing could stand them or withstand them. Having eaten up everything that could not run or fly or fight back, the rat turned to Europe and had to satisfy itself with new habits and different foods; its connection with the balance of nature was destroyed and it is to meaningless survival with nothing but somewhat doubtful claim to a char-

Minard's Liniment Cures Garnet In

# A QUAINT EXPERIENCE.

The Fact of Being Blown Up by a Shell.

To be blown up by a shell is a quaint experience, but devoid of excitement. Things happen so quickly that there is no time for psychological gymnastics. The events of your early life refrain from flashing across your brain in a second—at least mine did - and there is no preliminary agony of mind! at the moment, to), no physicel pain. You simply get what is coning to you, and invariably you get it with merciful despatch.

"Pop across and take over No. 10 platoon," said the adjutant, "Magrath's a casualty. Will you go now or wait a wee while?"

The Hun had just put down a bar rage on us. Between me and the Tenth Legion shells were dropping ith disgusting frequency. And Sergt. McEachern-my sergeant-was watch ing me understandingly.
"I'll go now," I said.

I could have got there more quickly if I had trotted—sooner still d run. But I was sure tha sergeant of mine was still watching me, still smiling grimly. He was a fine old sergeant, with ribbons on his breast and a twinkle in his eyes. didn't have any ribbons. It may be that I had a twinkle, perhaps even a amile. I hope so. Anyhow, I would I walked

About fifty yards was the distance

# HOW THIS **NERVOUS WOMAN**

Told by Herself. Her Sin-cerity Should Convince Others.

Christopher, Ill.—"For four years I suffered from irregularities, weakness, nervousness, and



was in a run down condition. Two of our best doctors failed to do me any good. I heard so much about what Lydia E. Pinkham's Vegetable Com-pound had done for others, I tried it and was cured. I am no longer nervous, am regular, and in excellent

health. I believe the Compound will cure any female trouble."—Mrs. ALICE HELLER, Christopher, I'l.

Nervousness is cften a symptom of weakness or some functional derangement, which may be overcome by this famous root and herb remedy. Lydia E. Pinkham's Vegetable Compound, as thousands of women have found by experience.

If complications exist, write Lydia E.

If complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for suggestions in regard to your ailment. The result of its long experience is

I had accomplished. The crescendo scream of the shell told me it was going to land somewhere near. It dropped fifty yards behind me. I glanced back and saw the cloud of black smoke drifting with the wind. "Poor old McEachren!" I said. "King's and Queen's South African, 1914 Staf, Military Medal, D. C. M.— but maybe he's just wounded—a Blighty."

I sighed. This time the shell scream sounded a little shriller. I wondered if at would drop in front of me or in rear. I wondered if it had my name on it.

Blighty.'

It had. A week later I woke up. A nurse

was standing by my bed.

"Feel all right now?" she asked.

I grinned. White sheets in a bed felt good to me.
"Drink this and tell me how it happened."

"Something about a shell," I answered. "Went into the ground under my feet, then—this. It's lovely tea." When she had gone I regarded the little card with the pencilled words. It said: "Comp. Frac. Left Tibia, Comp. Frac. Left Tibia, Comp. Frac. Left Una, Left Raidus Rislet, Con-

That meant I had a broken leg,

#### Getting Past Dundee.

A Highland farmer handed a rather frail looking box to a porter at a small railway station in Scotland. "Dae ye think it is strong enough to trust in the van?" he asked. "I doot trust in the van?" he asked. "I doot
it's nod." reflied the porter, "but we
will'sea." He asked the box high in
the air and let it fall with a crash.
"It'll get that here," he said. "An'
it'll get that."—giving it another bang
—"at the junction. An' at Dundee it
will get that!" The third "that"
burst the box, and its contents were
scattered over the platform. The porter shook his head. "Na;" he said,
"I think it winna get past Dundee. If
it's goin' farther, it's no strong
enough."

# **NEGLECTED COLDS**

Lead to Consumption

Unless a complete cure is effected the inflammation passes rapidly to the throat bronchial tubes, and then to the lungs.
You can't make new lungs any more

than you can make new fingers or a new nose—hence consumption practically incurable.

But Catarrh can be cured, except in its final and always fatal stage.

# Catarrhozone Guaranteed to Cure

The purest balsams and the great est antiseptics are sent to every spot where catarrhal trouble exists—germs are killed, foul secretions are de-stroyed, nature is given a chance and

cure comes quickly.

Colds and throat troubles can't last if the pure healing vapor of Catarrhzone is breathed—sneezing and cough ing cease at once, because irritation is

Use Catarrhozone to prevent-use it to cure your winter ills—it's pleasant, safe and guaranteed in every

Two months' treatment, large size guaranteed to cure, price \$1; smal size, 50c.; sample size, 25c.; sold everywhere.

# Worth Knowing.

If a practice is made of dusting little powder into gloves before put-ting them on, the gloves will keep their shape better and wear longer.

If the wick of the oil lamp is too short, is crowded, or is cut unevenly, the lamp will not give a perfect light. The top of the wick should be rubbed off every day after it is used. A piece of blotting paper is excellent for this: it removes the charred particles from the wick and does not break the threads, which dutting often will do.

A boiling of the wick and burner in vinegar and water will clear it up wonderfully. Plenty of time must be allowed for the wick to dry thoroughly.

When popcorn refuses to pop as it

should, it is covered with water for about five minutes or till thoroughly wet, then drained and dried, it will be found very much improved. It is best to let it dry about 24 hours after soaking.

When pressing tucks in crepe de chine use a piece of tissue paper between the iron and the right side. The tucks can be seen and at the same time protected.

In order to thread a needle easily with worsted, take a scrap of cotton wool and twist it around the end of the worsted; this will allow the yarn without further trouble.

Minard's Liniment Cures Diphtherla

## The Valient Eagle.

The Valient Eagle.

The eagle has been used as a device on royal banners from very remote times. It was the ensign of the ancient kings of Persia and Babylon. The Romans adopted various other figures on their camp standards, but Marius made the eagle the chief ensign of the legions, and to the subdivision assigned various other figures. Constantine was the first emperor to introduce the two headed eagle as a royal or national device to Indicate that his empire had two heads or kings, but was nevertheless one body or empire. The two headed eagle is now used to signify a double empire. Austria claims to be the successor of the Caesars of Rome, and also of the Charlemagne, and the one head represents the eastern and the other the western empire. Russia also has a double headed eagle; having added that of Poland to her own a conduct the caesars.

TORONTO FAI STOCK SHOW At the annual meeting of the Tor-

onto Fat Stock Show, held recently, it was decided to again have classes for female cattle, also that instead of requiring ninety days' ownership of car-loads of cattle that it would be sufficient if owned by exhibitor at time of entry. This will be welcome news to some exhibitors who were unable to compete in some of the classes last

## ISSUE NO. 26, 1919

HELP WANTED-FEMALE.

GIRLS AND WOMEN AS WEAVERS while learning, and every assistance paid given in teaching beginners this work. Only short experience required to develop efficient workers. Pleasant work, satisfactory remuneration. For full particulars, apply Slingsby Mfg. Co., Brantford, Ont.

RELIABLE WOMAN FOR SANITOR-qum-tone willing to assist with the care of patients. Sanitorium for Con-sumptives, St. Catharines, Ont.

#### HELP WANTED\_MALE.

UPERINTENDENT FOR WOOLLEN Mill, for night work. Must thoroughly understand Carding and Spinning, and be a good manager of help. Good position to right man. Apply, stating age and full details of experience, to Slingsby Mfg., Co., Brantford, Ont.

WANTED - BOSS WEAVER, FOR heavy work, first class opening to right man. Apply, stating age and full details of experience, to P. O. Box. 65, Hamilton.

#### MISCELLANEOUS

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#### NURSING

N'HSING-NURSES EARN \$15 TO \$25 a week. Learn without leaving home. Send for free booklet. Royal College of Science, Dept. 124, Toronto.

#### BUSINESS CHANCES

SAWMILL TO RENT-WATER POW-er-the last owner cleared over \$5,000 a year; only about \$4,000 or \$5.000 capital required to operate. I. E. Weidon, solicitor, etc., Lindsay.

#### FARMS FOR SALE

200 ACRES-PETERBORO COUNTY. acres cleared, balance pasture and timber; some crop now in; all for \$50. Write or phone C. P. Doherty, Kinmount, Ont.

ONE TEN ACRE, AND ONE STACRE rrun talli, an varietaes soil, clay loam, with good buildings, farms on the Hamilton, Niagara Falls Stone Road, street car stops at furms, also they adjoin the town of Beamswille, Will sell or exchange, Aprily, E. J. Griffiths, 1150 College street, Toronto, Ont.

500 ACRES SANDY LOAM, 25 ACRES, in bush, 75 miles from Toronto.

Good house and barn. Will sell in block or sections, Apply, Albert Brennen, 187 Barton street cast, Hamilton.

#### FOR SALE

F OR SALE-SECOND HAND WATER-loo thrashing outfit. Address Ezra Pritchard, Meaford, Ont.

## REPRESENTATIVES WANTED

(L'ANTED—ONE OR TWO FIRST class representatives, preferably men with wide acquaintaine who have had experience in insurance, books, stocks or other similar experience. Unusual opportunity for live men who are hard workers. Chance to become manager of your own office if you deliver the goods. Address, with full information, Glenn Craig Tobias, \$56 King Edward Hotel, Toronto.

## HOME BUILDERS.

Write for Free Book of House Plans, and information telling how to save from two to four hundred dollars on your new home. Address, Halliday Company, Il Jackson West, Hamilton. Ont.

## Evolution of Wall Paper.

Wall hangings have been used for the covering up and embellishment of wall surfaces from the earliest times. Probably the first of the kind were skins of beasts. Then with the introduction of weaving came woolen and fibrous cloths, plain or embellished by needlework or painting, says the Practical Decorator. Leather was a further development, doubtless originally suggested by the necessity of keeping out drafts and colds in the rudely-fashioned buildings of early date, and the dwellers in tents and still use them for this pur-



Oh! Such Pain! dizzy draggeddown? With dull headache,

backache - racking with pain here or there - poor woman, she's one of many. On those days each month, when in other cir-

cumstances she would go to bed, she must still be at the desk or counter, or struggle through the day as best she may with her housework or her family cares. Usually she who feels those dragging-down or dizzy symptoms, and other pains caused by womanly disease, can be cured by Dr. Pierce's Favorite Prescription. It cures the cause of these pains. Faded, jaded, tired, overworked, weak, nervous, delicate women are helped to strength and health by Dr. Pierce's Favorite Prescription. It makes weak women strong and sick women well. In liquid or tablets.

CHATHAM, ONT.—"Being a nurse I have had occasion to use "Favorite Prescription" quite a lot. I recommend it to my patients and it has been a wonderful help to many of them. I never knew of a case where it failed. I have a patient who is using it now and is doing fine. I have taken it myself and got the very best results. I consider it the best medicine there is for women who are alling. "—Mas. Eptri Moory, 30 Decrea Street.

# the Amazons the sovereign selected other wives, but all except the fav-ored few were celibates. The King was considered the father of all his subjects. The Bolsheviki are doing nothing

new in their reported arrangement for interchange of infants among the various mothers of the community nurseries set up by the Soviets. In Dahomey children were taken from their mothers at an early age and form no ties which would conflict filled with brown masses with their allegiance to the King.

and let the fish get brown on the top Serve hot in the cesserole. CURRIED PRAWNS.

a little melted butter or margarine and half a pint of milk. Bake in a hol oven for twenty minutes. Sprinkle with breadcrumbs and grated cheese

These can be quickly prepared if you have a tin of prawns at hand. For the currie sauce chop an onion and a few slices or apple finely and fry them in one ounce of margine. Stirin half a dessertspoonful of curry powder and the same of flour. Salt drops of lemon juice and a little chut-ney, and when heated through serve with a border of rice. This sauce

can be used for any left-over fish, Minard's Liniment Cures Distemper

TREE LEAVES

And Why They Fall in the Autumn.

Leaves fall in the autumn, not be cause the have been killed by the frost or because they are forcibly torn from the trees by heavy winds, but because they have served their purpose to the tree and have been discarded by it. Botantists tell us that their fall is due to the interposition of a separating layer which is formed during the period of vegetation and

which cuts aeross the articulation of Exactly how this process takes place is of less consequence to us than the knowledge that it is a natural process in the life and growth of the tree and not merely an accidental condition. When the leaf falls the vessels which connected it with the branch become

mucilage which has come from neigh-

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