

SIMPLE REMEDIES.

Recipes for the Family when the Doctor is not Called in.

For croup, administer a teaspoonful of strong alum water; repeat the dose every fifteen minutes until free vomiting occurs.

It may be useful to know that hoarseness may be relieved by using the white of an egg thoroughly beaten, mixed with lemon juice and sugar.

There is scarcely an ache to which children are subject so hard to bear and so difficult to cure as earache.

As a remedy for chilblains, take a piece of lime the size of your double fist; put it in warm water and soak the feet in it, as warm as it can be borne for half an hour.

For chapped lips, mix two tablespoonfuls of clarified honey with a few drops of lavender water, or any other perfume, and anoint the lips frequently.

To remove warts get a little hallock gall, and keep it in a bottle, rub a little on the warts two or three times a day, and in a short time they will disappear.

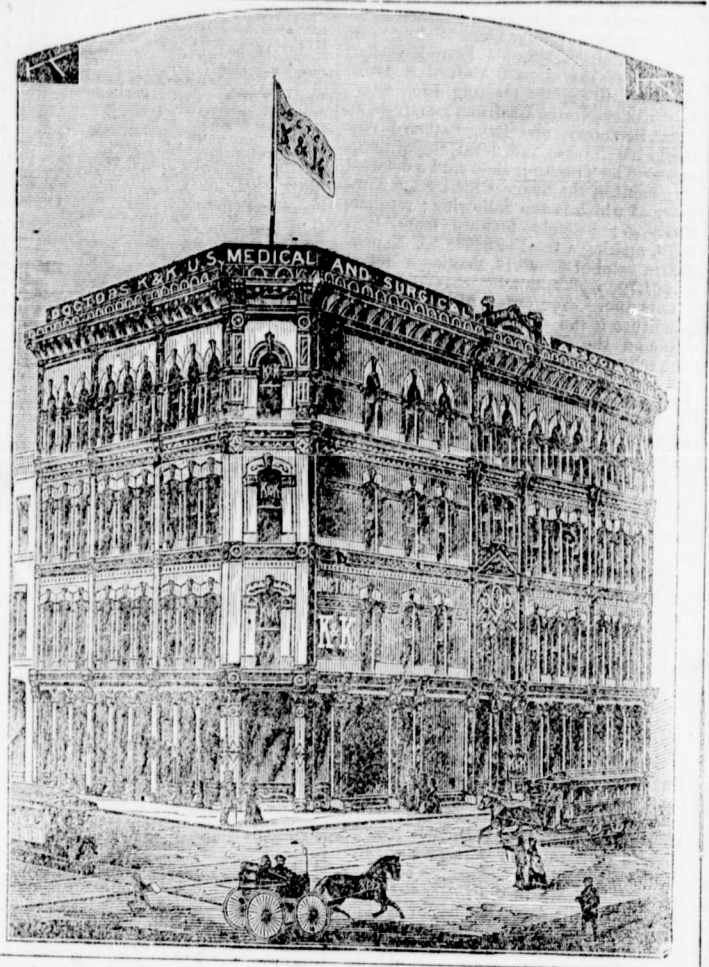
To remove cold sores, rub the first finger behind the ear close to the part which is joined to the head, and then rub the sores.

To make good sticking plaster, put two spoonfuls of balsam of Peru to six of isinglass, melted with very little water and strained.

Agood wash to prevent the hair from falling out is made with one ounce of powdered borax, half an ounce of powdered camphor, one quart of boiling water.

For dyspepsia, pour one quart of cold water on two tablespoonfuls of unslacked lime; let stand a few minutes, bottle and cork, and when clear it is ready for use.

K. & K. U. S. MEDICAL and Surgical Association. Largest in the World. J. D. KEGAN, M.D., Med. Supt.



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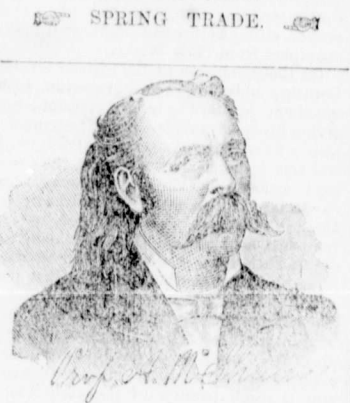
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