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### Are You Poisoning Yourself?

**THE** bowels must move freely every day, to insure good health. If they do not, the waste is absorbed by the system and produces a self blood poisoning. Poor digestion, lack of bile in the intestines, or weak muscular contraction of the bowels, may cause Constipation. \*Abbey's Effervescent

Salt will always cure it. Abbey's Salt renews stomach digestion—increases the flow of bile—and restores the natural downward action of the intestines. Abbey's Salt will stir up the liver, sweeten the stomach, regulate the bowels, and thus purify the blood. Good in all seasons for all people. 47

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### Echoes and Remarks.

"I speak to you as a friend" often has something of the kiss of Judas to it.

A man does not lack judgment just because his actions fail to meet with a fool's philosophy.

"Be not deceived by the polite suavity of the age. A deadly war is waged by modern society against Jesus Christ."

Halley's Comet ought to furnish preachers with a theme for the next six months. It is going to bring us the Salvation Army's desirable immigrants.

And so, Lord Dundonald wants to give Canada the full crop of England's unemployed. Perhaps his policy is shaped in view of what may happen to the House of Lords. But we work in Canada.

Ferrer's friends, the preachers, a few, will be pleased to hear that the Socialists wanted to kill a priest in Rome the other day. But Ferrer never thought he deserved the kind of friends he is getting.

They are getting the American habit, over in England, of electing Catholic mayors. Hereford and Preston have stepped in line with London.

—Presbyterian Record, please copy.

England expects every man to do his duty when there is a war with the Boers to be fought; and yet a poor fellow who had so done, could not find a place to die the other day.

Sir Lomer Gouin's Government is doing its best to give every man a chance. We especially admire the thoroughly Catholic way he has of dealing with our Bishops and clergy.

The Protestant Alliance, through its agents in Canada, is trying a new trick just now. But, in two or three weeks, we shall be able to "smoke them out" of their new hole.

Dr. John Clifford, leader of the Free Churches in Britain, says the Peers should be drowned in the Red Sea. At any rate, Dr. Clifford has much of the old John Knox in him. Murder is a part of his creed, perhaps. But let us spare the Red Sea some of its prey.

Henry C. Lee of Philadelphia, the grandson of an eminent Catholic, spent his life calumniating the Catholic Church, in so-called historical works, and died at his task the other day, a very old man. The whole trouble was due to an innocent little mixed marriage.

We hope that English-speaking Catholics are not going to be ruled in the choice of school books, by little gentlemen who have lost the faith, upstairs who want to rule our bishops and priests. Let us stand no dictation from such fellows. Our books and schools are all right.

We are beginning to lose the high opinion we had formed of English coolness, according as we read reports from the British press and the "suffragettes," and with every newly-arrived Englishman we hear give opinions on Canada in our railway cars. The false notions on coolness were formed from familiarity with the House of Lords when no Budget issues are at stake. The Irish can be cool too. Englishmen cannot master Canadian life, no more than they can govern Ireland.

"Had there been no sin in the world, we had not known the wonders of God's mercy in forgiving

sin, we had not known the wonders of God's power in hindering sin. The forgiveness of sin was only part of a perfect redemption. The revelation of consummate power over sin, the manifestation of complete mastery, demanded a show of power to hinder sin as well as power to undo it. That perfect power is realized in Mary's sinlessness."—T. J. Gerrard.

"Mr. Brown," in Ralph Connor's "The Foreigner," is plain "Mr. Brown" throughout the story proper, but in the solution stage, he becomes a "D.D.," like all the others. Not that he studied theology or knew anything about it, but simply, as would appear, because he could make perverts, ride a broncho, and dabble in the coal mine business. We once knew a "D.D." who did not know the difference there is between the Catholic doctrine of the Incarnation and that of the Immaculate Conception. is Rev. Klot a D.D.?

Rev. Dr. Symonds proposed, and Senator Casgrain seconded, the following resolution, before the Canadian Club:

That in the opinion of this club the Provincial Legislature should at its next session enact a law creating juvenile courts in this province, particularly in the city of Montreal, along the lines of the law to that effect passed by the Federal Government.

The resolution was adopted, as was right, by the members, after Judge Choquet had addressed them. We cannot see eye to eye with Doctor Symonds on questions doctrinal, nevertheless we are glad to be able to agree with him on many others; glad to admire his learning and energy; glad to see him want the kind of court a United States judge (former pupil of the University of Notre Dame) gave the city of Denver, Col.

The Rev. Clarence E. Miller, pastor of the Central Christian church, Marior, Oenn., has brought action for divorce from his young wife, alleging gross neglect and extreme cruelty. In his bill the minister says his wife has frequently made fun of his sermons, often asking him why he did not practice that which he preached.

If the poor girl had had sense enough to wait till the divorce bill was served on her, she would have seen the mistake she made in asking him why he did not practice what he preached.

Witnessing a fatal accident caused William M. Meyers to return to the bride in Chicago from whom he had been parted two days after his marriage. Meyers lost his memory in the San Francisco earthquake. He was injured, and after recovering in a hospital could not remember his name.

Pity that some of the gentlemen who appear before the Royal Commission, had not witnessed a fatal accident a day or two before they were called.

The following medical evidence given quite recently in a street car accident claim is enough to strike terror to the heart of Pharoah.

Dr. Murphy deposed that the deceased had been a well-set up and apparently healthy man, but that "the locomotor and integument systems showed that on the external aspect of the left leg between the hip and the knee there was a large abrasion, while on the outside of the middle of the quadriceps muscle there was an oval hole through the skin. "The quadriceps muscle," proceeded Dr. Murphy, "is the muscle on the anterior aspect of the thigh. This hole was about 1 1/2 by 2 1/2 inches in extent, and from this point downwards beyond the median line posteriorly there was a large hæmatoma. This was a blood tu-

mor. There was an apparent loss of muscle substance, as though the muscles were ruptured. There was also a small scalp wound in the left frontal region. The respiratory system was normal and the cardio-vascular system was normal, while the glandular system was also normal." Reminds one of the Sunday school inspector who told the little tots that the catechism was an abridgment of Christian doctrine. And to make his remarks clear, explained further that the word "abridgment" was synonymous with synopsis. The infant class were melted into tears.

Rev. George H. Beaman, minister for the Church of Christ, Manco and Fairmount Streets has arranged to deliver a series of "Emergency Discourses" known as "Storm Sermons" for stormy Sundays. For instance in case of snow the text may be "Not Afraid of Snow." If raining, "There shall be Showers of Blessing." He finds passages in the Bible appropriate to all kinds of storms, and thinks those who come such days observe special attention.

For a brain storm he might take the text "A fool and his money are easily parted." For a barn storm he should find no difficulty if he is the same gentleman who, under the same name, taught dancing and deportment in Montreal and Quebec. "Hands all round" would make a good text for a start. And there are others.

Rev. Osborne Troop and a few enthusiasts are trying to raise \$20,000 to build what they are going to call a Jewish Church, presumably to promote Christianity among the Jews, but the brand of Christianity that they offer is not the same that was offered to them at the foot of the Cross, and will require a miracle of the first order for its acceptance if we know anything about the Jews, for they are a pretty shrewd people.

The Jews, according to Rev. Robhold, of Toronto, have much in common with Christians (of the proselytizing type). This is true, but they must have all in common before they can be called up-to-date Protestants. When they will be able to boast of a religion apiece, they will be fully seasoned. Mr. Robhold should stand by his name, a modification of the sentence so often used by the jingoes, "What we 'ave we 'old," and not seek to fill up the depleted ranks in his following by converts from the second hand stores.

Mr. John A. Paterson at a recent meeting in the Y.M.C.A. hall said that there were more Godless men in the world to-day than 1900 years ago; that every second there was born into the world a non-Christian soul; that there was enough money in the world to evangelize it in this generation; that there were men enough to do it if they chose; that every country in the world was open to Christianity, and that Canada doesn't furnish enough money for missions. That there are more Godless men in the world to-day than there were 1900 years ago is not astonishing, for the world has grown some since the Savior's time and the weeds generally grow where the good grain tries to thrive. The fault committed by those non-Christian souls coming into the world, descends from our first parents, who wanted to interpret God's word after their own fashion aided and abetted by the snake, who is still in the business and doing well—for himself. There is certainly more money in circulation than that possessed by the Apostles, and it is a great miracle that the evangelizing was done in their day with so little, but it is not the same gospel as that preached by the Y.M.C.A. enthusiasts after a good supper in Advent. There are certainly enough men to do it if they choose, but the first men that did the work did not choose, they were chosen, and are chosen to-day, although the gentlemen who ate so heartily at the meeting are not on the list. "Go, teach all nations" was told to the chosen few only. Every country is open to Christianity. Yes, Canada among others, and charity begins at home, and when our beloved country furnishes that projected Dreadnought to spread the gospel in the good old style, she will be doing her share in the evangelizing of the world, and it is not to be expected that the good Protestants will good-naturedly submit to an extra tax on their gullibility.

A young Zulu was last month ordained to the priesthood in Rome where he had been a student at the College of the Propaganda. His father is chief of his native tribe, of which this student is the fourth to be ordained in Rome.

### SHARP REPRIMAND OF MONCTON PAPER

#### Views of His Excellency the Papal Delegate.

From The Casquet, Antigonish, N.S., December 9th, 1909.  
 The director of "Evangeline" having neither published nor acknowledged receipt of the letter addressed to him a few months ago by His Excellency Mgr. Sbarretti, Apostolic Delegate to Canada, Le Moniteur has been requested to publish for the information of those interested, the following document:

Ottawa, August 30, 1909.  
 Mr. V. A. Landry, Director of "Evangeline", Moncton, N.B.  
 Sir,—Many numbers of the journal under your direction have been forwarded to me, and I have noticed with regret that various articles contain regrettable insinuations against religious authority, which it is the bounden duty of all Catholics to respect and to cause to be respected so far as they can.

The Catholic journalist cannot depart from the rules laid down on many occasions by Sovereign Pontiffs for the guidance of public writers. In the Encyclical "Longinquæ" of January 6, 1896, Leo XIII declared that "Catholic writers, instead of doing a work that is useful and beneficial, on the contrary, do harm wherever they undertake to sit in judgment on the decisions or acts of their Bishops; and when putting aside the respect due to them, they criticize and censure them, overlooking the confusion and disorder resulting from such conduct. These writers should be mindful of their duty and not pass the bounds of moderation, Bishops are invested with great authority, and are entitled to the honor which befits the majesty and sanctity of their functions. No one should fail to show this respect, but it is especially incumbent on Catholic journalists to manifest and proclaim it."

I also regret that your journal has condemned in violent terms Catholic associations, and declares that they ought "to be shunned as pests." All sons of the Church have received a spirit of grace and liberty which cannot be shackled so long as they live up to the life of God. All Catholics, without distinction of blood or language, have the right to join any society approved by the Church.

In July, 1908, I wrote to the editor of "Evangeline" requesting him to cease his attacks upon Catholics of a different nationality. Such attacks are destructive, and cause division in our ranks at a time when Catholic strength ought to be concentrated for the defence of Holy Church, their common mother. This is again the line of conduct marked out by Leo XIII: "Let Catholic journalists remember that the work of the press will be, if not injurious, at least of little service to religion if amity does not exist between those who labor for the same cause. Those who wish to serve the Church profitably, those who sincerely desire by their writings to defend the Catholic religion, must fight in perfect accord and in compact order; on the contrary, those who scatter their forces by discord rather declare war than repel it."

I hope you will faithfully follow the direction which is given you today. In case of disobedience I shall feel myself obliged, however unwillingly, to resort to more rigorous measures.

You know that the Holy See is disposed to do everything possible to satisfy the legitimate aspirations of the Acadian people. These writings can only injure the cause you wish to defend.  
 I bless you with all my heart.  
 Devoutly yours in J.C.  
 DONATUS, Apostolic Delegate.

### The Late Bishop Hendrick.

Colonel M. J. Hendrick, United States Consul at Moncton, N.B., was one of the first to hear of the death of his distinguished brother, Bishop Hendrick, of Cebu, in the Philippine Islands. The Colonel received word from Monsignor Hendrick, another brother, who recently went to Cebu, with the intention of bringing the Bishop to the United States where it was thought he would have improved his failing health.

The late Bishop Hendrick was born at Penn Yan, N.Y., in 1849, and was sixty years of age, having attained that age on November 27. He was educated in the Penn Yan Academy and completed his classical course at Seton Hall College, South Orange, N.J., in 1869. He also attended the seminary of St. Joseph's in Troy, N.Y., and completed his theology and philosophy course at that institution. At this place he was ordained into the priesthood in the year 1883 and for some years had charge of churches in Rochester, Charlotte and Union Springs New York State, his last charge being St. Bridget's, in the parish of Rochester, N.Y. He was consecrated Bishop of Cebu in the year 1904, in Rome, being one of the first two to be consecrated by Pope Pius X. In the year 1908 he visited the United States with the purpose of settling the disputed claims among the Philippine Islands as to the damage created by American soldiers to many Catholic churches. The Catholic churches had been subjected to the occupation of the soldiers, and as a result many were

### New Year's Gifts

are always appreciated but infinitely more so when they consist of an article of personal use such as FOOTWEAR. We would suggest a handsome pair of Boots, Shoes, Slipper, Rubbers, Overshoes, Gaiters, Leggings, Moccasins or Shoes Trees. These we have in the very best quality, and at prices which you will admit are most reasonable, should you favour us with a visit.

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burned down and considerable damage was effected. Bishop Hendrick came to the United States for this sole purpose and was successful in having passed a bill whereby the United States Government granted the sum of three hundred thousand dollars to cover all damages. En route he attended the Eucharistic Congress at London in 1908 and while in London was the guest of the Duke of Norfolk. The late Bishop Hendrick took a very active interest in the welfare of his church and it was at his request that the Pope appointed a coadjutor Bishop to assist him in his diocese. His diocese consisted of Cebu, Samar, Leyte, and part of Luzon, the four having a population of 1,235,000 people. The college of St. Thomas, which was established by the Jesuits in 1598, was one of the colleges of the late Bishop Hendrick. This institution was erected forty years previous to the birth of Mr. John Harvard, the founder of the Harvard University at Cambridge, Mass. The standard of education in this college, as well as other ones in the Philippines, is much higher than in the United States, evidence of which has been given by the fact that students from them coming to the United States, have been able to skip one year in their studies.

The late Bishop Hendrick was well known throughout the United States and was an intimate friend of President Taft and ex-President Roosevelt. He took an active interest in charitable societies, being a member of the Royal Humane Society, and was also a member of the Society for the Prevention of Cruelty to Animals. Before leaving the United States he was appointed Bishop by Pope Leo XIII, but while en route to Cebu Pope Leo died, so he was consecrated by the succeeding Pope, Pius X. The remains were interred at Cebu.

Relief for the Depressed.—Physical and mental depression usually have their origin in a disordered state of the stomach and liver, as when these organs are deranged in their action the whole system is affected. Try Parnee's Vegetable Pills. They revive the digestive processes, act beneficially on the nerves and restore the spirits as no other pills will. They are cheap, simple and sure, and the effects are lasting.

### Priest Locates Andree's Balloon.

Rt. Rev. Albert Pascal, Bishop of the Diocese of Prince Albert, has told a story which may account for the fact of S. A. Andree, the explorer, who set out in a balloon twelve years ago to find the North Pole, and who has not since been heard from. According to Bishop Pascal, whose diocese extends to the north Pole, Father A. Turquetil, a priest stationed at Lake Cariboo, but who travels extensively among the Eskimos, reports that recently he went on a six-day's journey north of the lake and met a party of Eskimos, who told him that some years before a "white house" had descended from the sky, containing white men. The white men killed many caribou to supply themselves with food, as they were in a half-starving condition. None of the white men are now alive, the Eskimos still in existence and furnishes a supply of rope for the members of the tribe, as it is covered with rope. From the men's description Father Turquetil is convinced that the "white house" was Andree's balloon.

Bickel's Anti-Consumptive Syrup is the result of expert chemical experiments, undertaken to discover a preventive of inflammation of the lungs and consumption, by destroying the germs that develop these diseases, and fill the world with pitiable subjects hopelessly stricken. The use of this Syrup will prevent the dire consequences of neglected colds. A trial, which costs only 25 cents, will convince you that this is correct.

### Franciscan's Golden Jubilee.

Though the Franciscan Order has been very closely and affectionately connected with Killarney for a great many years, it is seldom that the Golden Jubilee of one of the members of the Order has been celebrated in the district. The event, therefore, which took place recently was a most auspicious one in connection with the celebration of the Golden Jubilee of Very Rev. Alphonsus Buena. Though he is a Belgian by birth, having been born on March 18, 1859, and entered the Order of St. Basil, Belgium, on Oct. 14, 1859, still most of his years were spent at Killarney. He was ordained August 18, 1864, and after a few years at Ghaspaw, and Forest Gate, he took up his residence in Killarney, and has become, so to speak, an outstanding personality in the district.

**THE BEST FLOUR**  
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**BRODIE'S**  
 Self Raising Flour  
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### Application to the Legislature.

Public notice is hereby given that application will be made to the Legislature of the Province of Quebec, at its next session, by the Rev. Attilios O'Flaherty, Chabon Abaud, Essa Boosamra, Salim Boosamra, Najeb Tabah, Fahed Tabah, Mansour Shatila, Michael Zegayer and others, all of Montreal, to incorporate them as a religious congregation, under the name of "The Saint Nicholas Greek Syrian Orthodox Church," with power to acquire and possess movable and immovable property, to keep registers of acts of civil status, and to exercise all other rights incident to a religious corporation and for other purposes.

Montreal, 15th December, 1909.  
 BARNARD & BARRY,  
 Solicitors for Applicants.

Montreal, 29 Dec. 1909.  
 Notice is hereby given that I will not be responsible for any debt contracted in my name without a written order signed by me.  
 D. Larivière,  
 26 d. Balmoral St.  
 Montreal.

In connection with the Order for the past twenty-five years. There is hardly a man, woman, or child about the district that is not known to Father Alphonsus by name, and throughout Kerry, and indeed in many parts of Munster, his Retreats and Missions have endeared him to countless others, and all had a genuine affection for him.

A committee in Clonmel has initiated a very interesting allotment scheme for the benefit of workmen. Some land within the town has been acquired, and this will be divided up into plots of about half a rod (Irish), which will be let to industrious workmen for the cultivation of vegetables. It is not the first scheme of this kind in Ireland, but it is gratifying to observe that the example set elsewhere is being followed. A small rent is being charged for each plot, and each tenant will be provided with the best seeds at first cost. The industrious workman who is desirous of engaging in profitable cultivation will be given every facility, including expert advice as to tilling. Everyone will wish success to an experiment that may have important consequences for town workers in this country.

The death in the Franciscan Convent, Drumshambo, of Mrs. O'Hagan known in religion as Sister Mary Frances, a daughter of Lord O'Hagan, who was the first Catholic since the Revolution to be entrusted with the Great Seal of Ireland, and the widow of Justice O'Hagan, who although a namesake was not related to her before marriage, will render it of interest to record that one of the daughters of the late Lord Justice Mathew also embraced the religious life. Two of the daughters of the late Lord Morris and Killanin, the first Catholic Chief Justice of Ireland since the Revolution, are Carmelite Nuns, and two of the sisters of Lord O'Brien of Kilmomra, the present Lord Chief Justice of Ireland, are Nuns.

THE TRUE WITNESS is printed and published at 316 LaSalle Street West, Montreal, Can., by G. F. McManis.