

NURSING

By Stephanie Preston

OTES

The breeze now chills, hues of crimson creep into the shriveling leaves, and thoughts of Change Theory abound. "Da, Da, Da?" you ask, uh huh? No, this is not an unintended disharmony of images. Instead, it should be a semi-accurate description of any Nursing IV student's present perspective.

Sorry, if I may insult someone's intelligence, but for those who haven't read the assignment outline it requires that we choose an appropriate personal health habit and modify it.

So for a six week period approximately seventy-five abruptly motivated, (this is worth 10%, you know!) out-to-conquer-the-world students will be exercising their iron wills; the UNB nurses in shining white armour. Instantly, these are the people who jubilantly jog daily, who consciously consume 500 calorie lunches, who righteously refuse alcoholic beverages, and who suddenly snub cigarette smoking. Until...until...the November 12th deadline arrives, papers are quickly typed, and apparently, the world of weak willpower returns.

Am I being a little pessimistic? Snicker, snicker. I fear something drastic has resulted from some past change theory projects. If I may mention one intention of the project: "to encourage you to move towards a more healthful lifestyle." Note the use of the term "lifestyle." This is obviously not a longterm evaluation, but look at some of those second and third year nurses a mere twelve or twenty-four months after completing their projects! I can reflect upon my experience of living on the same floor with about a dozen nurses last year. Exercise consisted mainly of weekend sprints to the Social Club - or to the Arms if they felt extra enthusiastic. Diet included all food groups - all five food groups in one meal. I mean these girls literally met the daily caloric and nutritional needs half way through breakfast. I must avoid mention of alcoholic consumption to prevent censoring of this column...breathe easily now, girls.

I'll finish this column simply by saying that perhaps we should be realistic in setting goals for this project. Let us think of it as a mere six week endeavour. Remember that in each of Lewin's, Lippitt's and Rodger's Theories of Change the re-freezing on equilibrium stages are of equal importance. This means a MAINTENANCE of the change into one's lifestyle. Until next week...

P.S. To the above insulted: eat your hearts out, I'm skipping town for the weekend! Thanksgiving - how appropriate.

October 28th - Civil Engineers and Nurses at the Cosmo! Details to be announced.

October 25th - Nursing Pin Design Contest - entry deadline.

November 6th - Bazaar at Fredericton Mall.

forestry news

By GIZZ

Well foresters, although lots happened last week (F.E. Pub and Co-op Party) this guy didn't have time to write it down. Summer Report, etc.

But most important the 1982-83, UNB Woodsmen Team Roster's have been finalized.

Men's "A" Team	Men's "B" Team
1) Jim Ketterling	1) Chris Blair
2) Tom Gribbons	2) Jeff Fisher
3) Ralf Plattu	3) Graham Mumford
4) Shawn Scott	4) Campbell Forbes
5) Brent Thompson	5) Steve Christianson
6) Mike Thorne	6) Jim Bowen

Women's Team
1) Rita Ebbett
2) Marg Stewart

6) Roxanne Paulson
7) Peggy Allen

The teams will be leaving for Unity, Maine today, for their competition, so Good Luck and "Let's Log-em!"

Gizz

Research director appointed

Ronald Stuart is UNB's first director of research services and of the Centre for Research in Engineering and Applied Science (CREAS). Dr. Stuart will concentrate on matching capabilities and interests of the university staff to problems and objectives of industry and government. The goal is to increase the breadth of university research activities and the sources of supporting funds.

The creation of these new posts at UNB indicates the growing Canadian awareness of the role of research in more aggressive industrial and economic policies. Less than six months ago, the Council of Maritime Premiers committee on research and development recommended a series of measures to increase government and industry planning and funding for research.

Dr. Stuart comes to UNB after a long career in research in the pharmaceutical industry. He has served for many years on the research committee of the Canadian Manufacturers' Association, and was chairman of the research and development committee of the Canadian Chamber of Commerce. Both groups helped government develop national research policies.

Parties evaluated

(Continued from p. 4)

management". The Progressive Conservative Party rejected giving the above-option even half of the budget in favour of continuing the present policy partly because of the costs and partly because its studies report that spraying presents "no definable risk to health" and has not decreased fish or wildlife populations. Furthermore, the Progressive Conservative Party maintains that bird populations and species "continue to thrive" and that the government has "not detected any visible degradation of the environment" due to spraying.

The situation is much the same on herbicides. While both the Liberals and NDP favour banning or severely restricting the use of 2,4-D and 2,4,5-T, Premier Hatfield says that under his government they would continue to be used, under current conditions specified by the Minister of Environment, because "no scientific information exists that would suggest that the use of such materials is detrimental to the health of citizens".

On the question of putting NB Power under the scrutiny

and control of a Public Utilities Board, both the NDP and Liberals vowed to do so but the PCs would not, citing the ineffectiveness of such agencies in ensuring reasonable energy costs. Unlike its competition, the PCs also declined to support legislation that would ban non-recyclable beverage containers and require a deposit on the rest to help ensure recycling.

Conservation Council Executive Director Dana Silk expressed disappointment that poor response prevented the identification of environmental views of individual candidates, particularly Progressive Conservative ones, because some of those candidates "can't be as bad as the party line indicates. While the Progressive Conservative position is understandably defensive, some of its rational is factually inaccurate and also indicates a certain reluctance to acknowledge even the existence of environmental problems let alone work harder to help resolve them."

For further information call: Dana Silk 454-6062, Executive Director

A native of Tingley, N.B., Dr. Stuart received a BA with first class honors in chemistry and geology from UNB in 1940, and went on for an MA and a PhD in organic chemistry from the University of Toronto.

Dr. Stuart spent most of his career with Merck Frosst Laboratories and affiliated companies, and most recently served as executive director of research for that company. The achievements of groups under his direction include the discovery of timolol maleate, a breakthrough therapy for glaucoma and a potentially life-saving treatment for post-myocardial patients, the discovery of a novel muscle relaxant, and the development of novel automated processes for tablet coating.

As director of research services, Dr. Stuart will have overall responsibility for the operation of the Office of Research Administration within the School of Graduate Studies and Research and will report directly to the dean. He will work with faculty in all disciplines on both campuses.

Dr. Stuart will act concurrently as the director of CREAS, which was created last year with the financial assistance of the New Brunswick Electric Power Commission.

Winter Carnival '83



First General Meeting

Wednesday,
October 13

7 p.m., Tilley 305A

Everybody Welcome!