

Save your Horse

BY USING

FELLOWS' LEEMING'S ESSENCE.

IT CURES

Spavins, Ringbones,
Curbs, Splints, Sprains,
Bruises, Slips, Swellings
and Stiff Joints on Horses.
Recommended by prominent Horsemen
throughout the country.

PRICE FIFTY CENTS.

T. B. BARKER & SONS, LTD

ST. JOHN, N. B., Sole Props.

O. J. McCully, M. D., M. B. S., London.
Practice limited to
EYE, EAR, NOSE AND THROAT

Office of late Dr. J. H. Morrison,
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Insurance. Absolute Security
QUEEN INSURANCE CO.
Ins. Co. of North America.

JARVIS & WHITTAKER,
General Agents.

74 Prince William Street, St. John, N. B.

BEATS ALL

PREVIOUS RECORDS.

Since its establishment 10 years ago the at-
tendance at the

FREDERICTON BUSINESS COLLEGE

Has been steadily on the increase. The
number registering this term is away in
advance of all previous years.

This is the bestimonial we can
place before the public. Send for Free
Catalogue. Address.

W. J. OSBORNE.

Fredericton, New Brunswick.

Little Boy Had Eczema For Six Months. Salves and Ointments No Good.

Eczema is one of the most torturing
of the many itching skin diseases, and
also the most prevalent, especially in
children. The cause is bad blood, aided
by insective skin inflammation, etc. It
manifests itself in small, round pimples
or blisters, which later on break, and
form crusts or scales. The skin has an
itching, burning and stinging sensation.
To get rid of Eczema, it is necessary to
have the blood pure, and for this pur-
pose nothing can equal

Burdock Blood Bitters.

Mrs. Florence Bean, Marlbank, Ont.,
writes: "My little boy had eczema for
six months. I tried ointments and
salves, but they healed for only a short
time, when it would break out worse
than ever. I then decided to give
Burdock Blood Bitters a trial. I only
gave him two bottles, and it is now two
months since, and there is no sign of
a return. I feel sure that as a blood
regulator, nothing can equal it. I can-
not say too much for what it has done
for me."

THE T. MILBURN CO., LIMITED,
Toronto, Ont.

Beware

of the fact that

White Wave

disinfects your cloths

and prevents disease

The Home

WOMEN WISER THAN MEN.

Women are the inheritors of this old,
universal human wisdom. They have
more sense than men, for the simple
reason that a man has to be a special-
ist, and a specialist has to be a fan-
tastic. The normal man all over the
world is a hunter, or a fisher, or a
banker, or a man of letters, or some
silly thing. If so, he has to be a wise
hunter or a wise banker. But nobody
with the smallest knowledge of profes-
sional life would ever expect him to be
a wise man. But his wife has to be a
wise woman. She had to have an eye
on everything, an eye on the things
that fanatical bankers forget. If the
banker is melancholy, she must teach
him ordinary cheerfulness. If the
banker is too convivial, she must teach
him ordinary caution. If she had four
husbands (like Chancer's Wife of Bath)
she would be an optimist to the pessim-
ist, a pessimist to the optimist, a
Pagan to the Puritan, a Puritan to the
Pagan. For she is the secret health of
the world.

Surely, then, it is absurd to test the
"brain-power" of women by asking how
high they figure in examinations or
trades; that is to say, how dexterously
and powerfully they work as
sweeps, or parsons, or journalists, or
emperors, or innkeepers, or what not.
—G. K. Chesterton.

BREADS.

Brown Bread.—Five pints of brown
flour, 5 teaspoonful of baking powder,
1 teaspoonful of salt, 1-2 cup sugar, 1
large coffee cup of molasses. Make a
batter to drop in cans, steam 3 hours.
Bake 1-2 hour after taking out of cans.

Corn Bread.—Cream, 2 tablespoona-
ful of sugar and 1 of butter. Together
1 cup of sweet milk, 3-4 cup corn meal,
2 eggs, 3 teaspoonful baking powder,
flour enough to thicken.

Graham Gems.—One pint sour milk,
soda to sweeten, salt, stir in Graham
flour with a spoon, not too thick. Bake
quick in well-greased gem pans.

Cream Biscuit.—One quart of flour,
2 teaspoons baking powder, 1 teaspoon
of salt. Mix soft with cream, roll thin,
cut out and bake quickly.

Potato Biscuit.—One cup of yeast, 1
cup of mashed potatoes. Stir together
in the evening. In the morning stir
1 cup of sugar, 1 cup of butter, 3 eggs,
flour not as stiff as bread. Place in
pans and bake at once.

CAKES.

Fruit Cakes.—Two pounds of raisins,
2 pounds currants, 1 pound citron, 1-2
pound each grated lemon and orange
peel, 10 eggs (beaten separately), 2
cups of butter, 4 of brown sugar, 8 of
sifted flour, 1 of New Orleans molas-
ses, 1 of sour milk, 2 tablespoonfuls each
of cloves, cinnamon and soda. Bake in
a moderate oven from 2-1/2 to 3 hours.

White Cake.—Two cups granulated
sugar, 1 cup butter, 1 cup sweet milk,
3-1/2 cups sifted flour, 2 teaspoons bak-
ing powder, whites 6 eggs, vanilla.
Bake in 3 layers.

Caramel Cake.—Two cups sugar, 3-4
cup of butter, 3-4 cup water, 3 cups
flour, 2 teaspoonful baking powder,
whites 2 eggs.

Icing for Same.—Two cups brown
sugar, 3-4 cup of milk, butter size of
egg. Boil 12 minutes; whip till cold;
flavor.

Quaker Loaf Cake.—One cup sugar,
2-3 cup sweet milk, 1 nutmeg, 2 eggs, 1
small teaspoon soda, 2 cups flour, 1
cup of raisins.

SALADS.

Salmon Salad.—Eight hard-boiled
eggs (chopped fine), 1 can of salmon
(mix well together). To 2 well-beaten
eggs add 1-3 cup of vinegar, 1 table-
spoon of mustard, lump of butter, salt
and pepper to taste. Put on stove and
stir constantly until it thickens, then
pour over the above mixture.

Oyster Salad.—Three well-beaten
eggs, 1-2 cup vinegar, 1 teaspoon mus-
tard, salt, pepper, 6 soda crackers, roll-
ed fine; 1-2 pound can oysters. Put
eggs, vinegar, mustard, salt, pepper
and liquor of oysters in kettle, and
when it boils add cracker crumbs.
Cook 5 minutes. Take off stove, add
oysters and 1 pint of chopped cabbage.

Ham Salad.—Take odds and ends of
a boiled ham, whites of 3 hard-boiled
eggs, 3 cucumber pickles, chop fine.
Make a dressing of the yolks of eggs,
melted butter and mustard, mix thor-
oughly.

Peanut Sandwiches—Roll, peanuts
fine, make a mayonnaise dressing, and
spread with peanuts, between square
crackers.

WHY NOT TRY IT?

Place an apple in the bread and cake
boxes to keep bread and cake moist.

Add one or two tablespoons of sugar
to strong turnips when cooking.

Try rubbing tough meat with a cut
lemon to make it tender.

Sprinkle clothes with a whisk broom
and hot water.

Mix stove blacking with a little am-
monia to prevent its burning off.

Add a few drops of ammonia to the
blue water to whiten the clothes.

A small flannel bag, with one end left
open, is a good receptacle for ends of
toilet soap.

When a few have been accumulated
sew up the opening, and an excellent
bag is evolved.

The color in a carpet or rug may be
brightened by sweeping with a broom
dipped in salt water, shaking well be-
fore using, as it only needs to be damp-
ened.

If the white woolen shawl has become
soiled dip it in a bath of cornmeal and
rub it very thoroughly.

All traces of mud may be removed
from black clothes by rubbing the spots
with a piece of raw potato.

Kerosene will clean dirty windows
or mirrors, giving them a high luster.
It will make dull brass shine, if not as
well as some of the acid and brickdust
pastes used, still so well that a little
rub frequently given will keep them
in good condition, and one's hands do
not suffer by the process as they do
when the acids are used. After polish-
ing brass it should be rubbed with
sweet oil and wiped dry.

What Sulphur Does.

FOR THE HUMAN BODY IN HEALTH AND DISEASE.

The mention of sulphur will recall to many
of us the early days when our mothers and
grandmothers gave us our daily dose of sul-
phur and molasses every spring and fall.

It was the universal spring and fall "blood
purifier," tonic and cure-all, and mind you
this old fashioned remedy was not without
merit.

The idea was good, but the remedy was
crude and unpalatable, and a large quantity
had to be taken to get any effect.

Nowadays we get all the beneficial effects
of sulphur in a palatable, concentrated form,
so that a single grain is far more effective
than a teaspoonful of the crude sulphur.

In recent years, research and experiment
have proven that the best sulphur for medi-
cine use is that obtained from Calcium (Cal-
cium Sulphide) and sold in drug stores under
the name of Stuart's Calcium Wafers. They
are small chocolate coated pellets and con-
tain the active medicinal principle of sulphur
or a highly concentrated, effective, form.

Few people are aware of the value of this
form of sulphur in restoring and maintaining
bodily vigor and health; sulphur acts direct-
ly on the liver, and excretory organs, and
purifies the kidneys and enriches the blood
by the prompt elimination of waste material.

Our grandmothers knew this when they
dosed us with sulphur and molasses every
spring and fall, but the crudity and impurity
of ordinary flowers of sulphur were often
worse than the disease, and cannot compare
with the modern concentrated preparations
of sulphur, of which Stuart's Calcium Wafers
is undoubtedly the best and most widely
used.

They are the natural antidote for liver and
kidney troubles and cure constipation and
purify the blood in a way that often surprises
patient and physician alike.

Dr. R. M. Wilkins while experimenting
with sulphur remedies soon found that the
sulphur from Calcium was superior to any
other form. He says: "For liver, kidney and
blood troubles, especially when resulting from
constipation or malaria, I have been surpris-
ed at the results obtained from Stuart's Cal-
cium Wafers. In patients suffering from
boils and pimples and even deep-seated car-
buncles, I have repeatedly seen them dry up
and disappear in four or five days, leaving
the skin clear and smooth. Although Stuart's
Calcium Wafers is a proprietary article, and
sold by druggists, and for that reason tabooed
by many physicians, yet I know of nothing
so safe and reliable for constipation, liver,
and kidney troubles and especially in all
forms of skin disease as this remedy."

At any rate people who are tired of pills
cathartics and so-called blood "purifiers,"
will find in Stuart's Calcium Wafers, a far
safer more palatable and effective prepara-
tion.

How to Cure A Burn

Apply Pond's Extract—the old family
doctor—it will relieve the inflammation
immediately. Cures burns, bruises, cuts,
sprains; relieves all pain as if by magic.
For over 60 years Pond's Extract has
been the "first aid" in cases of accidents—
the reliable family remedy. Imitations
are weak, watery, worthless; Pond's
Extract is pure, powerful, priceless.

Sold only in sealed bot-
tles under this wrapper.

ACCEPT NO SUBSTITUTE.

Obstinate Coughs and Colds.

The Kind That Stick.

The Kind That Turn To
Bronchitis.The Kind That End In Con-
sumption.

Consumption is, in thousands of cases,
nothing more or less than the final result
of a neglected cold. Don't give this
terrible plague a chance to get a foot-hold
on your system.

If you do, nothing will save you. Take
hold of a cough or cold immediately by
using

DR. WOOD'S NORWAY PINE SYRUP.

The first dose will convince you that it
will cure you. Miss Hannah F. Fleming,
New Germany, N.S., writes: "I con-
tracted a cold that took such a hold on
me that my people thought I was going
to die. Hearing how good Dr. Wood's
Norway Pine Syrup was, I procured two
bottles and they effected a complete cure."

Price 25 cents per bottle. Do not accept
substitutes for Dr. Wood's Norway Pine
Syrup. Be sure and insist on having the
genuine.

THE T. MILBURN CO., LIMITED,
TORONTO, ONT.

Nerve Racked Men and Women

will find Balm for their Terrible
Sufferings in

MILBURN'S HEART AND NERVE

PILLS.

They tone up and strengthen the
nerves, build up the muscles of
the heart, and purify and enrich
the blood. They put the nervous
system in perfect working order,
and restore health and vigor to
both body and brain.

Miss Edythe Lindsay, Strom-
ness, Ont., writes:—

"It affords me great pleasure to say
that I have experienced great relief
from your Heart and Nerve Pills. For
over two years I suffered from violent
palpitation of the heart, was very
nervous and easily startled. I was in
an extremely weak condition before I
started to take the pills, but four boxes
effected a complete cure. I cannot
praise them too highly to those suffer-
ing from nervous weakness and heart
troubles."

Price 50 cents per box, or \$1 for U.S.A.
All dealers, or
THE T. MILBURN CO., LIMITED,
TORONTO, ONT.

NOTE THE DIFFERENCE.

"Positions wait for
Maritime-trained."

"Other-trained wait
for positions."

Did you get our Calendar? If not you
should not decide which school to attend
until you have read of ours.

Students admitted any time.

KAULBACH & SCHURMAN,
Chartered Accountants,
MARITIME BUSINESS COLLEGES,
Halifax and New Glasgow, N. S.