48, 50; of the glaciers, 60; off Cape Hawks, 83; at winter quarters, 126; at the extreme northern point, 310, 311.

School in winter quarters, 165, 166; last assemblage of, 213.

Scientific observations in winter quarters, 180.

Scoresby on the size of the rorqual.21.

Scoresby Bay, 94.

Scurvy, 237; premonitory symptoms, 284, 285; dread of, 299; increasing symptoms, 303, 304, 305, 313; decrease of appetite, 314; extreme weakness, 317 outbreak on board the "Alert, 321; true causes of the outbreak, 829, 330; cure of patients, 333, 339, 345; patients convalescent, 365; outbreak in sledge crews of "Discovery," 346. Seals basking on the ice, 24, 45;

shot by Hans, 354.

Selection of officers and men for Arctic service, 4.

Self, James, A.B., H.M.S. " Alert," songs by, 216.

Shells, marine, found above sealevel. 116.

Shift-Rudder Bay, 114.

Shirley, John, stoker, "Aler"," songs by, 168; attacked by scurvy, 282; on the sledge, 284.

Shooting parties in summer, 338 to 340.

Sick. (See Scurvy.) Simpson, Thos., H.M.S. "Alert," in sledge crew, northern division, attacked by scurvy, 306.

Skating, 77, 110. Sky, beauty of, 83. (See Meteor,

Sun.)

Sledges, description of, 231 (n.); sails for, 231 (n.); weight, 233; boats on, 242 (n.); required for northern division, 244; dog sledge sent to "Discovery," 247; departure of sledges in the spring, 257, 258; sledge standards, 258; art of packing, 277; high-runner sledges the best, 281; (See Dogs, Marco Polo, Hercules, Victoria, Bloodhound, Bulldog, Alexandra, Challenger, Poppie, Clements Markham.

Bo

818

St

Sledge crews, exercise of, 227.

Sledging, first lessons in 58; with dogs, 79, 80, 81, 128; first experiences, 129; severe work, 133; details of, 137; shore-going notions of, 138; realities, 139; lecture on, by Captain Nares, 215; grand palæocrystic chorus, 216; preparations for, during the winter. 230; equipments superintended by Sir Leopold M'Clintock, 231; weights, 233; auxiliaries and depôts, 234; tents, 235; cooking apparatus, 235; contents of knapsack and storebag, 237; scale of provisions, 237; medical stores, 238 (n.); clothing, 239, 240; pro-gramme of sledging operations, 241; the first encampment, 260; intense cold, 259, 262; arrival at autumn depôt, 263; daily routine, 264 to 270; roadmaking, 273, 275, 276; increasing difficulties, 304; method of advancing, 295, 304, 306, 313; most northern encampnt, 307; extreme northern point, 309 to 811; return journey of northern division begun, 312; northern division reaches land, 321; return of northern division, 327; western division, 331, 332; division, 350. eastern (See Autumn, Hummocks, Temperature, Foot-gear, Cook.

Sleeping-bags, 139, 235, 240; weight of, 233; frozen hard, 280, 283,

Smith, Mr. Krarup, Inspector of North Greenland, his hospitality, 26, 29, 363.

Smith Sound, 47, 49, 69.

Snow, crimson, 48; heavy falls in Smith Sound, 71, 73, 95; in Robeson Channel, 111, 119, 121; heavy falls during autumn travelling, 147; buildings with, 152, 153, 154; temperature at different depths, 162; heavy drifts during