

statement it will be inferred that I had at my command some artificial means for inducing sleep in the last resort, and so in fact I had. If after two sleepless nights I found myself on the approach of the third without sensations of drowsiness, I called in Dr. Pillsbury.

He was a doctor by courtesy only, what was called in those days an "irregular" or "quack" doctor. He called himself a "Professor of Animal Magnetism." I had come across him in the course of some amateur investigations into the phenomena of animal magnetism. I don't think he knew anything about medicine, but he was certainly a remarkable mesmerist. It was for the purpose of being put to sleep by his manipulations that I used to send for him when I found a third night of sleeplessness impending. Let my nervous excitement or mental preoccupation be however great, Dr. Pillsbury never failed, after a short time, to leave me in a deep slumber, which continued till I was aroused by a reversal of the mesmerizing process. The process for awaking the sleeper was much simpler than that for putting him to sleep, and for convenience I had made Dr. Pillsbury teach Sawyer how to do it.

My faithful servant alone knew for what purpose Dr. Pillsbury visited me, or that he did so at all. Of course, when Edith became my wife I should have to tell her my secrets. I had not hitherto told her this, because there was unquestionably a slight risk in the mesmeric sleep, and I knew she would set her face against my practice. The risk, of course, was that it might become too profound and pass into a trance beyond the mesmerizer's power to break, ending in death. Repeated experiments had fully convinced me that the risk was next to nothing if reasonable precautions were exercised, and of this I hoped, though doubtingly, to convince Edith. I went directly home after leaving her, and at once sent Sawyer to fetch Dr. Pillsbury. Meanwhile I sought my subterranean sleeping chamber, and exchanging my costume for a comfortable dressing gown,