

no intervals in which the urine was clear; at every micturition there has been a considerable quantity of blood mixed with the urine. There is no history of traumatism. As long as the patient can remember she has suffered pain over the region of the kidneys, which, at intervals, has become quite intense, shooting down along the course of the ureters. Since the appearance of the hæmaturia there has been some difficulty in urination; the flow is suddenly stopped, apparently by the lodgement of a small clot in the urethra; as soon as this is expelled the stream again becomes free. The condition persisted until the delivery of the infant. On the second day of the puerperium the quantity of blood was much diminished; on the third day it had quite disappeared, and there is now, nine days' post-partum, no trace of it.

The explanation of this case, as of the majority in which bloody urine appears during pregnancy, is very likely to be found in bleeding hemorrhoids of the bladder, produced by the pressure of the large gravid womb upon the pelvic veins.

There were symptoms pointing to the possibility of an impacted renal calculus, but the absence of acute pain while the patient was under our observation, the sudden onset of the hæmaturia when the uterus had reached a size to exert pressure upon the pelvic organs, the rapid disappearance of the blood as soon as this mechanical obstruction was, in great part, removed, all point to the hemorrhoidal origin of the hemorrhage.

The treatment of such a case can be little more than expectant until pregnancy is terminated, unless—a rare event—the quantity of blood lost is alarming.—*Med. News.*

DIET IN DYSPEPSIA AND INDIGESTION

The *Dietetic Gazette* gives an article on the subject from which we extract the following referring to the dyspeptic and his diet:

"The general catarrhal condition of his mucous membranes, of which he now complains so much, can best be cured by copious draughts of hot water before meals. Antiseptic and astringent sprays to the upper air passages may be necessary, but our experience and belief is, that the whole track will clear up when physio-

logical life is resumed. Washing out the stomach is rarely called for, except in extreme cases.

Then the diet should be strictly according to the following table:

MAY TAKE

SOUPS, ETC.—Thin Soups, Beef Tea, Broths.

FISH.—Raw Oysters.

MEATS.—Beef, Mutton, Lamb, Chicken, Game, Venison, Chopped Meat, Meat Pulp.

EGGS.—Poached, Soft Boiled, Raw or whipped up with water and liquor or wine.

BREAD AND FARINACEOUS ARTICLES.—Bread sparingly, Corn Bread, Rice Cakes, Stale Bread and Butter, Macaroni, Sago, Tapioca, Dry Toast.

VEGETABLES AND FRUITS.—Green vegetables, such as Spinach, Turnip Tops, Cresses, Salads, Celery, Sorrel, Lettuce, String Beans, Dandelions, Chicory, Asparagus; Oranges, ripe Peaches and Pears.

DRINKS AND LIQUIDS.—Water, abundantly; Hot Water an hour before meals; Koumiss, Buttermilk, Milk and Lime Water, Milk and Seltzer, Tea, Claret, Dry Wines. Thoroughly masticate all foods.

AVOID

Rich Soups, all Fried Foods, Veal, Pork, Hashes, Stews, Turkey, Sweet Potatoes, all Starches and Saccharine Articles except as allowed, all Gravies, Made Dishes, Sauces, Desserts, Pies, Pastry, Puddings, Ice Cream, Sweet Wines, Malt Liquors, Cordials, Uncooked Vegetables, White Potatoes, Cooked Oysters.

In addition it will be necessary to give thirty drops of dilute hydrochloric acid together with about ten grains of a good pepsin after meals, and the bowels should be kept open. The great difficulty will be to hold the patient to the strict diet. In order to obtain success, however, this must be done, and in the majority of cases the result will fully justify the effort.

Of course the above table can be gradually extended or modified to meet peculiar conditions. But as it stands, we submit it as having served admirably in a type of cases most of which were hitherto unmanageable."

THE TREATMENT OF SEMINAL EMISSIONS.

The treatment of cases of nervousness from masturbation, or more properly nervousness about former masturbation, is commonly not satisfactory, but there is one measure which has proved so useful in several cases under my care, that I