

THE important subjects, mostly original, which have been treated of in this journal during the past three or four months are, amongst others, as follows: Science of Health and its Popularization; Milk Supply and how it may be contaminated; Catching Cold; Temperance and Prohibition; Adulteration of Foods; Recent Experiments with Disinfectants; Health Officers and the Water Supply; Isolation in Infectious Diseases; What to do with House Slops; The Patent Medicine Evil; Open Air for Consumption; The Public and the Medical Profession; The Progress of Sanitation during the Reign of Queen Victoria; On the High Death Rate in Canada and its Prevention; What Rags may do; Overwork and worry; Consumption, is it Contagious? its Prevention; Poisonous Wall Papers; Diet and Dining; Disposal of Sewage; Downward Filtration; Holidays, Whither shall we go? Camping

NOTES ON CURRENT LITERATURE.

IN the June *Century* is a striking portrait of Count Leo Tolstoi, the Russian novelist, presenting a personality of a unique and homely yet fascinating type, the impression of which upon an American is recorded by Mr. George Kennan in a paper entitled "A visit to Count Tolstoi." This account is the forerunner of what will doubtless be an attractive series of papers which is promised later in the magazine, making record of a hazardous trip to Siberia in 1885 and 1886 by Mr. Kennan, in the interest of the *Century*, for the purpose of investigating the Russian exile system. Mr. Kennan's present paper gives a graphic description of Tolstoi and his home, and sets forth some of the novelest's peculiar religious and social opinions. An illustrated paper of the widest popular bearing is the second of Prof. Atwater's articles on food.—"How Food Nourishes the Body," presenting in compact form a large amount of the latest deductions of chemical analysis and other scientific investigation. The Lincoln History makes good progress, and there is the full complement of entertaining light reading, in story and poetry.

HARPERS MONTHLY for June is hardly up to the good average of this magazine. "Social Studies" are interesting and sug-

gestive. Mrs. O'Meara's "Norika, a Story of Russian Life," contains much that is of interest. The editorial departments contain much that is useful and attractive.

A NEW illustrated paper has reached our table—"The Illustrated Foreign News, Printed from Duplicate Plates of the Illustrated London News and other Foreign Periodicals," and promises to be an excellent weekly which will probably take at once a good position. In appearance it is much like the well known *London News*; only \$4 a year—The Illustrated News Co., Potter Buildings, Park Row, New York.

ST. NICHOLAS for July has just reached us. Frank R. Stockton follows his last month's paper on "King London" with an equally interesting description of life "In English country," characteristic scenes of which Alfred Parsons and Harry Fenn show in several delightful drawings. H. H. Boysen commences a new "Tale of Two Continents. Alexander Black, an amateur with a professional's experience, gives, in "The Amateur Camera," some useful hints to his fellow-amateurs, the sort of advice that is not found in the books. The Brownies celebrate the "Glorious Fourth."

Do not shut out too closely with shutters or blinds, the sunshine from your rooms.

NEITHER rooms nor the human body can be long in good condition without abundance of sun light.

DRINK not freely of iced or very cold water, especially when much heated or after a meal, but sip it slowly.

So much space is given in this number to the valuable article by Dr. Carpenter, on disinfection, from a late issue of the *Sanitary Record*, that the usual variety of topics cannot be discussed. We thought it best not to divide it.

"A VALUABLE SERIAL, which ought to be in the hands of every Mayor, Alderman, Town Councillor and Health Officer in the Dominion." So it is stated of the CANADA HEALTH JOURNAL in a Report on Epidemic Diseases, &c. By J. T. Bell, Esq., late Chairman Board of Health, Belleville.