God by individual sanctity, (2) to specially honor the Blessed Virgin, and (3 to aid their neighbor by good example, intercessory prayer and vicarious penance.

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In regard to the management of their temporal affairs the Brothers and Sisters of the Third Order are perfectly independent, and no superior has a right to interfere in it. They are also free in the choice of their state of life. A single person may get married, notwithstanding the yow of chastity, which is limited. A Tertian may become a secular priest or join any religious order. To belong to another Third Order at the same time, however, is forbidden.

The Superiors have the right to propose to the Tertians the Rule of the First Order, modified in such a way as different circumstances render it necessary, and as may be judged conducive to the spiritual welfare of the members,

Likewise, Superiors using their ordinary faculties, founded upon apostolic concessions, can delegate the power of receiving and professing members to other priests, both regular and secular, whenever they deem it expedient to do so. Such delegations do not ordinarily take place, however, except on account of great distance.

The rules of the Third Order, as we shall give them in the future numbers of The Carmelter Review, are a translation of the rules as published in 1869 by the then Vicar General of the Order, Father Savini, It is a re-publication of more ancient works, modified or altered as the change of time rendered necessary. Wherever a necessity exists we shall attach explanatory notes to the text, giving them in italies, so as to make it plain to anyone what belongs to the text and what is only comment.

PIUS R. MAYER, O.C.C.

How can we be proud in presence of the examples of lowliness and humiliations which our Lord gave us.—Cure D'Ars.

LET three things be constantly before your mind: What you were, what you are, and what you shall be,—ST. BERNARD,

We must not yield to discouragement in warring against our faults, even though we have to begin anew each morning: these faults bravely combated become occasions of merit for us.—MGR. DE SEGUE.

HELPED ALONG.

For the Carmelite Review:

HEN Albert Alden had served the last day of his term in the Reformatory, he realized how much the place had been to him. It had servened him from unkind glances and cutting remarks. The officers were kind, and the warden had often found time for a quiet talk with the boy who always seemed so reserved and sad.

The boy's parents were in medium circumstances, and lived in a pretty little village on the Ohio. At sixteen years of age, Albert suggested that he ought to bear his share of the family expenses; and, after many efforts he succeeded in obtaining a clerkship in a large flour and feed store.

Affairs went on smoothly, until one day the proprietor put three hundred dollars into the safe, intending to bank the amount on his way to lunch.

Albert saw the money, counted it, and, in an evil moment, slipped it into his pocket. The theft was detected, and the boy sentenced to a year's imprisonment.

The reformatory was but a short distance from one of the largest cities in Western Pennsylvania, and as Albert wandered through its busy streets, his heart filled with bitter feeling. His nature was affectionate. He loved his father, and worshiped his mother. Thoughts of the home he had so suddenly disgraced brought tears to his eyes. He brushed them away, hastily. Touching cries for mother rose from his heart, but he closed his lips tightly, and, the sobs, he would not utter, formed in great lumps in his throat, almost suffocating him. "I must show mother that I can be trusted." he kept repeating over and over.

All that day, he tried to get work, but each attempt was a failure. He had no friends to speak for him, and could give no satisfactory account of himself.

Almost disheartened, he applied about five o'clock to the proprietor of a wholesale fruit store. After five minute's talk, he was almost certain the owner would engage him, and so, indeed, had the man intended. But, just as his mind was in the critical condition of coming to a decision, a familiar hand was laid upon Albert's shoulder.