

## HUSBAND SAVED HIS WIFE

Stopped Most Terrible Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.

Denison, Texas. — "After my little girl was born two years ago I began suffering with female trouble and could hardly do my work. I was very nervous but just kept dragging on until last summer when I got where I could not do my work. I would have a chill every day and hot flashes and dizzy spells and my head would almost burst. I got where I was almost a walking skeleton and life was a burden to me until one day my husband's step-sister told my husband if he did not do something for me I would not last long and told him to get my medicine. So he got Lydia E. Pinkham's Vegetable Compound for me, and after taking the first three doses I began to improve. I continued its use, and I have never had any female trouble since. I feel that I owe my life to you and your remedies. They did for me what doctors could not do and I will always praise it wherever I go."—Mrs. G. O. LOWERY, 419 W. Monterey Street, Denison, Texas.

If you are suffering from any form of female ills, get a bottle of Lydia E. Pinkham's Vegetable Compound, and commence the treatment without delay.

## Guide-Advocate

Watford, Ont.

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### ADVERTISING RATES.

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HARRIS & CO.  
PROPRIETORS

## Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, MARCH 9, 1917

### German Claim Unsound

The German claim that in peacetime 1,100 ships per day arrived at British ports is approximately correct. But when it is considered that 780 of these were engaged in local coasting traffic, most of which is now handling on land, the maintenance of overseas traffic, at least up to the point ensuring full supplies necessary to feed Britain seems fully assured. In the three days from February 14 to 18, as shown in Sir Edward Carson's figures, 100 ships more per day arrive at and sail from British ports than on the average of the first two weeks of the submarine scare. If Britain were dependent upon foreign countries for its coal, or iron, or other vital ores, the blockade might have a chance of crippling industrial life. Coal is \$60 a ton in Italy, and as high in France, because of the using of shipping for munition and food carriage. Britain produces one-fourth of the world's coal. The problem of the British, therefore, is to concentrate upon the bringing in of food and wool, oil, etc., and the many radical measures adopted by

### HARD CHRONIC COUGH

Made Well by Delicious Vinol.

Crestline, Ohio.—"I contracted a hard, chronic cough, and was weak, nervous and run down. I have a small family of three, and it was hard for me to do my work. I took different medicines without benefit. Finally I heard about Vinol, and it has restored me to health and strength, my cough is all gone and I feel fine."—Mrs. H. H. CARLISLE.

Vinol is a constitutional remedy for chronic coughs and colds, and for all weak, nervous, run-down conditions. Try it on our guarantee.

Taylor & Son, druggists, Watford, Ont., also at all the best druggists in all Ontario towns.

the Government to increase the service by British ships in this respect are bearing fruit. Almost as much food is being brought in to these scores of ports now as a year ago, while consumption has been generally restricted.

### In Your Back Yard

The back yard vegetable garden next summer will be no joke. When potatoes, onions, cabbage and other vegetables are selling at prices from two to five times above the ordinary figures, it is time for the consumer to do something other than read the papers and cuss the middleman. Conditions like these seem bound to continue while the war lasts.

It is time for the man who has money to buy a hoe and has energy enough to wield it to get busy in the back yard, at least to the extent of planning his garden. It is commonly complained that after one pays the expenses of a back yard garden there is no profit left. That may possibly be true where the householder hires all the heavy work done. It would be true, too, if he lacked all knowledge of gardening and failed to ask a little advice from his more experienced neighbors at various stages of the game. But the earth is faithful. If properly encouraged, we are told, with good seed and patient care, quite a dent can be made in the high cost of living, and incidentally, the grocery bill.

Miller's Worm Powders will eradicate the worm evil that bears so heavily on children and is believed to cause many fatalities. They are an acceptable medicine to children and can be fully relied upon to clear the food channels thoroughly of these destructive parasites and restore the inflamed and painful surfaces to healthfulness. They are an excellent remedy for these evils.

### The Word Kaiser

The word Kaiser," writes the London Chronicle, is coming to have as evil a significance to-day as the name of Napoleon had for certain of our ancestors. Nurses, we have it on good authority, used to frighten children into obedience by threats of "Boney," who took the place of more familiar and less effective nursery bogeys. Just in the same way I have heard naughty youngster threatened with the imminent appearance of the "Keyser." The habit of attributing minor misfortunes to a far-off menace is one which grows, and naturally, develops into quaint and unconscious absurdities. The other day, for instance, a clothes-prop gave way and a lot of clean linen was dumped on to a patch of very damp and muddy grass. And the attendant laundry-woman said, as she went to put matters right, "Dash that Keyser!" And she said it with a smile.

### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh. Send for testimonials, free. F. I. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

### Thomas Jefferson's Ten Rules

Thomas Jefferson is said to have had ten rules of living that he followed very carefully. They are so good that it would not hurt us any to try them.

1. Never put off till to-morrow what you can do to-day.
2. Never spend your monny before you have it.
3. Never trouble others for what you can do yourself.
4. Never buy what you do not want because its cheap.
5. Remember that pride costs us more than hunger, thirst or cold.
6. One never repents of having eaten too little.
7. Nothing is ever troublesome that we do willingly.
8. The most pain comes from those evils that never happen except in our imaginations.
9. Take things always by their smooth handles.
10. When angry count ten before you speak; when very angry count a hundred.

## ROLL OF HONOR

Men From Watford and Vicinity Serving the Empire

**27TH REGT.—1ST BATTALION**  
Thos. L. Swift, reported missing since June 15, 1915, Rich. H. Stapleford, Bury C. Binks, L. Gunn Newell, killed in action, Arthur Owens, F. C. N. Newell, T. Ward, Sid. Wblsh Alf. Woodward, killed in action M. Cunningham, M. Blondel, W. Blun R. W. Bailey, A. L. Johnston, R. A. Johnston, G. Mathews, C. Manning, W. G. Nichol, F. Phelps, H. F. Small, E. W. Smith, C. Toop, C. Ward, J. Ward, killed in action, F. Wakelin, D. C. M., killed in action, T. Wakelin, wounded—missing, H. Whitsitt, B. Hardy.

**PRINCESS PATRICIA'S C.L.I.**  
Gerald H. Brown

**18TH BATTALION**  
C. W. Barnes, Geo. Ferris, Edmund Watson, G. Shanks, C. Jamieson, J. Burns, F. Burns, C. Blunt, Wm. Anterson, S. P. Shanks.

**2ND DIVISIONAL CAVALRY**  
Lorne Lucas, Frank Yerks, Chas. Potter.

**33RD BATTALION**  
Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H. Patterson, died in Victoria Hospital, London, Charles Potter.

**34TH BATTALION**  
E. C. Crohn, S. Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees.

**29TH BATTERY**  
Wm. Mitchell, John Howard.

**ANTI-AIRCRAFT**  
Gunner Woolvet

**70TH BATTALION**  
Ernest Lawrence, Alfred Emmerson, C. H. Loveday, A. Banks, S. R. Whalton, killed in action Oct. 1916, Thos. Meyers, Jos. M. Wardman, Vern Brown, Sid. Brown, killed in action Sept. 15, 1916, Alf. Bullough.

**28TH BATTALION**  
Thomas Lamb, killed in action.

**MOUNTED RIFLES**  
Fred A. Taylor

**PIONEERS**  
Wm. McNally, W. F. Goodman.

**ENGINEERS**  
J. Tomlin

**ARMY MEDICAL CORPS**  
T. A. Brandon, M. D., Capt. W. J. McKenzie, M. D., Norman McKenzie, Jerrold W. Snell, Allen W. Edwards.

**135TH BATTALION**  
N. McLachlan.

**3RD RESERVE BATTERY, C.F.A.**  
Alfred Levi

**116TH BATTALION**  
Clayton Fuller.

**CONSTRUCTION UNIT**  
Arthur McKecher

**196TH BATT.**  
R. R. Annett.

**70TH BATTERY**  
R. H. Trenouth, Murray M. Forster.

**147TH BATTALION**  
Austin Potter.

**GUNNER**  
Russ. G. Clark.

**R. N. C. V. R.**  
John J. Brown

### A Decayed Merchant

There is a college in London for "Decayed Merchants." What is a "decayed merchant?" The following definition is suggested: 1—He is a merchant who thinks advertising adds to the cost of the goods; 2—He is one who dislikes to see new faces in his shop; 3—He does not train his staff for fear they will know as much as he does; 4—He believes in nobody's experience but his own; 5—He believes that the old ways are always the best.

Exhausted from Asthma. Many who read these words know the terrible drain upon health and strength, which comes in the train of asthmatic troubles. Many do not realize, however, that there is one true remedy which will surely stop this drain. Dr. I. D. Kellogg's Asthma Remedy is a wonderful check to this enervating ailment. It has a countless record of relief to its credit. It is sold almost everywhere.



# Maxwell

The World's Greatest Motor Car Value

## \$890

Maxwell Motor Cars are inexpensive to operate and maintain. They require no expert attention. And they can be depended upon day in and day out.

They are built, from the first to the last operation, with the purpose of giving the maximum service at the least expense.

No other automobile can give you greater motoring satisfaction, regardless of price. And if you weigh these Maxwell features against the price asked, you will be convinced that the Maxwell really is THE WORLD'S GREATEST MOTOR CAR VALUE.

Touring Car \$2300 Cabriolet \$1235  
Roadster \$870 Town Car \$1300  
Sedan \$1400

All prices f. o. b. Windsor

D. A. MAXWELL

WATFORD, - ONTARIO

## See Our Furniture First

You need not buy because you come here to look. We are quite content to leave it to your own good taste. We are anxious however that you do not commit yourself to the purchase of furniture, until you have seen what this store is offering and you have no idea unless you have been here very lately. Let us figure on your furniture outfit. Perhaps we can save you money. It will cost you nothing to see anyway, visitors always welcome

MASON & RISCH PIANOS

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, etc., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAILORS

## TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

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